

WPA Race Walking Grand Prix 4

Youngsfield, Cape Town - 05 September 2015



Pos	Name	Club	Licence No.	Age	Time	Medal
<u>30km Race Walk Open Men</u>						
1	Pierre De Villiers	Nedbank	11384	30	2:40:32	Gold
2	Jurgen Spencer	Bellville AC	8059	74	3:29:12	Silver
3	Wally Hart	Spartan Harriers	95	65	3:53:49	Bronze
4	Stefano Aracena	Bellville AC	11897	33	DNF	
<u>20km Race Walk Open Women</u>						
1	Fundiswa Sandi	Ravensmead AC	1484	34	2:13:08	Gold
2	Deborah Horn-Botha	K-way VOB	153	49	2:26:57	Silver
3	CJ Dunn	Spartan Harriers	163	48	2:27:46	Bronze
4	Daggie Atkinson	RWFL	9701	51	2:51:08	
<u>20km Race Walk Open Men</u>						
1	Adam Papier	Brackenfell AC	171	52	2:09:39	Gold
2	John Child	Spartan Harriers	7425	64	2:14:40	Silver
3	Clive Williams	K-way VOB	703	50	2:16:48	Bronze
4	Patrik Wonfor	Spartan Harriers	9411	69	2:17:53	
5	Reon Jacobs	Spartan Harriers	7452	45	2:21:10	
6	Brian Aver	RWFL	3844	71	2:23:58	
7	Roy Whyte	Spartan Harriers	7400	69	2:29:12	
8	Matthew Watson	Spartan Harriers	7344	70	2:53:51	
<u>10km Race Walk Masters Men</u>						
1	Ross McDonald	K-way VOB	151	42	0:57:48	Gold
2	Ebrahima Fisher	Spartan Harriers	172	48	1:04:08	Silver
3	Ishmael Hessa	K-Way VOB	1142	49	1:08:15	Bronze
4	Willem Fransman	Sanlam	4118	58	1:10:56	
5	Mike Evans	K-way VOB	1306	53	1:11:57	
6	Sharief Pandey	Itheko	8258	49	1:16:50	
7	John Hotston	Spartan Harriers	7406	84	1:22:29	
8	Branmal Swartz	Spartan Harriers	4777	47	1:24:23	
<u>10km Race Walk Masters Women</u>						
1	Carlyn Adams	K-Way VOB	1040	53	1:06:18	Gold
2	Jackie Goosen	Brackenfell	166	53	1:07:02	Silver
3	Wendy Josephs	RWFL	6819 T	66	1:08:22	Bronze
4	Suzelle Els	RWFL	159	45	1:08:35	
5	Frieda Bignaut	Sanlam	4131	65	1:09:56	
6	Ann Stead	Spartan Harriers	7370	68	1:10:02	
7	Carol-Ann Aver	RWFL	3845	69	1:12:37	
8	Leza Buckle	RWFL	9603	40	1:14:50	
9	Isabel Roux	Bellville AC	8062	62	1:15:08	
10	Edwina Fransman	Sanlam	4119	56	1:15:51	
11	Hildegard Vey	K-Way VOB	1387	74	1:15:56	
12	Charlotte Kettlewell	K-Way VOB	51	67	1:16:17	
13	Elizabeth Nel	Spartan Harriers	7349	66	1:16:38	
14	Thalena van Zyl	Sanlam	4152	56	1:16:57	
15	Peggy Reid	Spartan Harriers	7478	78	1:17:53	
16	Jenny Ramsay	Spartan Harriers	7362	62	1:17:54	
17	Jackie Joseph	Spartan Harriers	7416	63	1:21:16	
18	Margaret Norton	Spartan Harriers	7343	75	1:22:31	
19	Fiona Smith	Spartan Harriers	7514	57	1:23:07	
20	Helen Botes	Spartan Harriers	7446	68	1:24:07	
<u>10km Race Walk Junior Men (18 - 19years)</u>						
1	Juandray Pieterse	Velocity	25	18	0:57:48	Gold

5km Race Walk Development Boys

WPA Race Walking Grand Prix 4

Youngsfield, Cape Town - 05 September 2015



Pos	Name	Club	Licence No.	Age	Time	Medal
1	Leandre Galant	Velocity Development	5A	15	0:29:51	
2	Wentsley Merkuur	Velocity development	5B	15	0:30:39	
<u>3km Race Walk Development Boys</u>						
1	Ethan Gertze	Velocity Development	3L	13	0:18:30	
2	Adiel Benjamin	Velocity Development	3F	13	0:18:34	
3	Dylan Baron	Velocity Development	3I	14	0:20:42	
4	Renaldo van Wyk	Velocity Development	3K	12	0:21:17	
5	Majiet Nashwill	Velocity Development	3G	13	0:22:04	
6	Tasrique Grootboom	Velocity Development	3H	13	0:22:40	
7	Dante Driesson	Indiv.	3A	12	0:24:55	
<u>3km Race Walk Development Girls</u>						
1	Amore Toerien	Swartland Primary - BOLAND	3J	13	0:19:56	
2	Aranexia Witbooi	Velocity Development	3C	14	0:20:52	
3	Delchena May	Velocity Development	3E	13	0:20:53	
4	Amber Sass	Velocity Development	3D	12	0:22:47	
5	Rowena Swartz	Velocity Development	3B	13	0:22:48	
<u>1km Race Walk Development Boys</u>						
1	Tian Driesson	Indiv.	1A	7	00:06:47	
2	Tailo Du Plessis	Velocity Development	1B	8	00:07:21	