# CURRICULUM VITAE: Tanith Maxwell

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## PERSONAL INFORMATION

**FIRST NAMES / SURNAME:** Tanith Maxwell

**DATE OF BIRTH:** 2 June 1976

**CLUB:** Nedbank Running Club

**NATIONALITY:** South African

**EMAIL / CONTACT / TWITTER:** t.foxmax@gmail.com / 081 747 8553 / @tanithmaxwell

**Personal Bests**

**Event Result Venue Date**

10 Kilometres 34:01:00 Durban (RSA) 26-Jul-09

12 Kilometres 44:46:00 Cape Town (RSA) 21-May-17

15 Kilometres 53:22:00 Cape Town (RSA) 10-Mar-12

10 Miles Road 58:58:00 Portsmouth (GBR) 25-Oct-09

20 Kilometres 1:13:25 East London (RSA) 02-Jul-06

Half Marathon 1:13:22 Port Elizabeth (RSA) 24-Jul-10

25 Kilometres 1:32:21 Berlin (GER) 05-May-13

30 Kilometres 1:56:32 Cape Town (RSA) 04-Jan-15

Marathon 2:32:33 Berlin (GER) 26-Sep-10

**Comrades Marathon Results**

2018 Down, 06:20:35, 4th

**Two Oceans Marathon Results**

2002 Half 1:22:27 8th

2003 Half 1:19:39 4th

2004 Half 1:18:06 3rd

2005 Half 1:21:01 6th

2010 Half 1:16:19 4th

2015 Ultra 3:45:19 3rd

2016 Ultra 3:45:55 2nd

2017 Ultra 3:55:37 3rd

2018 Ultra 3:49:49 4th

**Best Performances 2018**

**Event Result Venue Date**

10 Kilometres 36:15:00 Cape Town (RSA) 07-Mar-18

Marathon 2:49:49 Cape Town (RSA) 23-Sep-18