

Sandton Time Trial - 28 June 2023

Thank you to our timekeeper: Samantha Zermatten

Ladies 5km TT

Name	Time	Pace	+/- PB

Mens 5km TT

Name	Time	Pace	+/- PB
Donald Mbonani	21:18	4:16	+0:58
Michael McLaggan	22:58	4:36	+3:59
Boyd Mounga	23:18	4:40	+0:00
Tshivhidzo Makungo	31:22	6:16	+0:00

