



TIME TRIAL RESULTS

25th March TT: Thomas Andrew L., Tsheng, and Lianne Z

Ladies 55km TT

	Name	Time	Pace	+/- PB
1	Tanya Briggs	26:57	5:23	-0:21
2	Rachel Wilkinson	28:24	5:33	0:55
3	Claire Steyn	28:40	5:34	3:09
4	Rosey Kai	30:18	6:04	0:00
5	Aina-Groome	30:45	6:09	-0:30
6	Shannon de Ryckere	31:01	6:12	-1:00
7	Bronwyn Diamond	32:30	6:30	3:09
8	Jo-Anne Buchner	32:42	6:32	6:08
9	Sally Worington	32:42	6:32	7:38
10	Samantha Zernatten	32:42	6:32	4:43
11	Lindsay King	33:00	6:38	0:22
12	Gaby Duncan	34:22	6:52	3:12
13	Caitlin Ransom	34:44	6:57	1:34
14	Arastasa Polyskova	35:21	7:06	0:00
15	Silele Kulu	36:47	7:21	-1:32
16	Helga Lucas	36:55	7:23	3:41
17	Charlotte Matis	41:48	8:22	0:00
18	Khulele Moya	42:54	8:47	0:00
19	Headier Matteucci	44:30	8:54	4:15
20	Fedra Ndaketa	47:53	9:35	3:53
21	Tsiki Mogale	48:44	9:45	-0:23
22	Cindy Rode	50:03	10:01	14:23
23	Veronique Gansene	50:03	10:01	0:00

Mens 55km TT

	Name	Time	Pace	+/- PB
1	Bradley Cook	26:42	5:20	0:49
2	Rory Briggs	26:57	5:23	0:00
3	Craig Duncan	28:56	5:47	0:17
4	Timothy Goodchild	29:14	5:51	-1:34
5	Michael Motoma	29:19	5:52	0:00
6	Dean Mesele	29:32	5:54	4:35
7	Chris Buthe	30:08	6:02	3:58
8	Leon Jordan	30:16	6:03	8:27
9	Steve Modiman	30:18	6:04	1:30
10	Bradyn Ward	32:00	6:24	-0:22
11	Keegan Russell	33:40	6:44	3:35
12	Nati Tsewera	34:37	6:55	0:00
13	Thabo Mosepe	34:51	6:58	3:25
14	Colleen Moya	35:33	7:11	3:46
15	Chad Warner	36:05	7:13	-8:10
16	Isak Kotze	36:07	7:13	0:00
17	Graham Clifton	37:10	7:26	3:11
18	June-Jane Van Vuuren	38:00	7:36	11:04

Ladies 100km TT

	Name	Time	Pace	+/- PB
1	Shantze Peers	34:32	6:19	0:14
2	Chelsea Muller	42:09	5:16	3:01
3	Phumela Moya	48:21	6:04	0:00
4	Amber Banks	49:25	6:12	-1:41
5	Nicole Harper	50:48	6:21	50:48
6	Kurtie Tshole	50:54	6:41	0:00

Mens 100km TT

	Name	Time	Pace	+/- PB
1	Isaac Muphe	29:47	3:43	-1:20
2	Jude Chaneura	30:05	4:01	3:16
3	Daria Matteucci	30:35	6:12	4:47
4	Daryo Miso	34:17	4:17	0:22
5	Isak Dumbo	35:40	4:28	3:40
6	Warren Grover	36:40	4:38	3:28
7	Jackson Mahabala	35:48	4:29	5:48
8	Teddy Wang	37:12	4:39	3:32
9	Simon Levin	37:32	4:42	0:54
10	Rudolf Karsner	37:41	4:43	0:26
11	Sipho Matanda	39:37	4:57	1:52
12	Andre Greyling	40:46	5:06	5:09
13	Martin Elghout	42:38	5:20	3:23
14	Othum Kapetseane	43:11	5:24	5:34
15	Benjamin Banks	43:27	5:26	-1:48
16	Moses Mbebe	44:21	5:33	3:16
17	Clement Mangene	45:21	5:39	0:00
18	Bradley Diamond	46:40	5:50	5:42
19	Fabio Matteucci	47:40	5:58	11:45
20	Ayal Perot	48:07	6:01	8:21
21	Edvard Madiya	49:00	6:08	0:00
22	Edwin Masega	50:54	6:45	6:28
23	Sam Mkhantlele	50:52	6:53	-4:57

Men 50kmers

	Name	Time	Pace	+/- PB
4	Silele Kulu	36:26	9:07	0:00
4	Patrick Lovell	41:55	10:29	7:49
4	Dylan Wong	41:57	10:29	5:16
4	Patrick Wong	41:57	10:29	5:16
4	Tarnick Lubamba	42:30	10:38	0:00

