# CURRICULUM VITAE: GERDA STEYN



## **PERSONAL INFORMATION**

**SURNAME:**  Steyn

**FIRST NAMES:** Gerda

**COUNTRY:** R.S.A

**DATE OF BIRTH:** 1990/03/03

**ID:** 9003030103084

**CLUB:** Nedbank Running Club

## **PERSONAL BEST PERFORMANCES**

**Distance Time Race Date**

5 kilometers 16:30 Durban 14 Oct 2018

10 kilometers 33:36 Durban 14 Oct 2018

Marathon 2:31:04 New York 9 Nov 2018

Two Oceans 56km 3:39:32 Cape Town 31 Mar 2018

Comrades Marathon 6:15:34 Durban 10 Jun 2018

**PERSONAL PERFORMANCES 2018**

Two Oceans 56km 3:39:32 1st Place

Comrades Marathon 6:15:34 2nd Place

New York Marathon 2:31:04 13th Place

SC Dubai 10km 34:30 1st Place

Middlesbrough 10km 33:58 1st Place

Spar Ladies race -Jhb 2nd Place

FNB 10km - Jhb 3rd Place

**PERSONAL PERFORMANCES 2017**

Comrades Marathon 6:45:45 4th Place

Valencia Marathon 2:37:22 13th Place

Great North Run 21km 1:17:26

Middlesbrough 10km 36:14 1st Place