

CURRICULUM VITAE: Chantel Simpson

Sport has shaped my life in the most extraordinary ways. I've had the honour of becoming a four-time World Biathlon Champion, winning double gold in individual and the mixed relay in 2016 (Sarasota, USA) and again in 2017 (Viveiro, Spain), followed by double silver at the 2018 World Championships in Hurgada, Egypt. Representing South Africa on the world stage remains one of my greatest achievements.

Closer to home, I've received my SA and WP Colours in Biathlon, WPA colours in Road Running and Cross Country and have been honoured with WP Biathlon and WP Athletics Achievement Awards — milestones that reflect dedication and passion. I'm proud to be a South African Biathlon Champion and to have achieved a hat-trick of Western Province Cross-Country titles in the 40+ category, demonstrating three consecutive years of growth and consistency. I've represented Western Province Athletics at numerous SA Cross-Country Championships and earned silver in the 40+ category at the SA 10km Championships in Middelburg.

My journey extends into Biathlon, Cross-Country, Road Running and Open-Water Swimming. To name a few achievements, I've won the Cango Half Marathon, placed 3rd in the 40+ category at the Two Oceans Half Marathon and contributed to winning multiple 40+ and 50+ women's team prizes at the same event. Over the years, I've consistently reached the podium in local races across 10km, 15km, and 21km distances (too many to mention), in both the 40+ and 50+ age categories as an individual and contributing to team prizes. My endurance adventures have taken me even further, completing the Two Oceans Ultra Marathon, New York Marathon and the Robben Island Open Water Relay Swim.

For me, sport has never only been about medals. It's about proving that excellence has no age limit, inspiring others to keep showing up and honouring the people who make the journey possible. I'm deeply grateful — and still hungry for what's next.

