# CURRICULUM VITAE: John April

## 

## PERSONAL INFORMATION

**FIRST NAMES / SURNAME:** John April

**COUNTRY:** R.S.A

**DATE OF BIRTH:** 2 March 1989

**CLUB:** Nedbank Running Club SWD

**CONTACT / EMAIL / TWITTER:** 0738779329

**PERSONAL BEST PERFOMNCES**

**DISCIPLINE PERFORMANCE PLACE DATE**

56km 3:38:40 Two Oceans (RSA) 2018

**PERSONAL PERFORMANCES 2019**

Outeniqua (swd) 21km 1:09:57, 1st

Cango (swd) 21km 1:08:37, 4th

Beaufort West Kanniedood (swd) 21km 1:07:28, 1st

27 For Freedom (wp) 27km 1:35:29, 3rd

Bay To Bay (wp) 30km 1:46:54, 11th

**PERSONAL PERFORMANCES 2018**

Meiringspoort Live Life (swd) 21km 1:09:11, 3rd

Sanlam Cape Town (wp) 42km 2:28:41

Run With The Stars (swd) 10km 32:07, 2nd

Schoemanshoek (swd) 21km 1:12:45, 2nd

Old Mutual Two Oceans (wp) 56km 3:38:40

**PERSONAL PERFORMANCES 2017**

Sanlam Cape Town Marathon (wp) 42km 2:30:16

George Herald Run With Stars (swd) 10km 32:19, 2nd

Outeniqua (swd) 21km 1:14:40, 3rd

Old Mutual Two Oceans Ultra (wp) 56km 3:49:17

Two Lagoons (swd) 30km 1:59:11, 3rd

Cango (swd) 42km 2:29:13, 1st