**FUTURELIFE® SMART BREAD™ FRENCH TOAST**

**INGREDIENTS**

* 3 eggs
* 125ml milk
* 4 slices FUTURELIFE® Smart Bread™
* 1ml vanilla essence
* 1 whole banana, sliced
* 60g butter or margarine
* 1ml ground cinnamon
* 15ml honey (optional)
* 5ml icing sugar (optional)

**METHOD**

1. In a bowl, whisk together the egg, milk and vanilla.
2. Place the slices of bread into a shallow dish and cover with the egg/milk mixture. Turn over after a few minutes to coat the other side of the slice.
3. Heat half the butter or margarine in a frying pan, cook the bread slices on both sides until golden brown.
4. Serve with the banana, cinnamon and optional honey and icing sugar dusting.