

WPA Race Walking Grand Prix 3

Youngsfield, Cape Town - 01 August 2015

(Proudly supported by Racewalk.co.za)



Pos	Name	Club	Licence No.	Age	Time	Medal	Remarks
<u>30km Race Walk Men</u>							
1	Dennis Hines	K-way VOB	152	48	3:30:15	Gold	
2	Clive Williams	K-way VOB	703	49	3:35:11	Silver	> ~
<u>20km Race Walk Women</u>							
1	Fundiswa Sandi	Ravensmead AC	1484	34	2:15:02	Gold	>
2	Rene Dick	K-way VOB	664	51	2:51:35	Silver	>
<u>20km Race Walk Men</u>							
1	Adam Papier	Brackenfell AC	171	52	2:06:12	Gold	
2	Brian Aver	RWFL	3844	71	2:28:17	Silver	
3	Dave Kirby	Spartan Harriers	7333	79	2:37:53	Bronze	
4	Mathew Watson	Spartan Harriers	7344	70	2:49:27		~
<u>10km Race Walk Masters Men</u>							
1	Ross McDonald	K-way VOB	151	42	0:53:58	Gold	
2	Johan van Zyl	Sanlam	4126	66	1:00:01	Silver	>
3	Ebrahima Fisher	Spartan Harriers	172	48	1:01:07	Bronze	
4	Jurgen Spencer	Bellville AC	8059	74	1:04:43		
5	Kobus Nel	Sanlam	4156	57	1:05:33		
6	Kenny Anthony	Spartan Harriers	7352	63	1:05:33		
7	Raymond Fuller	K-way VOB	1150	57	1:06:21		
8	Mike Evans	K-way VOB	1306	53	1:10:43		
9	Willem Fransman	Sanlam	4118	58	1:11:43		
10	Gerand Sullivan	Durbac	4476	53	1:19:53		>
11	John Hotston	Spartan Harriers	1406	84	1:25:12		
<u>10km Race Walk Women</u>							
1	Carlyn Adams	K-Way VOB	10401	53	1:06:23	Gold	
2	Suzelle Els	RWFL	159	45	1:06:34	Silver	
3	Jackie Goosen	Brackenfell	166	53	1:06:54	Bronze	~
4	Erdine Burger	Bellville AC	8063	58	1:08:17		
5	Frieda Bignaut	Sanlam	4131	65	1:08:52		
6	Wendy Josephs	RWFL	8425	66	1:09:17		
7	CJ Dunn	Spartan Harriers	163	48	1:10:37		
8	Carol-Ann Aver	RWFL	3845	69	1:10:59		
9	Christine Williams	K-Way VOB	1001	73	1:11:07		
10	Ann Stead	Spartan Harriers	7370	68	1:11:25		
11	Leza Buckle	RWFL	9603	40	1:12:20		~
12	Trish Gilmore	K-Way VOB	655	52	1:13:32		
13	Isabel Roux	Bellville AC	8062	62	1:13:33		
14	Jenny Ramsay	Spartan Harriers	7362	62	1:15:54		
15	Jane Fuller	K-Way VOB	1149	57	1:16:31		
16	Charlotte Kettlewell	K-Way VOB	51	67	1:17:17		
17	Peggy Reid	Spartan Harriers	7478	78	1:17:58		
18	Jackie Joseph	Spartan Harriers	7416	66	1:19:48		
19	Mwa Sullivan	Sanlam	4189	55	1:19:54		>
20	Margaret Norton	Spartan Harriers	7343	75	1:23:02		
21	Elizabeth Nel	Spartan Harriers	7349	66	1:27:03		
22	Annelize Buys	K-Way VOB	656	50	1:33:35		>
<u>10km Race Walk Junior Men (18 - 19years)</u>							
1	Juandray Pieterse	Velocity	25	18	0:53:57	Gold	
<u>5km Race Walk Youth Men (15 - 17years)</u>							
1	Remo Jansen	Velocity	5D	15	0:28:20		

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Pos	Name	Club	Licence No.	Age	Time	Medal	Remarks
<u>10km Race Walk (Novices)</u>							
1	I Hessa	K-Way VOB	1142	49	1:13:32		
2	Pemnia Khuzwato	Indiv.	6816	28	1:16:25		
<u>5km Race Walk (Novices)</u>							
1	Rassie Erasmus	Indiv.	5F	63	0:44:54		
<u>5km Race Walk Development Boys</u>							
1	Gerhard Eckley	Strand	5E	13	0:28:19		
2	Wentsley Merkuur	Velocity Development	5A	15	0:30:10		
<u>5km Race Walk Development Girls</u>							
1	Arancxia Witbooi	Velocity Development	5C	15	0:37:15		
2	Amber Campher	Velocity Development	5B	15	0:37:16		
<u>3km Race Walk Development Boys</u>							
1	Charlton Pieterse	Velocity Development	3A	10	0:17:59		
2	Dylan April	Velocity Development	3F	14	0:18:06		
3	Muhsane Mpofu	Velocity Development	3G	13	0:18:16		
4	Eaton Gertse	Velocity Development	3B	13	0:20:58		
<u>3km Race Walk Development Girls</u>							
1	Amber Sass	Velocity Development	3E	12	0:21:41		
2	Rowena Swartz	Velocity Development	3C	13	0:22:06		
3	Delchena May	Velocity Development	3D	13	0:23:37		