

# AGN CC Team to SA Championships

Gqeberha on 16 September 2023



Age Cat	Girls U/8 1 km			
Pos	Surname	Name	DoB	Club
1	Schoeman	Aléri	02-02-15	Garsfontein LS
2	Jungbluth	Alexa	27-08-15	Tygerpoort LS
3	Meyer	Lara	07-04-15	Tygerpoort LS
4	Cox	Emma	25-05-15	Cornwill Hill College
5	Van Der Westhuizen	Lemay	21-08-15	Lynnwood LS
6	Nieman	Mila	22-05-15	Menlo Park LS
7	Troskie	Melinique	06-03-15	Garsfontein LS
8	Du Preez	Lene	14-12-15	Rooihuiskraal LS
9	Bonnema	Lea	16-02-15	Louis Leipoldt LS
10	Cloete	Michaela	29-01-15	Elarduspark LS
11	Vosloo	Kenzi	05-05-15	Wierdapark LS
12	Du Preez	Iné	09-03-15	Garsfontein LS
13	Munyai	Ompa	13-01-15	Prestige College
14	Potgieter	Marna	17-03-15	Stephanus Roos LS
15	Pienaar	Lynicke	10-06-15	Lynnwood LS
16	Vermeulen	Hayley	11-01-15	Rooihuiskraal LS
17	Ascani	Micayla	03-07-15	Villiera LS
18	Van Zyl	Olivia	09-05-15	Rooihuiskraal LS

Age Cat	Girls U/9 2 km			
Pos	Surname	Name	DoB	Club
1	Van Wyk	Liane	14-02-14	Menlo Park HS
2	Nel	Kari	10-04-14	Garsfontein LS
3	De Villiers	Anè	01-09-14	Hennospark LS
4	Nel	Riané	03-01-14	Tygerpoort LS
5	Le Roux	Annelien	08-09-14	Rooihuiskraal LS
6	Van Der Bijl	Leandri	05-08-14	Louis Leipoldt LS
7	Cronje	Joané	03-04-14	Rooihuiskraal LS
8	Prinsloo	Lizé	02-12-14	Menlo Park LS
9	De Kok	Annebelle	25-03-14	Anton Van Wouw LS
10	Neuhoff	Luka	18-07-14	Anton Van Wouw LS
11	Pitse	Keabetswe	07-01-14	Masai AC
12	Loxton	Madison	03-04-14	Tygerpoort LS
13	Zovitzkey	Priya	12-02-14	Garsfontein LS
14	Botha	Lara	25-03-14	Tygerpoort LS
15	Joubert	San-Mari	07-08-14	Monumentpark LS
16	Barnard	Janke	26-03-14	Monumentpark LS
17	Saville	Megan	29-08-14	Elarduspark LS
18	Groenewald	Anine	04-04-14	Skuilkrans LS

Age Cat	Girls U/10 2 km			
Pos	Surname	Name	DoB	Club
1	Smit	Merize	23-05-13	Hennospark LS
2	Botha	Anika	10-05-13	Hennospark LS
3	Morapedi	Keamogetswe	02-12-13	Masai
4	Opperman	Nadine	29-10-13	Elarduspark LS
5	Van Aswegen	Mia	30-09-13	Bakenkop LS

Pos	Surname	Name	DoB	Club
6	Strauss	Xanthé	09-08-13	Wierdapark LS
7	Botha	Lincke	22-02-13	Constantiapark LS
8	Hendriks	Eurika	09-05-13	Tygerpoort LS
9	Gruenenfelder	Ellie	16-09-13	Hennospark LS
10	Van Bergen	Lené	14-05-13	Garsfontein LS
11	Muller	Mieke	01-10-13	Die Poort LS
12	Venter	Karla	10-09-13	Rooihuiskraal LS
13	Boshoff	Mieke	15-03-13	Saamspan LS
14	Steynberg	Olivia	04-04-13	Die Poort LS
15	Homan	Milla	28-05-13	Die Poort LS
16	Pitzer	Elandri	08-01-13	Elarduspark LS
17	Fourie	Isabella	27-11-13	Rooihuiskraal LS
18	Mare	Alet	14-03-13	Elarduspark LS

Age Cat	Girls U/11 3 km			
Pos	Surname	Name	DoB	Club
1	Sieberhagen	Jané	06-05-12	Stephanus Roos LS
2	Tema	Lebogang	02-02-12	
3	Van Zyl	Janae	23-04-12	Stephanus Roos LS
4	Van Der Merwe	Janka	18-09-12	Constantiapark LS
5	Fowler	Anje	26-09-12	Louis Leipoldt LS
6	Jacobsz	Misha	12-01-12	Elarduspark LS
7	Xali	Precious	29-06-12	Masai AC
8	Evans	Hailey	17-04-12	Bakenkop LS
9	Nel	Lea	08-05-12	Garsfontein LS
10	De Swardt	Mile	12-04-12	Tygerpoort LS
11	Kwinda	Munaka	05-01-12	Fortis Pretoria North
12	Vorster	Mieke	14-02-12	Rooihuiskraal LS
13	Mflatela	Afuziwe	03-09-12	Fortis Pretoria North
14	Joubert	Marli	12-01-12	Hennospark LS
15	ROSSOUW	Zelinke	27-03-12	Tygerpoort LS
16	Dreyer	Zante	25-09-12	Tuine LS
17	Venter	Marli	22-03-12	Hennospark LS
18	Cronje	Lomé	08-07-12	Rooihuiskraal LS

Age Cat	Girls U/12 3 km			
Pos	Surname	Name	DoB	Club
1	Moyo	Gloria	15-03-11	Masai AC
2	Barnard	Chanene	07-09-11	Zwartkop HS
3	Mienie	Lee-Hané	03-01-11	Louis Leipoldt LS
4	De Jager	Jana	21-06-11	Die Poort LS
5	Bezuidenhout	Belinda	17-02-11	Wierdapark LS
6	Mandjolo	Theodora	10-05-11	Burgher Right AC
7	Du Toit	Anika	08-12-11	Hennospark LS
8	Geldenhuis	Kara-Lee	26-09-11	Rooihuiskraal LS
9	Veldsman	Gretha	10-10-11	Elarduspark LS
10	De Wet	Misha	28-04-11	Cornwill Hill College
11	Oosthuizen	Amelia	15-07-11	Midstream Rigde PS
12	Kuperus	Anke	06-05-11	Elarduspark LS
13	Botha	Lizette	06-09-11	Tygerpoort LS
14	Mentz	Anika	12-12-11	Stephanus Roos LS
15	Jansen Van Rensburg	Lise-Mari	16-03-11	Midstream College

Pos	Surname	Name	DoB	Club
16	Botha	Elmie	16-06-11	Rooihuiskraal LS
17	Joubert	Milan	20-07-11	Voorpos
18	Du Plessis	Lana	25-05-11	Saamspan LS

Age Cat	Girls U/13 3 km			
Pos	Surname	Name	DoB	Club
1	Pretorius	Leandri Zani	19-04-10	Nedbank Running Club
2	Fouché	Miah	18-11-10	Die Poort LS
3	Van Der Merwe	Isabella	29-01-10	Anton Van Wouw LS
4	Steynberg	Anneke	26-04-10	Die Poort LS
5	Moremi	Kedibone	30-07-10	Curro Hazeldean
6	Madumo	Azariah Mohau	26-02-10	Midstream College
7	Chauke (Thobejane)	Lethabo	03-06-10	Lindopark PS
8	Van Niekerk	Niané	02-07-10	Stephanus Roos LS
9	Venter	Chane	15-02-10	Bakenkop LS
10	Molele	Dimakatso	27-11-10	Curro Hazeldean
11	Pretorius	Larissa Marone	19-04-10	Nedbank Running Club
12	Raubenheimer	Mizé	17-07-10	Midstream College
13	Smit	Mia	08-02-10	Hennospark LS
14	Selelo	Lu Keysa	17-09-10	Rooihuiskraal LS
15	De Villiers	Jesse	24-09-10	Monumentpark LS
16	De Klerk	Leila	21-09-10	Danie Malan LS
17	Coetzee	Christi	10-05-10	Anton Van Wouw LS
18	Muller	Katherine	23-10-10	Rooihuiskraal LS

Age Cat	Girls U/14 4 km			
Pos	Surname	Name	DoB	Club
1	Dekker	Minke	09-02-09	Zwartkop HS
2	Semenya	Diphetogo	02-01-09	Tuks Sport HS
3	Coetzee	Elandri	18-03-09	Waterkloof HS
4	De Villiers	Liné	04-08-09	Menlo Park HS
5	Slabbert	Veani	09-03-09	Zwartkop HS
6	Van Niekerk	Rozellin	26-05-09	Nedbank Running Club
7	Stoltz	Bianca	02-11-09	Boxer AC
8	Van Den Berg	Carmia	02-09-09	Midstream College
9	Nyapotse	Nthabiseng	22-03-09	Prestige College
10	Manamela	Bokang	25-03-09	Tuks Sport HS
11	Rabie	Magrietjie	30-04-09	Zwartkop HS
12	Groenewald	Chanel	04-11-09	Boxer AC
13	Heyneke	Annerike	03-02-09	Menlo Park HS
14	Groenewald	Marlené	08-01-09	Garsfontein HS
15	Marx	Michaela	09-12-09	Menlo Park HS
16	Blom	Shani	26-03-09	Menlo Park HS
17	Kekana	Michelle	06-10-09	Curro Hazeldean
18	Coertze	Kay-Lynn	21-08-09	Afrikaans Meisies HS

Age Cat	Girls U/15 4 km			
Pos	Surname	Name	DoB	Club
1	Dlothi	paballo	15-10-08	Curro Hazeldean
2	Maartens	Lene	18-09-08	Montana
3	Van Rooyen	Kaitlyn	18-08-08	Menlo Park HS
4	Dirkse Van Schalkwyk	Elri	29-08-08	Garsfontein HS

Pos	Surname	Name	DoB	Club
5	Baloyi	Angel	15-09-08	Tuks Sport HS
6	Smith	Luhané	22-07-08	Eldorainge HS
7	Lebepe/Lebele	Makoma	12-05-08	Seshegong AC
8	Moreland	Natalie	16-12-08	Overkruin HS
9	Ngwenya	Vanessa	29-09-08	Masai AC
10	Lethabane	Kamogelo	20-06-08	Tuks Sport HS
11	De Beer	Deone	15-07-08	Zwartkop HS
12	Nel	Sione	28-01-08	Montana
13	Roux	Liandrie	20-10-08	Centurion HS
14	Snijders	Anika	04-11-08	AHMP
15	Kuperus	Elsari	23-06-08	Waterkloof HS
16	Maila	Tshireletso	26-11-08	Seshegong AC
17	Nel	Izelle	27-03-08	Centurion HS
18	Gumbi	Lidiel	28-06-08	Seshegong AC

Age Cat	Girls U/16 4 km			
Pos	Surname	Name	DoB	Club
1	De Jager	Lize	03-03-07	Afrikaans Meisies HS
2	Van Der Merwe	Lara	14-11-07	Waterkloof HS
3	Dikao	Omaatla	17-12-07	Tuks Sport HS
4	De Waal	Luca	19-08-07	Zwartkop HS
5	Kotze-Pienaar	Jasmin	26-06-07	Montana
6	Katiso	Mpho	11-03-07	Prestige College
7	Conradie	Hanneleen	10-07-07	Garsfontein HS
8	Modungwa	Lebogang	10-02-07	Prestige College
9	Le Roux	Elizma	19-11-07	Zwartkop HS
10	De Jong	Tasha	31-08-07	Montana
11	Grahan	Chie-Ann	31-07-07	Montana
12	Domingo	Keara	01-10-07	Tuks Sport HS
13	Hartzenburg	Jade	17-06-07	Tuks Sport HS
14	Motsepe	Maudi	25-03-07	Tuks Sport HS
15	Male	Jané	20-04-07	Midstream College
16	Kotze	Joline	12-02-07	Afrikaans Meisies HS
17	Groenewald	Lente	22-05-07	Midstream College
18	Prinsloo	Michelle	31-07-07	Centurion HS

Age Cat	Girls U/17 4 km			
Pos	Surname	Name	DoB	Club
1	Jordaan	Mart-Marie	16-03-06	Boxer AC
2	Schoeman	Wiepke	29-06-06	Zwartkop HS
3	Coetze	Jackie	03-01-06	Boxer AC
4	Mawela	Keneilwe	24-01-06	Tuks Sport HS
5	Verschoor	Stephanie	23-01-06	Afrikaans Meisies HS
6	Jacobs	Izandri	12-12-06	Montana
7	Smit	Liane	06-01-06	Boxer AC
8	<b>Van Niekerk</b>	<b>Chantelle</b>	<b>28-03-06</b>	<b>Nedbank Running Club</b>
9	De Wit	Tiané	08-08-06	Waterkloof HS
10	Muller	Megan	11-07-06	Eldorainge HS
11	Strydom	Kayla	18-02-06	Waterkloof HS
12	Von Westernhagen	Zabine	08-05-06	Boxer AC
13	Robbertse	Arné	10-02-06	Garsfontein HS
14	Strydom	Jani	18-02-06	Waterkloof HS

Pos	Surname	Name	DoB	Club
15	Esterhuizen	Cara	04-09-06	Boxer AC
16	Mienie	Cherri	23-10-06	Centurion HS
17	Beeslaar	Zoë	06-05-06	Centurion HS
18	Khumalo	Andiswa	08-10-06	Tuks Sport HS

Age Cat	Youth Women 2 km			
Pos	Surname	Name	DoB	Club
1	Kotze-Penaar	Jasmin	26-06-07	Montana
2	Jacobs	Izandri	12-12-06	Montana
3	Esterhuizen	Cara	04-09-06	Boxer AC
4	Molepo	Michelle	30-07-06	Uitsig HS
5	Janse Van Rensburg	Alyssa-Lee	11-06-06	Sutherland HS
6	Mlangeni	Princess	14-01-09	Uitsig HS
7	Naane	Atang	11-03-06	Prestige College
8	Shipalana2	Penelope	22-03-06	Prestige College
9	Rikhotso	Tlakuso	20-06-07	Sutherland HS
10	Nduli	Ntombifutn	12-05-07	Hauz of Gravity

Age Cat	Junior Women 2 km			
Pos	Surname	Name	DoB	Club
1	Radebe	Paballo	18-04-05	Curro Hazeldean
2	Ngongo	Akonyi	24-03-05	Prestige College
3	Booyesen	Mika	21-01-05	Montana
4	Van Niekerk	Melissa	01-08-05	Boxer AC
5	Van Der Linde	Marlene	19-01-05	Garsfontein HS
6	Van Zyl	Kate	22-07-05	Waterkloof HS
7	Shaku	Lethaba	04-10-05	Sutherland HS
8	Grobler	Danica	01-03-04	Tuks AC
9	Ebrahim	Tasiya	07-07-05	Sutherland HS

Age Cat	Junior Women 6 km			
Pos	Surname	Name	DoB	Club
1	Dekker	Li-Mari	17-12-05	Zwartkop HS
2	Ndala	Tinyiko	27-07-05	Curro Hazeldean
3	Shabalala	Amogelang	04-10-04	Tuks Sport HS
4	Makhuvha	Lufhuno	24-10-05	Akasia HS
5	Jordaan	Shanike	30-11-05	Zwartkop HS
6	Matshaba	Phemelo	12-04-05	Tuks AC
7	Van Niekerk	Melissa	01-08-05	Boxer AC
8	Booyesen	Mika	21-01-05	Montana
9	Van Breda	Ame	08-08-05	Centurion HS
10	Steenkamp	Mischke	10-08-05	Montana
11	Hlako	Mpho	09-10-05	Tuks Sport HS
12	Saunders	Paige	09-03-04	Tuks AC
13	Van Der Linde	Marlene	19-01-05	Garsfontein HS
14	Wilhelm	Mieke	15-07-05	Garsfontein HS
15	Van Zyl	Kate	22-07-05	Waterkloof HS
16	Mabena	Ndazi	11-07-04	Transnet
17	Kotzé	Tihana	14-06-05	Garsfontein HS
18	Du Preez	Marlien	25-06-04	INDIVIDUAL

Age Cat	Women 23 4 km			
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Pos	Surname	Name	DoB	Club
1	Botha	Charissa	15-03-05	Zwartkop HS
2	Ndala	Tinyiko	27-07-05	Curro Hazeldean
3	Radebe	Paballo	18-04-05	Curro Hazeldean
4	Stickells	Izabel	01-05-01	Tuks AC
5	Makhubela	Bonolo	23-06-02	Nixon Nkadima AC
6	Maber	Carina	23-03-01	Tuks AC
7	Kruger	Maricelle	06-02-04	Tuks AC
8	Nolte	Wilmarie	22-10-05	Waterkloof HS
9	Botha	Cyla	24-04-03	Tuks AC
10	De Beer	Nerize	02-06-04	Montana
11	Steynberg	Desere	08-02-05	Zwartkop HS
12	Kimber	Jenna	03-02-02	Tuks AC
13	Kruger	Helene	14-11-04	Garsfontein HS
14	Van Der Veen	Mia	08-02-05	Sutherlands HS
15	Du Plessis	Chanel	31-03-02	Tuks AC
16	Theron	Leá	04-10-05	Waterkloof HS
17	Knoesen	Christine	22-01-05	Zwartkop HS
18	Komane	Nthabiseng	17-03-05	Danville Dev. AC

Age Cat	Senior Women 2 km			
Pos	Surname	Name	DoB	Club
1	Prinsloo	Carmie	31-01-02	Boxer AC
2	Senosi	Keletso	01-10-01	Tshwane Univ Of Tech
3	Van Der Merwe	Jana	28-03-01	Tuks AC
4	Reitz	Marelize	18-08-99	Boxer AC
5	Reitz	Marietjie	20-12-97	Boxer AC

Age Cat	Senior Women 4 km			
Pos	Surname	Name	DoB	Club
1	Bopape	Naomi	12-08-00	Masai AC
2	Lengweng	Obakeng	12-09-97	Fortis Pretoria North
3	De Beer	Leandri	09-04-94	Sterkspan
4	Pretorius	Jeannie	23-04-96	RunAvation
5	Franck	Mirelle	24-06-90	Fortis Pretoria North
6	Labuschagne	Sindy	30-10-91	INDIVIDUAL
7	Rall	Elné	26-04-96	Tuks AC
8	Mcmaster	Cheryse	27-05-00	Fortis Pretoria North
9	Van Bekkum	Kayla	10-09-97	Fortis Pretoria North
10	Mtshwni	Girly	15-09-97	Ikonjane
11	Brits	Kylie	19-05-95	Sutherland
12	Vorster	Natalie	22-07-94	Sutherland HS

Age Cat	Senior Women 10 km			
Pos	Surname	Name	DoB	Club
1	Prinsloo	Carmie	31-01-02	Boxer AC
2	Shipalana	Kataza	19-04-86	Boxer AC
3	Lombard	Hester	18-05-00	Boxer AC
4	Modiba	Valentja	23-04-97	Masai
5	Sikisi	Natasha	19-10-02	Fortis Pretoria North
6	Reitz	Marelize	18-08-99	Boxer AC
7	Lebho	Desindah	14-09-99	TUT

Pos	Surname	Name	DoB	Club
8	Maripa	Cosy	18-04-99	Mamelodi Striders

Age Cat	Women 35 4 km			
Pos	Surname	Name	DoB	Club
1	Steyn	Andrea	30-12-83	Vitality
2	<b>Roberts</b>	<b>Chrizzell</b>	<b>20-05-87</b>	<b>Nedbank Running Club</b>
3	Strauss	Anita	02-09-85	Tshwane Univ Of Tech
4	Cilliers	Lorinda	26-11-83	Boxer AC
5	Pitzer	Engela	06-07-88	Waterkloof HS
6	Mkungeka	Noligwa	26-10-85	Pretoria Military MC
7	Van Der Merwe	Nadia	12-01-84	Souls On Fire
8	Mazwi	Surprise	03-01-85	Fortis Pretoria North
9	Sutherland	Hilda	15-09-84	Souls On Fire
10	Moremi	Lindy	04-04-87	Siyahlala Dev AC

Age Cat	Women 40 4 km			
Pos	Surname	Name	DoB	Club
1	Scheffer	Leilani	23-05-83	Run Walk for Life
2	Skosana	Catherine	11-10-80	Boxer AC
3	Botha	Simoné	01-12-81	Boxer AC
4	Boyisi	Ongeziwe	29-11-82	Fortis Pretoria North
5	Raubenheimer	Marizelle	17-03-79	Midstream
6	Willering	Alichia	07-11-79	Blizz AC
7	Fowler	Corli	24-01-82	Alpha Centurion AC
8	Du Plessis	Natasja	05-03-81	JS AC
9	Ascani	Charlene	17-05-82	JS AC
10	Louw	Anzelle	15-10-81	Alpha Centurion AC
11	Ncaiyana	Precious	13-03-79	Pretoria Military MC
12	Schuster	Elzette	10-09-81	Montana
13	Mentz	Lizelle	10-10-80	Montana
14	Kuperus	Sunet	18-02-81	Pierre van Ryneveld
15	Zulu	Thandi	16-08-80	Ubuhle
16	Gordon	Lizette	01-03-79	Alpha Centurion AC
17	Mhlarhi	Tintswalo	12-02-80	Ford AC
18	Malahlela	Anna	17-04-80	Fortis Pretoria North

Age Cat	Women 45 4 km			
Pos	Surname	Name	DoB	Club
1	Claassen	Leandri	04-10-77	Fortis Pretoria North
2	ROSSOUW	Fredrika	18-07-77	INDIVIDUAL
3	De Wet	Tessa	01-09-75	Vitality
4	Janse Van Rensburg	Annalize	24-11-74	Fortis Pretoria North
5	Richardson	Petro	02-04-74	Alpha Centurion AC
6	Coertze	Adelle	26-10-73	Blizz AC
7	Kriel	Yolandi	18-04-77	INDIVIDUAL
8	Stodart	Eldeleen	11-02-76	Blizz AC
9	Moreland	Beverley	01-10-75	Fortis Pretoria North
10	Benadé	Marsja	17-03-76	Alpha Centurion AC
11	Reitz	Gwen	19-11-74	Fortis Pretoria North

Age Cat	Women 50 4 km			
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Pos	Surname	Name	DoB	Club
1	Thomas	Ronel	19-01-72	Boxer AC
2	<b>Marili</b>	<b>Munnik</b>	<b>24-05-69</b>	<b>Nedbank Running Club</b>
3	<b>Eybers</b>	<b>Sunet</b>	<b>02-05-73</b>	<b>Nedbank Running Club</b>
4	<b>Koster</b>	<b>Ingrid</b>	<b>13-12-71</b>	<b>Nedbank Running Club</b>
5	Botha	Loraine	18-09-69	Alpha Centurion AC
6	Van Loggerenberg	Madeleen	03-09-71	Fortis Pretoria North
7	Baasch	Marieke	12-05-73	Blizz AC
8	Maluleka	Concelia	14-02-69	Danville Dev. AC
9	Muller	Louise	17-02-70	Alpha Centurion AC
10	Hlomela	Veronica	09-06-70	Pheli RR AC
11	Van Kasterop	Marentia	22-10-68	Blizz AC
12	Theron	Riette	04-04-73	Souls On Fire
13	Checha	Lineth	21-10-72	Masai
14	Letlhaku	Yvonne	06-03-69	Fortis Pretoria North

Age Cat	Women 55 4 km			
Pos	Surname	Name	DoB	Club
1	Sonnekus	Dalene	11-06-65	Fortis Pretoria North
2	Mcmaster	Sandra	10-03-68	Fortis Pretoria North
3	Franck	Alet	30-03-68	Fortis Pretoria North
4	Redelinghuys	Stienie	10-07-65	Vitality
5	Le Roux	Teresa	05-10-63	Voortrekker Mnmnt DS
6	Van Der Merwe	Antionette	09-05-67	Fortis Pretoria North
7	Botha	Iris	28-08-68	Tuine Tekkies
8	Nkosi	Sibongile	24-07-64	Ikhonjane
9	Nzimande	Angela	08-03-65	Ikhonjane
10	Breed	Maretha	15-01-66	Transnet
11	Louwies	Louma	01-10-66	Transnet

Age Cat	Women 60 4 km			
Pos	Surname	Name	DoB	Club
1	<b>Geyer</b>	<b>Mariet</b>	<b>29-06-59</b>	<b>Nedbank Running Club</b>
2	Cotty	Esme	03-08-61	Fortis Pretoria North
4	Mahlangu	Linah	24-02-59	Ikhonjane
5	Mokone	Elsie	21-06-59	Temba Prestige
6	Reynecke	Ronelle	12-11-61	Solidariteit

Age Cat	Women 65 4 km			
Pos	Surname	Name	DoB	Club
1	Boesenberg	Martie	31-01-57	Fortis Pretoria North
2	<b>Van Blerk</b>	<b>Frances</b>	<b>09-04-55</b>	<b>Nedbank Running Club</b>
3	Mouton	Christa	25-11-56	Agape AC

Age Cat	Women 70 4 km			
Pos	Surname	Name	DoB	Club
1	Von Gordon	Veronica	06-09-52	AGN Masters
2	Pretorius	Rina	26-07-52	Pta Bobbies

Age Cat	Women 75 4 km			
Pos	Surname	Name	DoB	Club



Pos	Surname	Name	DoB	Club
1	Laker	Rita	06-05-47	RunAvation