

CURRICULUM VITAE: Andrew Cooper

PERSONAL DETAILS

FIRST NAME / SURNAME: Andrew Cooper
DATE OF BIRTH: 28 December 1967
CLUB: Nedbank Running Club
NATIONALITY: South African

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
10km	35:05	Cape Town (RSA)	2019
21km	77:56	Cape Town (RSA)	2019
42.2km	02:50	Cape Town (RSA)	2019

Best Performances 2025

Best Performances 2024

Was selected for WPA cross country team

Best Performances 2023

Was selected for WPA cross country team
 Received SAMA National colours for 10km and 21km

Best Performances 2022

Best Performances 2021

Was selected for WPA 42km team



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