

NEDBANK RUNNING CLUB



Sandton Time Trial - 1 February 2023

Thank you to our timekeepers: Gayle and Jose

Ladies 5km TT

Name	Time
Michelle Mayers	26:05
Lauren Gant	29:54
Chantell Hanekom	31:40

Mens 5km TT

Name	Time
Michael McLaggan	18:59
Howard Feinberg	25:58
Gavin Arentsen	26:54
Xolani Matyolo	27:05
Dwayne Nzimande	29:34
Marco Josephs	29:46
Stephen Gant	30:03
Busi Ndlovu	30:20
Ed Stoddard	31:51
Kosie van Vuuren	38:07

