

Modderfontein Time Trial - 28 June 2022

Thank you to our timekeepers: Demi and her green team

Ladies 5km TT

Name	Time	Pace	+/- PB
Celine Van Enter	25:45	5:09	-1:14
Laetitia Stap	28:07	5:37	+1:52
Marizanne Pienaar	28:07	5:37	-0:39
Claire Steyn	30:08	6:02	+3:37
Debbie Matteucci	31:09	6:14	+1:19
Kim Boucher	33:21	6:40	+2:16
Gayle Bates	34:43	6:57	-0:57

Mens 5km TT

Name	Time	Pace	+/- PB
Joshua McKeand	21:56	4:23	+2:07
Dario Matteucci	23:55	4:47	+2:30
Ozzie Ferreira	24:43	4:57	+0:34
Dieter Zermatten	25:25	5:05	+2:21
Moji	25:45	5:09	+0:00
Christopher Sparke	27:31	5:30	+2:10
Patrick Wong	29:31	5:54	+0:31
Frank Lepphoto	32:22	6:28	+1:11

Ladies 8km TT

Name	Time	Pace	+/- PB
Tristan Torr	35:34	4:27	-0:46
Ruth Davis	39:25	4:56	-0:16
Sally Bevington	46:35	5:49	+3:50
Michelle Sparke	46:47	5:51	+1:39
Yonica Pienaar	53:02	6:38	-1:57

Mens 8km TT

Name	Time	Pace	+/- PB
Cameron Dansie	29:32	3:42	+1:32
Barry Chapman	35:35	4:27	+2:36
Lourens Strauss	37:24	4:41	-0:10
Clayton Sumner	37:39	4:42	+2:18
Clint Suessmann	39:31	4:56	+0:00
Deon Wessels	43:45	5:28	+3:23
Chris Botha	47:21	5:55	+6:26
Jonty Meiring	53:16	6:40	-0:54