



1992-2017

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Johannesburg 2198

BOARD MEMBERS

PRES: Mr. Aleck Skhosana
VICE-PRES: Dr Harold Adams
T+F: Mr. Pieter Lourens
RR: Mr. James Moloi
CC: Mr. Jakes Jacobs
Ath: Ms. Dorah Mngwevu
ADD: Ms. Motlatsi Keikabile
Ms. Shireen Noble
Ms. Esther Malema
Ms. Ntathu Gwadiso
E.O. Mr. Jazz Mnyengeza
Mr. William Mokatsanyane

HONORARY MEMBERS

Mervyn KING
Mluleki GEORGE

PARTNERS

IAAF
CAA
SASCOC
SRSA
NLC
ASA Provinces
ASA Associates
Old Mutual
SABC
Adidas
Tsogo Sun
SA Sports Trust

MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	Athletics South Africa
Date	10 January 2016
Subject	ASA Cross Country Squad 2017
No pages	3

ELECTRONIC TRANSMISSION

Dear All Members

Circular 1 of ASA 2017 – ASA CROSS COUNTRY SQUAD 2017

With only 76 days to go before the IAAF World Cross Country Championships that will be taking place in Kampala, Uganda on the 26th March 2017.

ASA has selected a strong Cross Country Squad of 24 Junior athlete (12 Junior Men /12 Junior Women) and 26 Senior athletes (12 Women / 14 Men). Both Men and Women senior squads are a mixture of the athletes that participated in the 10km race and the 4km race during the 2016 National Cross County Championship that was held in George, with two junior athletes from 2016 National Cross County Championships namely: Ikageng Gaorekwe and Kabelo Melamu were included in the senior men squad to give them the opportunity to develop into senior level.

ASA will not host Cross County Trials for 2017, however the athletes will be given an opportunity to proof their fitness for selection during the following competitions;

- The Johnson Crane Hire 10km event in CGA (29 January 2016 in Benoni)
- CGA League Meeting 5000m for the 6km Junior Women (21st of January in Germiston at 15:45)

It is compulsory for the athletes that are included in the squads to participate in the above mentioned events in order to be selected for the final team that will be competing at the CAA Southern Region Cross Country Championships (TBC) and the IAAF World Cross Country Championships.

With the edition of the mixed Relay in 2017 World Cross country, ASA will be selecting a team to represent the country.

Athletes not listed in the Cross Country Squad listed below, have the right to appeal for reconsideration in writing, to ASA for att. Hezekiel Sepeng on Hezekiel@athleticssa.co.za before close of business on 20 January 2017. The appeal should include the performance of the athlete, and the date/event of the achievement or the reason for not participating at the Cross Country Championships. Athletes without an ASA Permanent License cannot appeal.

Special Notice: It is recommended that Athletes selected in the Cross Country Squad should obtain a South African Passport and Yellow fever Injections

**From the Athletics South Africa Office:
e-Mail: DurellJ@athleticssa.co.za**

**For more information
Website: www.athletics.org.za**



ASA Cross Country Squad 2017
CAA Southern Region Championships
IAAF World Cross Country Championships
Kampala, Uganda 26 March 2017

Junior Women (6 km)

Name	Surname	Province
NICOLE	VAN DER MERWE	CGA
TSHEGOFATSO	SETLHAKGOE	AGN
PUSELETSO	DIETA	CGA
THOBILE	AMON	AGN
THULISILE	AMON	AGN
LARA	ORROCK	AFS
SIMONAY	WEITSZ	CGA
THOBILE	VILAKAZI	CGA
YANDISWA	SHANGE	CGA
KYLA	DE WAAL	WPA
NTSWAKI	MOLAHLOE	AFS
LESEGO	MPSHE	CGA

Junior Men (8 km)

Name	Surname	Province
RYAN	MPHAHLELE	CGA
KABELO	SEBOKO	CGA
THABO	MASINA	CGA
ADRIAN	WILDSCHUTT	BOL
SPHIWE	MHLOMI	CGA
PHENYO	CHIDI	CGA
ONKABETSI	SEBOLA	CGA
AVELA	NAZO	ATRA
KUTLWISISO	SIDINILE	CGA
TUMI	LEPHOTHO	CGA
NGCONDE	MATWEBU	AFS
CALEB	BEUKES	CGA

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Senior Women (10 km)

Name	Surname	Province
KESA	MOLOTSANE	AFS
GLENROSE	XABA	AMPU
MARIA	SHAI	ACNW
ZINTLE	XINIWE	WPA
ANDREA	STEYN	AGN
LENA	LOTTER	WPA
SHERILENE	GELDERBLOM	ACNW
LIZERIE	FERREIRA	AGN
MARNE	MENTZ	AFS
STELLA	MARAIS	AGN
ANET	COETZEE	CGA
ANELDA	VAN STADEN	CGA

Senior Men (10 km)

Name	Surname	Province
DAVID	MANJA	ACNW
PRECIOUS	MASHELE	AGN
JOEL	MMONE	ACNW
COLLEN	MULAUDZI	AGN
PHILIMON	MATHIBA	CGA
AYANDA	MNCUBE	AKZN
ELROY	GALANT	ACNW
MARKO	BUCARIZZA	CGA
JERRY	MOTSAU	ACNW
RANTSO	MOKOPANE	ACNW
TUMISANG	MONNATLALA	CGA
SAMUEL	MATHABATHA	CGA
IKAGENG	GAOREKWE	CGA
KABELO	MELAMU	CGA

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