



## Sandton Time Trial - 26 October 2022

Thank you to our timekeepers: Jacque

| Ladies 5km TT |          |
|---------------|----------|
| Name          | Time     |
| Lauren Gant   | 29:24:00 |
| Rina Gerber   | 33:39:00 |

| Mens 5km TT      |          |
|------------------|----------|
| Name             | Time     |
| Michael McLaggan | 20:24:00 |
| Bongani Valikazi | 24:28:00 |
| Dave Willis      | 25:19:00 |
| Steve Gant       | 29:24:00 |
| Andrew Bryson    | 29:24:00 |
| Shan Abernethy   | 31:00:00 |
| Kosie van Vuuren | 34:00:00 |
| Teboho Koea      | 36:25:00 |

