


TF	WPA Track & Field	WPA RACE WALKING FIXTURE LIST 2016 REV 2 - MAR 2016	 WESTERN PROVINCE ATHLETICS
WL	WPA RW Road League		
GP	WPA Grand Prix Series		
WP	WPA Championships		
SA	SA Championships		
WF	Walker friendly races - Non Walking League		

DATE	TIME	RACE	VENUE	DISTANCE	CODE	MY ACHIEVEMENT
2016						
16-Jan	7:00	WPA Race Walking Grand Prix 1	Youngsfield Military Base	20km	GP	
	8:00	WPA Race Walking Grand Prix 1 - Incl Novices	Youngsfield Military Base	10km	GP	
	9:00	WPA Race Walking Grand Prix 1 - Dev & Novice 5km	Youngsfield Military Base	5km, 3km, 1km	GP	
16-Jan	15:45	Leo Benning Masters 3	Green Point	5000m	TF	
23-Jan	12:45	WPA Open Meeting	Parow Track	5000m	TF	
6-Feb	6:30	Philip Rabinowitz 10km Walk	Academy of Maths & Science - Tokai	10km	WL	
6-Feb	8:30	WPA Junior Meeting (U16, U18, U20)	Bellville Track	5000m	TF	
13-Feb	12:45	WPA League 1	Parow Track	3000m	TF	
20-Feb	15:45	Leo Benning Masters 4	Parow Track	5000m	TF	
27-Feb	7:00	Tyger Run	Tygervalley Shopping Centre	Half, 10km, 5km	WF	
27-Feb	12:45	WPA League 2	Parow Track	3000m	TF	
28-Feb	7:30	Sunshine D Polar Ice 10km Big Walk	Greenpoint	Various	WF	
2 - 5 Mar	6:00	WPA Youth & Junior T&F Championships	Vygieskraal	5000m/ 10000m	TF	
9-Mar	18:30	WPA League 3	Green Point	5000m	TF	
10-12 Mar	TBC	SASA National Primary Schools T&F Championships	Port Elizabeth, EPA	5000m/ 10000m	TF	
16-19 Mar	TBC	SASA National High Schools T&F Championships	Bloemfontein, AFS	5000m/10000m	TF	
18-Mar	TBC	WP Masters T&F Championships	Parow Track	5000m	TF	
19-Mar	7:00	WPA Senior and WP Masters T&F Championships	Youngsfield Military Base	20km, 10km	TF	
19-Mar	7:00	Ravensmead 15km	Florida Park	15km	WF	
21-Mar	6:40	Topform 10km	Turfhall Park Sports Stadium	10km	WL	
31-Mar	TBC	ASA Youth, Junior, U23 T&F Championships	Germiston, CGA	5000m/10000m	TF	
1-2 Apr	TBC	ASA Youth, Junior, U23 T&F Championships	Germiston	5000m/10000m	TF	
2-Apr	7:10	Telkom Athletic Club 10 km Challenge Walk	CPUT, Bellville Campus	10km	WL	
9-Apr	TBC	Top Ten InterClub	TBC	3000m	TF	
15 - 16 Apr	TBC	ASA Senior T&F Championships	Stellenbosch, BOL	20km	TF	
16-Apr	15:45	Leo Benning Masters 5	Parow Track	5000m	TF	
27-Apr	7:00	Nantes 10km Walk	Vangate Sports Complex	10km	WL	
28-30 Apr	TBA	USSA T&F Championships (SA Universities)	TBA	20km	TF	
6-7 May	TBA	SA Open Championships	Bloemfontein, AFS	Various	TF	
7-8 May	TBA	IAAF Race Walking Championships	TBA	Various	IAAF	
8-May	7:30	Jive 10km Walk	Grand Parade, Cape Town	10km	WL	
13-14 May	TBA	SAMA Championships	LC de Villiers Stadium, Pretoria	Various	TF	
15-May	9:00	FNB Cape Town 12 ONERUN	Milnerton Beach	12km	WF	
22-May	7:30	Voet of the Wine Route 10km	Zevenwacht Mall, Kuilsrivier	10km	WF	
28-May	7:40	UWC Fast & Flat 10km Walk	UWC Campus, Bellville	10km	WL	
18-Jun	7:30	Eersterivier 10km Walk	Stratford Primary School	10km	WL	
25-Jun	7:00	WPA Race Walking Grand Prix 2 (InterClub & WPA 30km)	Youngsfield Military Base	30km	GP	
	8:00	WPA Race Walking Grand Prix 2 (Interclub)	Youngsfield Military Base	20km	GP	
	9:00	WPA Race Walking Grand Prix 2 (Interclub & WPA 10km)	Youngsfield Military Base	10km	GP	
	10:00	WPA Race Walking Grand Prix 2 - Development	Youngsfield Military Base	5km, 3km, 1km	GP	
23-Jul	7:15	Fairbridge Mall 15km	Fairbridge Mall, Brackenfell	15km	WF	
31-Jul	7:30	McKenna & Scott Pinelands 10km	Lower Oval, Pinelands	10km	WF	
6-Aug	7:00	WPA Race Walking Grand Prix 3	Youngsfield Military Base	30km	GP	
	8:00	WPA Race Walking Grand Prix 3	Youngsfield Military Base	20km	GP	
	9:00	WPA Race Walking Grand Prix 3	Youngsfield Military Base	10km	GP	
	10:00	WPA Race Walking Grand Prix 3 - Development	Youngsfield Military Base	5km, 3km, 1km	GP	
9-Aug	8:00	Edgemead Womens Day Challenge	Sports Oval, Century City	10km	WF	
28-Aug	9:00	Blisters for Bread	Green Point	Various	WF	
29-Aug	8:00	ArcelorMittal Saldanha 21km, 10km	SAS Saldanha Sports Field	Various	WF	
3-Sep	7:00	WPA Race Walking Grand Prix 4	Youngsfield Military Base	30km	GP	
	8:00	WPA Race Walking Grand Prix 4	Youngsfield Military Base	20km	GP	
	9:00	WPA Race Walking Grand Prix 4	Youngsfield Military Base	10km	GP	
	10:00	WPA Race Walking Grand Prix 4 - Development	Youngsfield Military Base	5km, 3km, 1km	GP	
4-Sep	7:00	ARD 3 Vlei 10km	Fairmount High School, Grassy Park	10km	WF	
18-Sep	6:50	Sanlam Cape Town Marathon - 10km	Green Point	10 km	WF	
24 Sep	Various	CT Running Festival (5 x 10km relay)	Sea Point Promenade	Relay	WF	
1-Oct	7:00	Cape Gate 10km	Cape Gate Centre, Brackenfell	10km	WF	
8-Oct	Various	SA Race Walking Championships	Cape Town	Various	SA	
9-Oct	Various	Outsurance 94.5km Gun Run	Sea Point Promenade	Various	WF	
22-Oct	TBA	Centurion Multi Walk 100 Miles/100km	Robben Island	100 miles/100km	WF	
23-Oct	7:00	Ommiedraai 10km	Rosmead Sports Fields	10km	WF	
29-Oct	6:45	Elsiesrivier 10km	Salberau Sports Complex, Elsie'srivier	10km	WF	
30-Oct	6:00	Landmarks 21.1km	WPCC Sports Centre, Rondebosch	21.1km	WF	
13-Nov	Various	Cape Times Big Walk	Various	Various	WF	
19-Nov	6:15	Mitchells Plain 10km	Rocklands Sports Grounds	10km	WF	
26-Nov	6:30	Edgemead Classic 10km Walk	Edgemead High School	10km	WF	
3-Dec	7:10	Beachcomber Race Against Crime 10km Walk	Strandfontein Pavillion, Spine Rd	10km	WL	
17-Dec	6:35	Velocity 10km Walk	Silverstroomstrand	10km	WL	

For more information on race walking events please email wpracewalking@gmail.com or visit the race walking page on www.wpa.org.za
The events and times indicated above may change. Please visit the events page on www.wpa.org.za for the latest event information.