

Modderfontein Time Trial - 05 July 2022

Thank you to our timekeepers: Celine and Ozzie

Ladies 5km TT

Name	Time	Pace	+/- PB
Bianca Nowicki	30:14	6:03	+1:45
Claire Steyn	31:47	6:21	+5:16
Sonia Correia	34:59	7:00	+6:22
Trish Suessmann	36:15	7:15	+0:00
Megan Suessmann	36:16	7:15	+0:00
Samantha Zermatten	38:31	7:42	+10:30

Mens 5km TT

Name	Time	Pace	+/- PB
Andre Greyling	25:22	5:04	-1:28
Christopher Sparke	25:39	5:08	+0:18
Moji Mokobori	25:45	5:09	+0:00
Stefan Steyn	28:58	5:48	+2:16
Patrick Lovell	29:08	5:50	+2:38
Clifford Correia	29:51	5:58	+4:37
Ayal Peretz	31:09	6:14	+7:40
Coach Marco	31:38	6:20	+3:26
Bryce Curtis	32:47	6:33	+4:26
Graham Clifton	35:29	7:06	+0:39
Craig Thomas	40:31	8:06	+5:59

Ladies 8km TT

Name	Time	Pace	+/- PB
Tristan Torr	37:53	4:44	+2:19
Nicola-Jayne Kirkby	41:00	5:08	+2:38
Sandy Ransom	41:02	5:08	-1:09
Sally Bevington	42:52	5:22	+0:07
Micaela Rei	45:21	5:40	+1:39
Michelle Sparke	46:20	5:48	+1:12
Chelsea Muller	47:07	5:53	+4:55

Mens 8km TT

Name	Time	Pace	+/- PB
Cameron Dansie	31:15	3:54	+3:15
Andrew Lucas	37:15	4:39	+1:37
Barry Chapman	37:51	4:44	+4:52
Clayton Sumner	37:54	4:44	+2:33
Graham Ransom	37:54	4:44	+0:08
Jayson Naicker	39:48	4:59	+4:31
Christoff Vermeulen	40:55	5:07	+0:51
Deon Wessels	42:09	5:16	+1:47
Clint Suessmann	47:08	5:54	+7:37
Dylan Jackson	47:08	5:54	+0:00
Patrick Wong	47:23	5:55	-1:25
Edwin Maroga	47:36	5:57	-4:01
Chris Botha	51:22	6:25	+10:27

4km Walkers

Name	Time	Pace	+/- PB
Annalien Steyn	42:58	10:45	+3:13
Helga Lucas	42:58	10:45	+6:18
Emay Steyn	42:58	10:45	+3:13