

WPA SENIOR & MASTERSCHAMPIONSHIPS & Multi Events Championships

DAY 1	Thursday 17th March
--------------	---------------------------------------

1	18:30	100m	B.u 18		Decathlon
2	18:35	100m	B.u.20		Decathlon
3		100m	Men		Decathlon
4	18:50	100m Hurdles (76cm)	G.u.18		Heptathlon
5		100m Hurdles (84cm)	G.u.20		Heptathlon
6		100m Hurdles (84cm)	BU 16		Pentathlon
7		100m Hurdles (84cm)	Women		Heptathlon
8	19:00	90m Hurdles	G.u 16		Pentathlon
9		Long Jump	B.u.18		Decathlon
10		Long Jump	B.u.20		Decathlon
11		Long Jump	Men		Decathlon
12	19:20	High Jump	G.u.18		Heptathlon
13		High Jump	G.u.20		Heptathlon
14		High Jump	Women		Heptathlon
15		High Jump	G.u.16		Pentathlon
16		High Jump	BU 16		Pentathlon
17	20:00	10,000m	Women	Final	Seniors
18		10.000m	Men	Final	Seniors
19		10,000m	Masters Men	Final	
20		10,000m	Masters Women	Final	
21		Shot Put (5kg)	B.u.18		Decathlon
22		Shot Put (6kg)	B.u.20		Decathlon
23		Shot Put (7.26kg)	Men		Decathlon
24	20:30	Shot Put (3kg)	G.u.18		Heptathlon
25		Shot Put (4kg)	G.u.20		Heptathlon
26		Shot Put (4kg)	Women		Heptathlon
27	20:10	Shot Put (4kg)	B.u.16		Pentathlon
28	20:30	Shot Put	G.u. 16		Pentathlon
29	20:40	High Jump	B.u.18		Decathlon
30		High Jump	B.u.20		Decathlon
31		High Jump	Men		Decathlon
32	20:55	Long Jump	G.u.16		Pentathlon
33		Long Jump	B.u. 16		Pentathlon
34	21:00	200m	G.u.18		Heptathlon
35		200m	G.u.20		Heptathlon
36		200m	Women		Heptathlon
37	21:25	400m	B.u.18		Decathlon
38		400m	B.u.20		Decathlon
39		400m	Men		Decathlon
40	21:35	800m	G.u.16		Pentathlon
41		800m	BU 16		Pentathlon

DAY 2

Friday 18th March

42	17:10	110m Hurdles (91cm)	B.u.18		Decathlon
43	17:00	Long Jump	G.u.18		Heptathlon
44	17:00	Long Jump	G.u.20		Heptathlon
45	17:00	Long Jump	Women		Heptathlon
46	17:20	110m Hurdles (98cm)	B.u.20		Decathlon
47	17:30	110m Hurdles (106cm)	Men		Decathlon
48	18:00	5000m Walk	Masters Women		
49		Triple Jump	Women	Final	
50	18:15	Discus Throw (1.5kg)	B.u.18		Decathlon
51	18:15	Discus Throw (2kg)	B.u.20		Decathlon
52	18:15	Discus Throw (2kg)	Men		Decathlon
53	18:30	Javelin Throw (500g)	G.u.18		Heptathlon
54	18:30	Javelin Throw (600g)	G.u.20		Heptathlon
55	18:30	Javelin Throw (600g)	Women		Heptathlon
56	18:45	400m	Men	Heats	
57	19:00	400m	Women	Heats	
58		Triple Jump	Men	Final	
59	19:00	Pole Vault	B.u.18		Decathlon
60	19:00	Pole Vault	B.u.20		Decathlon
61	19:00	Pole Vault	Men		Decathlon
62	19:10	5000m Walk	Masters Men		
63	20:00	100m	Men	Heats	
64	20:20	100m	Women	Heats	
65	20:30	800m	Men	Heats	
66	20:40	800m	G.u.18		Heptathlon
67		800m	G.u.20		Heptathlon
68		800m	Women		Heptathlon
69	21:00	Javelin Throw (700g)	B.u.18		Decathlon
70		Javelin Throw (800g)	B.u.20		Decathlon
71		Javelin Throw (800g)	Men		Decathlon
72	21:00	200m	Men	Heats	
73	22:00	1500m	B.u.18		Decathlon
74		1500m	B.u.20		Decathlon
75		1500m	Men		Decathlon

DAY 3 SATURDAY 19th MARCH

76	07:00	20km Walk	Men	F
77		20km Walk	Women	F
78		20km Walk	Masters Men 2h25c/o	
79		20km Walk	Masters Women	
80		10km Walk	Masters Women	
81		10km Walk	Masters Men	
82	07:30	Hammer Throw	Masters Men	
83	09:00	High Jump	Masters Men	
84	09:00	5000m	Men	F
85	09:15	Hammer Throw	Men	F
86	09:25	5000m	Women	F
87	10:00	High Jump	Masters Women	
88	10:00	200m	Men	Semi F
89	10:15	200m	Women	Heats
90	10:15	Hammer Throw	Masters Women	
91		Shot Put	Masters Men	
92	10:30	200m	Masters Women	
93	10:45	200m	Masters Men	
94	11:00	2000m SC	Masters Men & Women	
95		Triple Jump	Masters Men	
96		Triple Jump	Masters Women	
97		Discus	Masters Men	
98		Shot Put	Masters Women	
99	11:20	3000m SC	Masters Men	
100	11:40	100m	Men	Semi F
101	11:45	800m	Masters Women	
102	11:55	800m	Masters Men	
103	12:00	Pole Vault	Masters Men	
104		Pole Vault	Masters Women	
105	12:00	Hammer Throw	Women	
106	12:05	80m Hurdles	Masters Men & Women	
107	12:15	100m Hurdles	Masters Men & Women	
108	12:25	110m Hurdles	Masters Men	
109	13:00	110mHurdles	Men	F
110		Shot Put	Women	F
111		Discus	Men	F
112		Long Jump	Women	F
113		High Jump	Men	F
114	13:10	100m Hurdles	Women	F
115	13:15	800m	Women	F
116	13:20	800m	Men	F
117	13:25	3000m SC	Men	F
118	13:30	Pole Vault	Women	F

119	13:40	100m	Women	F
120	13:45	100m	Masters Women	
121	13:50	100m	Men	F
122	13:55	100m	Masters Men	
123	14:00	Long Jump	Masters Men	F
124		Javelin	Women	F
125		Javelin	Masters Women	
126	14:05	400m Hurdles	Men	F
127	14:15	400m Hurdles	Women	F
128	14:20	400m Hurdles	Masters Men	
129	14:30	400m Hurdles	Masters Women	
130	14:35	300m Hurdles	Masters Men	
131	14:40	300m Hurdles	Masters Women	
132	14:45	200m Hurdles	Masters Men	
133	14:50	200m Hurdles	Masters Women	
134	15:00	3000mSC	Women	F
135	15:00	Pole Vault	Men	F
136		High Jump	Women	F
137		Long Jump	Masters Women	
138		Shot Put	Men	F
139	15:20	200m	Women	F
140	15:25	200m	Men	F
141	15:35	1500m	Women	F
142		1500m	Masters Women	
143	15:50	1500m	Men	F
144	16:00	1500m	Masters Men	
145		Long Jump	Men	
146		Javelin	Men	F
147		Javelin	Masters Men	
148		Discus Throw	Women	F
149		Discus Throw	Masters Women	
150	16:10	400m	Women	F
151	16:15	400m	Men	F
152		Weight Throw	Masters Women	
153	16:25	400m	Masters Women	
154	16:35	400m	Masters Men	
155	16:45	4 x 100m	Women	
156	16:55	4 x 100m	Men	
157	17:00	5000m	Masters Men	
158		Weight Throw	Masters Men	
159		5000m	Masters Women	
160	17:55	4 x 400m	Women	
161	18:00	4 x 400m	Men	