**Time trial results for 28/03/17**

5km

Thulani Mthalane 24.33

Sandra Mnguni 27.23

Dlamini Sibonelo 29 17

Hilton Dlovu 30.13

8km

Maxwell Ngwazi 27.55

Thembelani Malunda 27.59

Thanda Mthembu 30.15

Mzwenkosi Mjaja 31.36