

2nd July 2025



Ladies 5km TT

Name	Time	Pace	+/- PB
Kathy Mann	28:44	5:45	0:44
Daryn Van Maltitz	31:44	6:21	-0:18
Taola Modisi	32:01	6:24	-0:24
Louise Leech	34:35	6:55	2:10
Anne Kruger	35:05	7:01	-1:34

Mens 5km TT

Name	Time	Pace	+/- PB
Troye Brady	34:07	6:49	2:17

Mens 8km TT

Name	Time	Pace	+/- PB
Andrew Lucas	46:40	5:50	11:42

