



**NEDBANK RUNNING CLUB CAPE TOWN WPA  
RACE RESULTS | HOHENORT 15KM | 10 JAN 2026**

Congratulations to our podium winners:

M40-49

Vakalisa Kopolo 52:45

W40-49

Elme Middlemost 1:03:07

Congratulations to all our runners who participated – here are the results:

HOHENORT 15KM ROAD RACE								
PROUDLY SPONSORED BY SOLID ROCK FINANCIAL PLANNING CC								
PINELANDS ATHLETIC CLUB								
SATURDAY 10 JANUARY 2026								
POS	SURNAME	NAME	CLUB	AGE	SEX	CAT	LIC N <sup>o</sup>	TIME
12	KOPOLO	VAKALISA	NEDBANK WP	48	M	45	7692	0:52:45
54	WEAVER	HANSLEY	NEDBANK WP	53	M	50	7713	1:01:19
64	MIDDLEMOST	ELME	NEDBANK WP	47	F	45	7703	1:03:07
143	LUAFS	LORERO	NEDBANK WP	63	M	60		1:10:17
246	DLANGAMANDLA	PATRICK	NEDBANK WP	69	M	65	7772	1:16:34
957	PIENAAR	LEE-ANNE	NEDBANK WP	49	F	45	7768	1:41:32
1080	BOONZAAIER	J	NEDBANK WP	64	M	60	13505	1:45:26
1310	DISQUALIFIED		NEDBANK WP		F	JUN		1:54:27



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