# **CURRICULUM VITAE: Anél Oosthuizen**

## PERSONAL INFORMATION

**SURNAME:**  Oosthuizen

**FIRST NAMES:** Anél

**COUNTRY:** R.S.A

**DATE OF BIRTH:** 22 April 1995

**CLUB:** Nedbank Running Club

**Top Achievements 2014**

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| **Event** | **Distance** | **Position** | **Time** | **Achievement** |
| Varsity Cup Stellenbosch | 1 mile | 1st | 6:49 | Meeting record |
| SA Junior ChampionshipsStellenbosch | 10km | 1st  | 48:30 | SA Junior Track Record |
| SA Senior ChampionshipsPretoria | 20km | 1st | 1:42:39 | SA Junior Record |
| Race Walking World CupTaicang, China | 10km | 21st | 48:59 | SA Junior Road Record |
| SA Student Championships Pretoria (USSA) | 10km | 1st | 56:09 |  |
| World Junior ChampionshipsEugene, Oregon, USA | 10km | 21st | 48:55 |  |
| Youngsfield Race Walking Interprovincial Championships | 10km | 1st | 51:15 |  |

**Top Achievements 2015**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Event | Distance | Position | Time | Record |
| USSA Championships | 20km | 1st | 1:38:20 | USSA Record |
| SA Senior Championships | 20km | 1st | 1:38:03 |  |
| SA Race Walking Championships | 20km | 1st | 1:43:26 |  |
| Spain La Coruna IAAF Race Walking challenge | 20km |  | 1:39:05 |  |
| African Games (Congo) | 20km | 4th | 1:46:16 |  |

**Top Achievements 2016**

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| Event/place | Distance | Position | Time | Achievement |
| Dudince (Slovakia)IAAF permit Race walking champs | 20km |  | 1:37:49 | Personal best |
| Olomouch (Czech Republic) | 10km | 2nd | 46:34 |  |
| Podebrady (Czech Republic)IAAF race walking permit race 20km | 20km | 17th | 1:34:49 | SA recordPersonal bestOlympic Qualifier |
| SA Seniors | 20km | 1st | 1:37:21 |  |
| Race Walking World Cup (Rome, Italy) | 20km | 78th | 1:41:12 |  |
| African Games (Durban)  | 20km | 4th | 1:38:46 |  |
| Olympic Games Rio de Janeiro | 20km | 63rd | 1:45:06 | Debut Olympic games |
| Spar Ladies Race Pretoria | 10km | 1st | 51:32 |  |

**Top achievements 2017**

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| Event/place | Distance | Position | Time | Record |
| CGA track and field | 5km | 1st | 24:30 |  |
| Lugano, Switzerland | 20km | 8th | 1:36:50 | Season’s best |
| Olomouch, Czech Republic | 10km | 1st(1st international win ever) | 47:04 | Season’s Best (10km) |
| Podebrady, Czech Republic | 20km | 7th | 1:34:49 | Season’s best, equalled **SA record**, personal best **and IAAF World Champs Qualifier and World students qualifier)** |
| South African National Seniors ChampionshipsPotchefstroom | 20km | 1st | 1:38:53 | **5th Consecutive SA National Senior title.**First South African Woman race Walker to ever walk sub 1:39:00 for the 10th time. |
| World University Championships, Taipei, Taiwan | 20km | 6th |  |  |