



Ladies 5km TT

Name	Time	Pace	+/- PB
Taolo Modisi	29:19	5:52	-1:17
Barati Mahloele	30:10	6:02	-0:06
Kathy Mann	32:20	6:28	4:20
Anne Kruger	32:56	6:35	0:16
Alison	33:00	6:36	0:00
Carrie Peter	33:44	6:45	0:51
Brenda Hopeful	33:44	6:45	2:04

Mens 5km TT

Name	Time	Pace	+/- PB
Werrich Coals	28:40	5:44	0:00
Grant Hallowell	29:04	5:49	2:02
Troye Brady	32:03	6:25	1:47

