

Modderfontein Time Trial - 25 April 2023

Thank you to our timekeepers: Julie, Ross and Clayton

Ladies 5km TT

Name	Time	Pace	+/- PB
Shanice Peens	21:44	4:21	+0:07
Nicola-Jayne Kirkby	27:15	5:27	+4:35
Natalie Botha	28:59	5:48	-0:36
Morgan Young	30:20	6:04	-1:07
Michelle Sparke	31:46	6:21	+4:55
Sonia Correia	32:03	6:25	+3:26
Charne Oosthuizen	33:37	6:43	-0:42
Fulufelo Malada	35:11	7:02	-1:17
Janice Ross	36:39	7:20	+4:09
Kim Boucher	36:39	7:20	+5:34
Heather Matteucci	41:33	8:19	+1:03
Ami Lee Munnik	42:14	8:27	-0:46
Gayle Bates	47:31	9:30	+12:48

Mens 5km TT

Name	Time	Pace	+/- PB
Jonathan Hanscombe	24:43	4:57	-0:16
Jude Chianwuna	25:56	5:11	+8:07
Herman Botha	26:04	5:13	-0:29
Jonty Meiring	28:50	5:46	-3:22
Bradley Cook	30:21	6:04	+4:28
Kyle Ribeiro	33:37	6:43	+0:00
Francios Peens	33:39	6:44	+0:07
Scott Dawson	34:10	6:50	+1:00
Joshua Wasson	41:40	8:20	-1:15
Keagan Smith	41:40	8:20	-0:40
Simon Levin	52:55	10:35	+27:55
Keith Agliotti	52:55	10:35	+22:57
Darryl van der Heever	52:55	10:35	+0:00

Ladies 8km TT

Name	Time	Pace	+/- PB
Estrelita Kotze	38:56	4:52	+0:51
Tristan Torr	40:19	5:02	+4:45
Jo-Anne Buchner	42:04	5:16	-0:41
Celine Van Enter	43:50	5:29	+1:15
Chelsea Muller	43:50	5:29	+1:38
Laetitia Stap	44:56	5:37	+1:03
Sally Bevington	47:00	5:53	+4:15
Micaela Rei	49:41	6:13	+5:59

Mens 8km TT

Name	Time	Pace	+/- PB
Dario Matteucci	32:36	4:05	+0:16
Barry Chapman	33:05	4:08	+1:00
Clayton Sumner	35:22	4:25	+1:23
Dieter Zermatten	37:06	4:38	-0:29
Ofhani Rapetswane	38:21	4:48	-1:20
Ayal Peretz	41:32	5:12	+1:26
Jose Bates	41:45	5:13	+8:44
Dwayne Nzimande	41:48	5:14	+0:00
Toni Zwicker	42:08	5:16	+0:00
Fabio Matteucci	42:49	5:21	+6:54
Deon Wessels	42:56	5:22	+2:42
Frank Lephoto	42:58	5:22	-2:48
Henri Zermatten	43:38	5:27	-0:07
Stefan Steyn	44:56	5:37	+5:39
Coach Marco	48:10	6:01	+1:29

4km Walkers

Name	Time	Pace	+/- PB
DJ Kirkby	19:14	4:49	-1:29
Christoff Vermeulen	24:18	6:05	+0:00
Alieia Pollock	35:00	8:45	+0:00
Paige Pollock	35:00	8:45	+0:00
Leigh Raath	37:34	9:24	-2:11
Andre Portelli	37:38	9:25	+0:00
Lisa Portelli	37:38	9:25	+2:41
Annette Vermeulen	38:34	9:39	+0:00
Alison Botha	38:39	9:40	-3:11
Iain Botha	38:40	9:40	+2:20
Jean-Pierre Robbertze	38:40	9:40	+2:00
Liesel Raath	40:31	10:08	+0:46
Robyn Versace	40:31	10:08	+0:16
Bradley Diamond	40:52	10:13	+14:47
Charlene Holder	40:59	10:15	+0:00
Bronwyn Diamond	43:29	10:52	+17:24
Elizabeth Nyalungu	43:29	10:52	-0:41
Alistair Elliot-Wilson	44:55	11:14	+4:46
Lauren Deyzel	44:55	11:14	-0:50
Kaela Hindle	47:01	11:45	+0:00