

CURRICULUM VITAE: Kimara Solms

PERSONAL DETAILS

FIRST NAME / SURNAME: Kimara Solms
DATE OF BIRTH: 1997-12-23
CLUB: Nedbank Running Club WP
NATIONALITY: South African

PERSONAL BEST TIMES

Distance	Time	Venue	Year
10km	38:56	Gun Run	2024
21km	1hrs24min	Blouberg Haf	2025
42.2km	2hrs55min	Valencia Marathon	2025

Best Performances 2025

Valencia Marathon 2025: 2:55
 WP 5km Champs: 2nd place
 27km Freedom: 1st place
 Cub Mykonos: 2nd place
 John Korasie: 5th place

Best Performances 2024

Blouberg Half: 1 hour 26 minutes
 Gun Run: 1 hour 25 minutes
 Cape Town Marathon: 3 hours 5 minutes

Best Performances 2024

5km: 18:39

