5km

1. Mzwenkosi Mjaja 15.52

2. Sithembele Faneko 15.54

3. Thanda Mthembu 16.42

4. Cebo Mkhize 17.28

5. Ntokozo Yebeni 17.43.

6. Nkosi Majama 18.41

7. Qinisela Ndovela 18.42

8. Sifiso  Mthethwa 18.43

9. Zama Mokoena 18.45

10. Jabulani Khanyile 18.50

11. Da id de Klerk 19.50

12. Siyabinga Radebe 21.09

13. AshAbdool  21.44

14. Hleziphi N ayiyana 23.11

15. Phila Sibay 25.20

16.Ntuthuko Mdlalose 25.22

17. NoniRadebe 25.40

18. Sibonelo Dlamini 27.46

19. Ash Naidoo 27.46

20. Khethiwe Memela27.46