

2017



## DAVE SPENCE MEMORIAL RACE

Incorporating the WPA Winter League and Incentive Race

# RUN FOR YOUTH

**DATE:**

Friday 16 June 2017

**TIME:**

Race starts at 7:30am

**ADDRESS:**

NY 49 Stadium  
Gugulethu

**DISTANCES:**

- ✓ 10km
- ✓ 4.2km

**ATHLETES:**

R50 licensed  
R80 unlicensed

Juniors

R30 licensed  
R45 unlicensed

**ENTER ON:**

[entrytime.com](http://entrytime.com)



CITY OF CAPE TOWN  
ISIXEKO SASEKAPA  
STAD KAAPSTAD



RCS

BNP PARIBAS GROUP

NCRCP 38/FSP 44481



## DAVE SPENCE MEMORIAL RACE

# RUN FOR YOUTH

### Race information and rules

- First 1500 finishers will get medals in the 10km
- 10km fees: Senior R50 (unlicensed R80)  
Junior R30 (unlicensed R45)
- 4.2km fees: Senior R20  
Junior R15

Enter online at [Entrytime.com](http://Entrytime.com)

Contact Themba Shoko on 0824764656

or Thobile Ndzube on 0733182563

### PRIZES Men and women (no prize money for 4.2km)

	Open	14-19	40-49	50-59	60-69	70+
1st	R600	R250	R250	R150	R100	R100
2nd	R400	R150	R150	R100	R50	R50
3rd	R250	R100	R100	R75		
4th	R100					

4 x R100 (Open Team Prize)

## 10Km Race Rules in accordance with the rules of ASA & WPA

1. Minimum age on race day is 14 years
2. Participants must obey instructions of marshals/traffic officers
3. Licensed athletes should compete in official club colours and must display unaltered licence numbers, valid for 2017, on the front and back of running vests. Unlicensed athletes must wear clothing without advertising and the temporary licence on the chest.
4. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
5. Temporary licences will be available at registration. When registering, participants must complete and hand in the tear-off strip from the number in order to be eligible to compete.
6. Juniors (born 1998 or later) wearing a senior or junior license number must display the age category tags ('J') to qualify for age category prize. Juniors will count towards 'Open team' prizes
7. Entry cards must be worn for the duration of the race. Any participant not able to produce an entry card when asked to do so by a race official may be disqualified.
8. No personal seconding allowed, except at official refreshment stations.
9. The organisers and WPA accept no responsibility for any accident or injury resulting from participation at this event.
10. Entries will be accepted on race day from 05H45- 07H15.
11. Cut off time is at 9H30. Prize giving ceremony and spot prize will commence at 09H30.
12. Tog bag area provided at runner's own risk.
13. Race results will be sent to all Western Province Clubs.
14. No Race numbers will be issued.
15. For safety reasons the use of personal music players with headphones is not allowed. Use of such device in contravention of ASA rule 30.10.6 may result in disqualification.
16. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. Temporary licences will be available at registration. When registering participants must complete and hand in the tear-off strip from the number in order to be eligible to compete.
17. Detailed rules are available on [www.wpa.org.za](http://www.wpa.org.za) or on request from the organisers or the WPA office.
18. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.

### FUN RUN RULES

Participants younger than 10 years old must be accompanied by an adult.

