



ASA Cross Country Championships

7 September 2024

Vaal University of Technology – Isaac Steyl Stadium



**Male - Individual Results (Provisional Final)**

**BOYS 8 - 1km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	856	Molantwa	MALEHO	AFS	B08/1	03:37
2	2	866	Prinsloo	ELS	AGN	B08/1	03:45
3	3	852	Ordino	KOK	AFS	B08/1	03:49
4	4	899	Llewellyn	STRYDOM	AMPU	B08/1	03:50
5	5	854	Rynardt	KYMDSELL	AFS	B08/1	03:50
6	6	860	Jamalyn	SECLAVE	AFS	B08/1	03:55
7	7	873	MJ	MULLER	AGN	B08/1	03:56
8	8	834	Stephan	FOURIE	ACNW	B08/1	03:57
9	9	857	Lethabo	MOKOENA	AFS	B08/1	03:58
10	10	932	Adriano	JOOSTE	CGA	B08/1	03:59
11	11	880	Philip	WELMAN	AGN	B08/1	04:00
12	12	894	Letlotlo	NKANYANE	AMPU	B08/1	04:00
13	13	897	Zian	SCHOEMAN	AMPU	B08/1	04:01
14	14	862	Andries	VAN ROOYEN	AFS	B08/1	04:02
15	15	874	Francois	PIENAAR	AGN	B08/1	04:03
16	16	939	Jean-Clement	SCOTT	EPA	B08/1	04:04
17	17	919	Jonathan	FRANCES	ASWD	B08/1	04:04
18	18	933	Simphiwe	MAGAGULA	CGA	B08/1	04:04
19	19	960	Blake	OWEN	LIMA	B08/1	04:05
20	20	936	Lesedi	MOREMONG	CGA	B08/1	04:05
21	21	909	Agang	MMUDI	ANWN	B08/1	04:06
22	22	863	CJ	BRITS	AGN	B08/1	04:06
23	23	913	Musa	SIGWABE	ANWN	B08/1	04:07
24	24	914	Phillip	STANDER	ANWN	B08/1	04:07
25	25	890	Jadon	HOLMNER	AMPU	B08/1	04:07
26	26	836	Hanro	JACOBS	ACNW	B08/1	04:09
27	27	893	Tshepang	MPHIRIME	AMPU	B08/1	04:09
28	28	868	Arion	GROBLER	AGN	B08/1	04:09
29	29	871	Abrie	KRIEK	AGN	B08/1	04:10
30	30	884	Ruben	BISSCHOFF	AMPU	B08/1	04:11
31	31	855	Reinhard	LAVARACK	AFS	B08/1	04:12
32	32	875	Ben	ROOS	AGN	B08/1	04:12
33	33	889	Eben	GOUWS	AMPU	B08/1	04:13
34	34	878	Marthinus	VAN STADEN	AGN	B08/1	04:15
35	35	858	Janus	ODENDAAL	AFS	B08/1	04:17
36	36	832	Juan-Pierré	DU PLESSIS	ACNW	B08/1	04:18
37	37	952	Pw	GRIESEL	LIMA	B08/1	04:18
38	38	851	Bester	GRIMBEEK	AFS	B08/1	04:21
39	39	827	Benjamin	BLOM	ACNW	B08/1	04:22
40	40	888	Barend Johannes	DE VILLIERS	AMPU	B08/1	04:22
41	41	867	Johan	ESTERHUIZEN	AGN	B08/1	04:22
42	42	931	Henry	HAMMAN	CGA	B08/1	04:23
43	43	847	Mihan	BOTHA	AFS	B08/1	04:23
44	44	877	Gerhard	VAN HEERDEN	AGN	B08/1	04:24



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45	45	950	Zandru	DU TOIT	LIMA	B08/1	04:24
46	46	928	Siyabonga	XABA	AVT	B08/1	04:25
47	47	901	Jonathan	VAN DER MERWE	AMPU	B08/1	04:25
48	48	879	Luan	VILJOEN	AGN	B08/1	04:26
49	49	912	Poifomodimo	SENTSHO	ANWN	B08/1	04:26
50	50	849	Meiring	FOUCHÉ	AFS	B08/1	04:27
51	51	846	Juan-Aldo	BOTHA	AFS	B08/1	04:27
52	52	923	Reghardt	AUSTIN	AVT	B08/1	04:28
53	53	920	Jaydon	LOURENS	ASWD	B08/1	04:28
54	54	954	Herman	LE ROUX	LIMA	B08/1	04:29
55	55	956	Thagedi	MAKGAREETSA	LIMA	B08/1	04:29
56	56	945	Sthembinkosi	RADEBE	KZNA	B08/1	04:30
57	57	844	Theuns	VISSER	ACNW	B08/1	04:31
58	58	896	Gideon	PRETORIUS	AMPU	B08/1	04:31
59	59	921	Daniël	ODENDAL	ASWD	B08/1	04:32
60	60	944	Lwandile	NHLENYAMA	KZNA	B08/1	04:32
61	61	900	Jan Christoffel	VAN DER MERWE	AMPU	B08/1	04:32
62	62	962	Fariel	RAMELA	LIMA	B08/1	04:32
63	63	885	Eben Louis	BOOYENS	AMPU	B08/1	04:33
64	64	917	Kean	WEIDEMANN	ANWN	B08/1	04:33
65	65	850	Adriaan	GELDENHUYS	AFS	B08/1	04:33
66	66	835	Righardt	HENNING	ACNW	B08/1	04:33
67	67	883	Johannes Dawid	BEKKER	AMPU	B08/1	04:33
68	68	869	Chris	JANSEN VAN RENSBURG	AGN	B08/1	04:33
69	69	865	Aiden	DE BEER	AGN	B08/1	04:34
70	70	886	Dian Stephanus	BOTHA	AMPU	B08/1	04:34
71	71	876	Divan	SEYMORE	AGN	B08/1	04:34
72	72	940	Braiden	WOLF	EPA	B08/1	04:34
73	73	838	GJ	KLEYNHANS	ACNW	B08/1	04:34
74	74	870	Ivan	JOUBERT	AGN	B08/1	04:34
75	75	934	Bandile	MOGAMI	CGA	B08/1	04:34
76	76	927	Christiaan	NEL	AVT	B08/1	04:34
77	77	881	Divado	LOUW	AGW	B08/1	04:34
78	78	872	Kobus	LOOCK	AGN	B08/1	04:34
79	79	843	Levi	VAN ASWEGEN	ACNW	B08/1	04:34
80	80	864	Jandré	CRONJE	AGN	B08/1	04:34
81	81	941	Michael	GIBBS	KZNA	B08/1	04:35
82	82	845	Bion	BOTES	AFS	B08/1	04:35
83	83	840	Dewan	ROOS	ACNW	B08/1	04:35
84	84	842	Ryan	VAN ALLEMANN	ACNW	B08/1	04:35
85	85	929	Archer	SCHWARTZ	BORA	B08/1	04:35
86	86	935	Omphile Daniel	MOKGEHLE	CGA	B08/1	04:35
87	87	910	Kgotatso	MOILWA	ANWN	B08/1	04:35
88	88	853	Lefa	KOKIE	AFS	B08/1	04:35
89	89	853	Lefa	KOKIE	AFS	B08/1	04:35
90	90	937	Joshua	CLOETE	EPA	B08/1	04:36



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91	91	837	Bryan	KING	ACNW	B08/1	04:36
92	92	918	Sebastian	WEYERS	ANWN	B08/1	04:36
93	93	924	Velabembhentsele	DLOMO	AVT	B08/1	04:36
94	94	891	Siphesihle	MABUNDA	AMPU	B08/1	04:36
95	95	829	Pieter	BOUWER	ACNW	B08/1	04:36
96	96	905	Jaiden	KESHAV	ANWN	B08/1	04:36
97	97	959	Ezra	MOSEHLA	LIMA	B08/1	04:36
98	98	964	Zarion	VENTER	LIMA	B08/1	04:37
99	99	925	Tsepang	MATUBE	AVT	B08/1	04:37
100	100	902	Reghardt	BOTHA	ANWN	B08/1	04:37
101	101	916	Daniel	VAN ASWEGEN	ANWN	B08/1	04:37
102	102	904	Zean	DE BEER	ANWN	B08/1	04:38
103	103	882	Marthino Laurent	NAMMAKWA	AGW	B08/1	04:38
104	104	892	Luthando	MDLULI	AMPU	B08/1	04:39
105	105	926	Dumisane	NCALA	AVT	B08/1	04:39
106	106	907	Israel	KWENAMORE	ANWN	B08/1	04:39
107	107	859	Pieter	ROUX	AFS	B08/1	04:40
108	108	895	Jay-Jay	OOSTHUIZEN	AMPU	B08/1	04:40
109	109	911	Uriel	SEDUMEDI	ANWN	B08/1	04:41
110	110	930	Aaron Akachukwu	ANI	CGA	B08/1	04:41
111	111	953	Rickus	KRUGER	LIMA	B08/1	04:42
112	112	848	Rory	DEDWITH	AFS	B08/1	04:42
113	113	839	Deon	PRETORIUS	ACNW	B08/1	04:43
114	114	887	Andrich	COMBRINCK	AMPU	B08/1	04:43
115	115	841	Eduan	SENEKAL	ACNW	B08/1	04:44
116	116	830	Mynhardt	COETZER	ACNW	B08/1	04:44
117	117	951	Jan	ENGELBRECHT	LIMA	B08/1	04:45
118	118	957	Jacques-Franco	MARNITZ	LIMA	B08/1	04:45
119	119	949	Joshua	DU PLESSIS	LIMA	B08/1	04:45
120	120	958	Raymond	MASEMOLA	LIMA	B08/1	04:46
121	121	938	Jesse	SCHNABLEGGER	EPA	B08/1	04:46
122	122	831	Luan	DE KOKER	ACNW	B08/1	04:46
123	123	961	Service	PHATLANE	LIMA	B08/1	04:47
124	124	903	Whuan	BRONKHORST	ANWN	B08/1	04:48
125	125	963	Reuben	VAN WYK	LIMA	B08/1	04:49
126	126	828	Frans-Philip	BONTHUYS	ACNW	B08/1	04:49
127	127	908	Heinrich	LEE	ANWN	B08/1	04:52
128	128	942	Anru	LEENSTRA	KZNA	B08/1	04:52
129	129	955	Nic	LE ROUX	LIMA	B08/1	04:53
130	130	915	Olesego	TSUBELIG	ANWN	B08/1	04:53
131	131	922	Siko	MDUNYELWA	ATRA	B08/1	04:54
132	132	861	Bernard	THEUNISSEN	AFS	B08/1	05:09
133	133	946	Vihaan	LAKHRAJ	KZNA	B08/1	05:37
134	134	898	Melokuhle	SHABALALA	AMPU	B08/1	06:05



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**Male - Individual Results (Provisional Final)**

**BOYS 9 - 2km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	1115	Drian	DE JAGER	AGN	B09/2	07:13
2	2	1161	Botlhale	MOREMI	ANWN	B09/2	07:21
3	3	1104	Tshepang	MOKHOSI	AFS	B09/2	07:23
4	4	1167	Usain	JANSEN	ASWD	B09/2	07:25
5	5	1114	Adriaan	BOTHA	AGN	B09/2	07:26
6	6	1182	Relopofaditswe	NTSANE	CGA	B09/2	07:31
7	7	1106	Kamohelo	MOKOQO	AFS	B09/2	07:38
8	8	1100	Thato	LENTSOENYAE	AFS	B09/2	07:39
9	9	1160	Onthatile	MOHOLO	ANWN	B09/2	07:40
10	10	1180	Jesse Koketso	MONARENG	CGA	B09/2	07:40
11	11	1096	Thami	JANIE	AFS	B09/2	07:41
12	12	1116	Wian	DU PLESSIS	AGN	B09/2	07:42
13	13	1181	Junior	MWA	CGA	B09/2	07:42
14	14	1093	Diketso	WITKOEI	ACNW	B09/2	07:43
15	15	1101	Lebohang	MABATLA	AFS	B09/2	07:47
16	16	1111	Ofentse	TAUNYANE	AFS	B09/2	07:47
17	17	1123	Adriaan	MENTZ	AGN	B09/2	07:48
18	18	1179	Banele	MKHEHLE	CGA	B09/2	07:51
19	19	1130	Charl	WESTRAAT	AGN	B09/2	07:54
20	20	1108	Anga	NKOLONZI	AFS	B09/2	07:54
21	21	1172	Gerhard	SNYMAN	AVT	B09/2	07:55
22	22	1171	Amohelang	MODISE	AVT	B09/2	07:55
23	23	1102	Keabetswe	MAHLATSI	AFS	B09/2	07:56
24	24	1105	Bokamoso	MOKOLOBA	AFS	B09/2	07:56
25	25	1110	Christopher	SCHÜTZE	AFS	B09/2	07:57
26	26	1145	Stian	PRETORIUS	AMPU	B09/2	07:58
27	27	1124	Corlu	MULLER	AGN	B09/2	07:58
28	28	1198	Ofentse	MAGOLEGO	LIMA	B09/2	07:58
29	29	1208	Katlego	THOBEJANE	LIMA	B09/2	07:59
30	30	1107	Mpho	MOTSOANE	AFS	B09/2	08:00
31	31	1118	Cooper	ELKINGTON	AGN	B09/2	08:00
32	32	1196	Auwke	JONGBLOED	LIMA	B09/2	08:01
33	33	1135	Ian	ENGELBRECHT	AMPU	B09/2	08:01
34	34	1109	Luanru	ODENDAAL	AFS	B09/2	08:03
35	35	1166	Lenesteyo	DE VILLIERS	ASWD	B09/2	08:04
36	36	1190	Pieter	ROE-SCOTT	KZNA	B09/2	08:05
37	37	1144	Leo	NKOSI	AMPU	B09/2	08:05
38	38	1206	Daniel	SNYMAN	LIMA	B09/2	08:08
39	39	1148	Petrus	VAN DER MERWE	AMPU	B09/2	08:08
40	40	1097	Pule	KHUZWAYO	AFS	B09/2	08:08
41	41	4115	Fredrich	LIEBENBERG	ACNW	B09/2	08:12
42	42	1140	Marcel	LUDIKE	AMPU	B09/2	08:13
43	43	1127	Duard	SPIES	AGN	B09/2	08:13
44	44	1136	Neil	GOUWS	AMPU	B09/2	08:13



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**Male - Individual Results (Provisional Final)**

45	45	1091	Arlo	SMITH	ACNW	B09/2	08:14
46	46	1164	Thoriso	SEHULARO	ANWN	B09/2	08:14
47	47	1131	Lynna	MFENGU	AGW	B09/2	08:15
48	48	1170	Bokamoso	MAPHISA	AVT	B09/2	08:17
49	49	1089	Estian	LE ROUX	ACNW	B09/2	08:17
50	50	1126	Danie	RUST	AGN	B09/2	08:18
51	51	1184	Blake	FISCHER	EPA	B09/2	08:18
52	52	1099	Relebohile	LENONG	AFS	B09/2	08:20
53	53	1098	Omolemo	LEGUDA	AFS	B09/2	08:21
54	54	1094	Joah	BARTLEMAN	AFS	B09/2	08:22
55	55	1173	Bofelo	TAU	AVT	B09/2	08:22
56	56	1186	Jamie	LEVINE	KZNA	B09/2	08:26
57	57	1128	Johannes	VAN EEDEN	AGN	B09/2	08:27
58	58	1120	Zach	FUCHS	AGN	B09/2	08:27
59	59	1095	JG	BLIGNAUT	AFS	B09/2	08:28
60	60	1147	Adriaan	SCHOEMAN	AMPU	B09/2	08:28
61	61	1103	Lesedi	MATELA	AFS	B09/2	08:29
62	62	1178	Bohlale	KONYANA	CGA	B09/2	08:29
63	63	1117	Hanlu	EBERSOHN	AGN	B09/2	08:30
64	64	1113	Christiaan	ALBERTS	AGN	B09/2	08:30
65	65	1175	Noah	LEWIS	BORA	B09/2	08:30
66	66	1138	Zandre	KROUKAMP	AMPU	B09/2	08:31
67	67	1137	Jason	HARTZENBERG	AMPU	B09/2	08:32
68	68	1177	Joshua	HELENN	CGA	B09/2	08:33
69	69	1202	Lesley	MARITLA	LIMA	B09/2	08:33
70	70	1129	Keagan	VAN HEERDEN	AGN	B09/2	08:33
71	71	1200	Lucky	MAKGOPA	LIMA	B09/2	08:33
72	72	1119	Julian	FUCHS	AGN	B09/2	08:33
73	73	1133	Marno	CAMPHER	AMPU	B09/2	08:35
74	74	1149	Keagan	VAN EEDEN	AMPU	B09/2	08:35
75	75	1151	Alexander	DE BEER	ANWN	B09/2	08:35
76	76	1188	Esethu	NGUBANE	KZNA	B09/2	08:35
77	77	1143	Novan	NAUDE	AMPU	B09/2	08:35
78	78	1197	Henco	KRUGER	LIMA	B09/2	08:35
79	79	1139	Andries	KRUGER	AMPU	B09/2	08:36
80	80	1146	CJ	RIEKERT	AMPU	B09/2	08:36
81	81	1212	Danie	VOLLGRAAFF	NWCA	B09/2	08:36
82	82	1125	Eben	NAUDE	AGN	B09/2	08:36
83	83	1195	Dewik Hercules Philippus	ERASMUS	LIMA	B09/2	08:36
84	84	1154	Conrad	FOORD	ANWN	B09/2	08:37
85	85	1121	Sebastian	GRIEZEL	AGN	B09/2	08:37
86	86	1185	Justin	BANDEY	KZNA	B09/2	08:37
87	87	1205	Arno	MULLER	LIMA	B09/2	08:37
88	88	1183	Elchavarno	DE VOS	EPA	B09/2	08:37
89	89	1158	Duaan	JANSE VAN RENSBURG	ANWN	B09/2	08:37
90	90	1150	Johandre	BRINK	ANWN	B09/2	08:37



# ASA Cross Country Championships

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Vaal University of Technology – Isaac Steyl Stadium



## Male - Individual Results (Provisional Final)

91	91	1165	Juan	VAN VOLLENHOVEN	ANWN	B09/2	08:38
92	92	1122	Waldo	HANCKE	AGN	B09/2	08:39
93	93	1163	Reneilwe	SEAKGOSING	ANWN	B09/2	08:40
94	94	1156	Omogolo	GAANAKGOMO	ANWN	B09/2	08:40
95	95	1152	Lihander	DE VOS	ANWN	B09/2	08:40
96	96	1092	Josua	STEYN	ACNW	B09/2	08:41
97	97	1157	De Wet	HOEK	ANWN	B09/2	08:42
98	98	1088	Kabo Leano	GAE	ACNW	B09/2	08:43
99	99	1134	Philip	COMBRINCK	AMPU	B09/2	08:44
100	100	1211	Rynhardt	VAN DEN BERGH	NWCA	B09/2	08:44
101	101	1132	Luke	BROODRYK	AMPU	B09/2	08:45
102	102	1090	Eben	NIEWOUDT	ACNW	B09/2	08:46
103	103	1087	Zane	DE VILLIERS	ACNW	B09/2	08:47
104	104	1162	Duan	PRETORIUS	ANWN	B09/2	08:47
105	105	1155	Eugene	FOORD	ANWN	B09/2	08:50
106	106	1159	Karolo	MEDIWANE	ANWN	B09/2	08:50
107	107	1204	Brendon	MOLOTO	LIMA	B09/2	08:51
108	108	1086	Anru	BRITS	ACNW	B09/2	08:52
109	109	1209	Reinhardt	VAN WYNGAARD	LIMA	B09/2	08:54
110	110	1201	Vincent	MAKOLA	LIMA	B09/2	08:55
111	111	1176	Thuto	RUNGQU	BORA	B09/2	08:56
112	112	1153	Bernard	EVANS	ANWN	B09/2	08:58
113	113	1168	Hudson	PONOT	ASWD	B09/2	08:59
114	114	1203	Mpho	MATHEBE	LIMA	B09/2	08:59
115	115	1194	Bandile	SHONGWE	KZNA	B09/2	09:00
116	116	1141	Lindokuhle	MADONSELA	AMPU	B09/2	09:03
117	117	1169	Zian	DE BEER	AVT	B09/2	09:04
118	118	1199	Fortune	MAHLATJI	LIMA	B09/2	09:05
119	119	1207	Franco	TERBLANCHE	LIMA	B09/2	09:06
120	120	1142	Jean-Claude	MASSON	AMPU	B09/2	09:21
121	121	1187	Nzuzo	MSIMANGO	KZNA	B09/2	09:22
122	122	1192	James	HALL	KZNA	B09/2	09:51



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**Male - Individual Results (Provisional Final)**

**BOYS 10 - 2km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	2220	Eugene	SAAYMAN	ASWD	B10/2	06:53
2	2	2239	Bokamuso Siyanda	NONYANE	CGA	B10/2	06:58
3	3	2261	Kgotlelelo	MATJEKE	LIMA	B10/2	07:10
4	4	2236	Kungawo	MADIKANE	CGA	B10/2	07:16
5	5	2192	Mbekezile	MAGAGULA	AMPU	B10/2	07:20
6	6	2163	Luke	ANNANDALE	AGN	B10/2	07:22
7	7	2226	Nathan	CALLDO	AVT	B10/2	07:24
8	8	2149	Kbron	KOTSE	AFS	B10/2	07:27
9	9	2215	Thabang	SEGONE	ANWN	B10/2	07:29
10	10	2237	Vuyo	MADYEKE	CGA	B10/2	07:31
11	11	2153	Kamohelo	MHLUNGULANA	AFS	B10/2	07:31
12	12	2165	Leonard	DE KOK	AGN	B10/2	07:32
13	13	2222	Judah	SPIES	ASWD	B10/2	07:33
14	14	2179	Benjamin	STRÖHFELDT	AGN	B10/2	07:33
15	15	2167	FC	DUROW	AGN	B10/2	07:35
16	16	2264	Ofentse	NKGADIMA	LIMA	B10/2	07:35
17	17	2267	Kgothotso	RAMABELE	LIMA	B10/2	07:37
18	18	2187	Keagan	DU PREEZ	AMPU	B10/2	07:37
19	19	2156	Thabo	MOTEBELE	AFS	B10/2	07:38
20	20	2242	Nhlakanipho	TSHABALALA	CGA	B10/2	07:39
21	21	2235	Bonkang	MABOYA	CGA	B10/2	07:40
22	22	2234	Olebogeng	KUJANE	CGA	B10/2	07:40
23	23	2217	Reaaleboga	SEHULARO	ANWN	B10/2	07:41
24	24	2262	Blessing	MOKOENA	LIMA	B10/2	07:41
25	25	2137	Andile	JIM	ACNW	B10/2	07:42
26	26	2168	Matthew	GAVIN	AGN	B10/2	07:44
27	27	2246	Ophila	BUTHELEZI	KZNA	B10/2	07:48
28	28	2189	Christo	JURGENS	AMPU	B10/2	07:48
29	29	2200	Gilliaume	STRYDOM	AMPU	B10/2	07:48
30	30	2185	Alexander	DE KOCK	AMPU	B10/2	07:49
31	31	2157	Sibusiso	NTATAKAZI	AFS	B10/2	07:49
32	32	2194	Snethemba	MDLALOSE	AMPU	B10/2	07:50
33	34	2198	Nkosenhle	SHONGWE	AMPU	B10/2	07:52
34	35	2160	Kamohelo	PHIRI	AFS	B10/2	07:52
35	36	2266	Pabatso	PHATLANE	LIMA	B10/2	07:52
36	37	2224	Sibahle	MBOMVU	ATRA	B10/2	07:54
37	38	2144	Alex	VAN ALLEMAN	ACNW	B10/2	07:55
38	39	2243	Keegan	WEBB	CGA	B10/2	07:55
39	40	2216	Thabo	SEGONE	ANWN	B10/2	07:56
40	41	2223	Jayden	TROMP	ASWD	B10/2	07:57
41	42	2241	Mooketsi Matome	RAMANNYA	CGA	B10/2	08:00
42	43	2173	Jovan	LE ROUX	AGN	B10/2	08:01
43	44	2154	Omphile	MONATISA	AFS	B10/2	08:02
44	45	2155	Keorapetse	MORAKE	AFS	B10/2	08:02



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**Male - Individual Results (Provisional Final)**

45	46	2151	Itumeleng	MALEHO	AFS	B10/2	08:03
46	47	2150	Reanetse	MAJAKE	AFS	B10/2	08:03
47	48	2145	Kamohelo	BAARDMAN	AFS	B10/2	08:04
48	49	2201	Estevan	WESSELS	AMPU	B10/2	08:05
49	50	2158	Xavier	NUNES	AFS	B10/2	08:06
50	51	2244	Samuel	JARDINE	EPA	B10/2	08:07
51	52	2177	Dewet	SIEBERHAGEN	AGN	B10/2	08:08
52	53	2195	Hendrico	MEYER	AMPU	B10/2	08:09
53	54	2253	Snakhokonke	MNGUNI	KZNA	B10/2	08:10
54	55	2249	Ntando	NDLELA	KZNA	B10/2	08:12
55	56	2248	Sithelo	MWANDLE	KZNA	B10/2	08:12
56	57	2270	Noah	VISSER	NWCA	B10/2	08:12
57	58	2250	Andile	NGCOBO	KZNA	B10/2	08:12
58	59	2161	Sion Alexander	REYNOLDS	AFS	B10/2	08:13
59	60	2225	Stiaan	AUSTIN	AVT	B10/2	08:14
60	61	2238	Inga	MARTINS	CGA	B10/2	08:15
61	62	2255	Riko	BROWN	LIMA	B10/2	08:17
62	63	2178	Sandile	SONGELWA	AGN	B10/2	08:19
63	64	2190	Lucan	LESSING	AMPU	B10/2	08:19
64	65	2176	Jean	ROUX	AGN	B10/2	08:19
65	66	2180	Christiaan	THIEBAUT	AGN	B10/2	08:19
66	67	2191	Abner	LUKHELE	AMPU	B10/2	08:19
67	68	2152	Neo	MBAMBA	AFS	B10/2	08:20
68	69	2212	Oamogetwe	PINE	ANWN	B10/2	08:21
69	70	2138	Keo (Keoratile)	MOKOENA	ACNW	B10/2	08:22
70	71	2175	Ruan	PIENAAR	AGN	B10/2	08:22
71	72	2203	Francois	CLOETE	ANWN	B10/2	08:22
72	73	2169	Sipheshile	HLATSHWAYO	AGN	B10/2	08:22
73	74	2164	Josua	BRUWER	AGN	B10/2	08:23
74	75	2230	Marnus	VAN STADEN	AVT	B10/2	08:23
75	76	2260	Bokamoso	MAREMA	LIMA	B10/2	08:23
76	77	2133	Ruard	BOSHOFF	ACNW	B10/2	08:24
77	78	2170	Eben	HUMAN	AGN	B10/2	08:25
78	79	2181	Kgomotso	BARNARD	AGW	B10/2	08:25
79	80	2202	Nathan	ANNANDALE	ANWN	B10/2	08:25
80	81	2197	Clayton	SCHREUDER	AMPU	B10/2	08:26
81	82	2206	Danie	FOURIE	ANWN	B10/2	08:27
82	83	2199	Bradley	SIDELL	AMPU	B10/2	08:27
83	84	2240	Bongane	RADASE	CGA	B10/2	08:28
84	85	2182	Tyron Wendell	FREDERIKS	AGW	B10/2	08:28
85	86	2257	Gerrit	GERRITSEN	LIMA	B10/2	08:28
86	87	2268	Nathan	VISAGIE	LIMA	B10/2	08:29
87	88	2148	Joubert	ENGLBRECHT	AFS	B10/2	08:31
88	89	2207	Arun	KESHAV	ANWN	B10/2	08:32
89	90	2196	Tayron	NORTJE	AMPU	B10/2	08:33
90	91	2265	Lehlogonolo	PAILE	LIMA	B10/2	08:34





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**Male - Individual Results (Provisional Final)**

91	92	2245	Kean	SCOTT	EPA	B10/2	08:35
92	93	2135	Landon	DA SILVA	ACNW	B10/2	08:35
93	94	2186	Rhylan	DE VILLIERS	AMPU	B10/2	08:36
94	95	2184	JJ	COETZER	AMPU	B10/2	08:36
95	96	2204	Conri	DE BEER	ANWN	B10/2	08:36
96	97	2188	Ryan	JONKER	AMPU	B10/2	08:36
97	98	2211	Siphosenkosi	NXUMALO	ANWN	B10/2	08:36
98	99	2141	Xavier	STEENKAMP	ACNW	B10/2	08:37
99	100	2193	Omogau	MANANYETSO	AMPU	B10/2	08:37
100	101	2219	Erhard	VOSSER	ANWN	B10/2	08:37
101	102	2221	John-Lee	SEPTEMBER	ASWD	B10/2	08:37
102	103	2209	Mogolodi	MOLEFE	ANWN	B10/2	08:37
103	104	2172	Connor	KNOETZE	AGN	B10/2	08:37
104	105	2233	Olothando	NTANTISO	BORA	B10/2	08:39
105	106	2171	Jóvan	JACOBS	AGN	B10/2	08:39
106	107	2159	Keamogetsoe	PHALI	AFS	B10/2	08:40
107	108	2162	Gidon	VERSTER	AFS	B10/2	08:40
108	109	2132	Luhann	BLOM	ACNW	B10/2	08:40
109	110	2259	Mashutu	MAPHANGA	LIMA	B10/2	08:40
110	111	2251	Ayabonga	ZULU	KZNA	B10/2	08:40
111	112	2134	Lucan	BOTHA	ACNW	B10/2	08:40
112	113	2139	Jonathan	MOLETE	ACNW	B10/2	08:42
113	114	2136	Logan	DURRANT	ACNW	B10/2	08:42
114	115	2143	Jomar	UYS	ACNW	B10/2	08:42
115	116	2218	Jan	VENTER	ANWN	B10/2	08:42
116	117	2205	Thomas	DREYER	ANWN	B10/2	08:42
117	118	2231	Ndikhokele	MBUYAZWE	BORA	B10/2	08:42
118	119	2166	Lian	DE SWARDT	AGN	B10/2	08:49
119	120	2256	Lourens	DUVENHAGE	LIMA	B10/2	08:49
120	121	2214	Botshelo	SEANE	ANWN	B10/2	08:50
121	122	2139	Jonathan	MOLETE	ACNW	B10/2	08:50
122	123	2258	Cobus	LE ROUX	LIMA	B10/2	08:52
123	124	2213	Rudolph	SCHOLTZ	ANWN	B10/2	08:54
124	125	2210	Gomotsegang	MOOKETSI	ANWN	B10/2	08:55
125	126	2232	Khayone	MZAMO	BORA	B10/2	08:57
126	127	2142	Pieter	STRYDOM	ACNW	B10/2	08:58
127	128	2140	Joubert	MOUTON	ACNW	B10/2	08:59
128	129	2228	Logan	DU PLESSIS	AVT	B10/2	09:01
129	130	2254	CG	BARNARD	LIMA	B10/2	09:04
130	131	2229	Junior	MALOKA	AVT	B10/2	09:07
131	132	2269	Nel	MULLER	NWCA	B10/2	09:27
132	133	2263	Ponagalo	MOLOPO	LIMA	B10/2	09:36
<b>DQ</b>	33	2516	Viraan	STEYN	EPA	B10/2	



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**Male - Individual Results (Provisional Final)**

**BOYS 11 - 3km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	2510	Philani	LUTHULI	CGA	B11/3	09:59
2	2	2496	Christiaan	LEWIS	AVT	B11/3	10:02
3	3	2412	Reotshipile	SHOPO	ACNW	B11/3	10:05
4	4	2441	Dieter	KRIEK	AGN	B11/3	10:07
5	5	2446	Ruben Roy	OPPERMAN	AGN	B11/3	10:12
6	6	2408	Lihann	KEMP	ACNW	B11/3	10:15
7	7	2532	Doctor	MADISHA	LIMA	B11/3	10:18
8	8	2422	Bongane	MABE	AFS	B11/3	10:22
9	9	2424	Johnathan	MATTHEW	AFS	B11/3	10:23
10	10	2423	Lungile	MAEKE	AFS	B11/3	10:24
11	11	2451	Joshua	VILJOEN	AGN	B11/3	10:27
12	12	2538	Phenyo	MOKAKATI	LIMA	B11/3	10:28
13	13	2456	Kaywen	HUMAN	AMPU	B11/3	10:28
14	14	2405	Thato	BUCWA	ACNW	B11/3	10:29
15	15	2515	Matthew	STRYDOM	CGA	B11/3	10:30
16	16	2506	Alunathi	BALL	CGA	B11/3	10:32
17	17	2508	Ayanda	DLAMINI	CGA	B11/3	10:32
18	18	2417	Gerick	BOTHA	AFS	B11/3	10:35
19	19	2432	Mpho	TILINYANE	AFS	B11/3	10:37
20	20	2463	Andre	PRETORIUS	AMPU	B11/3	10:37
21	21	2511	Khaya	MADONSELA	CGA	B11/3	10:38
22	22	2430	Katleho	RADEBE	AFS	B11/3	10:40
23	23	2544	Pierre	VAN ROOYEN	NWCA	B11/3	10:40
24	24	2491	Caleb	MATTHEWS	ASWD	B11/3	10:43
25	25	2403	Medupi	BAAS	ACNW	B11/3	10:44
26	26	2459	Hlelolwenkosi	MOKONE	AMPU	B11/3	10:45
27	27	2458	Coenraad	MEYER	AMPU	B11/3	10:48
28	28	2455	John	HOLMNER	AMPU	B11/3	10:49
29	29	2533	Class Ramogelegile	MANKGE	LIMA	B11/3	10:51
30	30	2448	Ryno	SMIT	AGN	B11/3	10:52
31	31	2437	Sebastian	FOUCHÉ	AGN	B11/3	10:53
32	32	2438	Erich	HORN	AGN	B11/3	10:54
33	33	2418	Cobus	DE JAGER	AFS	B11/3	10:56
34	34	2457	Tshepiso	KAPA	AMPU	B11/3	10:56
35	35	2514	Koketso Steven	NKOSI	CGA	B11/3	10:57
36	36	2435	Nicolaas	BOTHA	AGN	B11/3	10:57
37	37	2509	Junior Rofhiwa	KWINDA	CGA	B11/3	10:58
38	38	2425	Mamello	MOFOKENG	AFS	B11/3	11:03
39	39	2433	Alrich	ZIETSMAN	AFS	B11/3	11:03
40	40	2419	Mason	JORDAAN	AFS	B11/3	11:03
41	41	2512	Karabo	MOLEKO	CGA	B11/3	11:03
42	42	2443	Sion	KRUGER	AGN	B11/3	11:07
43	43	2447	Hlompho	PHAAKA	AGN	B11/3	11:07
44	44	2413	Dawid	VAN DER LINDE	ACNW	B11/3	11:07



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**Male - Individual Results (Provisional Final)**

45	45	2410	Libongo	MOSIA	ACNW	B11/3	11:09
46	46	2493	Masilive	MGXOTHENI	ATRA	B11/3	11:10
47	47	2527	Theo	BOSHIELO	LIMA	B11/3	11:10
48	48	2428	Thabiso	QABALATSANE	AFS	B11/3	11:10
49	49	2500	Franna	VAN DER WESTHUIZEN	AVT	B11/3	11:10
50	50	2498	Thando	NDABA	AVT	B11/3	11:11
51	51	2502	Naba	MENTE	BORA	B11/3	11:12
52	52	2503	Nabo	MENTE	BORA	B11/3	11:12
53	53	2504	Unako	MGQIBI	BORA	B11/3	11:12
54	54	2492	Lungisa	MBONYA	ATRA	B11/3	11:13
55	55	2507	Marais	BOTHA	CGA	B11/3	11:13
56	56	2431	Blessing	SELIKANE	AFS	B11/3	11:13
57	57	2440	Kaleb	JORDAAN	AGN	B11/3	11:15
58	58	2427	Mpho	MPHETENG	AFS	B11/3	11:16
59	59	2537	Tshegofatso	MOGOLA	LIMA	B11/3	11:17
60	60	2517	Thandolwethu	DLAMINI	KZNA	B11/3	11:18
61	61	2416	Ryan	AUTHS	AFS	B11/3	11:18
62	62	2490	Clayton	FRANCES	ASWD	B11/3	11:18
63	63	2497	Karabo	MASEDI	AVT	B11/3	11:19
64	64	2460	Tokelo	MPHIRIME	AMPU	B11/3	11:21
65	65	2426	Tiisetso	MOKHETHI	AFS	B11/3	11:22
66	66	2541	Pabalo	SHONOANE	LIMA	B11/3	11:22
67	67	2434	Zayden	BORNMAN	AGN	B11/3	11:22
68	68	2420	Junior	KAPOKO	AFS	B11/3	11:23
69	69	2522	Thandolwande	NYANDENI	KZNA	B11/3	11:23
70	70	2471	Tlhalefang	BANKIES	ANWN	B11/3	11:23
71	71	2444	Jan-Henoch	LE ROUX	AGN	B11/3	11:24
72	72	2477	Daniel-Louis	EVANS	ANWN	B11/3	11:25
73	73	2513	Kamogelo	MOTHIBI	CGA	B11/3	11:26
74	74	2521	Asanda	NXASANE	KZNA	B11/3	11:28
75	75	2409	Olerato	MAAITSE	ACNW	B11/3	11:28
76	76	2465	Christiaan	VAN DEN HEEVER	AMPU	B11/3	11:28
77	77	2406	Ethan	ENSLIN	ACNW	B11/3	11:29
78	78	2518	Manqoba	MBATHA	KZNA	B11/3	11:31
79	79	2452	Leonard	SMITH	AGW	B11/3	11:31
80	80	2450	Armand	VAN TONDER	AGN	B11/3	11:31
81	81	2530	Bokang Makatolase	KGWETE	LIMA	B11/3	11:31
82	82	2466	Riwan	VAN DER MERWE	AMPU	B11/3	11:31
83	83	2489	Antheo	CLASSEN	ASWD	B11/3	11:33
84	84	2476	CJ	ECKARD	ANWN	B11/3	11:34
85	85	2442	Pieter-Henk	KRIEL	AGN	B11/3	11:36
86	86	2486	Jomar	VAN ROOYEN	ANWN	B11/3	11:37
87	87	2539	Thabang	PHERI	LIMA	B11/3	11:39
88	88	2482	Zandre	SNYMAN	ANWN	B11/3	11:40
89	89	2449	Johan	VAN DER MERWE	AGN	B11/3	11:41
90	90	2531	Phomolo	LEKGOATHI	LIMA	B11/3	11:41



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91	91	2472	Henray Aubrey	BOTHA	ANWN	B11/3	11:42
92	92	2543	Lidile	TLHAKO	LIMA	B11/3	11:42
93	93	2519	Zothani	MKHIZE	KZNA	B11/3	11:43
94	94	2525	Dominic	LIVERSAGE	KZNA	B11/3	11:43
95	95	2526	Lehlogonolo	APHANE	LIMA	B11/3	11:45
96	96	2478	Lethabo	KGATLE	ANWN	B11/3	11:45
97	97	2524	Uyanda	KHUMALO	KZNA	B11/3	11:48
98	98	2436	Janko	CLAASSEN	AGN	B11/3	11:48
99	99	2481	Jean	SNYMAN	ANWN	B11/3	11:51
100	100	2485	Ben-G	VAN DER HEEVER	ANWN	B11/3	11:52
101	101	2528	Refentse	CHOKOE	LIMA	B11/3	11:52
102	102	2529	Wiegardt	DU TOIT	LIMA	B11/3	11:53
103	103	2411	Darius	PRETORIUS	ACNW	B11/3	11:54
104	104	2483	Gofaone	TLHAME	ANWN	B11/3	11:55
105	105	2470	Jordan	VILJOEN	AMPU	B11/3	11:56
106	106	2415	Aldo	VILJOEN	ACNW	B11/3	11:56
107	107	2523	Zack	BURE	KZNA	B11/3	11:58
108	108	2461	Arman	OOSTHUYZEN	AMPU	B11/3	11:58
109	109	2462	Lihan	PELSER	AMPU	B11/3	12:00
110	110	2468	Hanroux	VAN GRAAN	AMPU	B11/3	12:00
111	111	2499	Rorisang	OITHI	AVT	B11/3	12:01
112	112	2535	Tlhompho	MASOLEGO	LIMA	B11/3	12:02
113	113	2501	Unamandla	KOMISA	BORA	B11/3	12:02
114	114	2534	Michael	MARAIS	LIMA	B11/3	12:03
115	115	2453	Pieter	BRIEL	AMPU	B11/3	12:06
116	116	2520	Abenathi	MYANDU	KZNA	B11/3	12:06
117	117	2454	Stefan	BUYS	AMPU	B11/3	12:10
118	118	2479	Mlindleli	NGCANI	ANWN	B11/3	12:11
119	119	2404	Jeanlo	BECKLEY	ACNW	B11/3	12:11
120	120	2505	Izibongo	MIZA	BORA	B11/3	12:15
121	121	2429	Katlego	RABANNYE	AFS	B11/3	12:15
122	122	2487	Reghardt	VAN STRATEN	ANWN	B11/3	12:17
123	123	2494	Rowan	BOLTON	AVT	B11/3	12:18
124	124	2414	Mehan	VAN DER WESTHUIZEN	ACNW	B11/3	12:19
125	125	2488	Marcus	VISSER	ANWN	B11/3	12:22
126	126	2542	Ehan	TIMMERMAN	LIMA	B11/3	12:25
127	127	2474	Adriaan	DE BEER	ANWN	B11/3	12:30
128	128	2480	Luceous	ROUX	ANWN	B11/3	12:31
129	129	2545	Stephanus	VAN WYK	NWCA	B11/3	12:32
130	130	2445	Hercu	MAREE	AGN	B11/3	12:32
131	131	2540	Addis	SAREBO	LIMA	B11/3	12:33
132	132	2467	Simon	VAN DER MERWE	AMPU	B11/3	12:33
133	133	2439	Conrad	JORDAAN	AGN	B11/3	12:36
134	134	2475	Adriaan	DU TOIT	ANWN	B11/3	12:41
135	135	2469	Nathan	VAN NIEKERK	AMPU	B11/3	12:49
136	136	2473	Luan	BOTHA	ANWN	B11/3	12:59



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**Male - Individual Results (Provisional Final)**

**BOYS 12 - 3km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	2784	Indiphile	MYEKI	CGA	B12/3	09:31
2	2	2799	Theto	KEKANA	LIMA	B12/3	09:36
3	3	2694	Antrie	MLANGENI	AFS	B12/3	09:40
4	4	2692	Pule	MALEHO	AFS	B12/3	09:49
5	5	2793	Lubanzi	ZULU	KZNA	B12/3	09:58
6	6	2785	Matthew	PIETROIUSTI	CGA	B12/3	09:59
7	7	2782	Mihle	MDLIVA	CGA	B12/3	09:59
8	8	2764	Kuhle	NDAMANE	ATRA	B12/3	10:00
9	9	2696	Lehlohonolo	MOILOA	AFS	B12/3	10:02
10	10	2710	Zwonaka	KWINDA	AGN	B12/3	10:03
11	11	2803	Motheo Labi	MAIFADI	LIMA	B12/3	10:04
12	12	2810	Kano	SEOKA	LIMA	B12/3	10:04
13	13	2689	Moeketsi	LOUW	AFS	B12/3	10:05
14	14	2711	Levi	LOMBARD	AGN	B12/3	10:06
15	15	2721	Leo	WYBENGA	AGN	B12/3	10:06
16	16	2698	Tiisetso	MONYAKI	AFS	B12/3	10:12
17	17	2779	Kade	BOOYSEN	CGA	B12/3	10:13
18	18	2742	Wihanru	ASPELING	ANWN	B12/3	10:13
19	19	2781	Lance	GRAY	CGA	B12/3	10:15
20	20	2805	Thekgo	MAKOFANE	LIMA	B12/3	10:16
21	21	2804	Letago	MAKGALEMELE	LIMA	B12/3	10:18
22	22	2755	Steyn	VAN DEN BERG	ANWN	B12/3	10:19
23	23	2683	Peloentle	NONG	ACNW	B12/3	10:19
24	24	2701	Kamohelo	RHINE	AFS	B12/3	10:19
25	25	2697	Ntlantla	MOKHOALADI	AFS	B12/3	10:19
26	26	2783	Sanele	MTHONJENI	CGA	B12/3	10:20
27	27	2695	Boitumelo	MOFOKENG	AFS	B12/3	10:20
28	28	2708	Banie	CLAASEN	AGN	B12/3	10:20
29	29	2678	Tedrich	HATTINGH	ACNW	B12/3	10:21
30	30	2731	Willie-Uys	JANSE VAN RENSBURG	AMPU	B12/3	10:22
31	31	2699	Abram	MOTAUNG	AFS	B12/3	10:23
32	32	2690	Karabo	LUKHETHE	AFS	B12/3	10:23
33	33	2786	Tlotlisang	SELLO	CGA	B12/3	10:23
34	34	2757	Antonio	AFRIKA	ASWD	B12/3	10:25
35	35	2762	Malusi	MLAMBI	ATRA	B12/3	10:26
36	36	2806	Gothatso Fortune	MALETE	LIMA	B12/3	10:28
37	37	2789	Avela	MBHELE	KZNA	B12/3	10:28
38	38	2800	Thabang	KGASAGO	LIMA	B12/3	10:28
39	39	2769	Carlos	MOKHESENG	AVT	B12/3	10:28
40	40	2722	Lincoln	LOUW	AGW	B12/3	10:31
41	41	2687	Mosa	DLAMINI	AFS	B12/3	10:32
42	42	2702	Jacobus	SCHOLTZ	AFS	B12/3	10:33
43	43	2787	Asiphe	TSEWU	CGA	B12/3	10:34
44	44	2760	Siwaphiwe	MAQUME	ATRA	B12/3	10:34



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## Male - Individual Results (Provisional Final)

45	45	2686	Ralph	BURLS	AFS	B12/3	10:34
46	46	4153	Karabo	MAYIZALE	AFS	B12/3	10:34
47	47	2718	Marcel	VAN DER LEEK	AGN	B12/3	10:34
48	48	2734	Ndumiso	MASEKO	AMPU	B12/3	10:35
49	49	2759	Pierre	SPIES	ASWD	B12/3	10:36
50	50	2691	Bongane	MAKABANE	AFS	B12/3	10:38
51	51	2802	Kgotsofalo	LEBOTSA	LIMA	B12/3	10:39
52	52	2703	Pule	VAN WYK	AFS	B12/3	10:39
53	53	2780	Joshua	BROUGHTON	CGA	B12/3	10:40
54	54	2763	Zukhanye	MNUNU	ATRA	B12/3	10:43
55	55	2754	Elvis	TSELE	ANWN	B12/3	10:44
56	56	2801	Itumeleng	KOMANE	LIMA	B12/3	10:45
57	57	2747	Ogodiseng	MOEPI	ANWN	B12/3	10:45
58	58	2717	Lian	STASSEN	AGN	B12/3	10:47
59	59	2744	Remotshepile	DITHUPE	ANWN	B12/3	10:49
60	60	2778	Sinethemba	BILA	CGA	B12/3	10:50
61	61	2706	Conner	BOTHA	AGN	B12/3	10:51
62	62	2768	Tomose	MKHUSELI	AVT	B12/3	10:54
63	63	2705	Steph	BEYERS	AGN	B12/3	10:54
64	64	2707	Ryan	CHAPMAN	AGN	B12/3	10:56
65	65	2715	Logan	SCHOLTZ	AGN	B12/3	10:57
66	66	2809	Potego Victor	NKGOBENE	LIMA	B12/3	10:58
67	67	2688	Thembile	LETSATSI	AFS	B12/3	10:59
68	68	2730	Elroy	INGLE	AMPU	B12/3	11:00
69	69	2738	Miguel	NORTJE	AMPU	B12/3	11:01
70	70	2752	Ontlametse	POO	ANWN	B12/3	11:02
71	71	2728	Gift	HABILE	AMPU	B12/3	11:02
72	72	2751	Oliver	OOSTHUIZEN	ANWN	B12/3	11:03
73	73	2772	Zehan	SPANGENBERG	AVT	B12/3	11:04
74	74	2716	Letlhogonolo	SELAHLA	AGN	B12/3	11:05
75	75	2777	Nalu	XHINTI	BORA	B12/3	11:05
76	76	2788	Mpilo	KHOMO	KZNA	B12/3	11:06
77	77	2723	Anton	NDUNGU	AGW	B12/3	11:07
78	78	2791	Tumelo	MNDEBELE	KZNA	B12/3	11:08
79	79	2775	Inam	NTANTISO	BORA	B12/3	11:09
80	80	2811	Ismael Phodisho	TJABADI	LIMA	B12/3	11:10
81	81	2774	Obonayo	NONZINYANA	BORA	B12/3	11:10
82	82	2726	Louis	DU PLESSIS	AMPU	B12/3	11:11
83	83	2713	Franco	MYBURGH	AGN	B12/3	11:12
84	84	2770	Khanya	NDLELA	AVT	B12/3	11:12
85	85	2727	Declan	DU PREEZ	AMPU	B12/3	11:12
86	86	2796	Hannes	BEZUIDENHOUT	LIMA	B12/3	11:12
87	87	2725	Tiaan	BEZUIDENHOUT	AMPU	B12/3	11:13
88	88	2679	Christiaan	LIEBENBERG	ACNW	B12/3	11:13
89	89	2794	Sithandwesihle	MHLUNGU	KZNA	B12/3	11:13
90	90	2746	Ruben	LE ROUX	ANWN	B12/3	11:14



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**Male - Individual Results (Provisional Final)**

91	91	2737	Thato	NKOMO	AMPU	B12/3	11:17
92	92	2797	Mpho	DIBETSO	LIMA	B12/3	11:18
93	93	2773	Jacques	STEMMET	AVT	B12/3	11:20
94	94	2700	Abongile	NYARELI	AFS	B12/3	11:23
95	95	2750	Reaaleboga	NKE	ANWN	B12/3	11:25
96	96	2812	Pieter-Kunjé	VAN DER LINDE	NWCA	B12/3	11:26
97	97	2771	Oratile	SEHLOLO	AVT	B12/3	11:27
98	98	2767	Victor	LE ROUX	AVT	B12/3	11:27
99	99	2807	Kgabiso	MARUMA	LIMA	B12/3	11:29
100	100	2729	Luthando	HAMANBURG	AMPU	B12/3	11:32
101	101	2684	Thato	RAMOHLOKOANE	ACNW	B12/3	11:32
102	102	2776	Siphamahle	PINANA	BORA	B12/3	11:33
103	103	2753	Tlotlo	TLHAGWANE	ANWN	B12/3	11:33
104	104	2743	Olwethu	BACELA	ANWN	B12/3	11:37
105	105	2720	Izak	VOS	AGN	B12/3	11:38
106	106	2712	Vusimuzi	MINI	AGN	B12/3	11:39
107	107	2704	Arno	BESTER	AGN	B12/3	11:39
108	108	2741	Zander	VAN DEN HEEVER	AMPU	B12/3	11:40
109	109	2719	Jan Frederik Rykers	VAN ROOYEN	AGN	B12/3	11:41
110	110	2765	Keanu	BENEKE	AVT	B12/3	11:42
111	111	2736	Mihlali	NGODWANA	AMPU	B12/3	11:42
112	112	2685	Tebogo	SELOKELA	ACNW	B12/3	11:43
113	113	2798	Jayden	DU PLESSIS	LIMA	B12/3	11:43
114	114	4118	Hattingh	MÖLLER	ACNW	B12/3	11:44
115	115	2735	Marco	MENTZ	AMPU	B12/3	11:45
116	116	2675	GJ	ERASMUS	ACNW	B12/3	11:46
117	117	2733	Niklas	LIGTHELM	AMPU	B12/3	11:47
118	118	2758	Tyroyd	ARENDSE	ASWD	B12/3	11:47
119	119	2745	Liam	JANSE VAN VUUREN	ANWN	B12/3	11:48
120	120	2749	Mondli	MOTHATE	ANWN	B12/3	11:49
121	121	2724	Orion	ARENDS	AMPU	B12/3	11:50
122	122	2739	Dian	PRETORIUS	AMPU	B12/3	11:53
123	123	2677	Marnó	HATTINGH	ACNW	B12/3	11:58
124	124	2740	Nathan	ROELOFSE	AMPU	B12/3	11:58
125	125	2766	Alexander	DU PLESSIS	AVT	B12/3	12:03
126	126	2681	Pusetu	MOOPELWA	ACNW	B12/3	12:07
127	127	2808	Clenton	MOSAMEDI	LIMA	B12/3	12:08
128	128	2709	Juan	JOUBERT	AGN	B12/3	12:09
129	129	2680	Refentse	MAKWATI	ACNW	B12/3	12:10
130	130	2756	Stefan	VAN DYK	ANWN	B12/3	12:18
131	131	2792	Khethokuhle	MTHWAZI	KZNA	B12/3	12:19
132	132	2732	Makungu	KHOZA	AMPU	B12/3	12:23
133	133	2682	Rhulani	NGUNDUZA	ACNW	B12/3	12:26
134	134	2714	Hendre	RHEEDERS	AGN	B12/3	12:32
135	135	2748	Leano	MOOKETSI	ANWN	B12/3	12:33



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**Male - Individual Results (Provisional Final)**

**BOYS 13 - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	3040	Siyanda	MADLABANE	CGA	B13/4	12:33
2	2	2951	Katlego	SHONGWE	ACNW	B13/4	12:45
3	3	3034	Pule	SHAMASE	AVT	B13/4	12:51
4	4	2968	Mantle	TSEHLANA	AFS	B13/4	13:08
5	5	2989	Brand	DU PLESSIS	AMPU	B13/4	13:09
6	6	3029	Adriaan	COETZEE	AVT	B13/4	13:18
7	7	2977	Ewan	COETZER	AGN	B13/4	13:24
8	8	2954	Dehan	CILLIERS	AFS	B13/4	13:24
9	9	3017	Olebogeng	MOLEHE	ANWN	B13/4	13:28
10	10	3068	Tshegofatso	SELALA	LIMA	B13/4	13:30
11	11	3027	Qhawe	NTILINI	ATRA	B13/4	13:41
12	12	3025	Vusumzi	KOGINI	ATRA	B13/4	13:42
13	13	2969	Dries	VAN TONDER	AFS	B13/4	13:49
14	14	3058	Junior Khomotso	KUBJANA	LIMA	B13/4	13:51
15	15	2966	Lehlohonolo	MPHUTHI	AFS	B13/4	13:53
16	16	3043	Menzi	NCAPAI	CGA	B13/4	13:54
17	17	2953	Eduan	BOOYSEN	AFS	B13/4	13:54
18	18	3009	Phenyo	KGATITSWE	ANWN	B13/4	13:55
19	19	2986	Christiaan	MÜLLER	AGN	B13/4	13:57
20	20	3060	Leago	MADINGOANENG	LIMA	B13/4	13:59
21	21	3064	Tlhopiso	MATSANE	LIMA	B13/4	14:00
22	22	3010	Botlhale	KOJOANA	ANWN	B13/4	14:01
23	23	2950	Kamogelo	SERERO	ACNW	B13/4	14:01
24	24	2973	Nicolaas	BOTHA	AGN	B13/4	14:03
25	25	2984	Mattias	KIELBLOCK	AGN	B13/4	14:05
26	26	2997	Ihvan	PRETORIUS	AMPU	B13/4	14:06
27	27	2964	Thembinkosi	MDLULI	AFS	B13/4	14:08
28	28	3044	Neo	NKEANE	CGA	B13/4	14:10
29	29	2942	Gelden	ERASMUS	ACNW	B13/4	14:12
30	30	2958	Tiisetso	FOKO	AFS	B13/4	14:13
31	31	2967	Marinus	RADEMAN	AFS	B13/4	14:14
32	32	2990	Deon	DU PLOOY	AMPU	B13/4	14:14
33	33	3041	Tseko	MOFOKENG	CGA	B13/4	14:15
34	34	2975	Eager	CHIRADZA	AGN	B13/4	14:17
35	35	3065	Thato	MOENG	LIMA	B13/4	14:17
36	36	3067	Kgothatso	MOHLALA	LIMA	B13/4	14:18
37	37	2955	Ruhan	CILLIERS	AFS	B13/4	14:18
38	38	2970	Mpho	XABA	AFS	B13/4	14:21
39	39	2963	Thamsanqa	MBALOLA	AFS	B13/4	14:26
40	40	3012	Realeboga	LETHABANE	ANWN	B13/4	14:26
41	41	2956	Dian	ERASMUS	AFS	B13/4	14:27
42	42	2965	Kabelo	MOLEMI	AFS	B13/4	14:28
43	43	3045	Sihle	NYEZI	CGA	B13/4	14:29
44	44	2961	Tshepang	MAZIBUKO	AFS	B13/4	14:30





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**Male - Individual Results (Provisional Final)**

45	45	3059	Matlopo Lefa	MACHAI	LIMA	B13/4	14:32
46	46	2976	Ruben	CLAASSEN	AGN	B13/4	14:33
47	47	3028	Reaboka	RAMOSALA	ATRA	B13/4	14:33
48	48	3049	Sbongakonke	MAKHAYE	KZNA	B13/4	14:33
49	49	3051	Ayanda	NZIMANDE	KZNA	B13/4	14:34
50	50	2962	Tshepo	MAZIBUKO	AFS	B13/4	14:34
51	51	2996	PJ	NTIMANE	AMPU	B13/4	14:34
52	52	2981	Tristen	HENNOP	AGN	B13/4	14:35
53	53	3069	Tshwarelo	SITHOLE	LIMA	B13/4	14:35
54	54	3046	Mohau Tlou	RAMANNYA	CGA	B13/4	14:35
55	55	2947	Reo (Reobametse)	MOKOENA	ACNW	B13/4	14:36
56	56	3038	Karabo	DIALE	CGA	B13/4	14:37
57	57	3052	Sinoxolo	ZUNGU	KZNA	B13/4	14:37
58	58	3066	Moses	MOGWALE	LIMA	B13/4	14:37
59	59	2952	Christiaan	VAN JAARVELD	ACNW	B13/4	14:37
60	60	3056	Kutlwano	KGASAGO	LIMA	B13/4	14:38
61	61	2974	Jan-Hendrik	BREDELL	AGN	B13/4	14:40
62	62	3070	Aubrey	APRIL	NWCA	B13/4	14:42
63	63	2992	Sinethemba	KHOZA	AMPU	B13/4	14:42
64	64	2971	Stian	BESTER	AGN	B13/4	14:42
65	65	3022	MJ Grant	VENTER	ANWN	B13/4	14:44
66	66	3047	Hudson	SAMBO	CGA	B13/4	14:44
67	67	3037	Dimakatso	DIABELA	CGA	B13/4	14:44
68	68	2960	Abongile	JONKER	AFS	B13/4	14:45
69	69	2983	Ruben	HUMAN	AGN	B13/4	14:45
70	70	2987	Kaleb	VAN NIEKERK	AGN	B13/4	14:45
71	71	2988	Tiaan	VAN RHYN	AGN	B13/4	14:47
72	72	3063	Lethobisa	MASEBE	LIMA	B13/4	14:48
73	73	2978	Tommie	CRONJE	AGN	B13/4	14:49
74	74	3024	Jason	PAGE	ASWD	B13/4	14:51
75	75	2985	Lehumo	MABASA	AGN	B13/4	14:52
76	76	3026	Andile	MZONGWANA	ATRA	B13/4	14:56
77	77	3032	Kgauhelo	LETLALA	AVT	B13/4	14:59
78	78	3035	Oratilwe	THOLO	AVT	B13/4	15:00
79	79	2957	Thabiso John	FARTEIN	AFS	B13/4	15:00
80	80	2995	Minenhle	NKONDE	AMPU	B13/4	15:01
81	81	2959	Jayden	JANSEN	AFS	B13/4	15:02
82	82	3007	Segono	KEATSHEPILE	ANWN	B13/4	15:03
83	83	2998	Johrne	PRETORIUS	AMPU	B13/4	15:03
84	84	3000	Mpendulo	SIMELANE	AMPU	B13/4	15:04
85	85	3002	Luan	STOLTZ	AMPU	B13/4	15:05
86	86	3015	Tisetso	MARUMO	ANWN	B13/4	15:08
87	87	3014	Atlotleng	MALULEKE	ANWN	B13/4	15:09
88	88	2945	Retlafenya	MAKWATI	ACNW	B13/4	15:10
89	89	3053	Luhle	MNDEBELE	KZNA	B13/4	15:12
90	90	3036	Lohan	VAN DAALEN	BORA	B13/4	15:13



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## Male - Individual Results (Provisional Final)

91	91	3050	Sibusiso	MLOTSHWA	KZNA	B13/4	15:13
92	92	3005	Francois	VAN TONDER	AMPU	B13/4	15:14
93	93	3011	Gomolemo	LEETO	ANWN	B13/4	15:14
94	94	3062	Harmilton	MALEPE	LIMA	B13/4	15:15
95	95	2943	Rudolf	FOURIE	ACNW	B13/4	15:16
96	96	3006	Andries	VAN WYNGAARD	AMPU	B13/4	15:17
97	97	2946	Shawn	MARX	ACNW	B13/4	15:19
98	98	3071	Edwith	VISAGIE	NWCA	B13/4	15:23
99	99	3061	Keitumetse	MAGORO	LIMA	B13/4	15:24
100	100	2979	Jean	DE VILLIERS	AGN	B13/4	15:25
101	101	3054	Ayanda	MOTAUNG	KZNA	B13/4	15:26
102	102	3055	Matthew	QUINTON	KZNA	B13/4	15:27
103	103	2980	Ruben	ESTERHUYSE	AGN	B13/4	15:28
104	104	3039	Luan	LOUW	CGA	B13/4	15:34
105	105	3057	Phenyo	KGOMO	LIMA	B13/4	15:35
106	106	2972	Carel	BOTHA	AGN	B13/4	15:36
107	107	3023	Luciano	MONGO	ASWD	B13/4	15:38
108	108	3033	Ruben	MARAIS	AVT	B13/4	15:39
109	109	3030	Karabo	DLAMINI	AVT	B13/4	15:40
110	110	2949	Waldo	SENEKAL	ACNW	B13/4	15:41
111	111	2941	Aiden	ENGELBRECHT	ACNW	B13/4	15:44
112	112	3016	Realeboga	MODISA	ANWN	B13/4	15:48
113	113	2994	Koos	MSIZA	AMPU	B13/4	15:51
114	114	2944	Tshepang	KEAKITSI	ACNW	B13/4	15:57
115	115	3003	Lungile	TSABALALA	AMPU	B13/4	16:00
116	116	2948	Izak	NIEUWOUDT	ACNW	B13/4	16:03
117	117	2993	Njabulo	MATHEBULA	AMPU	B13/4	16:04
118	118	3018	Ompabaletse	MONARE	ANWN	B13/4	16:15
119	119	3008	Reabaka	KGASI	ANWN	B13/4	16:20
120	120	3004	Keagan	VAN DER WALT	AMPU	B13/4	16:27
121	121	3001	Zimpendulo	SIMELANE	AMPU	B13/4	16:45
122	122	3020	Lezarian	SAULS	ANWN	B13/4	16:46
123	123	3013	Evan	MACMILLAN	ANWN	B13/4	17:12
124	124	3031	Cauilo	KOEN	AVT	B13/4	17:18
125	125	3019	Lumikuthi	POSWAYO	ANWN	B13/4	17:21
126	126	3021	Tebogo	SELEME	ANWN	B13/4	19:41



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**Male - Individual Results (Provisional Final)**

**BOYS 14 - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	3216	Tiisesto	MALUNGANE	AGN	B14/4	12:21
2	2	3205	Christiaan	BRITS	AGN	B14/4	12:30
3	3	3257	Phetolo	PUTLANE	AVT	B14/4	12:49
4	4	3286	George Thabang	MANGANYE	LIMA	B14/4	12:59
5	5	3269	Teko April	TSOTETSI	CGA	B14/4	13:03
6	6	3241	Amogelang	MOENG	ANWN	B14/4	13:03
7	7	3291	Desmond	TOLOMO	LIMA	B14/4	13:04
8	8	3204	Emile	BLANCHÉ	AGN	B14/4	13:10
9	9	3195	Khotso	NGWENYA	AFS	B14/4	13:14
10	10	3197	Jaylynn	SECLAVE	AFS	B14/4	13:15
11	11	3215	Ratlou	MAKGAE	AGN	B14/4	13:20
12	12	3219	Dawson	SAMBO	AGN	B14/4	13:20
13	13	3231	Morema	MUKELO	AMPU	B14/4	13:21
14	14	3251	John	XOKOZELA	ATRA	B14/4	13:28
15	15	3177	Kutlo	KGWADI	ACNW	B14/4	13:30
16	16	3256	Junior	MAILULA	AVT	B14/4	13:31
17	17	3238	Giann	WESSELS	AMPU	B14/4	13:31
18	18	3292	Jordan	ARENDORF	WPA	B14/4	13:31
19	19	3268	Chumile	TSHANGELA	CGA	B14/4	13:32
20	20	3233	Motlatsi	SESING	AMPU	B14/4	13:32
21	21	3201	Sizwe	TSHABALALA	AFS	B14/4	13:32
22	22	3184	Kopano	ZITHA	ACNW	B14/4	13:32
23	23	3261	Marothi	LETSOALO	CGA	B14/4	13:34
24	24	3253	Luhle	DUMISA	AVT	B14/4	13:35
25	25	3196	Tumelo	RUITERS	AFS	B14/4	13:35
26	26	3260	Lefa	LEBOTSA	CGA	B14/4	13:35
27	27	3250	Lizwi	TSHEZI	ATRA	B14/4	13:36
28	28	3202	Bokang	TSOAELA	AFS	B14/4	13:37
29	29	3209	Xander	DU PREEZ	AGN	B14/4	13:40
30	30	3248	Luzuko	MLOMBOTHI	ATRA	B14/4	13:40
31	31	3294	Luciano	LOUW	WPA	B14/4	13:40
32	32	3295	Bulela	MGANU	WPA	B14/4	13:40
33	33	3296	Mpundo	MIVUYO	WPA	B14/4	13:41
34	34	3211	Dylan	KRAAMWINKEL	AGN	B14/4	13:42
35	35	3212	Riaan	LABUSCHAGNE	AGN	B14/4	13:45
36	36	3249	Barend	MOPP	ATRA	B14/4	13:46
37	37	3207	NJ	DE KLERK	AGN	B14/4	13:46
38	38	3190	Thabang	MATLA	AFS	B14/4	13:46
39	39	3283	Tumelo	LEDWABA	LIMA	B14/4	13:47
40	40	3186	Wilhelm	DU PLESSIS	AFS	B14/4	13:50
41	41	3206	Charl	DE BRUIN	AGN	B14/4	13:54
42	42	3293	Johanaid	GEORGE	WPA	B14/4	13:56
43	43	3267	Lindani	NKABINI	CGA	B14/4	13:59
44	44	3266	Samukelo	MSIBI	CGA	B14/4	14:00



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**Male - Individual Results (Provisional Final)**

45	45	3242	Marthinus Chris	PIENAAR	ANWN	B14/4	14:01
46	46	3262	Siphenathi	LUSITI	CGA	B14/4	14:02
47	47	3255	Musawakhe	MABASO	AVT	B14/4	14:05
48	49	3264	Khumalo	MATHUNYANE	CGA	B14/4	14:06
49	50	3265	Mheho	MHLONGO	CGA	B14/4	14:07
50	51	3246	Leighton	LUKAS	ASWD	B14/4	14:10
51	52	3176	Nicolas	GREEVE	ACNW	B14/4	14:15
52	53	3213	Josh	LEE	AGN	B14/4	14:16
53	54	3254	Lian	KOK	AVT	B14/4	14:18
54	55	3217	Phio	MAPADIMENG	AGN	B14/4	14:21
55	56	3280	Tlou	KHALO	LIMA	B14/4	14:22
56	57	3287	Ishmael	MASABENG	LIMA	B14/4	14:24
57	58	3285	Rorisang	MAHLAELA	LIMA	B14/4	14:26
58	59	3274	Melusi	MZIMELA	KZNA	B14/4	14:27
59	60	3187	Karabelo	MABETA	AFS	B14/4	14:28
60	61	3245	Dino	KORKEY	ASWD	B14/4	14:31
61	62	3279	Matsobane Thabang	KEKANA	LIMA	B14/4	14:31
62	63	3179	Ofentse	MADIBA	ACNW	B14/4	14:31
63	64	3235	Litha	SONJICA	AMPU	B14/4	14:31
64	65	3208	Jacques	DE VILLIERS	AGN	B14/4	14:32
65	66	3272	Callum	DREYER	KZNA	B14/4	14:32
66	67	3289	Tshephang	NGOBENI	LIMA	B14/4	14:32
67	68	3227	Thabang	MABASO	AMPU	B14/4	14:32
68	69	3188	Boitumelo	MALEME	AFS	B14/4	14:33
69	70	3199	Tshidiso	SELLO	AFS	B14/4	14:34
70	71	3284	Tumisho	LEKOTO	LIMA	B14/4	14:36
71	72	3198	Katleho	SELLO	AFS	B14/4	14:37
72	73	3281	Motlalekgotso Solomon	KOMAPE	LIMA	B14/4	14:40
73	74	3263	Kamohelo	MAKHANYA	CGA	B14/4	14:41
74	75	3218	Armand	MENTZ	AGN	B14/4	14:42
75	77	3221	Jan-Hendrik	SLABBERT	AGW	B14/4	14:42
76	78	3278	Olwami	SIKHAKHANE	KZNA	B14/4	14:42
77	79	3273	Lwandile	MAVIMBELA	KZNA	B14/4	14:42
78	80	3224	Zander	HENNING	AMPU	B14/4	14:43
79	81	3191	Limpho	MOHLOBOLANE	AFS	B14/4	14:45
80	82	3275	Siphesihle	ZONDO	KZNA	B14/4	14:46
81	83	3282	Innocent	KUBYANE	LIMA	B14/4	14:46
82	84	3234	Eddie	SHABANGU	AMPU	B14/4	14:47
83	85	3181	Lehlohonolo	MOTAUNG	ACNW	B14/4	14:48
84	86	3183	Wihan	STRYDOM	ACNW	B14/4	14:49
85	87	3189	Lehlohonolo	MANTHATA	AFS	B14/4	14:50
86	88	3175	Jansu	DE BEER	ACNW	B14/4	14:51
87	89	3185	Simon	DODO	AFS	B14/4	14:54
88	90	3193	Thato	MONATISA	AFS	B14/4	14:55
89	91	3192	Kutlwano	MOKOTJO	AFS	B14/4	14:56
90	92	3243	Pee-Jay	ADAMS	ASWD	B14/4	14:57



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**Male - Individual Results (Provisional Final)**

91	93	3271	Banele	CELE	KZNA	B14/4	15:04
92	94	3220	Jean	VILJOEN	AGN	B14/4	15:12
93	95	3258	Luan	VAN DER LINDE	AVT	B14/4	15:12
94	96	3203	Omolemo	BEARD	AGN	B14/4	15:12
95	97	3252	Zandre	DEALE	AVT	B14/4	15:14
96	98	3288	Kelebogile	MATHEKGA	LIMA	B14/4	15:14
97	99	3232	Ntokozo	NDIMANDE	AMPU	B14/4	15:14
98	100	3229	Julian	MIDDEL	AMPU	B14/4	15:17
99	101	3210	Rumarko	GROENEWALD	AGN	B14/4	15:17
100	102	3239	Joseph	ZWANE	AMPU	B14/4	15:18
101	103	3290	Thembulethu	SIBANYONI	LIMA	B14/4	15:18
102	104	3222	Maynard	BREET	AMPU	B14/4	15:23
103	105	3270	Janilio	VAN HEERDEN	EPA	B14/4	15:26
104	106	3200	Sithembiso	SITSOLE	AFS	B14/4	15:28
105	107	3244	Johndre	JORDAAN	ASWD	B14/4	15:29
106	108	3182	EP	SCHOLTZ	ACNW	B14/4	15:33
107	109	3277	Siphiwe	KUBHEKA	KZNA	B14/4	15:39
108	110	3225	Robert	JARDINE	AMPU	B14/4	15:40
109	111	3194	Orekhahlile	MORAKILE	AFS	B14/4	15:46
110	112	3228	Lindelani	MADONSELA	AMPU	B14/4	15:46
111	113	3237	Njabuliso	VILAKAZI	AMPU	B14/4	15:46
112	114	3259	Chris	LOMBARD	BORA	B14/4	15:47
113	115	3223	Bhekumuzi	GABA	AMPU	B14/4	15:49
114	116	3247	Iminathi	MBOLO	ATRA	B14/4	15:52
115	117	3178	Divan	KRUGER	ACNW	B14/4	15:55
116	118	4121	Hugo	VILJOEN	ACNW	B14/4	16:32
117	119	3226	Liam	KOTZE DE BEER	AMPU	B14/4	16:42
118	120	3180	Katlego	MOKOBANE	ACNW	B14/4	17:29
119	121	3240	Jason	GENTZ	ANWN	B14/4	19:24
DQ	48	4137	Luthando	MAKHOPA	KZNA	B14/4	
DQ	76	3140	Nanda	NDABENI	ATRA	B14/4	
DQ	122	4120	Jason	GOUWS	ACNW	B14/4	



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**Male - Individual Results (Provisional Final)**

**BOYS 15 - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	3509	Tyran	BROOKS	CGA	B15/4	12:06
2	2	3447	Olerato	MASILOANE	AGN	B15/4	12:19
3	3	3441	Emil	ELS	AGN	B15/4	12:21
4	4	3445	Ewan	KIELBLOCK	AGN	B15/4	12:34
5	5	3514	Sipho Elias	MOLLO	CGA	B15/4	12:37
6	6	3423	Neo	LETSOAKA	AFS	B15/4	12:39
7	7	3437	Katleho	RALEKHETLA	AFS	B15/4	12:40
8	8	3493	Asenathi	MVAVEKI	ATRA	B15/4	12:40
9	9	3550	Kanetso	TAOLE	WPA	B15/4	12:46
10	10	3511	Siyanda	MALONE	CGA	B15/4	12:49
11	11	3472	Gugulethu	THANJEKWAYO	AMPU	B15/4	12:52
12	12	3513	Thabiso	MOKGATLA	CGA	B15/4	12:56
13	13	3489	Luciano	SLAWER	ASWD	B15/4	12:59
14	14	3515	Tsepang	NLATLA	CGA	B15/4	13:02
15	15	3523	Aphelele	DLAMINI	KZNA	B15/4	13:03
16	16	3536	Kutlwano	MAKUA	LIMA	B15/4	13:04
17	17	3532	Scelimpilo	ZULU	KZNA	B15/4	13:07
18	18	3508	Michael	BEKKER	CGA	B15/4	13:08
19	19	3485	Reitumetse	PHEKO	ANWN	B15/4	13:08
20	20	3440	Hanno	BESTER	AGN	B15/4	13:09
21	21	3510	Stephen	JOUBERT	CGA	B15/4	13:12
22	22	3529	Philane	THWALA	KZNA	B15/4	13:13
23	23	3488	Clydon	RIDDELS	ASWD	B15/4	13:14
24	24	3492	Asemahle	MVAVEKI	ATRA	B15/4	13:15
25	25	3503	Colin	KARELSE	BOLA	B15/4	13:15
26	26	3428	Bokang	MOFOKENG	AFS	B15/4	13:17
27	27	3497	Peroni	LEPHUTHING	AVT	B15/4	13:19
28	28	3490	Philasande	MANCI	ATRA	B15/4	13:20
29	29	3450	Neo	MONTSHO	AGN	B15/4	13:21
30	30	3449	Lesedi	MOKOENA	AGN	B15/4	13:23
31	31	3448	Sihawu	MLAMBO	AGN	B15/4	13:24
32	32	3417	Vuyani	MOTSEMME	ACNW	B15/4	13:25
33	33	3433	Lehlohonolo	MOTAUNG	AFS	B15/4	13:26
34	34	3504	Herschell	MANUEL	BOLA	B15/4	13:26
35	35	3429	Katleho	MOKHOTHU	AFS	B15/4	13:27
36	36	3430	Kearabetswe	MOKOENA	AFS	B15/4	13:28
37	37	3477	Nathan	HAVENGA	ANWN	B15/4	13:30
38	38	3435	Katleho	MTHOMBENI	AFS	B15/4	13:31
39	39	3467	Sibonelo	SHABANGU	AMPU	B15/4	13:33
40	40	3527	Bayanda	NENE	KZNA	B15/4	13:36
41	41	3522	Alex	MATSHABELA	EPA	B15/4	13:37
42	42	3502	Breyton	DE BRUIN	BOLA	B15/4	13:39
43	43	3446	Marnus	LAUBSCHER	AGN	B15/4	13:40
44	44	3461	Mnqobi	MABUZA	AMPU	B15/4	13:41



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**Male - Individual Results (Provisional Final)**

45	45	3451	Neo	MOTAUNA	AGN	B15/4	13:42
46	46	3491	Mthobeleni	MCWABANE	ATRA	B15/4	13:43
47	47	3420	Keelan	TIETUS	ACNW	B15/4	13:44
48	48	3434	Aupa	MTHOMBENI	AFS	B15/4	13:45
49	49	3547	Joshua	SCHOUW	WPA	B15/4	13:45
50	50	3455	Conrad	SCHEEPERS	AGN	B15/4	13:45
51	51	3512	Thabang Junior	MOJAPELO	CGA	B15/4	13:45
52	52	3486	Marius	VAN DEN BERG	ANWN	B15/4	13:46
53	53	3422	Lesego	LEEUEW	AFS	B15/4	13:46
54	54	3431	Ofentse	MOLETSE	AFS	B15/4	13:47
55	55	3546	Daniel	RAINHO	WPA	B15/4	13:50
56	56	3421	Rogene	WARD	ACNW	B15/4	13:52
57	57	3524	Lusanda	DLAMINI	KZNA	B15/4	13:53
58	58	3519	Cleushey	JANSEN	EPA	B15/4	13:54
59	59	3443	Roal	JANSEN VAN VUUREN	AGN	B15/4	13:56
60	60	3495	Eza	SINEYILE	ATRA	B15/4	13:57
61	61	3425	Prince	MASOWA	AFS	B15/4	13:58
62	62	3501	Bokang	TSOARI	AVT	B15/4	13:59
63	63	3438	Neo	SEJANE	AFS	B15/4	14:00
64	64	3531	Ryan	VIVIERS	KZNA	B15/4	14:01
65	65	3452	Itumeleng	MOTLHAJWA	AGN	B15/4	14:02
66	66	3457	Vusi	YEDWA	AGN	B15/4	14:02
67	67	3533	Kopano	LEKALA	LIMA	B15/4	14:02
68	68	3534	Puleny	LENONYANE	LIMA	B15/4	14:02
69	69	3500	Reabetswe	NALA	AVT	B15/4	14:03
70	70	3466	Gift	SENAMELA	AMPU	B15/4	14:04
71	71	3542	Petro	TITUS	NWCA	B15/4	14:04
72	72	3521	Lindokuhle	KASIBE	EPA	B15/4	14:07
73	73	3518	Stefan	BOSHOFF	EPA	B15/4	14:08
74	74	3444	Oratilwe	KGANYAGO	AGN	B15/4	14:09
75	75	3494	Lulutho	MVENYA	ATRA	B15/4	14:10
76	76	3506	Samuel	NORRIS	BORA	B15/4	14:11
77	77	3545	Angalakha	PALISO	WPA	B15/4	14:12
78	78	3427	Fezile	MLOTSHWA	AFS	B15/4	14:15
79	79	3454	Liam	MYBURGH	AGN	B15/4	14:17
80	80	3487	Khanyiso	PIETERSEN	ASWD	B15/4	14:20
81	81	3517	Sinawo	APRIL	EPA	B15/4	14:21
82	82	3432	Teboho	MOLOTSI	AFS	B15/4	14:22
83	83	3453	Khutjo	MVUNDLELA	AGN	B15/4	14:23
84	84	3549	Luzay	TANGO	WPA	B15/4	14:24
85	85	3436	Bathandwa	PLAATJIE	AFS	B15/4	14:24
86	86	3516	Junior	SIBIYA	CGA	B15/4	14:24
87	87	3415	Precious	MADIBO	ACNW	B15/4	14:24
88	88	3538	Daniel Kamoselo	RATAU	LIMA	B15/4	14:31
89	89	3526	Sandisa	MTHEMBU	KZNA	B15/4	14:32
90	90	3544	Likhona	NGQOLANA	WPA	B15/4	14:34



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**Male - Individual Results (Provisional Final)**

91	91	3540	Jonathan	JEJANIE	NWCA	B15/4	14:34
92	92	3460	Mardus	HATTINGH	AMPU	B15/4	14:36
93	93	3469	Nkosingiphile	SIBANDE	AMPU	B15/4	14:37
94	94	3463	Bonolo	MOTSEPE	AMPU	B15/4	14:38
95	95	3475	Ewan	WEIDEMAN	AMPU	B15/4	14:39
96	96	3424	Junior	MAHLATSI	AFS	B15/4	14:42
97	97	3496	Etienne	JANSE VAN VUUREN	AVT	B15/4	14:43
98	98	3539	JJ	VAN WYNGAARD	LIMA	B15/4	14:47
99	99	3480	Nande	MGWEBA	ANWN	B15/4	14:47
100	100	3474	Daylen	VAN VUREN	AMPU	B15/4	14:48
101	101	3414	FC	JONCK	ACNW	B15/4	14:49
102	102	3548	Libone	SISWANA	WPA	B15/4	14:53
103	103	3459	Julius	HATTINGH	AMPU	B15/4	14:54
104	104	3473	Zandre	VAN DEN BERG	AMPU	B15/4	14:57
105	105	4144	Siyabonga	GUMEDE	KZNA	B15/4	14:58
106	106	3520	Agcobile	JEZILE	EPA	B15/4	15:00
107	107	3412	Francois	CRONJE	ACNW	B15/4	15:01
108	108	3416	Steven (Ofentse)	MATSOGO	ACNW	B15/4	15:04
109	109	3483	Aobakwe	NDEBE	ANWN	B15/4	15:05
110	110	3482	Bokamoso	MOSITO	ANWN	B15/4	15:12
111	111	3462	Kgotso	MOLOI	AMPU	B15/4	15:14
112	112	3530	Mabutho	BIYELA	KZNA	B15/4	15:14
113	113	3505	Sipho	MANGANZI	BORA	B15/4	15:14
114	114	3543	Geoffrey	COLLINS	WPA	B15/4	15:14
115	115	3479	Otsile	MATINKE	ANWN	B15/4	15:15
116	116	3498	Vusi	LESOTHO	AVT	B15/4	15:18
117	117	3465	LJ	POTGIETER	AMPU	B15/4	15:20
118	118	3507	Stephen	TINHOF	BORA	B15/4	15:27
119	119	3419	Tiaan (Antonie)	SLABBERT	ACNW	B15/4	15:28
120	120	3468	Sinethemba	SHONGWE	AMPU	B15/4	15:30
121	121	3418	Keletso	SELEKE	ACNW	B15/4	15:31
122	122	3439	Thabo	SEJENTU	AFS	B15/4	15:32
123	123	3471	Jean-Lee	SWANEPOEL	AMPU	B15/4	15:33
124	124	3537	Tukiso	NDOU	LIMA	B15/4	15:35
125	125	3541	Jiniek	PRETORIUS	NWCA	B15/4	15:36
126	126	3413	Jhanco	JANSE VAN RENSBURG	ACNW	B15/4	15:43
127	127	3458	Flip	HATTINGH	AMPU	B15/4	15:44
128	128	3484	Ntlha	NOTSANE	ANWN	B15/4	16:24
129	129	3464	Siyanda	NDUBANE	AMPU	B15/4	16:24
130	130	3476	Emilio	ESTEVEES	ANWN	B15/4	16:25





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**Male - Individual Results (Provisional Final)**

**BOYS 16 - 6km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	8	1819	Scott	WILLIAMSON	ANWN	B16/6	18:34
2	9	1777	Tumane	MOROU	AFS	B16/6	18:37
3	12	1798	Leon	STOLTZ	AGN	B16/6	18:47
4	13	1840	Tshiamo	MPSHE	CGA	B16/6	18:50
5	18	1824	Hlela	DAYI	ATRA	B16/6	18:58
6	19	1799	Zeca	TIBANA	AGN	B16/6	19:01
7	20	1838	Keabetswe	MASEMOLA	CGA	B16/6	19:05
8	22	1779	Sibongile	SAKATI	AFS	B16/6	19:07
9	23	1850	Alwande	SIBIYA	KZNA	B16/6	19:08
10	28	1812	Junior	SHONGWE	AMPU	B16/6	19:17
11	29	1768	Boitumelo	MAKHAOTSE	AFS	B16/6	19:18
12	31	1795	Tshepo	MORAANTWA	AGN	B16/6	19:21
13	34	1829	Katleho	KHUMALO	AVT	B16/6	19:23
14	35	1825	Sigcobile	LUBUZO	ATRA	B16/6	19:25
15	36	1765	Atlehang	ERASMUS	AFS	B16/6	19:27
16	37	1842	Onesmus	NCUBE	CGA	B16/6	19:27
17	39	1846	Endinako	JOLA	EPA	B16/6	19:29
18	42	1863	Kgethego	MATLOU	LIMA	B16/6	19:34
19	45	1757	Innocent	MORCOUS	ACNW	B16/6	19:38
20	49	1835	Nicholas	HORNE	CGA	B16/6	19:41
21	51	1837	Thato Kamogelo	MASANGO	CGA	B16/6	19:43
22	52	1869	Jaco	SWARTZ	NWCA	B16/6	19:44
23	55	1802	Sbusiso	MABASO	AMPU	B16/6	19:47
24	56	1831	Karabo	MOKOENA	AVT	B16/6	19:48
25	57	1790	JM	MARITZ	AGN	B16/6	19:49
26	59	1791	Melvin	MASHISHI	AGN	B16/6	19:50
27	63	1836	Pinara	MALATJI	CGA	B16/6	19:56
28	65	1771	Sandile	MOKONENYANA	AFS	B16/6	19:56
29	69	1807	Thapelo	MOGOJE	AMPU	B16/6	20:02
30	70	1787	Jano	JORDAAN	AGN	B16/6	20:03
31	75	1844	Henrico	ZIETSMAN	CGA	B16/6	20:10
32	77	1828	Lehlohonolo	HLAKANE	AVT	B16/6	20:11
33	78	1783	Francesco	CONTE	AGN	B16/6	20:11
34	79	1834	Ulrich	VAN ZYL	AVT	B16/6	20:12
35	80	1859	Leshoto	MAMPURU	LIMA	B16/6	20:12
36	82	1827	Mava	MQONDENI	ATRA	B16/6	20:14
37	83	1848	Amahle	NGEMA	KZNA	B16/6	20:17
38	84	1821	Wilmark	DANIELS	ASWD	B16/6	20:17
39	85	1793	Abulele	MKIWANE	AGN	B16/6	20:18
40	86	1769	Lebohang	MLANGENI	AFS	B16/6	20:19
41	88	1843	Thabo Jnr Moses	SOMANE	CGA	B16/6	20:22
42	89	1862	Kganya Gauta	MATLALA	LIMA	B16/6	20:22
43	93	1804	Mondli	MATSHIANA	AMPU	B16/6	20:24
44	94	1820	Dian	BARKHUIZEN	ASWD	B16/6	20:25



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**Male - Individual Results (Provisional Final)**

45	98	1786	Alexander	JORDAAN	AGN	B16/6	20:27
46	100	1847	Malibongwe	MDUNGE	KZNA	B16/6	20:33
47	103	1874	Jaiden	OPPERMAN	WPA	B16/6	20:37
48	104	1792	Bayanda	MBELEKI	AGN	B16/6	20:37
49	109	1801	Henru	HERBST	AMPU	B16/6	20:43
50	110	1794	Olebogeng	MOGAPI	AGN	B16/6	20:44
51	114	1830	Tshepang	MALEBO	AVT	B16/6	20:46
52	116	1823	Luciano	SQUIRE	ASWD	B16/6	20:50
53	117	1822	Surgio	JACOBS	ASWD	B16/6	20:50
54	119	1784	Juan-Pear	DELPORT	AGN	B16/6	20:53
55	120	1756	Orabile	MOGWENANG	ACNW	B16/6	20:54
56	122	1788	Jaco	LE ROUX	AGN	B16/6	20:54
57	125	1797	Tshegofatso	SEAKAMELA	AGN	B16/6	20:55
58	126	1782	Mbuso	BUTHELEZI	AGN	B16/6	20:56
59	127	1868	Kabelo	SEBAPU	LIMA	B16/6	20:59
60	129	1853	Keagan	BAHLMAN	KZNA	B16/6	21:02
61	130	1845	Simthandile	GOLIATH	EPA	B16/6	21:03
62	133	1770	Keketso	MOKOENA	AFS	B16/6	21:04
63	135	1867	Kopano	SATHEKGE	LIMA	B16/6	21:05
64	136	1789	Lindelani	MAHLANGU	AGN	B16/6	21:05
65	138	1780	Katleho	SHAI	AFS	B16/6	21:06
66	140	1870	Devante	DANIELS	WPA	B16/6	21:11
67	141	1767	Karabelo	KHOTLE	AFS	B16/6	21:12
68	142	1873	Asakhe	MBATSA	WPA	B16/6	21:13
69	143	1833	Eduan	RADEMAN	AVT	B16/6	21:14
70	145	1772	Tshepo	MOLEKO	AFS	B16/6	21:16
71	150	1813	Ntando	SIBEKO	AMPU	B16/6	21:22
72	152	1856	Thalente	NGCOBO	KZNA	B16/6	21:26
73	155	1872	Jan - Paul	HERSELMAN	WPA	B16/6	21:29
74	156	1778	Sthembiso	NHLAPO	AFS	B16/6	21:30
75	159	1758	Neo	NTHIBANE	ACNW	B16/6	21:34
76	160	1776	Tshepang	MORAKE	AFS	B16/6	21:34
77	161	1755	Siyabonga	KOK	ACNW	B16/6	21:35
78	162	1852	Kwenzokuhle	ZAKWE	KZNA	B16/6	21:36
79	163	1781	Katleho	TLALI	AFS	B16/6	21:40
80	165	1761	Dylan	UYS	ACNW	B16/6	21:43
81	166	1766	Gomolemo	JOSEPH	AFS	B16/6	21:44
82	167	1762	Juwan	VAN STADEN	ACNW	B16/6	21:44
83	171	1764	Paul	DE KLERK	AFS	B16/6	21:52
84	172	1839	Lesiba Moses	MOJELA	CGA	B16/6	21:53
85	179	1752	Olerato	BAMPHITILE	ACNW	B16/6	22:05
86	181	1871	Siyamthanda	DYWILI	WPA	B16/6	22:06
87	182	1760	Lefa	SERURUBELE	ACNW	B16/6	22:07
88	183	1818	Lucien	PETKOU	ANWN	B16/6	22:08
89	185	1861	Lesedi	MANOKA	LIMA	B16/6	22:09
90	186	1817	Rorisang	MOTSOMI	ANWN	B16/6	22:10



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## Male - Individual Results (Provisional Final)

91	187	1805	Nduduzo Given	MGANDA	AMPU	B16/6	22:10
92	188	1815	Sibongakonke	VILAKATI	AMPU	B16/6	22:13
93	190	1811	Nathan	ROODT	AMPU	B16/6	22:15
94	192	1810	Thomas	PRINSLOO	AMPU	B16/6	22:15
95	193	1814	Lungisani	SITHOLE	AMPU	B16/6	22:16
96	194	1803	Sbusiso	MANGANYE	AMPU	B16/6	22:16
97	195	1800	Wilreco	BEESLAAR	AMPU	B16/6	22:17
98	197	1774	Thato	MOLOI	AFS	B16/6	22:24
99	198	1865	Bokomoso	MOLOKOMME	LIMA	B16/6	22:25
100	200	1860	Tswiki	MANAMELA	LIMA	B16/6	22:28
101	201	1754	Reuben	DU PLESSIS	ACNW	B16/6	22:45
102	204	1832	Themba	NKOSI	AVT	B16/6	22:51
103	207	1858	Katlego	MAKABA	LIMA	B16/6	23:03
104	209	1763	Hein	VAN WYK	ACNW	B16/6	23:15
105	211	1759	Migael	SCHOEMAN-VISSER	ACNW	B16/6	23:27
106	212	1849	Thubalethu	PHAKU	KZNA	B16/6	23:35
107	216	1808	Joshua	NEYTZELL DE WILDE	AMPU	B16/6	24:03
108	217	1857	Daniel	LANDSBERG	LIMA	B16/6	24:38
109	218	1753	Julian	DEMETRIOU	ACNW	B16/6	25:01



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**Male - Individual Results (Provisional Final)**

**BOYS 17 - 6km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	1908	Regardt	HATTINGH	AGN	B17/6	18:00
2	2	1965	Benkosi	MAQWARA	CGA	B17/6	18:10
3	3	1902	Marcel	BRITS	AGN	B17/6	18:10
4	4	1948	Wandisile	NOBANGELA	ATRA	B17/6	18:16
5	5	1982	Robben	BALOYI	LIMA	B17/6	18:26
6	6	1904	Rico	COETZER	AGN	B17/6	18:27
7	7	1918	Tshepang	TSHIVHULA	AGN	B17/6	18:31
8	10	1899	Pakiso	RALETHOALANA	AFS	B17/6	18:40
9	11	1911	Ewan	LOURENS	AGN	B17/6	18:42
10	14	1956	Anele	MATSOGO	AVT	B17/6	18:54
11	15	1885	Gerhard	BOSSERT	AFS	B17/6	18:55
12	16	1897	Itumeleng	NQEXE	AFS	B17/6	18:55
13	17	1895	Thabang	MOTETE	AFS	B17/6	18:56
14	21	1993	Ruwandre	BROWN	WPA	B17/6	19:06
15	24	1974	Thandolwethu	MATSALO	EPA	B17/6	19:09
16	25	1937	Koketso	MOKOTO	ANWN	B17/6	19:14
17	26	1954	Bongani	MADUNA	AVT	B17/6	19:15
18	27	1968	Jacky Junior	MORUDI	CGA	B17/6	19:17
19	30	1879	Ikanyeng Gift	MLOMPI	ACNW	B17/6	19:18
20	32	1893	Katleho	MOLATO	AFS	B17/6	19:21
21	33	1952	Adriaan	BEKKER	AVT	B17/6	19:22
22	38	1922	Pule	MABASO	AMPU	B17/6	19:28
23	40	1914	Wian	NOLTE	AGN	B17/6	19:30
24	41	1949	Katleho	TAOANA	ATRA	B17/6	19:34
25	43	1950	Thabiso	VERVULU	ATRA	B17/6	19:35
26	44	1912	Siyabonga	MBELEKI	AGN	B17/6	19:35
27	46	1916	Francois	SCHEEPERS	AGN	B17/6	19:39
28	47	1906	Déan	FOURIE	AGN	B17/6	19:40
29	48	1882	Bertus	VAN DER LINDE	ACNW	B17/6	19:40
30	50	1964	Sediba	MACHIPI	CGA	B17/6	19:42
31	53	1988	Karabo	NGOBENI	LIMA	B17/6	19:44
32	54	1940	Andre	PIENAAR	ANWN	B17/6	19:46
33	58	1980	Ntando	XIMBA	KZNA	B17/6	19:50
34	60	1894	Tshepiso	MOSIA	AFS	B17/6	19:54
35	61	1966	Ntando	MOKOKA	CGA	B17/6	19:54
36	62	1970	Mokgethi	NHLAPO	CGA	B17/6	19:55
37	64	1947	Jaco	VAN WYK	ASWD	B17/6	19:56
38	66	1963	Atomic	KOMANA	CGA	B17/6	19:59
39	67	1972	Moselane	TABUDI	CGA	B17/6	20:00
40	68	1967	Kgothatso	MONNATLALA	CGA	B17/6	20:00
41	71	1951	Dian	BECKER	AVT	B17/6	20:06
42	72	1898	Morena	NTOMANE	AFS	B17/6	20:09
43	73	1915	Dante	RAATH	AGN	B17/6	20:09
44	74	1989	Kutullo	SEKOKOTLA	LIMA	B17/6	20:10



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**Male - Individual Results (Provisional Final)**

45	76	1984	Mohammed	MAJAPELO	LIMA	B17/6	20:10
46	81	1990	Ompile Amogelang	TSHIKANE	LIMA	B17/6	20:13
47	87	1969	Neo	MOTHAE	CGA	B17/6	20:19
48	90	1971	Dylan	OPPERMAN	CGA	B17/6	20:23
49	91	1880	Lebogang	MOCHOAIOA	ACNW	B17/6	20:23
50	92	1978	Luyanda	MKHIZE	KZNA	B17/6	20:24
51	95	1944	Alexander	VISSER	ANWN	B17/6	20:25
52	96	1919	Iddo	VAN DAALEN	AGN	B17/6	20:25
53	97	1913	Gundu	NEHULENI	AGN	B17/6	20:26
54	99	1917	Lesego	THAMAGA	AGN	B17/6	20:29
55	101	1903	Neo	CHECHA	AGN	B17/6	20:34
56	102	1953	Wynand	DE GOEDE	AVT	B17/6	20:34
57	105	1960	Avela	RUBUSHE	BORA	B17/6	20:37
58	106	1909	Njabulo	HLATSHWAYO	AGN	B17/6	20:38
59	107	1986	Thatego	MPHOSHI	LIMA	B17/6	20:39
60	108	1935	Dylan	HOWARD	ANWN	B17/6	20:40
61	111	1889	Reamohetse	LEPHOTO	AFS	B17/6	20:44
62	112	1957	Reamohetse	MOTSEMME	AVT	B17/6	20:45
63	113	1976	Thembinkosi	DLAMINI	KZNA	B17/6	20:45
64	115	1938	Mokgethwa	MOSEKI	ANWN	B17/6	20:48
65	118	1890	Itumeleng	LESENYEHO	AFS	B17/6	20:52
66	121	1901	Karabo	TSHABALALA	AFS	B17/6	20:54
67	123	1887	Kabelo	GUMEDE	AFS	B17/6	20:55
68	124	1939	Dian	NIENABER	ANWN	B17/6	20:55
69	128	1907	Christiaan	FRANKEN	AGN	B17/6	21:00
70	131	1875	Kutlwano	DITHEJANE	ACNW	B17/6	21:03
71	132	1987	Emmanuel	MULUNGWANE	LIMA	B17/6	21:04
72	134	1910	Dian	KOEN	AGN	B17/6	21:04
73	137	1886	Ramotebang	BOTSANE	AFS	B17/6	21:06
74	139	1936	Irish	MOKONYANE	ANWN	B17/6	21:06
75	144	1985	Lethabo	MATHIPA	LIMA	B17/6	21:15
76	146	1896	Paulus Mmathli	MPHATSENG	AFS	B17/6	21:16
77	147	1962	Thoriso	KGOMO	CGA	B17/6	21:20
78	148	1928	Lesedi	MORUDI	AMPU	B17/6	21:20
79	149	1877	Keketso	LETSABO	ACNW	B17/6	21:21
80	151	1997	Elzane	WILSON	WPA	B17/6	21:23
81	153	1975	Owami	DLAMINI	KZNA	B17/6	21:26
82	154	1930	Arno	POTGIETER	AMPU	B17/6	21:28
83	157	1942	Lean	SCHOLTZ	ANWN	B17/6	21:34
84	158	1977	Lusanda	MABASO	KZNA	B17/6	21:34
85	164	1905	Hayden	FICK	AGN	B17/6	21:42
86	168	1927	Kutloano	MOHUBA	AMPU	B17/6	21:46
87	169	1983	Tshepo	LEBOTSA	LIMA	B17/6	21:47
88	170	1876	Atlegang	KEGAKILWE	ACNW	B17/6	21:48
89	173	1881	Tihard	STRYDOM	ACNW	B17/6	21:53
90	174	1996	Gert JP	VAN DER WALT	WPA	B17/6	21:55



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## Male - Individual Results (Provisional Final)

91	175	1929	Sphesihle	MSIMANGO	AMPU	B17/6	21:57
92	176	1924	Siyabonga	MDLALOSE	AMPU	B17/6	21:58
93	177	1925	Dirk	MEYER	AMPU	B17/6	21:58
94	178	1900	Masobenyane	SITHOLE	AFS	B17/6	22:03
95	180	1920	Jay-Dee	COMBRINCK	AMPU	B17/6	22:06
96	184	1973	Lukhanyo	MAFANI	EPA	B17/6	22:08
97	189	1995	Fernando	HENKEMAN	WPA	B17/6	22:14
98	191	1878	Remotlotlo	MAAMOGAWA	ACNW	B17/6	22:15
99	196	1932	Tshepo	SIBANDE	AMPU	B17/6	22:20
100	199	1992	Sive	BHEBHA	WPA	B17/6	22:26
101	202	1883	Ruan	VAN NIEKERK	ACNW	B17/6	22:45
102	203	1931	Samuel	SGUDLA	AMPU	B17/6	22:51
103	205	1994	Jay - Dee	FRANKE	WPA	B17/6	22:53
104	206	1921	Pieter	JACOBS	AMPU	B17/6	22:54
105	208	1946	Thatsyone	THLOMELO	ASWD	B17/6	23:04
106	210	1926	Junior	MKHWANAZI	AMPU	B17/6	23:21
107	213	1958	Gcinikhaya	GEORGE	BORA	B17/6	23:37
108	214	1959	Lubabalo	JAXA	BORA	B17/6	23:57
109	215	1961	Luke	TINHOF	BORA	B17/6	24:00
110	219	1933	Sihle	SKOSANA	AMPU	B17/6	26:01
111	220	1934	Nick	SNELL	AMPU	B17/6	
112	221	1923	Blessing	MASINGA	AMPU	B17/6	



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**Male - Individual Results (Provisional Final)**

**Youth Men - 2km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	13	4075	Gerhard	BOSSERT	AFS	YM/2	06:04
2	15	4090	Pule	MABASO	AMPU	YM/2	06:06
3	23	4086	Olebogeng	MOGAPI	AGN	YM/2	06:12
4	26	4084	Marcel	BRITS	AGN	YM/2	06:15
5	27	4085	Ewan	LOURENS	AGN	YM/2	06:15
6	29	4087	Wian	NOLTE	AGN	YM/2	06:16
7	35	4074	Bertus	VAN DER LINDE	ACNW	YM/2	06:20
8	36	4080	Lerato	MOLOI	AFS	YM/2	06:20
9	37	4082	Pakiso	RALETHOALANA	AFS	YM/2	06:20
10	47	4097	Ruandr�	VIVIERS	AVT	YM/2	06:26
11	49	4091	Junior	SHONGWE	AMPU	YM/2	06:27
12	50	4102	Aqhama	NORUSHE	CGA	YM/2	06:27
13	54	4098	Goodman	CINGO	CGA	YM/2	06:29
14	57	4101	Mpangazitha	MKHWANAZI	CGA	YM/2	06:30
15	59	4099	Tumelo	MABOTE	CGA	YM/2	06:32
16	62	1856	Thalente	NGCOBO	KZNA	YM/2	06:33
17	65	4107	Amahle	NGEMA	KZNA	YM/2	06:36
18	74	4100	Nhlakanipho	MAHATA	CGA	YM/2	06:43
19	78	4133	Thandolwethu	MATSALO	EPA	YM/2	06:47
20	80	4104	Liam Benade	VAN NIEKERK	CGA	YM/2	06:48
21	81	4103	Werno	PRETORIUS	CGA	YM/2	06:48
22	83	4096	Tiaan	VAN WYK	AVT	YM/2	06:50
23	87	4079	Seuntjie	MATLABE	AFS	YM/2	06:56
24	88	4112	Sphakamiso	MASONDO	KZNA	YM/2	06:56
25	89	4105	Sfiso	NDLOVU	KZNA	YM/2	06:57
26	92	4095	Le-Ray	KOEN	AVT	YM/2	07:03
27	96	4092	Tshepo	SIBANDE	AMPU	YM/2	07:22
28	97	4109	Sabelo	NJUNGUZA	KZNA	YM/2	07:22
29	99	4088	Colbi	PIENAAR	AGN	YM/2	07:37
30	104	4083	Mojalefa	TELEKO	AFS	YM/2	06:22
31	105	4076	Dregan	BRINK	AFS	YM/2	06:56



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**Male - Individual Results (Provisional Final)**

**Junior Men - 2km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	6	3986	Amogelang	TATAI	ACNW	JM/2	05:50
2	8	4022	Sphamandla	SHEZI	KZNA	JM/2	05:54
3	9	4021	Sphiwe	MTOLO	KZNA	JM/2	05:55
4	14	3997	Jaden	DE WET	AGN	JM/2	06:05
5	21	4011	Geordan	HARRIS	CGA	JM/2	06:11
6	24	4014	Tebogo	MATSIMELA	CGA	JM/2	06:13
7	25	3999	Samkelo	MBESA	AGN	JM/2	06:13
8	30	4017	Jaun-Pierre	VAN DER BERG	CGA	JM/2	06:18
9	32	4003	Reagoleboga	MONGAKE	ANWN	JM/2	06:18
10	33	4002	Tebogo	MOLEFE	AMPU	JM/2	06:19
11	34	4018	Nhlakanipho	KHONJELWAYO	KZNA	JM/2	06:19
12	40	4001	Lesego	THAPANE	AGN	JM/2	06:22
13	44	3987	Keamohetswe	KHOLOANYANE	AFS	JM/2	06:25
14	46	4023	Siyanda	ZWANE	KZNA	JM/2	06:26
15	51	4015	Boikanyo	MOGOKONJANE	CGA	JM/2	06:27
16	56	4010	Keagan	BOTHA	CGA	JM/2	06:30
17	60	4013	Kevin	MARAI	CGA	JM/2	06:32
18	64	3989	Piet	MAKHATA	AFS	JM/2	06:35
19	66	4005	Tshepang	MFENE	AVT	JM/2	06:37
20	70	4004	Lesedi	MAPHALE	AVT	JM/2	06:41
21	72	4016	Mlindeli	NYIKIMA	CGA	JM/2	06:42
22	73	4020	Nhlakanipho	MNTAMBO	KZNA	JM/2	06:42
23	76	3996	Luandre	BRONKHORST	AGN	JM/2	06:43
24	77	3990	Ntando	MOSHODI	AFS	JM/2	06:44
25	79	4012	Siboniseni	KHANYO	CGA	JM/2	06:47
26	84	4008	Sethu	RADEBE	AVT	JM/2	06:51
27	86	3995	Ruan	SMITH	AFS	JM/2	06:55
28	90	4151	Thandolwenkosi	NDLOVU	KZNA	JM/2	06:57
29	91	3993	Karabelo	ROTOBANE	AFS	JM/2	06:58
30	93	3992	Omphile	RADIKGOMO	AFS	JM/2	07:04
31	100	4007	Lehilohonolo	MOSEBI	AVT	JM/2	06:13
32	101	3994	Rorisang	SANYANE	AFS	JM/2	06:19
33	102	4009	Arno	TALJAARD	AVT	JM/2	06:21
34	103	4006	Tsiamu	MOHLAKANE	AVT	JM/2	06:22





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**Male - Individual Results (Provisional Final)**

**Junior Men - 8km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	1381	Zenzile Tumelo	PHEKO	CGA	JM/8	23:13
2	2	1327	Realeboga	SMITH	AGN	JM/8	23:40
3	3	1388	Leslie	MOKOENA	KZNA	JM/8	23:45
4	4	1294	Amogelang	TATAI	ACNW	JM/8	23:57
5	5	1390	Sphamandla	SHEZI	KZNA	JM/8	24:02
6	6	1366	Lebohang	MOHAPI	AVT	JM/8	24:18
7	7	1318	Sbusiso	MOSOMBUKA	AGN	JM/8	24:22
8	8	1373	Tlholo	DISEKO	CGA	JM/8	24:26
9	9	1317	Boikelo	MAKHUNDU	AGN	JM/8	24:26
10	10	1355	Radeam	FRIESLAAR	ASWD	JM/8	24:37
11	11	1363	Okuhle	NYHUDE	ATRA	JM/8	24:37
12	12	1375	Kevin	HICKLEY	CGA	JM/8	24:41
13	13	1326	Johannes	SHIRINDI	AGN	JM/8	24:44
14	14	1308	Tseko	THOABALA	AFS	JM/8	24:45
15	15	1300	Piet	MAKHATA	AFS	JM/8	24:52
16	16	1378	Joy Ofentse	MODISELLE	CGA	JM/8	24:54
17	17	1377	Sphiwe	MAKHOPA	CGA	JM/8	24:57
18	18	1319	Innocent	NGOBENI	AGN	JM/8	24:58
19	19	1379	Kutlwano	MOLOTSI	CGA	JM/8	24:58
20	20	1362	Leyame	NOBATHANA	ATRA	JM/8	25:03
21	21	1372	Teboho	DHLAMINI	CGA	JM/8	25:08
22	22	1361	Lithemba	MPEKANA	ATRA	JM/8	25:08
23	23	4124	Tebogo	MOLEFE	AMPU	JM/8	25:11
24	24	1356	Keano	QWILI	ASWD	JM/8	25:12
25	25	1296	Neo	HALAHALA	AFS	JM/8	25:14
26	26	1337	Thembinkosi	MAVUSO	AMPU	JM/8	25:17
27	27	1328	Xavier	VAN DER LEEK	AGN	JM/8	25:18
28	28	1325	Tsepo	SEDISE	AGN	JM/8	25:23
29	29	1324	Johann	ROELOFSE	AGN	JM/8	25:24
30	30	1338	Marcus	MOGOLA	AMPU	JM/8	25:31
31	31	1407	Charlton	TITUS	WPA	JM/8	25:34
32	32	1345	Reetsang	DIPHEKO	ANWN	JM/8	25:35
33	33	1380	Oarabile	MORETSINYANE	CGA	JM/8	25:37
34	34	1287	Mathomo	DITHEBE	ACNW	JM/8	25:38
35	35	1400	Jack	MELLO	LIMA	JM/8	25:39
36	36	1359	Sibusiso	MDUNYELWA	ATRA	JM/8	25:44
37	37	1349	Lucas Johannes	MARAIS	ANWN	JM/8	25:46
38	38	1401	Jack	MENU	LIMA	JM/8	25:49
39	39	1301	Kamohelo	MASEKO	AFS	JM/8	25:51
40	40	1310	Juan	BREYTENBACH	AGN	JM/8	25:53
41	41	1403	Lethabo	SIMANGO	LIMA	JM/8	25:58
42	42	1323	Reatlegile	RAMAPHAKELA	AGN	JM/8	25:59
43	43	1374	Thabang	HAJANE	CGA	JM/8	26:00
44	44	1311	Simba	CHAMUNORWA	AGN	JM/8	26:00



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**Male - Individual Results (Provisional Final)**

45	45	1336	Zakhele	MATHEBULA	AMPU	JM/8	26:03
46	46	1330	Katlego	BAMBO	AMPU	JM/8	26:04
47	47	1289	Luca	KARSTEN	ACNW	JM/8	26:04
48	48	1307	Siyabonga	RADEBE	AFS	JM/8	26:05
49	49	4128	Sibonelo	SIMAYILE	ATRA	JM/8	26:06
50	50	1386	Sphesihle	MADZIBA	KZNA	JM/8	26:09
51	51	1404	Marcelino	BOOYSEN	WPA	JM/8	26:12
52	52	1405	Luthabo	MPONGWANA	WPA	JM/8	26:21
53	53	1340	Sandile	NDLANGAMANDLA	AMPU	JM/8	26:24
54	54	1399	Kamogelo	MAUBANE	LIMA	JM/8	26:26
55	55	1341	Banele	NTULI	AMPU	JM/8	26:27
56	56	1312	Divan	DE VRIES	AGN	JM/8	26:30
57	57	1406	Markie	MUNZIMBA	WPA	JM/8	26:31
58	58	4116	Aobakwe	MOABI	ACNW	JM/8	26:36
59	59	1344	Tshenolo	DICKENS	ANWN	JM/8	26:37
60	60	1393	Wisani	BALOYI	LIMA	JM/8	26:40
61	61	1315	Hiro	KEET	AGN	JM/8	26:43
62	62	1321	Jean-Pierre	PRETORIUS	AGN	JM/8	26:43
63	63	1298	Keamohetswe	KHOLOANYANE	AFS	JM/8	26:45
64	64	1306	Lehlohonolo	QAI	AFS	JM/8	26:45
65	65	1297	Khulani	KHATE	AFS	JM/8	26:53
66	66	1382	Avuma	PHEZA	CGA	JM/8	26:54
67	67	1392	Siyanda	ZWANE	KZNA	JM/8	26:56
68	68	1402	Kegomoditswe	SEKGABEDE	LIMA	JM/8	26:58
69	69	1397	Mahlatse	MASHAPHU	LIMA	JM/8	26:59
70	70	1398	Kemelo	MATHABATHA	LIMA	JM/8	27:03
71	71	1331	Zander	JOUBERT	AMPU	JM/8	27:06
72	72	1304	Teboho	MOTSOANE	AFS	JM/8	27:08
73	73	1389	Onwaba	NGUSE	KZNA	JM/8	27:10
74	74	1286	Francois	DE VILLIERS	ACNW	JM/8	27:13
75	75	1305	Karabelo	MTHOMBENI	AFS	JM/8	27:14
76	76	1334	Sifiso	MANANA	AMPU	JM/8	27:17
77	77	1369	Lebohang	VALTEIN	AVT	JM/8	27:24
78	78	1299	Thato	LEIEE	AFS	JM/8	27:26
79	79	1367	Junior	MOTSITSI	AVT	JM/8	27:27
80	80	1314	Jonathan	GAULD	AGN	JM/8	27:29
81	81	1383	Lungisani	SHABANGU	CGA	JM/8	27:30
82	82	1293	Shawn	TAREQ	ACNW	JM/8	27:34
83	83	1290	Oratile	LECHOLO	ACNW	JM/8	27:39
84	84	1288	Duncan	FRITZ	ACNW	JM/8	27:40
85	85	1322	Macana	QWANE	AGN	JM/8	27:55
86	86	1396	Katlego	MAMABOLO	LIMA	JM/8	27:59
87	87	1394	Katlego	CHEGO	LIMA	JM/8	28:15
88	88	1316	Timati	LUTHO	AGN	JM/8	28:39
89	89	1352	Junior Moleboge	MOKGOSI	ANWN	JM/8	28:39
90	90	1351	Thato	MEDUPE	ANWN	JM/8	28:40



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**Male - Individual Results (Provisional Final)**

91	91	1347	Ontlametse	KEMOABE	ANWN	JM/8	28:40
92	92	1303	Ntando	MOSHODI	AFS	JM/8	28:55
93	93	1395	Lethabo	MALATJI	LIMA	JM/8	29:01
94	94	1364	Onwabile	RAWU	ATRA	JM/8	29:08
95	95	1353	Tumisang Ramsey	MOLOTSANE	ANWN	JM/8	29:31
96	96	1291	Thabiso	LETLHOMO	ACNW	JM/8	29:53
97	97	1333	Saneliso	MAMBA	AMPU	JM/8	30:25
98	98	1295	Tokollo	BLOEM	AFS	JM/8	30:38
99	99	1332	Ndumiso	MAGQABI	AMPU	JM/8	30:47
100	100	1339	Mpho	NAKELI	AMPU	JM/8	31:11
101	101	1342	Ruben	STEENEKAMP	AMPU	JM/8	31:15
102	102	1329	Yusuf	ASVAT	AMPU	JM/8	31:35
103	103	1370	Enrico	VAN HEERDEN	AVT	JM/8	34:26
104	104	1371	Kwame	NDLELA	BORA	JM/8	



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**Male - Individual Results (Provisional Final)**

**Men 23 - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	3	3761	Sibusiso	MSIBI	CGA	M23/4	11:21
2	4	3720	Niël	VAN DER MERWE	AGN	M23/4	11:23
3	6	3704	Abednico	CHObA	AGN	M23/4	11:33
4	8	3750	Nhlanhla	MNOTHOZA	AVT	M23/4	11:39
5	10	3772	Sibongile	XOZA	KZNA	M23/4	11:43
6	13	3685	Keanu	DOMINGO	ACNW	M23/4	11:48
7	18	3708	Migael	LOUBSER	AGN	M23/4	11:57
8	21	3730	Scelo	MNCWANGO	AMPU	M23/4	12:01
9	22	3763	Karabo	NTHOLENG	CGA	M23/4	12:01
10	23	3760	Bongani	MGCINA	CGA	M23/4	12:02
11	24	3684	Mahomed	BATSI	ACNW	M23/4	12:03
12	25	3721	Etienne	VAN WYK	AGN	M23/4	12:06
13	26	3748	Rico	VAN DER HORST	ASWD	M23/4	12:10
14	27	3783	Titus	TEMA	LIMA	M23/4	12:12
15	29	3758	Fernando	MACAVELE	CGA	M23/4	12:18
16	30	3686	Hlabanelo	MAINE	ACNW	M23/4	12:18
17	32	4147	Bokang	MABOTE	CGA	M23/4	12:19
18	34	3695	Molifi	MOHLOMI	AFS	M23/4	12:20
19	36	3709	Jabu	MAHLANGU	AGN	M23/4	12:21
20	37	3722	Siphiwe	MQAYISA	AGW	M23/4	12:21
21	38	3742	Katlego	MOTSETA	ANWN	M23/4	12:22
22	42	3756	Liyema	QABAVANE	BORA	M23/4	12:25
23	45	3712	Edger	MOGOLANE	AGN	M23/4	12:27
24	46	3736	Nkosinathi	SKOSANA	AMPU	M23/4	12:28
25	47	3706	Tshepho	FUTHANA	AGN	M23/4	12:29
26	49	3768	Linda Andile	MTAMBO	KZNA	M23/4	12:31
27	50	3739	Karabo	MALAHLELA	ANWN	M23/4	12:31
28	51	3764	Oyama	NTANTISO	EPA	M23/4	12:32
29	52	3693	Amogelang	LOBELO	AFS	M23/4	12:33
30	53	3796	Xander	JANSE VAN RENSBURG	WPA	M23/4	12:33
31	55	3782	Masilo Ronald	SEKONYANA	LIMA	M23/4	12:37
32	56	3723	Katlego Stephen	SHOMOLEILA	AGW	M23/4	12:39
33	58	3797	Charlton	TITUS	WPA	M23/4	12:40
34	60	3699	Bongani	MZILI	AFS	M23/4	12:41
35	64	3759	Mzwakhe	MASHABA	CGA	M23/4	12:45
36	68	3700	Ubabalwe	NDIMA	AFS	M23/4	12:46
37	69	3771	Lingelihle	TAMELA	KZNA	M23/4	12:46
38	70	3717	Thato	SETSHOHO	AGN	M23/4	12:48
39	71	3705	Ivan	DU PLESSIS	AGN	M23/4	12:49
40	72	3732	Tebogo	MOFETE	AMPU	M23/4	12:50
41	75	3757	Tshepo	GIBA	CGA	M23/4	12:55
42	78	3795	Theo Ayanda	JALI	WPA	M23/4	12:59
43	80	3710	Philiswa	MANKA	AGN	M23/4	13:01
44	83	3711	Tshegofatso	MODISELLE	AGN	M23/4	13:05



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**Male - Individual Results (Provisional Final)**

45	84	3794	Nashville	HOFMEESTER	WPA	M23/4	13:05
46	87	3745	Gopolang	SEFANYETSO	ANWN	M23/4	13:07
47	88	3719	Neo	TONG	AGN	M23/4	13:07
48	91	3737	Manqoba	THUNGO	AMPU	M23/4	13:08
49	93	3687	Letlhogonolo	MAINE	ACNW	M23/4	13:09
50	94	3716	Amos	NTULI	AGN	M23/4	13:10
51	95	3765	Aphelele	SEPTEMBER	EPA	M23/4	13:10
52	96	3762	Oscar	NOTSHWELEKA	CGA	M23/4	13:12
53	97	3777	Moleijene	MAGANYELA	LIMA	M23/4	13:12
54	98	3691	Mpho	KHATE	AFS	M23/4	13:13
55	100	3740	Phuti	MATLABO	ANWN	M23/4	13:14
56	103	3755	Akho	NGESI	BORA	M23/4	13:16
57	105	3741	Tshireletso	MOSIDI	ANWN	M23/4	13:17
58	106	3781	Kamogolo	MUSHI	LIMA	M23/4	13:18
59	110	3793	Ashie	FISHER	WPA	M23/4	13:20
60	111	3784	Forward	THOTSE	LIMA	M23/4	13:21
61	113	3701	Kamva	NUBA	AFS	M23/4	13:23
62	115	3689	Sello	DIKGANG	AFS	M23/4	13:30
63	116	3779	Koketso	MATSIE	LIMA	M23/4	13:30
64	117	3715	Ntsokolo	NKOSIDINA	AGN	M23/4	13:32
65	119	3707	Koketso	LEKAKA	AGN	M23/4	13:38
66	121	4143	Nhlanipho	PHUNGULA	KZNA	M23/4	13:40
67	122	3766	Mxoleleni	TABATA	EPA	M23/4	13:40
68	123	3718	Gerhard	SWANEPOEL	AGN	M23/4	13:42
69	126	3738	Katlego	KEOHITLHETSE	ANWN	M23/4	13:45
70	127	3733	Banele	MPILA	AMPU	M23/4	13:48
71	128	3688	Maleke	CHALALE	AFS	M23/4	13:48
72	129	3727	Brandon	JOUBERT	AMPU	M23/4	13:48
73	130	3787	Shain	KIDO	NWCA	M23/4	13:48
74	131	3724	Hanko	CRONJE	AMPU	M23/4	13:48
75	133	3767	Thulisang	KHAMBULE	KZNA	M23/4	13:53
76	135	3792	Duvan	FARO	WPA	M23/4	14:03
77	136	3702	Mpho	SHUPING	AFS	M23/4	14:04
78	138	3735	Philani	NDLOVU	AMPU	M23/4	14:05
79	139	3743	Michael	NTULI	ANWN	M23/4	14:05
80	140	3780	Samuel	MOKONO	LIMA	M23/4	14:06
81	142	3778	Mosa	MATLALA	LIMA	M23/4	14:09
82	143	3703	Mojalefa	ZESHOETSA	AFS	M23/4	14:19
83	145	3731	Sakhile	MNISI	AMPU	M23/4	14:32
84	146	3754	Luthando	NDLELENI	BORA	M23/4	14:37
85	147	3791	Mac-Neil	SWARTZ	NWCA	M23/4	14:49
86	148	3753	Thabang	MAHLALA	BORA	M23/4	14:52
87	149	3694	Moeketsi	MAHASE	AFS	M23/4	14:53
88	150	3690	Thabani	DUMA	AFS	M23/4	14:56
89	152	3747	Luciano	STUURMAN	ASWD	M23/4	15:09
90	154	3734	Derso	NDHLOVU	AMPU	M23/4	15:19



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**Male - Individual Results (Provisional Final)**

91	161	3728	Siphokuhle	MHLAMBISO	AMPU	M23/4	17:35
92	162	1335	Mpho	MASHEGO	AMPU	M23/4	17:59
93	163	3785	Marcus	VAN DER WALT	LIMA	M23/4	12:20
94	164	3725	Marco	JANSEN VAN RENSBURG	AMPU	M23/4	12:21
95	165	3726	Banele	JİYANA	AMPU	M23/4	12:31
96	172	3789	Winston	NIKKEL	NWCA	M23/4	13:40
97	173	1343	Leon	VAN ZYL	AMPU	M23/4	12:21
98	174	3790	Urshwin	PERSENS	NWCA	M23/4	13:17
99	175	3788	Ebrahim	MAITSIBOA	NWCA	M23/4	13:40
100	177	3786	Kyle	FREEMAN	NWCA	M23/4	13:13
101	178	3775	Tristan	BRETT	LIMA	M23/4	13:14



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**Male - Individual Results (Provisional Final)**

**Senior Men - 2km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	4055	Boikanyo	MOTLHAMME	CGA	SM/2	05:37
2	2	4045	Tshepiso	MAKOBÉ	AVT	SM/2	05:44
3	3	4036	Kwazi	NOGCANTSI	AGN	SM/2	05:46
4	4	4040	Sanele	ZIXUNGE	AGN	SM/2	05:48
5	5	4058	Nicholas	WHITTAKER	CGA	SM/2	05:49
6	7	4056	Sanele Msomi	MSOMI	CGA	SM/2	05:51
7	10	4054	Thabo	MASINA	CGA	SM/2	05:58
8	11	4062	Sizwe	NGOBESE	KZNA	SM/2	06:00
9	12	4053	Katlego	MADIOPE	CGA	SM/2	06:03
10	16	4025	Jansen	BELL	ACNW	SM/2	06:08
11	17	4047	Teboho	MOLOI	AVT	SM/2	06:09
12	18	4028	Jabulane	MADIBO	AFS	SM/2	06:09
13	19	4038	Niël	VAN DER MERWE	AGN	SM/2	06:10
14	20	1501	Mongezi	NGOBE	ATRA	SM/2	06:10
15	22	4060	Smiso	KHOMO	KZNA	SM/2	06:11
16	28	4072	Titus	TEMA	LIMA	SM/2	06:16
17	31	4057	Mokaedi	PHEKO	CGA	SM/2	06:18
18	38	3714	Junior	MUKWEVHO	AGN	SM/2	06:21
19	39	4030	Tlotliso	MOTSOENENG	AFS	SM/2	06:22
20	41	4071	Masilo Ronald	SEKONYANA	LIMA	SM/2	06:23
21	42	4049	Bohale	SEPHULA	AVT	SM/2	06:24
22	43	4141	Thalente	XIMBA	KZNA	SM/2	06:25
23	45	4061	Kwazi	MGOBHOZI	KZNA	SM/2	06:25
24	48	4050	Morena	TSOTETSI	AVT	SM/2	06:26
25	52	4032	Mlondolozì	NJOKO	AFS	SM/2	06:28
26	53	4070	Samuel	MANAMELA	LIMA	SM/2	06:28
27	55	4063	Khethukuthula	VUNDLA	KZNA	SM/2	06:30
28	58	4037	Daniel	SMIT	AGN	SM/2	06:31
29	61	4027	Bongani	HLONGWANE	AFS	SM/2	06:33
30	63	4048	Andile	MSHENGU	AVT	SM/2	06:34
31	67	4064	Asanda	CHILI	KZNA	SM/2	06:39
32	68	4035	Boitshepo	MASHILO	AGN	SM/2	06:40
33	69	4041	Ayabonga	MAVUSO	AMPU	SM/2	06:40
34	71	4052	Reabetswe	LEBELO	CGA	SM/2	06:42
35	75	4073	Forward	THOTSE	LIMA	SM/2	06:43
36	82	1531	Lindokuhle	NGEMA	KZNA	SM/2	06:49
37	85	4042	Sanki	COANGAE	ANWN	SM/2	06:53
38	94	4065	Sfundo	MASONDO	KZNA	SM/2	07:05
39	95	4046	Tshepo	MIYA	AVT	SM/2	07:05
40	98	4033	Kamohelo	SEFOTHA	AFS	SM/2	07:37
41	106	4051	Ivan	VISSER	AVT	SM/2	07:05



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**Male - Individual Results (Provisional Final)**

**Senior Men - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	3835	Modupe	TLADI	AGN	SM/4	11:12
2	2	3822	Abram	KUBJANA	AGN	SM/4	11:18
3	5	1508	Deon-Lee	HENDRICKS	BOLA	SM/4	11:29
4	7	1502	Aphelele	NKONYENI	ATRA	SM/4	11:35
5	9	3863	Andries	SESEDI	CGA	SM/4	11:40
6	11	3859	Ryan	MPHAHLELE	CGA	SM/4	11:45
7	12	3890	Rowhaldo	RATZ	WPA	SM/4	11:46
8	14	3867	Siyabonga	DERISON	KZNA	SM/4	11:50
9	15	3872	Siyabonga	NDLOVU	KZNA	SM/4	11:54
10	16	3830	Tebogo	SEGALAGALA	AGN	SM/4	11:55
11	17	3871	Mdumiseni	MTOLO	KZNA	SM/4	11:56
12	19	3860	Justice	NGOBENI	CGA	SM/4	11:58
13	20	3843	Poloko	MAPHUNYE	ANWN	SM/4	12:00
14	28	3886	Andre	AFRIKA	WPA	SM/4	12:16
15	31	3824	Mogokong Brian	MANGENA	AGN	SM/4	12:19
16	33	3856	Tebogo	BETANA	CGA	SM/4	12:19
17	35	3823	Kamogelo	MAELA	AGN	SM/4	12:20
18	39	3861	Knowledge	NYATHI	CGA	SM/4	12:22
19	40	3858	Lazarus	MAKGOBA	CGA	SM/4	12:24
20	41	3840	Ayabonga	MAVUSO	AMPU	SM/4	12:25
21	43	3853	Lorenzo	PIETERS	BOLA	SM/4	12:25
22	44	3833	Vincent	SHEBA	AGN	SM/4	12:27
23	48	3878	Petrus	MOGOLANA	LIMA	SM/4	12:30
24	54	3868	Sphamandla	GOBA	KZNA	SM/4	12:34
25	57	3805	Bongani	HLONGWANE	AFS	SM/4	12:40
26	59	3849	Zavia	LE ROUX	ASWD	SM/4	12:41
27	61	3815	Moeketsi	RAMOKOPU	AFS	SM/4	12:42
28	62	3837	Khatliso Thapelo	MORWE	AGW	SM/4	12:43
29	63	3873	Amantle	MODINGWANE	KZNA	SM/4	12:44
30	65	3857	Eden	HENDRICKS	CGA	SM/4	12:45
31	66	3827	Stefan	OBERHOLZER	AGN	SM/4	12:46
32	67	3811	Tshediso	MAZINYO	AFS	SM/4	12:46
33	73	3866	Aviwe	TOLWANA	EPA	SM/4	12:52
34	74	3854	Lorenzo	ZIMRI	BOLA	SM/4	12:52
35	76	3810	Thabang	MATHOSA	AFS	SM/4	12:56
36	77	3862	Thabang	SEBOPA	CGA	SM/4	12:57
37	79	3828	Morema	PHUKUBYE	AGN	SM/4	13:01
38	81	3800	Dyllan	VAN ROOYEN	ACNW	SM/4	13:01
39	82	3798	Aobakwe	MOLALE	ACNW	SM/4	13:02
40	85	3887	Oscar	BESTENBIER	WPA	SM/4	13:06
41	86	3814	Hannes	NAUDE	AFS	SM/4	13:06
42	89	3874	Sanuel	TSATSIYANE	KZNA	SM/4	13:07
43	90	1522	Sibahle	MAQWARA	EPA	SM/4	13:08
44	92	3801	Xavier	ADAMS	AFS	SM/4	13:08





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## Male - Individual Results (Provisional Final)

45	99	3845	Ofentse	MOTHOAGAE	ANWN	SM/4	13:13
46	101	3813	Kagiso	MPUNZI	AFS	SM/4	13:14
47	102	3816	Kamohelo	SEFOTHA	AFS	SM/4	13:15
48	104	3803	Richajen	CHARLIE	AFS	SM/4	13:17
49	107	3888	Siyabonga	CENTANE	WPA	SM/4	13:19
50	108	3889	Aubrey	KOTZE	WPA	SM/4	13:19
51	109	3882	Josiah	NYAWENE	LIMA	SM/4	13:20
52	112	4123	Melvyin	SEGOMELO	ACNW	SM/4	13:22
53	114	3821	Heinrich Johan	KAMFFER	AGN	SM/4	13:27
54	118	3806	Shalton	KOK	AFS	SM/4	13:37
55	120	3864	Sibusiso	COLEPI	EPA	SM/4	13:39
56	124	3839	Sphamandla	MASEKO	AMPU	SM/4	13:42
57	125	3825	Vincent	MOKGEREPI	AGN	SM/4	13:43
58	132	3847	AJ	REYNEKE	ANWN	SM/4	13:48
59	134	3880	Mmaphuti Solomon	MORUNI	LIMA	SM/4	14:01
60	137	3883	Koketso	ROMOTEBELE	LIMA	SM/4	14:04
61	141	3841	Piet	MTSWENI	AMPU	SM/4	14:06
62	144	3879	Bafana	MOROBE	LIMA	SM/4	14:24
63	151	3819	Henry	ENSLIN	AGN	SM/4	15:02
64	153	3832	Innocent	SHABALALA	AGN	SM/4	15:15
65	155	3850	Max-Lee	PEDRO	ASWD	SM/4	15:44
66	156	3875	Mpho	KEKANA	LIMA	SM/4	16:05
67	157	3807	Jabulane	MADIBO	AFS	SM/4	16:29
68	158	3865	Xabiso	MAZANTSI	EPA	SM/4	17:06
69	159	3838	Doctor	MADALANE	AMPU	SM/4	17:08
70	160	3876	Brian	LEGODI	LIMA	SM/4	17:30
71	166	3881	Francois	NOTHNAGEL	LIMA	SM/4	12:41
72	167	3829	Dawie	REITZ	AGN	SM/4	13:09
73	168	3836	Michael	VAN NIEKERK	AGN	SM/4	13:10
74	169	3842	Bongani	NKOSI	AMPU	SM/4	13:12
75	170	3820	Hendrik	GROBBELAAR	AGN	SM/4	13:17
76	171	3885	Tshegetso	MOTLOLA	NWCA	SM/4	13:18
77	176	3884	John	SATHEKGE	LIMA	SM/4	12:21
78	179	3877	Samuel	MANAMELA	LIMA	SM/4	13:19



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**Male - Individual Results (Provisional Final)**

**Senior Men - 10km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	1515	Kabelo	MULAUDZI	CGA	SM/10	28:01
2	2	1517	Bennet	SELOYI	CGA	SM/10	28:21
3	3	1514	Chris	MHLANGA	CGA	SM/10	28:37
4	4	1513	Kabelo	MELAMU	CGA	SM/10	28:49
5	5	1496	Mohau	RASOGO	ANWN	SM/10	29:01
6	6	1526	Nkosikhona	MHLAKWANA	KZNA	SM/10	29:03
7	7	1449	Ian	SLINGER	ACNW	SM/10	29:14
8	8	1479	Tebogo	SEGALAGALA	AGN	SM/10	29:21
9	9	1510	Lehlohonolo	LUSITI	CGA	SM/10	29:35
10	10	1521	Dylan	VAN DER MERWE	CGA	SM/10	29:38
11	11	1511	Letsepa	MADUME	CGA	SM/10	29:48
12	12	1492	Tiisang	MOLOPI	ANWN	SM/10	29:52
13	13	1516	Phemelo	NTOE	CGA	SM/10	29:58
14	14	1481	Olebogile	SELOKELA	AGN	SM/10	30:05
15	15	1450	Christopher	SWART	ACNW	SM/10	30:08
16	16	1527	Sicelo	MKHWANAZI	KZNA	SM/10	30:10
17	17	1504	Tshepo	GAVU	AVT	SM/10	30:13
18	18	1520	Simphiwe	THOMBELA	CGA	SM/10	30:17
19	19	1506	Kholsile	NTEBELE	AVT	SM/10	30:24
20	20	1509	Kwanda	LONGOZA	CGA	SM/10	30:25
21	21	1455	Thabang	MASIHLEHO	AFS	SM/10	30:34
22	22	1495	Kgaugelo	RASOGO	ANWN	SM/10	30:37
23	23	1528	Makwande	MNGCWENGI	KZNA	SM/10	30:49
24	24	1536	Martin	NKOE	LIMA	SM/10	30:52
25	25	1512	Thabang	MAKGATHO	CGA	SM/10	30:55
26	26	1500	Luthando	NDONYELA	ATRA	SM/10	30:58
27	27	1457	Tebogo	MOFOLO	AFS	SM/10	30:59
28	28	1471	Koketso	LEKAKA	AGN	SM/10	31:10
29	29	1533	Alex	APHANE	LIMA	SM/10	31:12
30	30	1535	Jankie	MOLELE	LIMA	SM/10	31:13
31	31	1548	Godwin	SWARTZ	WPA	SM/10	31:22
32	32	1494	Alex	MOYO	ANWN	SM/10	31:31
33	33	1503	Thusile	NOBANDA	ATRA	SM/10	31:44
34	34	3749	Ezile	NZIMA	ATRA	SM/10	31:53
35	35	1488	Lebohang	MATIMA	AMPU	SM/10	31:56
36	36	1466	Khagane	SABATA	AFS	SM/10	32:04
37	37	1507	André	VENTER	AVT	SM/10	32:09
38	38	1482	Thato	SETSHOHO	AGN	SM/10	32:15
39	39	1468	Johann	BERANGE	AGN	SM/10	32:19
40	40	1475	Bongani	NKOZI	AGN	SM/10	32:21
41	41	1484	Keaton	STANSFELD	AGN	SM/10	32:28
42	42	1456	Msindisi	MOEKETSI	AFS	SM/10	32:30
43	43	1480	Benjamin	SELEPE	AGN	SM/10	32:35
44	44	1478	Tshepo	SEBOPA	AGN	SM/10	32:41



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**Male - Individual Results (Provisional Final)**

45	45	1537	Tumelo	PHAGO	LIMA	SM/10	32:45
46	46	1547	Sikhanjiso	MAJEKE	WPA	SM/10	32:48
47	47	1462	Tsehlo	MOTLATSI	AFS	SM/10	32:50
48	48	4117	Karabo	MASIRE	ACNW	SM/10	33:01
49	49	1532	Lingelihle	TAMELA	KZNA	SM/10	33:02
50	50	1477	Kgaje	RAPELANG	AGN	SM/10	33:04
51	51	1472	Tumisho	MAUTJANA	AGN	SM/10	33:06
52	52	1544	Awonke	BUNGU	WPA	SM/10	33:15
53	53	1470	Tshepo	LEETO	AGN	SM/10	33:22
54	54	1546	Sibisiso	MAGWAZA	WPA	SM/10	33:26
55	55	1473	Sipho	NDLOVU	AGN	SM/10	33:27
56	56	1505	James	HEWANA	AVT	SM/10	33:29
57	57	1460	David	MOLHISELWA	AFS	SM/10	33:33
58	58	1499	Mario	VAN SCHALKWYK	ASWD	SM/10	33:35
59	59	1463	Olebogeng	MOTSHABI	AFS	SM/10	33:37
60	60	1452	Sello	MACHOLO	AFS	SM/10	33:41
61	61	1461	Refuwe	MOSAE	AFS	SM/10	33:49
62	62	1490	Sanki	COANGAE	ANWN	SM/10	33:51
63	63	1487	Thamsanqa	HUNGUANA	AMPU	SM/10	34:05
64	64	1483	Hloniphani Fanyana	SHEZI	AGN	SM/10	34:20
65	65	1497	Oreeditse	SAP	ANWN	SM/10	34:44
66	66	1451	Mpho	LETSOAKA	AFS	SM/10	35:08
67	67	1476	Sikelela	NOTUNUNU	AGN	SM/10	35:13
68	68	1489	Lawrence	MATSINHE	AMPU	SM/10	35:28
69	69	1538	Rebaone	FOONG	NWCA	SM/10	35:39
70	70	1542	Teboho	MPHASA	SANDF	SM/10	35:44
71	71	1474	Siphosakhe	NGUBANE	AGN	SM/10	35:49
72	72	1545	Naylan	DREYER	WPA	SM/10	36:00
73	73	1534	Confidence	MALATJIE	LIMA	SM/10	36:07
74	74	1498	Jaybes	OCTOBER	ASWD	SM/10	36:15
75	75	1485	Nhlanhla	TENTU	AGN	SM/10	36:34
76	76	1539	Esethu	DLAKAMELA	SANDF	SM/10	36:44
77	77	1540	Nicolin	FARMER	SANDF	SM/10	36:52
78	78	1486	Joshua	VENTER	AGN	SM/10	37:09
79	79	1459	Lebohang	MOKOENA	AFS	SM/10	37:18
80	80	1458	Ramoroesi	MOKHOSI	AFS	SM/10	38:42



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**Male - Individual Results (Provisional Final)**

**Men 35-39 - 8km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	42	Gladwin	MZAZI	CGA	M35/8	23:32
2	2	38	Edwin	KHONKHOBÉ	CGA	M35/8	23:44
3	3	37	Marko	BUCARIZZA	CGA	M35/8	23:46
4	4	43	Raphael	SEGODI	CGA	M35/8	24:01
5	7	31	Samuel	MATSEPE	ANWN	M35/8	24:23
6	9	32	Jeremia	MOSHWETSI	ANWN	M35/8	24:40
7	10	39	Derocious	MAKHOBALO	CGA	M35/8	24:46
8	13	33	Gershwin	JONES	ASWD	M35/8	25:05
9	17	26	Jetro	SITHOLE	AMPU	M35/8	25:18
10	18	47	Ncedisani	PHUNGULA,	KZNA	M35/8	25:19
11	20	28	Lesley	CHIFUMBI	ANWN	M35/8	25:33
12	21	6	Tshepo	NYAPOTSE	AFS	M35/8	25:35
13	22	41	Thabo	MOTAUNG	CGA	M35/8	25:36
14	24	34	Thabiso	MOSEKILI	AVT	M35/8	25:41
15	25	40	Moeletsi	MOLETSANE	CGA	M35/8	25:42
16	29	29	Timothy	DINTWA	ANWN	M35/8	25:49
17	34	8	Selepane	SOKE	AFS	M35/8	26:04
18	36	52	Tumelo	MOKOATSI	WPA	M35/8	26:10
19	42	3	Zwene	MORENG	AFS	M35/8	26:19
20	43	36	Thandikhaya	SIYONGO	BORA	M35/8	26:20
21	45	49	Aubrey	NTHAKO	SANDF	M35/8	26:20
22	46	46	Siphesihle	NENE	KZNA	M35/8	26:24
23	53	51	Lizo	TOMOLO	SANDF	M35/8	26:50
24	61	48	Andries	MALETE	LIMA	M35/8	27:03
25	62	2	Paulus	MARUMO	AFS	M35/8	27:04
26	63	35	Lunga	ZUMA	AVT	M35/8	27:11
27	65	5	Thabang	MPHUTHI	AFS	M35/8	27:29
28	82	45	Mduduzi	MBATHA	KZNA	M35/8	27:44
29	100	7	Tomas	PHOSWA	AFS	M35/8	28:33
30	102	24	Sifiso	NKOSI	AMPU	M35/8	28:38
31	105	1	Hlopho	LEPHOTO	AFS	M35/8	28:45
32	107	44	Sphamandla	MBANJWA	KZNA	M35/8	28:47
33	118	11	David	HOLLIDAY	AGN	M35/8	29:21
34	123	15	Nelius	VAN ROOYEN	AGN	M35/8	29:33
35	128	13	Gert	ROOS	AGN	M35/8	29:38
36	140	25	Gert	OOSTHUIZEN	AMPU	M35/8	30:13
37	145	20	Jonas	MABENA	AMPU	M35/8	30:22
38	162	23	Dikobe	MOGALE	AMPU	M35/8	31:11
39	163	27	Abraham	VAN ZYL	AMPU	M35/8	31:13
40	166	4	Serame	MOSIA	AFS	M35/8	31:24
41	173	10	Christiaan	BARNARD	AGN	M35/8	31:53
42	175	30	Ewald	LOURENS	ANWN	M35/8	32:02
43	178	21	Given	MASUKU	AMPU	M35/8	32:11
44	200	9	Georg	TERREBLANCHE	AFS	M35/8	32:59



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**Male - Individual Results (Provisional Final)**

45	205	14	Mayson	STRYDOM	AGN	M35/8	33:08
46	243	12	Phil	MINNAAR	AGN	M35/8	35:45
47	253	22	Kgashane	MATHIPA	AMPU	M35/8	37:50
48	256	19	Pieter	BRIEL	AMPU	M35/8	38:50
49	257	17	Lourens	BEESLAAR	AMPU	M35/8	38:50
50	258	18	Johan	BEZUIDENHOUT	AMPU	M35/8	39:06



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**Male - Individual Results (Provisional Final)**

**Men 40-44 - 8km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	6	101	Jonas	MAKHELE	CGA	M40/8	24:20
2	11	66	Renier	GROBLER	AGN	M40/8	24:48
3	12	104	Pule	TJAOANA	CGA	M40/8	25:00
4	15	105	Xolisa	NDLUMBINI	EPA	M40/8	25:11
5	16	102	Abram Themba	MIYA	CGA	M40/8	25:15
6	23	103	Vincent	SENG	CGA	M40/8	25:39
7	28	72	Docter	MATLOTE	AGN	M40/8	25:47
8	30	106	Delani	MKHIZE	KZNA	M40/8	25:55
9	31	78	Mothibi Shadrack	SELALEDI	AGW	M40/8	25:56
10	32	109	Michael	ZUMA	KZNA	M40/8	26:01
11	33	96	Nicholas	NDABENI	BORA	M40/8	26:03
12	37	107	Siyabonga	NDLOVU	KZNA	M40/8	26:10
13	38	99	Mogoboya	ELIYA	CGA	M40/8	26:11
14	40	84	Nakedi	ENOCK	ANWN	M40/8	26:14
15	48	100	Sibonelo	GUMEDE	CGA	M40/8	26:35
16	49	89	Karel	BURGER	ASWD	M40/8	26:37
17	52	73	Motsamai	MOTOME	AGN	M40/8	26:46
18	54	62	Thinus	WILKEN	AFS	M40/8	26:50
19	56	59	Johannes	MANTSWE	AFS	M40/8	26:51
20	60	97	Xolisile	SINKITANA	BORA	M40/8	26:59
21	68	91	Sibusiso	NDHLELE	AVT	M40/8	27:15
22	69	114	Siyabonga	SAKWE	WPA	M40/8	27:15
23	71	110	Kholofelo	TSHOMA	LIMA	M40/8	27:21
24	73	93	Simphiwe	MAJIKI	BORA	M40/8	27:30
25	74	79	Emmanuel	MABASO	AMPU	M40/8	27:30
26	75	108	Eric	NGUBANE	KZNA	M40/8	27:31
27	81	57	Gerhard	FOUCHÉ	AFS	M40/8	27:44
28	83	77	Thabo Felix	LEKHWI	AGW	M40/8	27:47
29	85	82	Motlatsi	SESING	AMPU	M40/8	27:48
30	88	88	Francois	VISSER	ANWN	M40/8	28:07
31	90	81	Philani	MKHWANAZI	AMPU	M40/8	28:14
32	99	92	Samuel	LUQONGO	BORA	M40/8	28:32
33	101	74	Ntefe	MOTSHABI	AGN	M40/8	28:33
34	115	95	Xolile	MASHICILA	BORA	M40/8	29:16
35	116	54	Ben	DIPHOKO	ACNW	M40/8	29:18
36	117	85	Riaan	LUDICK	ANWN	M40/8	29:21
37	119	98	Mnonopheli	ZUNGUZANE	BORA	M40/8	29:24
38	124	90	Taswill	MITCHELL	ASWD	M40/8	29:34
39	129	86	Sartiel	PULE	ANWN	M40/8	29:45
40	139	113	Lionel	CRONJE	WPA	M40/8	30:12
41	144	67	Brighton	GURUPIRA	AGN	M40/8	30:21
42	151	71	Johnny	MABENA	AGN	M40/8	30:38
43	155	64	Johan	DE VENTE	AGN	M40/8	31:04
44	156	75	Francois	NEL	AGN	M40/8	31:05



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**Male - Individual Results (Provisional Final)**

45	165	68	Mzwakhe	KOBUE	AGN	M40/8	31:17
46	169	83	Robert	COUSINS	ANWN	M40/8	31:31
47	182	60	Tumelo Gidion	MOTSHABI	AFS	M40/8	32:24
48	184	80	CJ	MEYER	AMPU	M40/8	32:28
49	186	87	Pieter	VAN DER MERWE	ANWN	M40/8	32:29
50	188	58	Gustav	GROBLER	AFS	M40/8	32:30
51	206	53	Jack	DAMON	ACNW	M40/8	33:10
52	210	111	Mojalefa	LEBEA	SANDF	M40/8	33:21
53	212	69	Riaan	KRUGER	AGN	M40/8	33:32
54	234	112	Abel	TLHOLAKAE	SANDF	M40/8	35:04
55	239	65	Charles	GOLDSWAIN	AGN	M40/8	35:39
56	241	55	Monte	GIRD	ACNW	M40/8	35:41
57	242	70	Mbangiseni	KWINDA	AGN	M40/8	35:41
58	250	76	Ivor	VYVER	AGN	M40/8	37:16



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**Male - Individual Results (Provisional Final)**

**Men 45-49 - 8km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	5	172	Simphiwe	ZULU	KZNA	M45/8	24:04
2	8	147	Brand	DU PLESSIS	AMPU	M45/8	24:37
3	14	161	Omo	HLUNGWANE	CGA	M45/8	25:08
4	19	163	James	MGCINA	CGA	M45/8	25:23
5	27	137	Sello	MALEKA	AGN	M45/8	25:45
6	35	165	Joel Nkadimeng	MOLAMO	CGA	M45/8	26:07
7	41	169	Claude	EKSTEEN	KZNA	M45/8	26:15
8	44	158	Sampie	MOKGATLA	AVT	M45/8	26:20
9	47	179	Mthandazo	QHINA	WPA	M45/8	26:29
10	50	125	Ramatelete Piet	MPHETENG	AFS	M45/8	26:40
11	51	166	Mafika	NGIDI	CGA	M45/8	26:43
12	55	170	Sbusiso Johannes	MABILISA	KZNA	M45/8	26:51
13	58	159	Paul	RAMOKOPU	AVT	M45/8	26:55
14	59	164	Modise	MOKAOANE	CGA	M45/8	26:57
15	66	167	Sechaba	QHOAISA	CGA	M45/8	27:12
16	70	162	Lympson	MAIFO	CGA	M45/8	27:19
17	76	126	Malefetsane Rulf	NKHI	AFS	M45/8	27:33
18	79	171	Nkosinathi	NGCONGO	KZNA	M45/8	27:40
19	80	168	Melikhaya	KEPE	EPA	M45/8	27:40
20	95	173	Ludwick Modibe	MAMABOLO	LIMA	M45/8	28:25
21	96	139	Tiaan	ROSSOUW	AGN	M45/8	28:25
22	108	152	Dirk	VAN DEN HEEVER	AMPU	M45/8	28:54
23	110	140	Edward	SETSHEDI	AGN	M45/8	29:01
24	111	157	Thabiso	MOEKETSI	AVT	M45/8	29:04
25	122	150	Hendrik	MAREE	AMPU	M45/8	29:32
26	126	176	Vivian	PETRUS	SANDF	M45/8	29:37
27	135	136	Nceba	MAHLAWE	AGN	M45/8	30:00
28	137	174	Theunis	VAN DER MERWE	LIMA	M45/8	30:06
29	138	151	Raymond	NKOSI	AMPU	M45/8	30:06
30	146	160	Voile	TENTSI	AVT	M45/8	30:24
31	149	144	Willie	WILKINSON	AGN	M45/8	30:26
32	152	155	Leon	SCHOLTZ	ANWN	M45/8	30:43
33	153	124	David	LEOATLE	AFS	M45/8	30:56
34	157	130	Boyson	BOTYA	AGN	M45/8	31:06
35	158	175	Siphiwe	NGUBANE	SANDF	M45/8	31:07
36	160	129	Gerhard	BEUKES	AGN	M45/8	31:10
37	161	142	Jaco	STASSEN	AGN	M45/8	31:11
38	164	117	Rikus	HATTINGH	ACNW	M45/8	31:15
39	171	143	Michael	STRYDOM	AGN	M45/8	31:44
40	177	154	Willem	ODENDAAL	ANWN	M45/8	32:09
41	180	177	Johannes	RAKOYANA	SANDF	M45/8	32:17
42	187	121	Ettiene	BOSSERT	AFS	M45/8	32:30
43	189	123	Linus	FRANKE	AFS	M45/8	32:33
44	192	134	Clinton	HUNTER	AGN	M45/8	32:40





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**Male - Individual Results (Provisional Final)**

45	193	131	Frans	DE KLERK	AGN	M45/8	32:42
46	195	145	Johan	WYBENGA	AGN	M45/8	32:47
47	198	133	Naas	DU PREEZ	AGN	M45/8	32:50
48	202	118	Vumile	PLAATJIE	ACNW	M45/8	33:02
49	203	153	Andries	VAN WYNGAARD	AMPU	M45/8	33:03
50	208	141	Ian	SKOSAN	AGN	M45/8	33:18
51	213	178	Adriaan	SLABBERT	SANDF	M45/8	33:33
52	217	120	Wayne	BEELDERS	AFS	M45/8	33:45
53	221	135	Rykie	KRUGER	AGN	M45/8	33:52
54	222	146	Andrew	DOLLENBERG	AMPU	M45/8	33:54
55	223	138	Marius	POTGIETER	AGN	M45/8	34:09
56	224	127	Willie	VAN JAARVELD	AFS	M45/8	34:12
57	227	128	Franna	BENADÉ	AGN	M45/8	34:23
58	232	116	Christo	FERREIRA	ACNW	M45/8	34:42
59	235	119	Neville	AUTHS	AFS	M45/8	35:15
60	244	122	Wiekes	COETZER	AFS	M45/8	35:56
61	246	149	De Wet	HOLTZHAUSEN	AMPU	M45/8	36:23
62	252	148	Pieter	GROBBELAAR	AMPU	M45/8	37:27



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**Male - Individual Results (Provisional Final)**

**Men 50-54 - 8km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	26	180	Shadrack	HOFF	ACNW	M50/8	25:44
2	39	212	Thabo	MASHIGO	AVT	M50/8	26:12
3	64	206	Spencer	MORAPOE	ANWN	M50/8	27:11
4	72	198	Piet	MOSEBEDI	AGN	M50/8	27:22
5	77	191	Phillip	BESTER	AGN	M50/8	27:37
6	78	222	Sandile	MAKHAYE	KZNA	M50/8	27:38
7	84	220	Nkosikhone	DLAMINI	KZNA	M50/8	27:48
8	87	184	Mputlane	MODIBEDI	AFS	M50/8	28:06
9	92	182	Fillip	DICHABA	AFS	M50/8	28:18
10	93	219	Noel	ADAMS	EPA	M50/8	28:19
11	94	217	Enos	RAMAVHOYA	CGA	M50/8	28:22
12	97	209	Johnny	YOUNG	ANWN	M50/8	28:26
13	98	218	Sifiso	ZIMU	CGA	M50/8	28:27
14	103	194	Gideon	JOUBERT	AGN	M50/8	28:40
15	104	216	Joel	MATHUSANE	CGA	M50/8	28:42
16	106	221	Thembinkosi	GUMEDE	KZNA	M50/8	28:46
17	113	210	Andrew	Mc EWAN	ASWD	M50/8	29:11
18	120	232	Moeketsi	TETE	SANDF	M50/8	29:27
19	121	234	Kevin	SPRATLEY	WPA	M50/8	29:29
20	127	208	Joe	VILJOEN	ANWN	M50/8	29:37
21	133	213	Denzil	COLBET	CGA	M50/8	29:50
22	141	226	Thomas	THEMA	LIMA	M50/8	30:19
23	148	215	Lucky	MABUZA	CGA	M50/8	30:25
24	150	214	Donald	KUBHEKA	CGA	M50/8	30:36
25	159	183	Mussimango	MATHEWS	AFS	M50/8	31:08
26	167	197	Godfrey	MATJILA	AGN	M50/8	31:28
27	168	204	Stefanus	BEUKES	ANWN	M50/8	31:30
28	170	186	Tumahole	MOKHUA	AFS	M50/8	31:32
29	172	181	Johan	VISSER	ACNW	M50/8	31:47
30	174	193	Louis	FAASEN	AGN	M50/8	32:02
31	181	228	Serego	MAKHOOE	SANDF	M50/8	32:20
32	183	202	Patrick	NTIMANE	AMPU	M50/8	32:25
33	185	207	Christo	NAUDE	ANWN	M50/8	32:29
34	190	233	Clievedon	TITUS	SANDF	M50/8	32:33
35	194	187	Phello	MOLLO	AFS	M50/8	32:45
36	199	271	Danville	VAN WYK	SANDF	M50/8	32:53
37	207	190	Jaco	VAN DER BERG	AFS	M50/8	33:11
38	215	185	Norman	MODISE	AFS	M50/8	33:38
39	216	227	Oubuti	LETHLOO	SANDF	M50/8	33:39
40	218	199	Xolani	NOCANDA	AGN	M50/8	33:46
41	220	188	Benjamin	SENOKOANE	AFS	M50/8	33:50
42	225	229	Sifiso	MATIMBA	SANDF	M50/8	34:15
43	230	200	James	VIVIER	AGN	M50/8	34:34
44	231	225	Ezekiel	MOATSHE	LIMA	M50/8	34:41



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**Male - Individual Results (Provisional Final)**

45	233	230	Petrus	MOSALA	SANDF	M50/8	34:59
46	236	205	Jaco	JONKER	ANWN	M50/8	35:20
47	238	201	Nico	LIGTHELM	AMPU	M50/8	35:34
48	240	231	Moses	NTSHEGANG	SANDF	M50/8	35:40
49	247	192	Johan	DE BEER	AGN	M50/8	36:25
50	248	203	Neil	PARKES	AMPU	M50/8	36:59
51	251	224	Samson	MABIYA	LIMA	M50/8	37:23
52	254	195	James	KRUGER	AGN	M50/8	38:35
53	255	211	Hendrick	PRINS	ASWD	M50/8	38:45



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## Male - Individual Results (Provisional Final)

### Men 55-59 - 8km

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	57	262	George	MOOI	CGA	M55/8	26:53
2	67	257	Makaya	MASUMPA	BORA	M55/8	27:14
3	86	265	Martin	DREYER	KZNA	M55/8	27:51
4	89	238	Matloko	SEBOLAI	ACNW	M55/8	28:11
5	91	261	Moeketsi	MOAGI	CGA	M55/8	28:15
6	109	246	Pedri	COETZEE	AGN	M55/8	28:56
7	112	241	Sampi	MORAPEDI	AFS	M55/8	29:08
8	114	268	Nala Cleopus	MASHAMAITE	LIMA	M55/8	29:14
9	125	247	Dawie	DE VILLIERS	AGN	M55/8	29:34
10	130	267	Thierry	PLETINCKX	KZNA	M55/8	29:46
11	131	258	Elias	BOKABA	CGA	M55/8	29:48
12	132	263	Nkosiyethu	NALA	CGA	M55/8	29:49
13	134	255	Tsietsi	MOKOENA	AVT	M55/8	29:59
14	136	266	Michael	NDLOVU	KZNA	M55/8	30:04
15	142	248	Moses	LETLHAKU	AGN	M55/8	30:20
16	143	245	Gerhard	CALITZ	AGN	M55/8	30:20
17	147	272	Thys	MOTAUNG	SANDF	M55/8	30:24
18	154	260	Peter	MASIA	CGA	M55/8	31:02
19	176	273	Percy	KELLY	WPA	M55/8	32:04
20	179	259	Billy	MAJAFI	CGA	M55/8	32:14
21	191	269	William Matome	MATLHASELA	LIMA	M55/8	32:35
22	196	251	Johan	SAAYMAN	AGN	M55/8	32:48
23	197	264	Bhekizizwe	BHENGU	KZNA	M55/8	32:49
24	201	250	James	MCEWAN	AGN	M55/8	33:01
25	204	240	Flippie	KOTZE	AFS	M55/8	33:08
26	209	236	William Sekepe	MOGALE	ACNW	M55/8	33:19
27	211	235	Moses	DIGWARNAJE	ACNW	M55/8	33:26
28	214	270	Koos	APHANE	SANDF	M55/8	33:36
29	219	254	Stefan	BLUNDEN	AVT	M55/8	33:46
30	226	242	Lebenya	NTOBO	AFS	M55/8	34:21
31	228	256	Iain	SMIDT	AVT	M55/8	34:24
32	229	243	Pitso	TSEHLE	AFS	M55/8	34:31
33	237	253	Linda	MAGQABI	AMPU	M55/8	35:26
34	245	252	André	SMITH	AGN	M55/8	36:19
35	249	239	André	BARTLEMAN	AFS	M55/8	37:09



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**Male - Individual Results (Provisional Final)**

**Men 60-64 - 6km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	1	638	Nimrod	MOKOENA	CGA	M60/6	21:25
2	2	635	Solly	VAN ROOYEN	BOLA	M60/6	21:25
3	3	649	Eric	COETZEE	WPA	M60/6	22:29
4	4	647	Wayne	SCOTT	KZNA	M60/6	22:55
5	5	4126	Tobias	PHILANDER	WPA	M60/6	23:07
6	6	628	André	WENTZEL	AGN	M60/6	23:17
7	8	641	Donald	SAMPSON	CGA	M60/6	23:37
8	9	642	Kabelo	TSHABALALA	CGA	M60/6	23:41
9	11	640	Ronny	NDHLOVU	CGA	M60/6	23:45
10	12	613	Adri	VERMAAS	AFS	M60/6	23:46
11	13	634	Roelof	VAN WYK	AVT	M60/6	23:48
12	14	612	Lintikile	PATI	AFS	M60/6	23:53
13	15	633	Thabo	TAU	ANWN	M60/6	24:11
14	16	622	Piet	LÖTTER	AGN	M60/6	24:14
15	17	643	Ian	PATERSON	EPA	M60/6	24:24
16	18	639	Mohajane	MOKONOTO	CGA	M60/6	24:26
17	20	637	Thabo	HLAKO	CGA	M60/6	24:37
18	23	631	Thomas	JACOBS	AMPU	M60/6	24:58
19	24	644	Sipho	MAJOMBOZI	KZNA	M60/6	25:18
20	34	614	Glen	ATTWELL	AGN	M60/6	26:41
21	37	609	Willie	ROELAND	ACNW	M60/6	26:51
22	38	620	Willie	JANSEN VAN RENSBURG	AGN	M60/6	26:52
23	39	648	Lesiba Paulus	MPJATONA	LIMA	M60/6	26:57
24	42	615	Japie	BADENHORST	AGN	M60/6	27:04
25	43	646	Nkosi	NDLOVU	KZNA	M60/6	27:06
26	44	616	Willie	BENEKE	AGN	M60/6	27:11
27	47	627	Thilo	VON WESTERNHAGEN	AGN	M60/6	27:28
28	49	4140	Kenneth	CULVERWELL	KZNA	M60/6	27:37
29	50	618	Sydney	GREGAN	AGN	M60/6	27:52
30	56	625	Torrie	STOLTZ	AGN	M60/6	28:08
31	58	630	James	FABER	AMPU	M60/6	28:34
32	60	629	Kobus	BEESLAAR	AMPU	M60/6	28:52
33	61	626	André	VAN KASTEROP	AGN	M60/6	28:53
34	64	632	Leonard	DENYSSCHEN	ANWN	M60/6	29:02
35	65	617	Willem	FRANCK	AGN	M60/6	29:03
36	71	619	Japie	JANSE VAN RENSBURG	AGN	M60/6	31:16
37	75	610	Mzondi	DHLAMINI	AFS	M60/6	31:48
38	86	608	Ben	MOKOTEDI	ACNW	M60/6	35:34
DQ	19	623	Mpomo Ben	MOKOENA	AGN	M60/6	



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## Male - Individual Results (Provisional Final)

### Men 65-69 - 6km

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	7	671	Piet	BRITS	KZNA	M65/6	23:24
2	21	669	Senele	RAMAISA	CGA	M65/6	24:42
3	22	677	Lesley	CHIVELL	WPA	M65/6	24:51
4	26	673	Daniel	SWART	KZNA	M65/6	25:56
5	27	667	Andre	JANSEN	CGA	M65/6	25:57
6	29	670	Alan	SMITH	CGA	M65/6	26:10
7	30	665	Arrigo	FERRI	CGA	M65/6	26:13
8	32	663	Stephan	NEL	AVT	M65/6	26:24
9	33	653	Eugene	MARTINS	AFS	M65/6	26:26
10	36	666	Chris	FULLER	CGA	M65/6	26:46
11	40	658	Elias	LETLAPE	AGN	M65/6	27:00
12	41	661	Paul	GROBLER	AMPU	M65/6	27:01
13	45	664	Thomas	MOSES	BOLA	M65/6	27:17
14	48	672	Andrew	DALY	KZNA	M65/6	27:32
15	53	652	Litaba Eisaiah	KOLOBE	AFS	M65/6	27:58
16	54	668	Sonny	LEOPENG	CGA	M65/6	28:03
17	55	654	Jan	BESTER	AGN	M65/6	28:07
18	57	675	Jan	LEBESE	LIMA	M65/6	28:15
19	59	674	Anly	VERNON	KZNA	M65/6	28:40
20	66	650	Hansie	KRUGER	ACNW	M65/6	29:11
21	69	651	Adriaan	BOTHA	AFS	M65/6	29:48
22	70	659	Chris	VAN DER MERWE	AGN	M65/6	31:09
23	76	662	Werner	WEIDEMANN	ANWN	M65/6	31:49
24	77	656	Dirk	BRINK	AGN	M65/6	31:51
25	84	660	Egbert	DE BRUYN	AMPU	M65/6	34:12
26	87	655	Willem Petrus	BILLINGHAM	AGN	M65/6	37:41



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**Male - Individual Results (Provisional Final)**

**Men 70-74 - 6km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	10	683	David	MAPHANGULO	AGN	M70/6	23:44
2	25	694	Stephen	MOAGI	CGA	M70/6	25:53
3	31	699	Robin	ARCHER	KZNA	M70/6	26:19
4	35	698	Cyril	VERGIE	CGA	M70/6	26:45
5	46	693	Petrus	MOHALAJENG	AVT	M70/6	27:22
6	51	701	Reuben	GEMA	KZNA	M70/6	27:54
7	52	702	Johannes	JACOBS	WPA	M70/6	27:57
8	62	687	Des	JELLIMAN	AMPU	M70/6	28:56
9	63	680	Basil	KINGHORN	AFS	M70/6	29:01
10	67	682	Jan	ROTHMAN	AFS	M70/6	29:29
11	68	691	Trevor	PARRY	ANWN	M70/6	29:40
12	72	696	Maxwell	TEFFO	CGA	M70/6	31:20
13	73	684	Gerald	STEYN	AGN	M70/6	31:27
14	74	681	Michael	ROOS	AFS	M70/6	31:34
15	78	700	Les	BURNARD	KZNA	M70/6	31:56
16	79	679	Henk	TERBLANCHE	ACNW	M70/6	32:04
17	80	697	Kenneth	TULK	CGA	M70/6	32:10
18	81	678	Johan	BOTES	ACNW	M70/6	32:17
19	82	686	Piet	BRITTON	AMPU	M70/6	32:21
20	83	695	Wilson	NETSHISAULU	CGA	M70/6	32:48
21	85	689	James	MACMILLAN	ANWN	M70/6	35:16
DQ	28	685	Wessel	VAN WYK	AGN	M70/6	26:00

**Men 75-79 - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	146	597	Charles	RALL	ANWN	M75/4	19:12
2	159	602	Johannes	PHAGO	LIMA	M75/4	19:35
3	171	601	Eddie	EADES	EPA	M75/4	19:45
4	188	600	Brian	CURRIE	CGA	M75/4	20:21
5	204	596	Gabriel	JOUBERT	AMPU	M75/4	20:41
6	262	599	Brian	CHAMBERLAIN	CGA	M75/4	23:33
7	272	603	Harry	VAN DER MERWE	LIMA	M75/4	23:58
8	295	598	Wessie	WESSELS	ANWN	M75/4	28:32
DQ	52	636	Phillip	QUVANA	BORA	M75/4	17:03

**Men 80-84 - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	287	605	Andries	VAN DER MERWE	AGN	M80/4	25:52
2	299	604	Assie	VAN ASWEGEN	AGN	M80/4	29:48

**Men 85+ - 4km**

POS	SEQ	BIB	NAME	SURNAME	PROV	AGE CAT	TIME
1	306	607	Petrus	FOURIE	AVT	M85/4	31:01
2	308	606	Neville	MUIR	AGN	M85/4	39:33