



UPDATED 2025

Athletics Gauteng North

Road Running

Criteria for Selection of AGN Road Running Team

ASA Championship Event

ASA Marathon Championships will be Incorporated with Peninsula Marathon-16 February 2025- in Cape Town

AGN Championship Events

The AGN Championship events are designed in such a way that it is in line with the National Championships. The right timing of the events and fast and flat courses are important for the final selection of the AGN teams.

The following event will serve as the AGN Championship events in 2024:

**AGN Marathon Championships 2024/25:
09 November 2024 @Jacaranda Marathon 2024.**

NOTE: Any Athletes that will be competing on the day of AGN Championships will be selected According to the performance.

Number of Athletes in AGN Marathon Road Running Teams

The selectors reserve the right to select any number of athletes for an AGN Road Running team with the approval of the AGN Board and within the approved budget for the year.

Team will usually consist of five Senior Men, five Senior Women, three 40+ Men, three 40+ Women provided they meet the criteria set in qualification standards. The selectors

reserve the right to select upcoming athletes as development athletes even if they did not reach the qualifying criteria.

Selection Criteria

AGN Marathon team, athletes must at least run the 2024 AGN Marathon Championships or 2024 ASA Marathon Championships in the required Marathon Qualifying times as stipulated below. Athletes must run any official Marathon road race if he/she did not run Championships. For the required times as stipulated between August and November 2024.

Qualifying times are as follows: -

	<u>Marathon</u>
Senior Men	2:40.00
Senior Women	3:25.00
Men 40-49	3:15.00
Women 40-49	3:55.00
Men 50-59	3:25.00
Women 50-59	4:15.00
Men 60+	4:20.00
Women 60+	4:20.00

Selection of Teams 2024/2025

The provisional selection of teams will be done after the AGN Championship and clubs will be informed of the selected team. The first three Senior AGN athletes and the first AGN athlete in all other categories at the AGN Championship performance events will automatically be selected, provided they have met the criteria in qualification standards.

Any athlete that is not selected can request the Road Running Commission for inclusion in the team. Such requests must be done within 10 working days after AGN championships any information must be forwarded to Chairperson of the Road Running Commission.

Yours in Sports
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