

CURRICULUM VITAE: GERDA STEYN



PERSONAL INFORMATION

SURNAME: Steyn
FIRST NAMES: Gerda
COUNTRY: R.S.A
DATE OF BIRTH: 1990/03/03
CLUB: Nedbank Running Club

PERSONAL BEST PERFORMANCES

<u>Distance</u>	<u>Time</u>	<u>Race</u>	<u>Date</u>
5 Kilometres	18:21	Dubai	2015
10 Kilometres	36:14	New Yorkshire	2017
Half Marathon	1:17:26		2017
Marathon	2:37:22	Valencia (ESP)	2017
Two Oceans 56km	4:15:44	Cape Town	2016
Comrades Marathon	6:45:45	Durban	2017

PERSONAL PERFORMANCES 2016

2nd place - Abras Mina Race 2, 10km: 37:37
 3rd place - Standard Chartered Dubai 10km: 37:43
 1st place - Wadi Bih, 72km trail race: 6:16:05
 14th place - Two Oceans 56km: 4:15:44
 14th place - Comrades Marathon 89km: 7h08min
 14th place - Dublin Marathon - 2:51:26

PERSONAL PERFORMANCES 2017

14th place - Dubai Marathon - 2:57:03
 1st place - Wadi Bih 30km Trail Race
 4th place - Comrades 2017 - 6:45:45
 12th place - Valencia Marathon - 2:37:22

