



WPA U16, U18 & U20 Meeting

Parow

Saturday, 8 February 2020

ENTRIES FOR RACE WALKING CLOSE AS FOLLOWS:

06:30 - 5000m Race Walking

07:10 - 10,000m Race Walking

ENTRIES CLOSE 60 MINUTES BEFORE THE SCHEDULED TIME OF EACH EVENT

1	07:00	5000m Race Walking	G.u.16	Born in 2005 and 2006
2	07:00	5000m Race Walking	G.u.18	Born in 2003 and 2004
3	07:00	5000m Race Walking	B.u.16	Born in 2005 and 2006
4	07:40	10,000m Race Walking	G.u.20	Born in 2001 and 2002
5	07:40	10,000m Race Walking	B.u.18	Born in 2003 and 2004
6	07:40	10,000m Race Walking	B.u.20	Born in 2001 and 2002
7	09:00	800m	G.u.16	Born in 2005 and 2006
8	09:00	High Jump	G.u.16	Born in 2005 and 2006
9	09:00	Long Jump (Pit A)	B.u.16	Born in 2005 and 2006
10	09:00	Triple Jump (Pit B)	B.u.20	Born in 2001 and 2002
11	09:00	Javelin Throw (800g)	B.u.20	Born in 2001 and 2002
12	09:00	Hammer Throw (4kg)	B.u.16	Born in 2005 and 2006
13	09:07	800m	G.u.18	Born in 2003 and 2004
14	09:14	800m	G.u.20	Born in 2001 and 2002
15	09:21	800m	B.u.16	Born in 2005 and 2006
16	09:28	800m	B.u.18	Born in 2003 and 2004
17	09:30	Shot Put (4kg)	G.u.20	Born in 2001 and 2002
18	09:42	800m	B.u.20	Born in 2001 and 2002
19	09:45	Hammer Throw (3kg)	G.u.16	Born in 2005 and 2006
20	10:00	100m	G.u.16	Born in 2005 and 2006
21	10:00	High Jump	G.u.18	Born in 2003 and 2004
22	Cancelled			
23	10:12	100m	G.u.18	Born in 2003 and 2004
24	10:24	100m	G.u.20	Born in 2001 and 2002
25	10:30	Long Jump (Pit A)	B.u.18	Born in 2003 and 2004
26	10:30	Triple Jump (Pit B)	G.u.20	Born in 2001 and 2002
27	10:30	Shot Put (3kg)	G.u.18	Born in 2003 and 2004
28	10:30	Javelin Throw (700g)	B.u.18	Born in 2003 and 2004
29	10:30	Hammer Throw (5kg)	B.u.18	Born in 2003 and 2004
30	10:32	100m	B.u.16	Born in 2005 and 2006
31	10:52	100m	B.u.18	Born in 2003 and 2004
32	11:15	Hammer Throw (3kg)	G.u.18	Born in 2003 and 2004
33	Cancelled			

34	11:16	100m	B.u.20	Born in 2001 and 2002
35	11:30	High Jump	G.u.20	Born in 2001 and 2002
36	11:30	Shot Put (3kg)	G.u.16	Born in 2005 and 2006
37	11:40	3000m	G.u.16	Born in 2005 and 2006
38	11:40	3000m	G.u.18	Born in 2003 and 2004
39	11:40	3000m	G.u.20	Born in 2001 and 2002
40	12:00	3000m	B.u.16	Born in 2005 and 2006
41	12:00	3000m	B.u.18	Born in 2003 and 2004
42	12:00	3000m	B.u.20	Born in 2001 and 2002
43	12:00	Long Jump (Pit A)	B.u.20	Born in 2001 and 2002
44	12:00	Triple Jump (Pit B)	G.u.16	Born in 2005 and 2006
45	12:00	Javelin Throw (600g)	B.u.16	Born in 2005 and 2006
46	12:00	Hammer Throw (6kg)	B.u.20	Born in 2001 and 2002
47	12:15	90m Hurdles (76cm)	G.u.16	Born in 2005 and 2006
48	12:25	100m Hurdles (76cm)	G.u.18	Born in 2003 and 2004
49	12:30	100m Hurdles (84cm)	G.u.20	Born in 2001 and 2002
50	12:30	High Jump	B.u.16	Born in 2005 and 2006
51	12:30	Shot Put (6kg)	B.u.20	Born in 2001 and 2002
52	Cancelled			
53	12:35	100m Hurdles (84cm)	B.u.16	Born in 2005 and 2006
54	12:45	110m Hurdles (91cm)	B.u.18	Born in 2003 and 2004
55	12:45	Hammer Throw (4kg)	G.u.20	Born in 2001 and 2002
56	12:50	110m Hurdles (98cm)	B.u.20	Born in 2001 and 2002
57	13:00	200m	G.u.16	Born in 2005 and 2006
58	13:12	200m	G.u.18	Born in 2003 and 2004
59	13:24	200m	G.u.20	Born in 2001 and 2002
60	13:30	High Jump	B.u.18	Born in 2003 and 2004
61	13:30	Long Jump (Pit A)	G.u.16	Born in 2005 and 2006
62	13:30	Triple Jump (Pit B)	B.u.16	Born in 2005 and 2006
63	13:30	Shot Put (5kg)	B.u.18	Born in 2003 and 2004
64	13:30	Javelin Throw (600g)	G.u.20	Born in 2001 and 2002
65	13:30	Discus Throw (1kg)	B.u.16	Born in 2005 and 2006
66	13:32	200m	B.u.16	Born in 2005 and 2006
67	Cancelled			
68	13:52	200m	B.u.18	Born in 2003 and 2004
69	14:16	200m	B.u.20	Born in 2001 and 2002
70	14:30	Shot Put (4kg)	B.u.16	Born in 2005 and 2006
71	14:30	Discus Throw (1.5kg)	B.u.18	Born in 2003 and 2004
72	14:40	300m Hurdles (84cm)	B.u.16	Born in 2005 and 2006
73	14:50	300m Hurdles (76cm)	G.u.16	Born in 2005 and 2006
74	15:00	400m Hurdles (76cm)	G.u.18	Born in 2003 and 2004
75	15:00	400m Hurdles (76cm)	G.u.20	Born in 2001 and 2002
76	15:00	High Jump	B.u.20	Born in 2001 and 2002
77	15:00	Long Jump (Pit A)	G.u.18	Born in 2003 and 2004
78	15:00	Triple Jump (Pit B)	B.u.18	Born in 2003 and 2004
79	15:00	Javelin Throw (500g)	G.u.18	Born in 2003 and 2004
80	Cancelled			
81	15:10	400m Hurdles (84cm)	B.u.18	Born in 2003 and 2004
82	15:20	400m Hurdles (91cm)	B.u.20	Born in 2001 and 2002
83	15:30	5000m	G.u.20	Born in 2001 and 2002

84	15:30	5000m	B.u.20	Born in 2001 and 2002
85	15:30	Discus Throw (1.75kg)	B.u.20	Born in 2001 and 2002
86	15:55	1500m	G.u.16	Born in 2005 and 2006
87	16:02	1500m	G.u.18	Born in 2003 and 2004
88	16:07	1500m	G.u.20	Born in 2001 and 2002
89	16:14	1500m	B.u.16	Born in 2005 and 2006
90	Cancelled			
91	16:21	1500m	B.u.18	Born in 2003 and 2004
92	16:30	Long Jump (Pit A)	G.u.20	Born in 2001 and 2002
93	16:30	Triple Jump (Pit B)	G.u.18	Born in 2003 and 2004
94	16:30	Javelin Throw (500g)	G.u.16	Born in 2005 and 2006
95	16:30	Discus Throw (1kg)	G.u.16	Born in 2005 and 2006
96	16:30	Discus Throw (1kg)	G.u.18	Born in 2003 and 2004
97	16:30	Discus Throw (1kg)	G.u.20	Born in 2001 and 2002
98	16:30	1500m	B.u.20	Born in 2001 and 2002
99	16:40	400m	G.u.16	Born in 2005 and 2006
100	16:44	400m	G.u.18	Born in 2003 and 2004
101	16:48	400m	G.u.20	Born in 2001 and 2002
102	16:52	400m	B.u.16	Born in 2005 and 2006
103	17:00	400m	B.u.18	Born in 2003 and 2004
104	17:08	400m	B.u.20	Born in 2001 and 2002
105	17:20	1500m Steeple Chase (84cm)	B.u.16	Born in 2005 and 2006
106	17:28	1500m Steeple Chase (76cm)	G.u.16	Born in 2005 and 2006
107	17:36	2000m Steeple Chase (76cm)	G.u.18	Born in 2003 and 2004
108	17:46	2000m Steeple Chase (84cm)	B.u.18	Born in 2003 and 2004
109	17:56	3000m Steeple Chase (91cm)	B.u.20	Born in 2001 and 2002
110	18:10	3000m Steeple Chase (76cm)	G.u.20	Born in 2001 and 2002

Athletes born later than 2006 will not be allowed to compete at this meeting.

ENTRY FEES (PAYABLE AT THE GATE):

Athletes - R30 per athlete

Spectators - R25 per spectator

Children younger than 10 years - R10 per child