

CURRICULUM VITAE: Caitlyn van Dyk

PERSONAL DETAILS

FIRST NAME / SURNAME: Caitlyn van Dyk
DATE OF BIRTH: 1997-07-15
CLUB: Nedbank Running Club WP
NATIONALITY: South African

PERSONAL BEST TIMES

Distance	Time	Venue	Year
10km:	44:49	Wally Hayward Race	2023
21km:	1:38.	Wally Hayward Race	2023
42.2km:	3:37	Cape Town Marathon	2021
50km:	4:49	Two Oceans	2025
Two Oceans 56km:	5:22	Two Oceans	2025

Best Performances 2025

Wally Hayward Marathon: 3hours 49 minutes
 Debut ultra at Two Oceans: 5 hours 22 minutes

Best Performances 2024

Jacaranda Marathon: 3 hours 42 minutes

Best Performances 2023

Pretoria Marathon- 3 hours 52minutes
 Wally Hayward Half Marathon 1hour 38 minutes

Best Performances 2022

Kaapsehoop 21km- 1 hour 48 minutes

Best Performances 2021

Cape Town Marathon 3 hours 37 minutes

