

**WPA Race Walking Grand Prix 2 - Incorporating the *racewalk.co.za* WPA Inter Club Trophy,  
WPA 30km Open Championships & WPA Junior/Youth 10km Championships**



**Youngsfield, Cape Town - 25 June 2016**



Pos	Athlete	Club	Licence No.	Age	Time	Medal	Points
<b><u>30km Race Walk Women</u></b>							
1	Fundiswa Sandi	Ravensmead	156	35	3:32:09	WPA Gold	10
2	TT Legoadi	SANDF	12818	26	3:47:41	WPA Silver	9
<b><u>30km Race Walk Men</u></b>							
1	Dennis Hines	K-way VOB	160	49	3:10:27	WPA Gold	10
2	Martin Mroro	SANDF	9426	32	3:14:38	WPA Silver	9
3	Clive Williams	K-way VOB	166	50	3:31:59	WPA Bronze	8
	ME Cima	SANDF	11038	32	DNF		
<b><u>20km Race Walk Women</u></b>							
1	Jackie Goosen	Brackenfell	6054	54	2:20:27	Gold	10
2	CJ Dunn	Spartan Harriers	163	49	2:25:18	Silver	9
3	Pam James	Spartan Harriers	7657	58	2:25:19	Bronze	8
4	Lauren Beukes	Individual	TL6908	32	2:31:53		0
5	Rene Dick	Kway-VOB	7657	58	2:47:10		7
<b><u>20km Race Walk Men</u></b>							
1	Raymond Fuller	K-way VOB	1150	58	2:15:08	Gold	10
2	Eswee Walters	Bellville	8158	57	2:15:50	Silver	9
3	Kenny Anthony	Spartan Harriers	7520	64	2:18:27	Bronze	8
4	Patrick Wonfor	Spartan Harriers	11436	70	2:23:05		7
5	Silas Ditinti	SANDF	TL6877	31	2:25:06		0
6	Armond Thompson	Spartan Harriers	7630	62	2:29:51		6
<b><u>10km Race Walk Women</u></b>							
1	Carlyn Adams	K-way VOB	1040	54	1:04:40	Gold	10
2	Gail Williams	Spartan Harriers	7558	58	1:04:46	Silver	9
3	Carol Pick	Spartan Harriers	9190	49	1:08:55	Bronze	8
4	Frieda Bignaut	Sanlam	3704	66	1:10:17		7
5	Leza Buckle	RWFL	3859	41	1:10:44		6
6	Hildegard Vey	K-way VOB	1387	75	1:11:26		5
7	Edwina Fransman	Sanlam	12573	57	1:14:06		4
8	Jenny Ramsay	Spartan Harriers	7663	63	1:14:55		3
9	Charlotte Kettlewell	K-way VOB	51	68	1:15:28		2
10	Judy Collins	K-way VOB	665	62	1:16:10		1
11	Peggy Reid	Spartan Harriers	7579	79	1:16:53		
12	Mary Schipper	RWFL	7746	69	1:17:05		
13	Elizabeth Nel	Spartan Harriers	7599	67	1:17:07		
14	Jane Fuller	K-way VOB	1149	57	1:17:10		
15	Megan Brennan	Spartan Harriers	7466	72	1:18:18		
16	Jackie Joseph	Spartan Harriers	7529	66	1:21:16		
17	Margaret Norton	Spartan Harriers	7485	76	1:22:47		
18	Helen Botes	Spartan Harriers	7552	69	1:24:47		
19	Fiona Smith	Spartan Harriers	7653	58	1:25:23		
<b><u>10km Race Walk Masters Men</u></b>							
1	Ross McDonald	K-Way VOB	159	43	0:55:04	Gold	10
2	Jacob Nel	EGA - Boland	1330	38	1:03:19	Silver	0
3	Jurgen Spencer	Bellville	168	75	1:03:45	Bronze	9
4	Reon Jacobs	Spartan Harriers	9293	46	1:06:31		8
5	Willem Fransman	Sanlam	11175	59	1:08:43		7
6	Roy Whyte	Spartan Harriers	7650	69	1:08:57		6
7	Mike Evans	K-way VOB	1306	54	1:10:37		5
8	Robin Dennis	Edgemead	3227	69	1:12:19		4

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9	Andre Nel	Spartan Harriers	11508	56	1:16:34		3
10	Dave Kirby	Spartan Harriers	7486	80	1:16:58		2
11	Patrick Adamson	Spartan Harriers	11509	61	1:22:11		1
12	Matthew Watson	Spartan Harriers	7484	71	1:23:41		
13	Ronald Adams	Spartan Harriers	9276	77	1:28:43		
<b><u>10km Race Walk Junior Women (18 - 19years)</u></b>							
1	Edgerlene Samaai	Velocity	TL6944	18	1:14:45	WPA Gold	
<b><u>10km Race Walk Youth Men (15 - 17years)</u></b>							
1	Wentsley Merkuur	Velocity	TL6943	16	0:56:01	WPA Gold	0
2	Austin van Niekerk	Velocity	20696	16	0:56:05	WPA Silver	10
3	Leandre Gelant	Velocity	TL6950	16	1:00:31	WPA Bronze	0
<b><u>10km Race Walk (Novice Women)</u></b>							
2	Annetjie de Beer	RWFL	11157	49	1:16:47		
3	Anne Race	Spartan Harriers	9340	48	1:17:37		
4	Dalene Loue	Spartan Harriers	7591	44	1:18:51		
5	Heather-Ann Adriaanse	Spartan Harriers	13551	61	1:18:55		
<b><u>10km Race Walk (Novice Men)</u></b>							
1	Willy Liebetran	RWFL	1919	69	1:12:08		
<b><u>5km Race Walk (Novice Women)</u></b>							
1	Wenbo Zheng	Individual	55	29	0:40:04		
<b><u>5km Race Walk (Novice Men)</u></b>							
1	Simon Short	Pinelands	20200	17	0:37:54		
<b><u>5km Race Walk Development Boys</u></b>							
1	Ethan Gertze	Velocity Development	53		0:33:05		
<b><u>5km Race Walk Development Girls</u></b>							
1	Amore Toerien	Individual	54	13	0:34:00		
2	Amber Campher	Velocity Development	51		0:36:34		
3	Rowena Swartz	Velocity Development	52		0:40:05		
<b><u>3km Race Walk Development Boys</u></b>							
1	Charlton Pieterse	Velocity Development	35	12	0:18:00		
2	Nashwill Majiet	Velocity Development	34		0:19:11		
<b><u>3km Race Walk Development Girls</u></b>							
1	Nikita Toerien	Individual	37	12	0:19:45		
2	Alvida Gertze	Velocity Development	31	12	0:20:14		
3	Carryn Adams	Velocity Development	33	11	0:23:00		
4	Monique Absalom	Velocity Development	32		0:23:24		
5	Siobhian Dunn	Spartan harriers	20207	14	0:24:00		
<b><u>1km Race Walk Development Girls</u></b>							
1	Entle Tiwane	Individual	13	4	0:10:44		
<b><u>1km Race Walk Development Girls</u></b>							
1	Tian Driesen	Velocity Development	11	7	0:08:18		
2	Lisakanya Tiwane	Velocity Development	12	6	0:08:22		

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**WPA RACE WALKING INTERCLUB TROPHY**

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<b>1</b>	<b>Spartan Harriers</b>	<b>78</b>
2	K-way VOB	68
3	Bellville AC	18
3	SANDF	18
3	Sanlam	18
4	Brackenfell	10
4	Ravensmead	10
4	Velocity	10
5	RWFL	6
6	Edgemead	4