



ATHLETICS GAUTENG NORTH



2023 FIXTURES

International = I (Orange)

National = N (Green)

AGN Championships = Blue

AGN Meetings = Yellow

AGN Road Running League Race = Red with 3 Stars

CROSS COUNTRY = CC

Race Walking = RW

Road Running = RR

Track & Field = TF

Version 7 (12052023)

| JANUARY | | | | | | | | |
|------------|---------|--|--|----------------------|-----------------|----------------------------------|------------------------------------|----------------------------------|
| Discipline | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| RR | Mon, 2 | New Year's Run/Walk | Pretoria Botanical Gardens | 10 ; 5 | 07:00 | RWFL AC | Daan du Toit Corlien Meyer | 082 572 4169 079 493 9030 |
| RR | Sat, 7 | | | | | | | |
| RR | Sat, 14 | Nedbank Skosana Race | Pierre van Ryneveld Community Church | 21,1 ; 10 ; 5 | TBC | Nedbank RC | Jacque Rencontre Enoch Skosana | 082 462 1137 065 912 4449 |
| TF | Sat, 14 | AGN Track & Field League 1:U16, U18, U20 & Seniors | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 21 | PWC George Claassen | Pick n Pay Hyper, Faerie Glen | 21,1 ; 10 ; 5 | 06:00 | PMC | | |
| TF | Sat, 21 | AGN Track & Field League 2:U16, U18, U20 & Seniors | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| N - RW | Sat, 28 | ASA 35km Race Walking Championships and Inter Provincial Championships | Cape Town | | | ASA | ASA Office | 011 880 5800 |
| RR | Sat, 28 | Wonderpark Akasia Road Race | Wonderpark Shopping Centre | 42,2 ; 21,1 ; 10 ; 5 | 05:30 | Akasia AC | Altje Conradie Pieter Luyt | 082 372 7093 084 294 8070 |
| RR | Sat, 28 | AGN Marathon Championships | Wonderpark Shopping Centre | 42,2 | | AGN | AGN Office | 012 327 4932 |
| Meeting | Tue, 31 | AGN COMMISSION & COMMITTEE MEMBERS MEETING | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| FEBRUARY | | | | | | | | |
| Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. | |
| TF | Wed, 1 | Prestige TUKS Top 10 - AGN League 3 (U16 & U18) | Bestmed TUKS Athletics | Sanctioned | | TUKS AC Prestige Colleague | Sarina Leeuwner | 081 230 8866 |
| RR | Sat, 4 | Intercare Classic Road Race | Rietondale Park | 21,1 ; 10 ; 5 | 06:00 | Magnolia | Charl Crouse Tinus Marais | 082 900 1323 083 304 7054 |
| TF | Sat, 4 | AGN TUT Curro Meeting - League 4 (Blitz program for Seniors) | Pilditch Stadium | Sanctioned | | TUT/Curro | | |
| RR | Sat, 11 | Ace Race | Eersterust Sports Stadium | 21,1 ; 10 ; 5 | 06:00 | ACE | Roewyn Danster Craig Beukes | 082 804 2923 079 373 3847 |
| TF | Sat, 11 | Curro Top 10 | Pilditch Stadium | Sanctioned | | Curro | | |
| RR | Tue, 14 | TUT Valentines Night Race | TUT Stadium | 10 ; 5 | 18:00 | TUT AC | Whitney Matseba Betrice Themane | 063 347 7714 072 587 1163 |
| TF | Wed, 15 | Golden League - League 5 (Blitz program for Seniors) | Pilditch | Sanctioned | | TUT AC | Whitney Matseba Betrice Themane | 063 347 7714 072 587 1163 |
| RR | Sat, 18 | Bestmed Tuks Race | Hillcrest Sports Campus, University of Pretoria | 21,1 ; 10 ; 5 | 06:00 | TUKS AC | Jet Moses Vollie Spies | 072 259 4282 082 821 6952 |
| RR | Sat, 18 | AGN Half Marathon Championships | Hillcrest Sports Campus, University of Pretoria | 21,1 | | AGN | AGN Office | 012 3274932 |
| TF | Sat, 18 | AGN TUT Curro Top Schools meeting | Pilditch Stadium | Sanctioned | | TUT | | |
| I - CC | Sat, 18 | WA Cross Country Champs | Bathurst, Australia | | | World Athletics | ASA Office | 011 880 5800 |
| TF | Tue, 21 | D-BOND Inter-High | Pilditch Stadium | Sanctioned | | | | |
| TF | Wed, 22 | C-BOND Inter-High Track & Field | Pilditch Stadium | Sanctioned | | | | |
| TF | Thu, 23 | B-BOND Inter-High Track & Field | Pilditch Stadium | Sanctioned | | | | |
| TF | Fri, 24 | A-BOND Inter-High Track & Field | Pilditch Stadium | Sanctioned | | | | |
| TF | Sat, 25 | AGN Track & Field League 6:U16, U18, U20 & Seniors | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sun, 26 | Pretoria Marathon | Phobians Athletics Club | 42,2 ; 21,1 ; 10 | 05:30 | Phobians | Grahame Gertch Richard Brighton | 073 171 7507 060 992 2146 |
| I - RR | Sun, 26 | 50km Nedbank Runified Breaking Barriers Race | Marine Park, Gqeberha | 50 | | Nedbank | Nick Bester | +27 82 454 2222 nickb@lantic.net |
| TF | Tue, 28 | Super InterHigh-Ben Vorster | Pilditch Stadium | | | | | |

| MARCH | | | | | | | | |
|---------|------------------------|--|---------------------------------------|---------------------------|-------|--------------------|--|---|
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| TF | Wed, 1 | Super InterHigh-Waterkloof | Pilditch Stadium | | | | | |
| RR | Sat, 4 | Medihelp Sunrise Monster | Harlequin Sports Club, Groenkloof | 32 ; 21,1 ; 10 ; 5 | 06:03 | Harlequin Harriers | Jaun Robertse Megan Hesse | 082 455 6465 082 708 2445 |
| TF | Sat, 4 | AGN Track & Field League 7: U20 & Seniors | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| TF | Fri, 3 | TUT CHAMPIONSHIPS - EVENING | Pilditch Stadium | Sanctioned | | TUT AC | Whitney Matseba | 063 347 7714 |
| TF | Fri, 10 - Sat, 11 | AGN Track & Field U16, U18, U20 & Senior Champs | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 11 | Bobbies 3 in 1 | Hatfield Plaza Shopping Centre | 21,1 ; 10 ; 5 | 06:00 | Pta Police MC | Charl Cilliers Niekie Aldrich | 082 785 3273 083 234 5546 |
| N - RR | Sun, 12 | ASA Marathon Championships | Durban KZN | 42,2 | | ASA | ASA Office | 011 880 5800 |
| N - TF | Wed - Sat, 15 - 18 | High School National Championships | Free State | | | | SASA Peppi Olevano | 082 550 7032 peppi.olevano@uvss.co.za |
| RR | Sat, 18 | Wingate RR Irene Village Moovoo Race | Irene Village Mall | 21,1 ; 10 ; 5 | 06:00 | Wingate RR | Bennie Buys Marietjie Buys | 082 809 5447 072 864 2908 |
| RR | Tue, 21 | Right to Run/Walk | The Grove Mall | 21,1 ; 10 ; 5 | 07:00 | Arcadia RC | James Matsheka Daan du Toit | 082 566 1595 082 572 4169 |
| RR | Sat, 25 | Overkruin Kolonnade Road Race *** | Kolonnade Shopping Centre | 32 ; 15 ; 5 | 06:00 | Overkruin AC | Johan Kirsten Rocky van Staden | 083 324 5074 079 359 0970 |
| N - TF | Thu - Sat, 23 - 25 | ASA U16, U18 & U20 T & F Championships | Msunduzi Athletics Stadium | | | | ASA Office | 011 880 5800 |
| N - TF | Thu - Sat, 23 - 25 | Primary School National Championships | Kwazulu Natal | | | | SASA Peppi Olevano | 082 550 7032 peppi.olevano@uvss.co.za |
| N - TF | Thu - Sat, 30 - 01 Apr | ASA Senior T & F Championships | NWU McArthur Stadium | | | | ASA Office | 011 880 5800 |
| APRIL | | | | | | | | |
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| RR | Sat, 1 | Irene Running Festival*** | ARC Campus, Irene | 21,1 ; 10 ; 5 | 06:00 | Irene AC | Race Office | 082 331 2236 |
| RR | Sun, 2 | Irene Running Festival | ARC Campus, Irene | 48 | 06:00 | Irene AC | Race Office | 082 331 2236 |
| RR | Sun, 2 | AGN 5km Championships | ARC Campus, Irene | 5 | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 8 | The Green Mileage | Sport Park, Sports Complex, Lyttelton | 16M ; 8M ; 4M | 06:00 | Green Mile AC | Chris Koch Diederick Steyn | 082 785 8792 082 887 7878 |
| N - TF | Wed, 12 | ASA Athletics Grand Prix 1/ Continental Tour Challenger | Pilditch Stadium | | | ASA | Hezekiel Sepeng | 076 037 6227 hezekiel@athleticssa.co.za |
| Meeting | Thu, 13 | TRACK AND FIELD, ROAD RUNNING, RACE WALKING AND CROSS-COUNTRY MANAGEMENT (EXECUTIVE AND CLUBS) | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| I - RR | Sat, 15 - Sun, 16 | Two Oceans Ultra Marathon (AIMS) | Cape Town | 56 | | WPA | Debra Barnes debra@twooceansmarathon.org.za | 07 83 456 6720 |
| N - TF | Wed, 19 | ASA Athletics Grand Prix 2/ Continental Tour Challenger | Germiston Stadium | | | ASA | ASA Hezekiel Sepeng | 076 037 6227 hezekiel@athleticssa.co.za |
| I - TF | Wed, 19 - Sun, 23 | CAA African U18/U20 Championships | Zambia | | | | Hezekiel Sepeng | 076 037 6227 hezekiel@athleticssa.co.za |
| TF | Fri, 21 - Sat 22 | GNMA Championship | Pilditch Stadium | | | AGN Masters | Gretha Viljoen | 082 625 5189 |
| CC | Sat, 22 | AGN Cross Country League 1 (All Ages) | Lyttelton Manor - Fleur | | | AGN | AGN Office | 012 327 4930 |
| RR | Sat 22 | Tshwane North Ultra | Akasia Community Hall | 50 ; 21,1 | | Atteridgeville AC | Hloks Lebea Nation Mahasha | 079 965 4524 082 909 5868 |
| RW | Sat 22 | AGN Race Walking Grand Prix 1 includes 10km Championships | Tuks | 10 ; 5 ; 3 | 07:00 | AGN RWC | Jaap Willemse | |
| N - TF | Wed, 26 | ASA Athletics Grand Prix 3/ Continental Tour Challenger | NWU McArthur Stadium | | | ASA | Hezekiel Sepeng | 076 037 6227 hezekiel@athleticssa.co.za |
| MAY | | | | | | | | |
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| RR | Mon, 1 | MiWay Wally Hayward | Centurion Rugby Club | 42,2 ; 21,1 ; 10 ; 5 | 06:30 | Alpha Centurion | Francois Jordaan Miroslav Kafka | 082 376 4865 066 559 9790 |
| N - TF | Thu - Sat, 4 - 6 | USSA Track & Field Championships | Nelson Mandela University Gqeberha | | | USSA | USSA | 072 262 9752 mnyengezamb@tut.ac.za |
| I - TF | Fri - Tue, 05 - 09 | COSSASA Championships | TBC | | | | SASA Peppi Olevano | 082 550 7032 peppi.olevano@uvss.co.za |
| CC | Sat, 6 | AGN Cross Country League 2 (All Ages) | Lavender Country Market | | | AGN | AGN Office | 012 327 4930 |
| RR | Sat, 6 | Jackie Mekler | Pta Military Sports Complex | 25 ; 10 ; 5 | 06:30 | PMMC | Vusi Lerefolo Vuyani Kilani | 061 493 4543 074 839 8994 |
| RR | Sat, 13 | Park-View-Wingate-Road-Race-&-Relay-Race cancelled by the club | Park-View-Mall | 15 ; 10 ; 5 ; 3*5km-Relay | 07:00 | Wingate-RR | Eric-Venter Marietjie-Buys | 083-453-6330 072-864-2908 |
| CC | Fri, 12 | AGN Cross Country League 3 Night Race (All Ages) | Eldoraraigne/Sutherland | | | AGN | AGN Office | 012 3274930 |
| Meeting | Thu, 18 | AGN ANNUAL GENERAL MEETING | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| CC | Sat, 20 | AGN Cross Country League 4 (All Ages) | Peach Tree Farm - Uitsig High | | | AGN | AGN Office | 012 3274930 |
| RR | Sat, 20 | Race of Hope | The Grove Mall | 21,1 ; 10 ; 5 | 07:00 | RWFL AC | Daan du Toit Corlien Meyer | 082 572 4169 079 493 9030 |
| TF | Sat, 20 | AGN Track & Field League 8:U20, Seniors, Masters & Para | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 27 | Skosana Legend Race *** | Centurion Mall | 21,1 ; 10 ; 5 | 07:00 | RWFL AC | Enoch Skosana Daan du Toit | 065 912 4449 082 572 4169 |
| I-RR | Sat, 27 | SPAR Women's Grand Prix Series | Gqeberha | | | | Dineo Diphoko | 083 300 8268 dineo@thebidgroup.com |

| JUNE | | | | | | | | |
|---------|-----------------------|--|---|-----------------------|----------------|--------------------------|--|--|
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| CC | Fri, 2 | Cross Country Workshop | Pilditch Stadium | | | | AGN Office | 012 3274932 |
| CC | Sat, 3 | Cross Country Workshop | Pilditch Stadium | | | | AGN Office | 012 3274932 |
| N - RR | Sat, 3 | ASA Half Marathon Championships | Pollock Beach, Summerstrand, Gqeberha | 21,1 | | ASA | ASA Office | 011 880 5800 |
| TF | Sat, 10 | AGN Track & Field League 9: U20 & Seniors | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| I - RR | Sun, 11 | Comrades Marathon | KZN | | | | Rowyn James | +27 79 501 0061 rowyn@comrades.com |
| N - RR | Sat, 17 | ASA 5km Championships | NASREC, Johannesburg | 5 | | ASA | ASA Office | 011 880 5800 |
| RW | Sat, 17 | AGN Race Walking Grand Prix 2 | Tuks | 10; 5; 3 | 07:00 | AGN RWC | Jaap Willemse | |
| RR | Sat, 17 | Soshanguve Great Run | Soshanguve Crossing Mall | 10 ; 5 ; 1 Mile | 07:00 | Soshanguve Great Runners | Thabang Maleka Karabo Thole | 076 133 6131 071 294 2003 |
| RR | Sat, 24 | Hazeldean Color Run | Curro Hazeldean High School | 10 ; 5 | 07:00 | Curro Hazeldean AC | Jan Ramaubane Thabo Matebedi | 083 760 4970 066 255 3845 |
| TF | Sat, 24 | AGN Track & Field League 10: U20 & Seniors | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| I - RR | Sun, 25 | SPAR Women's Grand Prix Series | Durban, Kwazulu Natal | | | | Dineo Diphoko | 083 300 8268 dineo@thebidgroup.com |
| JULY | | | | | | | | |
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| CC | Sat, 1 | AGN Cross Country League 5 (Juniors, Seniors & Masters) | TBA | | | AGN | AGN Office | 012 3274930 |
| RR | Sat, 1 | Race of Friendship | Irene Village Mall | 21,1; 10 ; 5 | 07:00 | RWFL AC | Daan du Toit Corlien Meyer | 082 572 4169 079 493 9030 |
| RR | Sat, 8 | Garsfontein Ice Breaker | Garsfontein Primary School | 21,1 ; 10 ; 5 | 07:00 | Wingate RR | Mike Minty Natascha de Jager | 083 414 5938 012 361 3618 |
| RR | Sat, 15 | Leon Bezuidenhout Springbok Vasbyt | Voortrekker Monument | 21,1 ; 10 ; 5 | 07:30 | VTM | Joep Joubert Yolandi Meulke | 083 229 6313 083 650 0021 |
| CC | Sat, 15 | AGN Cross Country League 6 (Juniors, Seniors & Masters) | TBA | | | AGN | AGN Office | 012 3274930 |
| RW | Sat, 15 | Irene 10km Racewalking Open Grand Prix | Irene Oval | 10; 5; 3 | 08:00 | Irene | Danie Labuschagne | |
| Meeting | Thu, 20 | TRACK AND FIELD, ROAD RUNNING, RACE WALKING AND CROSS-COUNTRY MANAGEMENT (EXECUTIVE AND CLUBS) | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| CC | Fri, 21 | AGN Cross Country Primary Schools League 7 | Witpoort | | | | Japie Venter | 082 823 8019 japiejf@gmail.com |
| RR | Sat, 22 | Fara Winter Challenge*** | Rietondale Park | 21,1 ; 10 ; 5 | 07:00 | Faranani AC | Victor Ramavhale Simon Mudzunga | 082 365 9027 063 704 8125 |
| CC | Sat, 22 | Inter Provincial Cross Country Championships | Groblersdal | | | | AGN Office | 012 3274932 office@agn.co.za |
| CC | Wed, 26 | AGN Cross Country Secondary Schools League 8 | Sutherland/Eldoraigne | | | | Alet Kieser | 073 894 2929 alet.kieser@klofies.co.za |
| CC | Fri, 28 | AGN Cross Country Primary Schools League 9 | Queenswood | | | | Japie Venter | 082 823 8019 japiejf@gmail.com |
| I - TF | Fri, 28 - Tue, 08 Aug | FISU World Student Games | Chengdu, China | | | | USSA Jazz Mnyengeza | 072 262 9752 mnyengezammb@tut.ac.za |
| RR | Sat, 29 | Zwartkop Lapa Road Race | Zwartkop Lapa, Centurion | 15 ; 10 ; 5 | 07:00 | ACRW | Leonie Oberholzer Bert van den Raad | 083 501 4136 082 922 6817 |
| CC | Sat, 29 | AGN Cross Country Seniors & Masters League 10 | Zwartkop Lapa (To be confirmed) - ARCW | | | AGN | AGN Office | 012 3274932 |
| AUGUST | | | | | | | | |
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| CC | Wed, 2 | AGN Cross Country Secondary Schools League 11 | TBA | | | | Alet Kieser | 073 894 2929 |
| CC | Fri, 4 | AGN Cross Country Primary Schools League 12 | Vissershoek | | | | Japie Venter | 082 823 8019 japiejf@gmail.com |
| I - RR | Sat, 5 | Spar Women's Grand Prix Series | ARC Campus, Irene | 10 ; 5 | 14:00 | AGN | AGN Office | 012 327 4931 |
| I - TF | Wed, 5 - Mon, 10 | African Games | Accra, Ghana | | | CAA | ASA Hezekiel Sepeng | 076 037 6227 hezekiel@athleticsa.co.za |
| CC | Tue, 8 | AGN Cross Country Primary Schools League 13 | PTA Boys High | | | | Japie Venter | 082 823 8019 japiejf@gmail.com |
| RR | Wed, 9 | Race Against GBV | TBC | 10 ; 5 | TBC | Cultivation AC | Peter Nteo Marina Molepo | 082 636 4365 073 354 6334 |
| CC | Fri, 11 | AGN Cross Country Primary Schools League 14 | Eduplex | | | | Japie Venter | 082 823 8019 japiejf@gmail.com |
| RR | Sat, 12 | Eyethu Fitness Test Run | Centurion Life Style Shopping Centre | 21,1 ; 10 ; 5 | 07:00 | Eyethu AC | Menzie Sithole Theo Meveni | 078 220 5763 083 379 9830 |
| CC | Sat, 12 | AGN Cross Country Seniors & Masters League 15 | Peach Tree Farm - Uitsig High | | | AGN | AGN Office | 012 3274932 |
| CC | Wed, 16 | AGN Cross Country Secondary Schools 2 km relay | Curro Hazeldean | | | | Alet Kieser | 073 894 2929 alet.kieser@klofies.co.za |
| RR | Sat, 19 | Phobians 15*** | Pretoria Boys High School | 15 ; 5 | 07:00 | Phobians | Grahame Gertch Richard Brighton | 073 171 7507 060 992 2146 |
| CC | Sat, 19 | AGN Cross Country Championships = Compulsory | TBA | | | | AGN Office | 012 3274932 |
| I - TF | Wed, 19 - Thu, 27 | World Athletics Championships | Budapest, Hungary | | | World Athletics | ASA Office | 011 880 5800 |
| RW | Sat, 26 | AGN Race Walking Grand Prix 3 including 20km Championships | Tuks | 20; 10; 5; 3 | 06:00 | AGN RWC | Jaap Willemse | |
| RR | Sat, 26 | Dawn to Dusk | Gerrit Maritz High School | 100 Miller 24 Hour | 18:00 06:00 | Akasia AC | Gerrie Strydom | 082 940 5453 |
| RR | Sat, 26 | SMU Half-Marathon Race cancelled by the club | Sefako Makgatho Health Science University | 21,1 ; 10 ; 5 | TBC | Tshwane AC | Moses Lengweng Phuthi Tlabela | 082 426 4455 076 535 5198 |
| I - RR | Sun, 27 | ABSA Run Your City Tshwane | TBC | 10km | | AGN | AGN Office | 012 3274932 |
| CC | Sat, 26 | Training run for SA Cross Country Champs | Peach Tree Farm - Eldoraigne | | | | Buks Meyer | 082 823 8883 buksmeyer@vodamail.co.za |
| RR | Wed, 30 | PVR Dorpsfees Night Race | PVR Community Church | 10 ; 5 | 18:30 | Irene AC | Johan van Vuuren | 081 851 3864 |
| CC | Wed, 30 | AGN Cross Country Secondary Schools Dash | TBA | | | | Alet Kieser | 073 894 2929 alet.kieser@klofies.co.za |

| SEPTEMBER | | | | | | | | |
|-----------|------------------|--|---|----------------------|-------|-----------------------------|-------------------------------------|---|
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| RR | Sat 2 | Spirit of Flight | Airforce Base Zwartkop | 10 ; 5 | 07:00 | PMMC | Vusi Lerefolo Vuyani Kilani | 061 493 4543 074 839 8994 |
| TF | Sat, 2 | AGN Track & Field Primary Schools - League 1 | Pilditch Stadium | | | AGN | | |
| RR | Sat, 9 | Brooklyn Road Race | Brooklyn Shopping Centre | 32 ; 21,1 ; 10 ; 5 | 05:30 | PMC | | |
| TF | Sat, 9 | AGN Track & Field Primary Schools - League 2 | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 16 | Muller Potgieter Memorial | Voortrekker Monument | 21,1 ; 10 ; 5 | 06:30 | VTM | Joep Joubert Yolandi Meulke | 083 229 6313 083 650 0021 |
| N - CC | Sat, 16 | SA Cross Country Championships | Nelson Mandela University, Gqeberha | | | ASA | ASA Office | 011 880 5800 |
| TF | Fri, 22 | AGN TUT Curro Top 12 Track & Field Meeting | Pilditch Stadium | | | Sanctioned | | |
| RR | Sat, 23 | Exxaro Powering Possibilities Race | TBC | 21,1 ; 10 ; 5 | 07:00 | Exxaro AC | Absalom Moumakwe Tebogo Twala | 073 761 6061 083 603 6363 |
| TF | Sat, 23 | AGN Track & Field Primary Schools - League 3 | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Mon, 25 | BEARone Run | Wingate Park Suburb | 15 ; 10 ; 5 | 07:00 | Willebeer AC | Willem de Beer | 082 442 7477 |
| RR | Sat, 30 | Ford 3 in 1 Road Race Spring Race*** | Ford Motor Company Premises, Silverton | 21,1 ; 10 ; 5 | 06:00 | Ford AC | Bernard Masango Dan Nkoane | 078 804 7388 072 171 7390 |
| I - RR | Sat, 30 - Sun, 1 | WA Road Running Championships | Riga, Latvia | | | World Athletics | ASA Office | 011 880 5800 |
| OCTOBER | | | | | | | | |
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| I - RR | Sun, 1 | SPAR Women's Grand Prix Series | Johannesburg | | | | Dineo Diphoko | 083 300 8268 dineo@thebldgroup.com |
| RR | Sun, 1 | The Big Walk | Fountains Valley | 15 ; 10 ; 5 | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 7 | National Business Challenge Relay | Rietondale Park | 6*7 ; 3*7 Relay | 06:00 | Magnolia | Carl Crous Leon Swanepoel | 082 900 1323 082 567 5720 |
| RR | Sat, 7 | Chamberlain Capital Classic | Phobians Club | 21,1 ; 10 ; 5 | 06:00 | ACRW & Phobians | Grahame Gertch Richard Brighton | 073 171 7507 060 992 2146 |
| TF | Sat, 7 | AGN Track & Field Primary Schools - League 4 | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 14 | Agape Road Race*** | Oosmoot High School, Waverley | 42,2 ; 21,1 ; 10 ; 5 | 05:30 | Agape AC | DeWet de Beer William Kiewitt | 082 373 3987 083 387 7226 |
| I - RR | Sat, 14 | Cape Town Marathon | Cape Town | | | WPA | Renee Jordaan | +27 83 300 8268 renee@capetownmarathon.com |
| TF | Sat, 14 | AGN Track & Field Primary Schools - League 5 | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 21 | CSIR Road Race | CSIR Campus, North Gate Meiring Naude Road | 21,1 ; 10 ; 5 | TBC | CSIR RC | Johan Moller Tebogo Gumede | 073 351 1165 079 528 8410 |
| TF | Sat, 21 | AGN Track & Field Primary Schools - League 6 | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| I - RR | Sun, 22 | SPAR Women's Grand Prix Series | Cape Town | | | | Dineo Diphoko | 083 300 8268 dineo@thebldgroup.com |
| TF | Sat, 28 | AGN Track & Field Primary Schools - League 6 | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 28 | CSI Irene Farm Race | ARC Campus, Irene | 21,1 ; 10 ; 5 | 06:00 | Irene AC | Race Office | 082 331 2236 |
| NOVEMBER | | | | | | | | |
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| Meeting | Thu, 2 | AGN ANNUAL COUNCIL MEETING | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 4 | Oppie Bol Disability Awareness | Pilditch Stadium | 10 ; 5 | 07:00 | Oppie Bol AC | Cazle Hendricks | 082 818 2956 |
| N - RR | Sat, 4 | ASA 10km Championships | Mbombela, Mpumalanga | 10 | | ASA | ASA Office | 011 880 5800 |
| TF | Sat, 4 | AGN Primary Schools Track & Field Championships | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| I - RR | Sun, 5 | Soweto Marathon | FNB Stadium Nasrec, Soweto | | | | Sello Khunou | +27 82 683 6530 selo@sowetomarathontrust.com |
| TF | Sat, 11 | AGN Primary Schools Track & Field Championships | Pilditch Stadium | | | AGN | AGN Office | 012 3274932 |
| RR | Sat, 11 | Jacaranda City Challenge | Rietondale Park | 42,2 ; 21,1 ; 10 ; 5 | 05:30 | Faranani AC | Victor Ramavhale Simon Mudzunga | 082 365 9027 063 704 8125 |
| RR | Sat, 18 | Tom Jenkins Challenge | Union Buildings | 21,1 ; 10 ; 5 | TBA | Arcadia RC | James Matsheka Daan du Toit | 082 566 1595 082 572 4169 |
| RR | Sat, 25 | Voortrekker Monument 21,1km*** | Voortrekker Monument | 21,1 ; 10 ; 5 | 06:00 | VTM | Joep Joubert Yolandi Meulke | 083 229 6313 083 650 0021 |
| RW | Sat, 25 | Grand Prix 4: Fun event Team Relay Challenge | Tuks | 10 | 07:00 | AGN RWC | Jaap Willemse | |
| DECEMBER | | | | | | | | |
| | Date | Event | Venue | Distance/Description | Time | Federation/Club | Organiser | Contact No. |
| N - TF | Sat, 2 | Inter-provincial Primary Sub Youth Track & Field Championships | TBC | | | | Thabang Maleka | 076 133 6131 ThabangM@athleticsa.co.za |
| RR | Sat, 2 | Black Diamonds "Enjoya" Race*** | Wonderpark Shopping Mall | 21,1 ; 10 ; 5 | 06:00 | Black Diamonds AC | Steven Baloyi Peter Khoza | 082 262 2568 079 695 3322 |
| RR | Sat, 9 | Skosana Race Against Gender Based Violence | TBC | 21,1 ; 16 | 06:30 | Soshanguve Great Runners | Mathapelo Skosana Thabang Maleka | 071 588 2625 076 133 6131 |
| RR | Sat, 16 | | | | | | | 082 865 2398 |
| RR | Sat, 23 | | | | | | | |
| RR | Sat, 30 | Old Year's Race | Rietondale Park | 10 ; 5 | 17:00 | Arcadia RC | James Matsheka Daan du Toit | 082 566 1595 082 572 4169 |