



Sandton Time Trial - 28 September 2022

Thank you to our timekeepers: Jacque

Ladies 5km TT	
Name	Time
Jemma Flanagan	25:08:00
Nicky Rehbock	37:09:00
Sarah Wilmot	37:09:00

Mens 5km TT	
Name	Time
Tyrone Glenn (3.5km)	18:05:00
Ernest Dlamini	22:44:00
Andre Greyling	23:58:00
Howard Feinberg	25:56:00
Stephen Gant	28:28:00
Ray Boucher	32:36:00
Kosie van Vuuren	34:28:00
Teboho Koae	35:00:00
Roy Lynn (Walk)	50:15:00

