

NEDBANK RUNNING CLUB



Sandton Time Trial - 8 February 2023

Thank you to our timekeepers: Leanne

Ladies 5km TT

Name	Time
Hester van Biljon	38:03
Lauren Treston	38:03

Mens 5km TT

Name	Time
Dwayne Nzimande	20:21
Michael McLaggan	21:33
Bongani Vilakazi	24:23
Howard Feinberg	26:15
Pavel Dabrytski	26:40
Seth Gorton	27:00
James van Biljon	28:00
Callie van Biljon	28:00
Stephen Gant	28:41
Lloyd Clark	28:41

