



**World Athletics Cross Country Championships
Belgrade, SERBIA
30 March 2024**

**Athletes Eligible to participate at the ASA Cross Country Trials on the 18th
November 2023**

Surname										
Names as in Passport										
Preferred name										
Gender										
Weight										
Height										
Country of birth										
City/town of birth										
2	D	D	M	M	Y	Y	Y	Y		
Race (e.g. coloured)										
Nationality										
ID number										
Special event e.g. 100m										
2nd event e.g. 400m										
Name of club										
Licence number										
Province (that you run for)										
Passport	South African					Other (Please Specify)				
Passport number										
Date issued										
Expiry Date										
Telephone										
Mobile number										
Fax										
E-mail										
Occupation										
Employer / School										
Employer / School address										
Mother's name										
Contact number										

Mother's email address	
Father's name	
Contact number	
Father's email address	
Next of kin (mother or father)	
Spouse (only if married)	
Next of kin contact	
Athletes postal address	
	Postal code:
Athletes physical address	
	Postal code:
Coach's name/s in full	
Telephone	Work: Home:
Other contacts	Mobile: Fax:
Email address	
Manager (Athletics) name	
Contacts	Work: Mobile:
Email address	
Athletes banking details	
Bank and branch name	
Branch code	
Type of account	
Account number	
Medical aid name	
Main member's name	
Membership no	
Family doctor	
Family doctor's contact	

OUTFITTING FORM

NAME:

PROVINCE:

Leisure wear		
	Please indicate sizes as per s, m, l, xl, 4xl etc	Notes
Golf shirt		
T-shirt		
Sweater		

Footwear		
	UK sizing please	Notes
Slip-ons		
X-trainers		

COMPETITION WEAR (Athletes only)

Please tick only what you wear for competition

Item	Size	Notes
VEST		
SHORTS		
UNITARD (MEN) Body Suit		
LONG TIGHT		
CYCLE PANTS		
CROP TOP (WOMEN)		
BRIEF (WOMEN)		
HOT PANTS (WOMEN)		
TRACK SUIT TOP		
TRACK SUIT PANTS		