

CAPE TOWN
25 March
PORT ELIZABETH
5 MAY

DURBAN

24 JUNE

PRETORIA

4 AUGUST

PIETERMARITZBURG

19 AUGUST

JOHANNESBURG

7 OCTOBER

Get Ready

South Africa's *Most Beautiful*
Road Race
2018



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THE SPAR GRAND PRIX 2018 PROGRAMME OF EVENTS

CAPE TOWN	25 MARCH
PORT ELIZABETH	5 MAY
DURBAN	24 JUNE
PRETORIA	4 AUGUST
PIETERMARITZBURG	19 AUGUST
JOHANNESBURG	7 OCTOBER

ELIGIBILITY

The SPAR GRAND PRIX is open to female runners from all countries. Runners from outside South Africa need to ensure that they comply with ASA and IAAF rules covering international competitions.

OVERALL PRIZE STRUCTURE

The following table lists the prizes that will be awarded by category at the end of the 2018 SPAR GRAND PRIX.

Position	Open	Junior	40-49	50-59	60+
1	185 000	4 700	4 700	4 700	4 700
2	60 000	3 400	3 400	3 400	3 400
3	35 500	1 700	1 700	1 700	1 700
4	30 500				
5	25 500				
6	18 000				
7	13 300				
8	11 400				
9	9 700				
10	8 600				
11	7 600				
12	6 300				
13	5 000				
14	3 800				
15	2 800				



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RULES FOR SCORING POINTS IN THE 2018 SPAR GRAND PRIX

Points are accumulated by runners across the six races in two ways: POSITION POINTS and TIME INCENTIVE POINTS. The final points standing is calculated at the end of the series.

POSITION POINTS

Points are accumulated across the six races over the year to determine the overall prize-winners at the end of THE SPAR GRAND PRIX.

For each race, in the OPEN category, which includes all runners in the race, the winner scores 20 points, second place, 19 points and so on down to 1 point for 20th place.

There are 4 AGE CATEGORIES: Junior (as defined by ASA and local provincial rules), 40-49 years, 50-59 years and 60+ years. In these categories, the winner in each race scores 5 points down to 1 point for 5th place.

In each race, the final points are only determined when the race referees sign off the results or when the results of any dope tests or appeals are completed.

TIME INCENTIVE POINTS

Time incentive points, in addition to position points, are awarded to a runner in the following circumstances:

In the OPEN category, 10 points are scored by any runner who beats the overall winning time set up in the corresponding race in 2017.

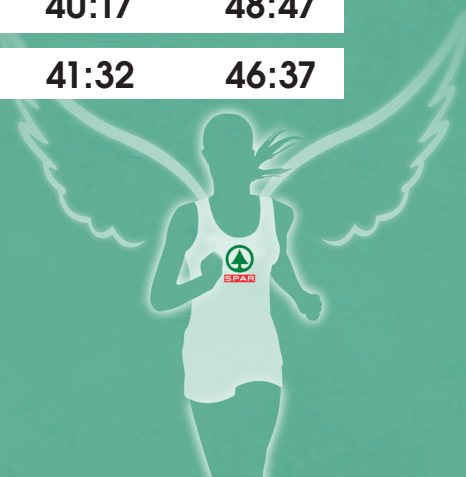
In the AGE categories, 5 points are scored by any age category runner who beats the winning time in that same age category in the corresponding race in 2017.

TARGET TIMES FOR INCENTIVE POINTS

	Open	Junior	40-49	50-59	60+
CAPE TOWN	32:56		39:08	38:43	43:36
PORT ELIZABETH	33:13	35:59	36:46	39:16	44:17
DURBAN	32:58	35:26	36:54	39:09	43:36
PIETERMARITZBURG	34:21		37:56	39:54	49:19
PRETORIA	34:36	36:35	36:57	40:17	48:47
JOHANNESBURG	34:48	38:36	41:54	41:32	46:37



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JUNIORS

The SPAR GRAND PRIX in 2018 in the junior category will consist of FOUR RACES ONLY.
These are:

Port Elizabeth
Durban
Pretoria
Johannesburg

Juniors are welcome to run in all six races and will win age category or open category prizes as per local prize money structures. In addition, any junior who finishes in the top 20 of any SPAR GRAND PRIX race will score points in the open category. However, the specific junior category of the 2018 SPAR GRAND PRIX will be scored in just the above four races.

THE CLUB COMPETITION

All points scored by a runner will accrue to her club. Should a runner score points in the open as well as an age category, then both these points will accrue. If a club has “branches” in more than one province under the same name, then all the points scored will be added together for the purposes of the club competition.

If a runner changes clubs during the year, points scored after the transfer is complete, as per the rules of transfer, will accrue to the new club, while points scored during her membership of the previous club will remain.

LOCAL RULES

Individual SPAR GRAND PRIX races are subject to local, provincial and ASA rules according to local race information sheets. All the rules and information in this communication refer only to the SPAR GRAND PRIX.

CONTACTS

For more information contact:
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