

Ladies 5km TT

Name	Time	Pace	+/- PB
Kathy Mann	28:27	5:41	0:27
Taola Modisi	31:13	6:15	-0:48
Daryn Van Maltitz	31:37	6:19	-0:07
Brenda Hopeful	31:40	6:20	-1:20
Louise Leech	31:51	6:22	-0:34
Anne Kruger	33:26	6:41	-1:39
Carrie Petes	37:56	7:35	-7:59
Simone Olivier	38:44	7:45	0:00

Mens 5km TT

Name	Time	Pace	+/- PB
Grant Hallowell	32:15	6:27	5:13
Troye Brady	36:55	7:23	5:05
Andrew Clides	39:20	7:52	0:00

