

Modderfontein Time Trial - 14 June 2022

Thank you to our timekeepers: Annalien and Jose

Ladies 5km TT

Name	Time	Pace	+/- PB
Claire Steyn	28:48	5:46	+2:17
Charmaine Hibbert	35:25	7:05	+5:13
Gayle Bates	35:58	7:12	+0:18

Mens 5km TT

Name	Time	Pace	+/- PB
Clayton Sumner	22:44	4:33	+0:06
Joshua McKeand	24:55	4:59	+5:06
Edwin Maroga	29:21	5:52	-0:28
Coach Marco	33:04	6:37	+4:52
Graham Clifton	35:20	7:04	+0:30
Derek Venter	38:00	7:36	+2:40

Ladies 8km TT

Name	Time	Pace	+/- PB
Tristan Torr	36:33	4:34	+0:13
Ruth Davis	40:27	5:03	+0:46
Nicola-Jayne Kirkby	41:39	5:12	+3:17
Celine Van Enter	44:02	5:30	+1:27
Micaela Rei	44:36	5:35	+0:31
Chelsea Muller	45:45	5:43	+3:33
Sally Bevington	45:45	5:43	+3:00
Michelle Sparke	46:55	5:52	+1:47
Deidre Coghlan	50:44	6:21	+6:28
Yonica Pienaar	54:59	6:52	-0:10

Mens 8km TT

Name	Time	Pace	+/- PB
Cameron Dansie	28:56	3:37	+0:56
Lourens Strauss	37:34	4:42	-0:14
Rogan Botha	40:03	5:00	+2:48
Andre Greyling	41:47	5:13	-1:10
Dieter Zermatten	43:40	5:28	+4:24
Deon Wessels	44:00	5:30	+3:38
Barry Chapman	44:26	5:33	+11:27
Logan Hull	45:12	5:39	+0:00
Chris Botha	46:39	5:50	+5:44
Jonty Meiring	56:22	7:03	+0:45
Raymond Smith	56:22	7:03	+0:00