**Time trial results for 14/02/17**

5km

Sandile Mngoma 18.50

Eddie Zondo 23.40

Mlungisi Msimango 23.49

Zodwa Mthembu 35.12

8km

Sfundo Dlamini 29.20

Simfumene Nyawuza 30.00

Lucky Zuma 31.10

Siyabonga Mpanza 40.14