

Leo Benning Masters Challenge No1 (2015/16)

24 October 2015

PAROW

TIMING METHOD ELECTRONIC

SURNAME	FIRST NAME	AGE .GRP	CLUB	PERFORMANCE	POS. .ITN.	WP .STD.	SA .STD.	WIND.
100 M	MEN	M						
Steenberg	Bradley	M 30	C P U T	11.99	1			-0.50
Orrie	Nadeem	M 30	C P U T	12.54	2			-0.50
Wyngaard	Larry	M 30	C P U T	15.45	3			-0.50
Pena	David	M 35	TEMP	13.32	1			-0.50
Msipha	Aldrin	M 40	CEN GAUTENG	12.17	1	WPS		-2.20
Bothma	Rupert	M 40	BELLVILLE	13.34	2			-2.20
Lucas	Enrico	M 40	C P U T	13.65	3			-2.20
Uys	Johan	M 45	BELLVILLE	12.91	1			-2.20
Matthee	Giliomee	M 45	TYGERBERG	13.42	2			-2.20
Russell	Scott	M 45	TYGERBERG	13.46	3			-2.20
Skinner	Mandy	M 45	E P	14.50	4			-2.20
Myburgh	Johan	M 50	SWARTLAND	12.97	1	WPS		-2.50
Van Wyk	Zaggeus	M 50	ARCELLOR	13.82	2			-2.50
Deetlefs	Pietie	M 60	CERES	14.53	1	WPS		-2.50
Van Rensburg	Koos	M 65	BELLVILLE	17.37	1			-2.50
Van Zyl	Jakobus	M 75	V O B	15.71	1	WPS	SAS	-2.50
Cross	Ronald	M 80	BELLVILLE	16.10	1	WPS	SAS	-2.50
Ridge	Arthur	M 80	TYGERBERG	17.57	2	WPS	SAS	-2.50

200 M	MEN	M						
Gazi	Tinashe	M 0	ULTRA	23.20	1			-1.70
Vigeland	Miyshid	M 0	TEMP	25.14	2			-1.70
Burt	Laurence	M 0	TEMP	27.19	3			-1.70
Orrie	Nadeem	M 30	C P U T	25.52	1			1.40
Msipha	Aldrin	M 40	CEN GAUTENG	23.71	1	WPS		1.40

Bothma	Rupert	M 40 BELLVILLE	26.78	2		1.40
Lucas	Enrico	M 40 C P U T	29.20	3		1.40
Skinner	Mandy	M 45 E P	DNS			1.40
Hickson	Andre	M 45 BELLVILLE	24.78	1 WPS		1.40
Uys	Johan	M 45 BELLVILLE	25.41	2 WPS		1.40
Matthee	Giliomee	M 45 TYGERBERG	26.00	3 WPS		1.40
Deetlefs	Pietie	M 60 CERES	29.84	1 WPS		-3.20
Cleophas	Henry	M 65 NEDBANK	31.87	1 WPS		-3.20
Van Rensburg	Koos	M 65 BELLVILLE	36.42	2		-3.20
Van Zyl	Jakobus	M 75 V O B	31.87	1 WPS	SAS	-3.20
Ridge	Arthur	M 80 TYGERBERG	36.35	1 WPS	SAS	-3.20

400 M	MEN	M				
Firmstone	Sinaaj	M 0 ULTRA	DNF			
Welcome	Tahriq	M 0 ULTRA	51.24	1		
Gazi	Tinashe	M 0 ULTRA	51.60	2		
Vigeland	Miyshid	M 0 TEMP	55.47	3		
Burt	Franklin	M 0 TEMP	1:02.49	4		
Firmstone	Cody	M 0 ULTRA	1:02.71	5		
Sauls	Clint	M 0 ULTRA	1:02.77	6		
Msipha	Aldrin	M 40 CEN GAUTENG	DNS			
van Zyl	Oloff	M 45 V O B	57.73	1 WPS		
Russell	Scott	M 45 TYGERBERG	1:02.41	2		
Myburgh	Johan	M 50 SWARTLAND	1:00.67	1 WPS		

800 M	MEN	M				
Flink	Carlo	M 0 ITHEKO	2:13.91	1		
Terblanche	Emile	M 0 C M C	2:23.37	2		
Flink	Marchall	M 0 ITHEKO	2:42.71	3		
Parker	Tariq	M 0 C P U T	2:50.32	4		
Van Rooyen	Christo	M 35 NB	2:10.85	1		
Msipha	Aldrin	M 40 CEN GAUTENG	2:25.82	1		
Dippenaar	Andries	M 40 STRAND	3:36.40	2		
van Zyl	Oloff	M 45 V O B	2:10.96	1 WPS		
Philander	Tobias	M 50 ITHEKO	2:19.03	1 WPS		

1500 M	MEN	M				
Flink	Carlo	M 0	ITHEKO	4:24.96	1	
Burt	Franklin	M 0	TEMP	4:41.82	2	
Flink	Marchall	M 0	ITHEKO	5:24.28	3	
Van Rooyen	Christo	M 35	NB	4:36.59	1	
Van der Walt	Tjaart	M 35	NB	4:47.39	2	
Philander	Tobias	M 50	ITHEKO	4:45.74	1 WPS	
5000 M	MEN	M				
Jordaan	Hanlie	M 0	U W C	19:48.42	1	
Van der Walt	Tjaart	M 35	NB	17:52.78	1	
Van Rooyen	Christo	M 35	NB	19:15.39	2	
Dippenaar	Albertus	M 35	NB	19:36.91	3	
HIGH JUMP	MEN	M				
Burt	Laurence	M 0	TEMP	1.70	1	
Nieuwoudt	Clarence	M 30	BELLVILLE	1.45	1	
Bredeveldt	Neal	M 50	PAARL	1.65	1 WPS	SAS
Van Daalen	Dirk	M 50	TYGERBERG	1.40	2 WPS	
LONG JUMP	MEN	M				
Matthee	Karl-Otto	M 0	TYGERBERG	6.44	1	-2.10
Welcome	Tahriq	M 0	ULTRA	5.76	2	-4.50
Vigeland	Miyshid	M 0	TEMP	5.61	3	-2.70
Firmstone	Sinaaj	M 0	ULTRA	5.57	4	-0.90
Gazi	Tinashe	M 0	ULTRA	5.50	5	-3.50
Firmstone	Cody	M 0	ULTRA	5.30	6	-2.90
Sauls	Clint	M 0	ULTRA	5.17	7	-5.40
Saulse	Edwin	M 30	EDGEMead	5.39	1	-0.40
Nieuwoudt	Clarence	M 30	BELLVILLE	4.55	2	-0.00
Hickson	Andre	M 45	BELLVILLE	5.04	1 WPS	-3.10
Ridge	Arthur	M 80	TYGERBERG	3.29	1 WPS	SAS -1.30
SHOT PUT	MEN	M				

Wiener	Shukri	M 30 V 0 B	11.85	1	
Lewies	Daniel	M 35 BELLVILLE	11.57	1 WPS	
Hickson	Andre	M 45 BELLVILLE	DNS		
Maree	Jaque	M 50 BRACKENFELL	10.49	1 WPS	
Lamara	Zane	M 55 BELLVILLE	10.50	1 WPS	
Steyn	Herman	M 60 BELLVILLE	8.15	1	
Johnston	Steve	M 75 PINELANDS	9.16	1 WPS	
Hazell	Des	M 80 BELLVILLE	7.70	1 WPS	SAS
Benning	Leo	M 80 WHALERS	6.67	2	
Stannius	Borge	M 85 PINELANDS	10.30	1	SAS

DISCUS	MEN	M			
Wiener	Shukri	M 30 V 0 B	31.69	1	
Lewies	Daniel	M 35 BELLVILLE	38.15	1 WPS	
Van Wyk	Zaggeus	M 50 ARCELLOR	DNS		
Lamara	Zane	M 55 BELLVILLE	30.94	1 WPS	
Steyn	Herman	M 60 BELLVILLE	27.87	1	
Johnston	Steve	M 75 PINELANDS	29.57	1 WPS	SAS
Cross	Ronald	M 80 BELLVILLE	28.97	1 WPS	SAS
Benning	Leo	M 80 WHALERS	18.71	2	
Hazell	Des	M 80 BELLVILLE	17.91	3	
Stannius	Borge	M 85 PINELANDS	23.45	1	SAS

JAVELIN	MEN	M			
Potgieter	Hermanus	M 30 BELLVILLE	49.22	1	
Wiener	Shukri	M 30 V 0 B	29.71	2	
De Bruin	Japie	M 45 BELLVILLE	41.25	1 WPS	
Uys	Johan	M 45 BELLVILLE	35.52	2	
Van Wyk	Zaggeus	M 50 ARCELLOR	25.57	1	
Lamara	Zane	M 55 BELLVILLE	33.44	1 WPS	
Miller	Garth	M 65 V 0 B	29.55	1 WPS	
Johnston	Steve	M 75 PINELANDS	21.07	1 WPS	
Benning	Leo	M 80 WHALERS	19.95	1 WPS	
Hazell	Des	M 80 BELLVILLE	19.36	2 WPS	
De Klerk	Boy	M 80 BELLVILLE	19.00	3 WPS	

Stannius	Borge	M 85 PINELANDS	21.20	1	SAS
HAMMER THROW	MEN	M			
Lamara	Zane	M 55 BELLVILLE	27.83	1 WPS	
Johnston	Steve	M 75 ADIDAS	29.50	1 WPS	SAS
Hazell	Des	M 80 BELLVILLE	21.99	1 WPS	SAS
Benning	Leo	M 80 WHALERS	19.70	2	
Stannius	Borge	M 85 PINELANDS	30.05	1	SAS
WEIGHT THROW	MEN	M			
Wiener	Shukri	M 30 V 0 B	8.39	1 WPS	
Hickson	Andre	M 45 BELLVILLE	DNS		
Lamara	Zane	M 55 BELLVILLE	10.20	1 WPS	
Johnston	Steve	M 75 PINELANDS	10.93	1 WPS	
Benning	Leo	M 80 WHALERS	10.45	1 WPS	
Hazell	Des	M 80 BELLVILLE	9.04	2 WPS	
Stannius	Borge	M 85 PINELANDS	11.71	1 WPS	SAS
5000 M WALK	MEN	M			
Van Rooyen	Christo	M 35 NB	28:21.91	1	
McDonald	Ross	M 40 NB	27:10.36	1 WPS	
Fisher	Ebrahima	M 45 SPARTANS	28:29.59	1 WPS	
Hines	Dennis	M 45 V 0 B	32:16.44	2	
Papier	Adam	M 50 BRACKENFELL	28:55.57	1 WPS	
Van Zyl	Petrus	M 55 SAPS	30:34.33	1 WPS	
Anthony	Kenneth	M 60 SPARTANS	30:53.51	1 WPS	
Van Zyl	Johannes Jacobus	M 65 SANLAM	29:01.33	1 WPS	SAS
Wonfor	Patrick	M 65 SPARTANS	32:28.42	2 WPS	
Aver	Brian	M 70 R W F L	34:19.29	1 WPS	
Watson	Mathew	M 70 SPARTANS	39:33.22	2	
Spencer	Jurgen	M 75 BELLVILLE	30:31.66	1 WPS	SAS
Adams	Ronnie	M 75 SPARTANS	44:15.37	2	
100 M	WOMEN	W			
Stevens	Carla	W 0 SPARTANS	13.81	1	-2.50

Bedja	Tatum	W 0 TEMP	14.51	2		-2.50
Van der Merwe	Heather	W 40 S W D	16.53	1		-2.50
Figland	Beverley	W 45 BELLVILLE	14.85	1 WPS		-2.50
Louw	Vanessa	W 50 TYGERBERG	16.21	1 WPS		-2.50
Nel	Monica	W 55 CERES	18.23	1		-2.50
Jonkers	Margaret	W 65 TYGERBERG	17.90	1 WPS		-2.50
200 M	WOMEN	W				
Bedja	Tatum	W 0 TEMP	29.86	1		-2.00
Figland	Beverley	W 45 BELLVILLE	30.47	1 WPS		-2.00
Louw	Vanessa	W 50 TYGERBERG	33.01	1 WPS		-2.00
Ruppert	Annette	W 50 STRAND	34.47	2 WPS		-2.00
400 M	WOMEN	W				
Stevens	Carla	W 0 SPARTANS	DNS			
Figland	Beverley	W 45 BELLVILLE	1:12.14	1 WPS		
800 M	WOMEN	W				
De Philander	Aleida	W 45 ITHEKO	3:38.81	1		
1500 M	WOMEN	W				
De Philander	Aleida	W 45 ITHEKO	7:07.18	1		
Coetzee	Elmarie	W 50 C M C	5:24.89	1 WPS	SAS	
HIGH JUMP	WOMEN	W				
Nel	Monica	W 55 CERES	1.15	1 WPS		
Jonkers	Margaret	W 65 TYGERBERG	1.12	1 WPS	SAS	
LONG JUMP	WOMEN	W				
Jonkers	Margaret	W 65 TYGERBERG	3.26	1 WPS	SAS	-5.40
SHOT PUT	WOMEN	W				
Compion	Maria	W 30 BELLVILLE	9.64	1 WPS		
Nel	Monica	W 55 CERES	7.45	1 WPS		
Du Plessis	Martha Duppie	W 55 BELLVILLE	5.07	2		

Du Toit	Aletta	W 60 BELLVILLE	6.20	1	
Grobbelaar	Elize	W 70 BELLVILLE	5.63	1 WPS	
DISCUS	WOMEN	W			
Van Rooyen	Alice Lee	W 0 TEMP	13.45	1	
Compion	Maria	W 30 BELLVILLE	26.90	1	
Nel	Monica	W 55 CERES	15.96	1	
Du Plessis	Martha Duppie	W 55 BELLVILLE	13.88	2	
Du Toit	Aletta	W 60 BELLVILLE	15.76	1	
Grobbelaar	Elize	W 70 BELLVILLE	14.86	1 WPS	
JAVELIN	WOMEN	W			
Du Plessis	Martha Duppie	W 55 BELLVILLE	9.27	1	
Du Toit	Aletta	W 60 BELLVILLE	11.84	1	
Williams	Christine	W 70 V 0 B	10.45	1	
HAMMER THROW	WOMEN	W			
Nel	Monica	W 55 CERES	15.50	1	
Du Plessis	Martha Duppie	W 55 BELLVILLE	14.82	2	
Du Toit	Aletta	W 60 BELLVILLE	18.67	1 WPS	
Grobbelaar	Elize	W 70 BELLVILLE	20.67	1 WPS	SAS
WEIGHT THROW	WOMEN	W			
Du Plessis	Martha Duppie	W 55 BELLVILLE	4.81	1	
Du Toit	Aletta	W 60 BELLVILLE	8.75	1 WPS	
Grobbelaar	Elize	W 70 BELLVILLE	8.49	1 WPS	
5000 M WALK	WOMEN	W			
Horn Botha	Deborah	W 45 V 0 B	34:46.25	1	
Adams	Carlyn	W 50 V 0 B	32:24.30	1 WPS	
Williams	Gail	W 55 SPARTANS	32:37.11	1 WPS	
Burger	Erdine	W 55 BELLVILLE	32:53.78	2 WPS	
James	Pam	W 55 SPARTANS	33:20.42	3 WPS	
Roux	Isabel	W 60 BELLVILLE	36:18.73	1 WPS	

Josephs	Wendy	W 65 R W F L	32:43.83	1 WPS	SAS
Blignaut	Frieda	W 65 SANLAM	34:32.50	2 WPS	SAS
Aver	Carol-Ann	W 65 R W F L	35:08.67	3 WPS	SAS
Stead	Ann	W 65 SPARTANS	35:10.76	4 WPS	
Nel	Elizabeth	W 65 SPARTANS	37:06.75	5 WPS	
Joseph	Jackie	W 65 SPARTANS	39:26.49	6 WPS	
Schipper	Mary	W 65 R W F L	39:54.73	7 WPS	
Botes	Helen	W 65 SPARTANS	40:54.84	8 WPS	
Reid	Peggy	W 75 SPARTANS	39:11.61	1 WPS	SAS
Norton	Margaret	W 75 SPARTANS	40:04.38	2 WPS	

Number of Competitors :

101 Athletes took part in this competition.

Timing Method was ELECTRONIC