



**Meeting :AGN TRACK & FIELD LEAGUE  
2023/05/20 at PILDITCH, TSHWANE**



## PROGRAM

**Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1400**

Seq	Time	Pit	Event	Category	Next	Spec
1	11:00		Final Men Senior 400m Hurdles			
2	11:00		Final Women Senior HighJump			
3	11:00		Final Men Senior HighJump			
4	11:00		Final Women Senior Javelin			
5	11:00		Final Men Senior Javelin			
6	11:00		Final Women Senior Shotput			
7	11:00		Final Men Senior Shotput			
8	11:10		Final Women Senior 400m Hurdles			
9	11:20		Final Women Senior 100m			
10	11:30		Final Men Senior 100m			
11	11:50		Final Women Senior 800m			
12	12:00		Final Women Senior LongJump			
13	12:00		Final Men Senior LongJump			
14	12:00		Final Women Senior Polevault			
15	12:00		Final Men Senior Polevault			
16	12:00		Final Men Senior 800m			
17	12:00		Final Women Senior Discus			
18	12:00		Final Men Senior Discus			
19	12:15		Final Men Senior 110m Hurdles			
20	12:25		Final Women Senior 100m Hurdles			
21	12:35		Final Women Senior 400m			
22	12:45		Final Men Senior 400m			
23	13:00		Final Women Senior TripleJump			11m
24	13:00		Final Men Senior TripleJump			13m
25	13:00		Final Women Senior Hammer			
26	13:00		Final Men Senior Hammer			
27	13:05		Final Women Senior 1500m			
28	13:15		Final Men Senior 1500m			
29	13:25		Final Women Senior 5km			
30	13:25		Final Men Senior 5km			
31	13:50		Final Women Senior 200m			
32	14:00		Final Men Senior 200m			