

**NEDBANK
RUNNING
CLUB**



Sandton Time Trial - 7 December 2022

Thank you to our timekeepers: Leanne

Ladies 5km TT

Name	Time
Rina Gerber	32:40:00
Gayle Bates	43:46:00

Mens 5km TT

Name	Time
Michael McLaggan	20:41:00
Bongani Vilakazi	25:00:00
Howard Feinberg	31:30:00
Grant Hallowell	31:30:00
Ed Stoddard	34:30:00

