



WPA LEAGUE 4

14 February 2020 PAROW (Day 1)

15 February 2020 PAROW (Day 2)

ENTRIES FOR WPA LEAGUE EVENTS CLOSE 60 MINUTES BEFORE THE SCHEDULED

Friday, 14 February 2020 (Parow)

1	18:00	Long Jump	B.u.18	Born 2003/2004
2	18:00	Long Jump	B.u.16	Born 2005/2006
3	18:00	Javelin Throw (600g)	Women	Born 2000 and earlier
4	18:00	Javelin Throw (600g)	G.u.20	Born 2001/2002
5	18:00	Javelin Throw (500g)	G.u.18	Born 2003/2004
6	18:00	Javelin Throw (500g)	G.u.16	Born 2005/2006
7	18:00	100m Hurdles (76cm)	G.u.18	Born 2003/2004
8	18:10	100m Hurdles (84cm)	G.u.20	Born 2000 and earlier
9	18:20	100m Hurdles (84cm)	Women	Born 2000 and earlier
10	18:30	90m Hurdles (76cm)	G.u.16	Born 2005/2006
11	18:40	5000m	Men	Born 2000 and earlier
12	18:40	5000m	B.u.20	Born 2001/2002
13	19:00	Javelin Throw (700g)	B.u.18	Born 2003/2004
14	19:00	Javelin Throw (600g)	B.u.16	Born 2005/2006
15	19:00	Triple Jump	Women	Born 2000 and earlier
16	19:00	Triple Jump	G.u.20	Born 2001/2002
17	19:05	5000m	Women	Born 2000 and earlier
18	19:05	5000m	G.u.20	Born 2001/2002
19	19:30	400m	Men	Born 2000 and earlier
20	19:35	400m	B.u.20	Born 2001/2002
21	19:40	400m	B.u.18	Born 2003/2004
22	19:45	400m	B.u.16	Born 2005/2006
23	19:50	400m	Women	Born 2000 and earlier
24	19:55	400m	G.u.20	Born 2001/2002
25	20:00	Triple Jump	G.u.18	Born 2003/2004
26	20:00	Triple Jump	G.u.16	Born 2005/2006
27	20:00	Hammer Throw (7.26kg)	Men	Born 2000 and earlier
28	20:00	Hammer Throw (6kg)	B.u.20	Born 2001/2002
29	20:00	Hammer Throw (5kg)	B.u.18	Born 2003/2004
30	20:00	Hammer Throw (4kg)	B.u.16	Born 2005/2006
31	20:00	400m	G.u.18	Born 2003/2004
32	20:05	400m	G.u.16	Born 2005/2006
33	20:10	1500m	Men	Born 2000 and earlier
34	20:10	1500m	B.u.20	Born 2001/2002
35	20:20	1500m	B.u.18	Born 2003/2004

36	20:20	1500m	B.u.16	Born 2005/2006
37	20:30	1500m	Women	Born 2000 and earlier
38	20:30	1500m	G.u.20	Born 2001/2002
39	20:30	1500m	G.u.18	Born 2003/2004
40	20:30	1500m	G.u.16	Born 2005/2006
41	20:40	3000m Steeple Chase (91cm)	Men	Born 2000 and earlier
42	20:40	3000m Steeple Chase (91cm)	B.u.20	Born 2001/2002
43	20:55	3000m Steeple Chase (76cm)	Women	Born 2000 and earlier
44	20:55	3000m Steeple Chase (76cm)	G.u.20	Born 2001/2002
45	21:10	2000m Steeple Chase (76cm)	G.u.18	Born 2003/2004
46	21:25	2000m Steeple Chase (91cm)	B.u.18	Born 2003/2004
47	21:40	1500m Steeple Chase (76cm)	B.u.16	Born 2005/2006
48	21:55	1500m Steeple Chase (76cm)	G.u.16	Born 2005/2006

Saturday, 15 February 2020 (Parow)

49	10:15	Discus Throw (1kg)	Women	Born 2000 and earlier
50	10:15	Discus Throw (1kg)	G.u.20	Born 2001/2002
51	10:15	Discus Throw (1kg)	G.u.18	Born 2003/2004
52	10:15	Discus Throw (1kg)	G.u.16	Born 2005/2006
53	10:15	Shot Put (7.26kg)	Men	Born 2000 and earlier
54	10:15	Shot Put (6kg)	B.u.20	Born 2001/2002
55	10:15	High Jump	B.u.18	Born 2003/2004
56	10:15	High Jump	B.u.16	Born 2005/2006
57	10:15	Triple Jump	B.u.18	Born 2003/2004
58	10:15	100m Hurdles (84cm)	B.u.16	Born 2005/2006
59	10:25	110m Hurdles (91cm)	B.u.18	Born 2003/2004
60	10:35	110m Hurdles (98cm)	B.u.20	Born 2001/2002
61	10:45	110m Hurdles (106cm)	Men	Born 2000 and earlier
62	10:55	800m	Men	Born 2000 and earlier
63	11:00	800m	B.u.20	Born 2001/2002
64	11:05	800m	B.u.18	Born 2003/2004
65	11:10	800m	B.u.16	Born 2005/2006
66	11:15	800m	Women	Born 2000 and earlier
67	11:15	Shot Put (5kg)	B.u.18	Born 2003/2004
68	11:15	Shot Put (4kg)	B.u.16	Born 2005/2006
69	11:15	Discus Throw (2kg)	Men	Born 2000 and earlier
70	11:15	Discus Throw (1.75kg)	B.u.20	Born 2001/2002
71	11:15	High Jump	G.u.16	Born 2005/2006
72	11:15	High Jump	G.u.18	Born 2003/2004
73	11:15	Triple Jump	B.u.16	Born 2005/2006
74	11:20	800m	G.u.20	Born 2001/2002
75	11:25	800m	G.u.18	Born 2003/2004
76	11:30	800m	G.u.16	Born 2005/2006
77	11:35	100m	Men	Born 2000 and earlier
78	11:40	100m	B.u.20	Born 2001/2002
79	11:45	100m	B.u.18	Born 2003/2004
80	11:50	100m	B.u.16	Born 2005/2006
81	11:55	100m	Women	Born 2000 and earlier

82	12:00	100m	G.u.20	Born 2001/2002
83	12:05	100m	G.u.18	Born 2003/2004
84	12:10	100m	G.u.16	Born 2005/2006
85	12:15	10km Race Walk	Boys / Men	All Ages
86	12:15	10km Race Walk	Girls / Women	All Ages
87	12:15	Shot Put (4kg)	Women	Born 2000 and earlier
88	12:15	Shot Put (4kg)	G.u.20	Born 2001/2002
89	12:15	Javelin Throw (800g)	Men	Born 2000 and earlier
90	12:15	Javelin Throw (800g)	B.u.20	Born 2001/2002
91	12:15	High Jump	G.u.20	Born 2001/2002
92	12:15	High Jump	Women	Born 2000 and earlier
93	12:15	Triple Jump	Men	Born 2000 and earlier
94	12:15	Triple Jump	B.u.20	Born 2001/2002
95	13:15	3000m	Men	Born 2000 and earlier
96	13:15	3000m	B.u.20	Born 2001/2002
97	13:15	3000m	B.u.18	Born 2003/2004
98	13:15	3000m	B.u.16	Born 2005/2006
99	13:15	Shot Put (3kg)	G.u.18	Born 2003/2004
100	13:15	Shot Put (3kg)	G.u.16	Born 2005/2006
101	13:15	Discus Throw (1.5kg)	B.u.18	Born 2003/2004
102	13:15	Discus Throw (1kg)	B.u.16	Born 2005/2006
103	13:15	Long Jump	Women	Born 2000 and earlier
104	13:15	Long Jump	G.u.20	Born 2001/2002
105	13:15	Long Jump	G.u.18	Born 2003/2004
106	13:15	Long Jump	G.u.16	Born 2005/2006
107	13:15	High Jump	B.u.20	Born 2001/2002
108	13:15	High Jump	Men	Born 2000 and earlier
109	13:30	3000m	Women	Born 2000 and earlier
110	13:30	3000m	G.u.20	Born 2001/2002
111	13:30	3000m	G.u.18	Born 2003/2004
112	13:30	3000m	G.u.16	Born 2005/2006
113	13:45	200m	Men	Born 2000 and earlier
114	13:50	200m	B.u.20	Born 2001/2002
115	13:55	200m	B.u.18	Born 2003/2004
116	14:00	200m	B.u.16	Born 2005/2006
117	14:05	200m	Women	Born 2000 and earlier
118	14:10	200m	G.u.20	Born 2001/2002
119	14:15	200m	G.u.18	Born 2003/2004
120	14:15	Long Jump	Men	Born 2000 and earlier
121	14:15	Long Jump	B.u.20	Born 2001/2002
122	14:15	Hammer Throw (4kg)	Women	Born 2000 and earlier
123	14:15	Hammer Throw (4kg)	G.u.20	Born 2001/2002
124	14:15	Hammer Throw (3kg)	G.u.18	Born 2003/2004
125	14:15	Hammer Throw (3kg)	G.u.16	Born 2005/2006
126	14:20	200m	G.u.16	Born 2005/2006
127	14:30	10,000m	Men	Born 2000 and earlier
128	14:30	10,000m	Women	Born 2000 and earlier
129	15:30	400m Hurdles (91cm)	Men	Born 2000 and earlier
130	15:30	400m Hurdles (91cm)	B.u.20	Born 2001/2002
131	15:40	400m Hurdles (84cm)	B.u.18	Born 2003/2004

132	15:50	400m Hurdles (76cm)	Women	Born 2000 and earlier
133	15:50	400m Hurdles (76cm)	G.u.20	Born 2001/2002
134	15:50	400m Hurdles (76cm)	G.u.18	Born 2003/2004
135	16:00	300m Hurdles (76cm)	G.u.16	Born 2005/2006
136	16:10	300m Hurdles (84cm)	B.u.16	Born 2005/2006

Athletes born later than 2006 will not be allowed to compete at this meeting.

Entry fees (payable at the gate):

WPA League events - R30 per athlete per day

Spectators - R25 per day

Spectators younger than 10 years - R10 per day

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