

GIRLS 8 (1 KM)						Race 4
POS	Race Pos	SURNAME	NAME	CLUB	DOB	
1	1	Breytenbach	Cara	Garsfontein LS	2017/04/07	
2	2	Muller	Velize	Garsfontein LS	2017/03/09	
3	3	Van Staden	Elenah	Elarduspark LS	2017/05/02	
4	4	Jacobs	Hanna	Anton van Wouw LS	2017/06/17	
5	5	Theyse	Karli	Wonderboom LS	2017/05/08	
6	6	Van Der Westhuizen	Theané	Garsfontein LS	2017/10/31	
7	7	James	Zarimé	Midstream College AC	2017/02/13	
8	8	Van Eeden	Lihané	Witpoort LS	2017/04/08	
9	9	Bonnema	Nieke	Leipies AC	2017/06/12	
10	10	Du Plessis	Lieze-Lee	Wonderboom LS	2017/04/19	
11	11	Van Der Westhuizen	Christelle	Bakenkop LS	2017/02/05	
12	12	Van Der Westhuizen	Isabella	Bakenkop LS	2017/02/05	
13	13	Nel	Eune	Kameelfontein LS	2017/01/31	
14	14	Bierman	Adelheid	Magalieskruin LS	2017/03/01	
15	15	Scheepers	Talita	Hennospark LS	2018/01/18	
16	16	Goldswain	Sanelle	Tuine LS	2017/03/19	
17	17	Dekker	Linde	The Village AC	2017/09/01	
18	18	Klopper	Emily	Anton van Wouw LS	2017/04/05	
19	19	Jansen van Rensburg	Mari	Anton van Wouw LS	2017/08/05	
20	20	Basson	Ané	Laerskool Garsfontein	2017/02/11	
21	21	de Beer	Mila	Bakenkop LS	2018/06/15	
22	22	de Beer	Lezanté	Wieries AC	2018/05/30	
23	23	Esterhuysen	Isabella	Anton van Wouw LS	2017/01/13	
24	24	Montsho	Olesego	Montana AC	2019/04/15	
25	25	Mervitz	Liezel	Hennospark LS	2018/10/20	
26	26	Kotze	Olivia	Anton van Wouw LS	2017/06/10	
27	27	Esterhuysen	Emily	Anton van Wouw LS	2018/12/13	
28	28	Botha	Niané	Inspire AC	2017/02/16	
29	29	Van der Heever	Lihané	Swartkop LS	2018/05/14	
30	30	Fourie	Lumé	Stephanus Roos LS	2018/05/09	
31	31	Degenaar	Raelynn-Lee	Inspire AC	2018/03/06	
32	32	Kotze	Chariélie	Stephanus Roos LS	2017/02/23	
33	33	Dale	Lienke	Garsfontein LS	2018/01/04	
34	34	Schmahl	Eléna	Alpha Centurion AC	2017/07/28	
35	35	Pienaar	Alri	Elarduspark LS	2017/02/18	
36	36	Venter	Jené	Stephanus Roos LS	2017/10/23	
37	37	Gey Van Pittius	Miane	Tygerpoort LS	2017/01/25	
38	38	Ryan	Eilayah	Kameelfontein LS	2017/10/18	
39	39	Myburgh	Elliana	Alpha Centurion AC	2020/04/01	Under Age
40	40	Van der Merwe	Kaleha	Wieries AC	2018/03/24	
41	41	Potgieter	Millie	Anton van Wouw LS	2018/03/14	
42	42	Kotze	Kara	Anton van Wouw LS	2019/09/03	
43	43	Mostert	Lika	Monumentpark LS	2017/02/24	
44	44	Roode	Elly	Anton van Wouw LS	2018/08/21	
45	45	Terblanche	Avani	Constantiapark LS	2017/07/18	

GIRLS 9 (2 KM)					Race 6
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	9	Du Preez	Jesse	Menlopark AC	2016/01/23
2	10	Labuschagne	Ané	Garsfontein LS	2016/09/30
3	12	Durow	Cari	Garsfontein LS	2016/09/06
4	16	Evans	Jenelle	Wieries AC	2016/02/24
5	18	Viljoen	Antoné	Wieries AC	2016/05/16
6	20	Van As	Janeske	Kameelfontein LS	2016/05/30
7	21	Agenbach	Leané	Wieries AC	2016/05/27
8	22	Pretorius	Ariana	Oos Moot AC	2016/05/12
9	23	Viviers	Nikita	FPN AC	2016/03/14
10	24	Tulleken	Abigail	Wieries AC	2016/08/17
11	27	Caddick	Caitlin	Hennospark LS	2016/04/30
12	28	de Beer	Elizabeth	Phobians	2016/01/01
13	35	Viljoen	Lila	Tygerpoort LS	2016/07/28
14	40	Lombard	Zara	Anton van Wouw LS	2016/02/09
15	43	Swanepoel	Simoné	Wieries AC	2016/06/07
16	50	Bender	Leandi	Garsfontein LS	2016/09/06
17	52	Perdijk	Aria	Midstream College	2016/07/25
18	53	Bornman	Amore	FPN AC	2016/03/16
19	54	Harmse	Zanay	Anton van Wouw LS	2016/12/13
20	55	de Beer	Xiané	Stephanus Roos LS	2016/07/22
21	56	Mervitz	Emma	Hennospark LS	2016/09/30
22	57	Schalekamp	Ilané	Village	2016/03/24
23	60	Roode	Lyza	Anton van Wouw LS	2016/05/27
24	62	Mogodiri	Lemogang	Springvale PS	2016/10/27
25	63	De Klerk	Leané	Garsfontein LS	2016/07/17
26	67	de Beer	Lia-Ney	Bakenkop LS	2016/09/05
27	70	Marais	Maria	Anton van Wouw LS	2016/06/15
28	71	Terblanche	Angeli	Constantiapark LS	2016/03/07
29	72	Lourens	Reine-Marie	Anton van Wouw LS	2016/12/01
30	73	Swart	Linieke	Elarduspark LS	2016/01/12
31	75	Lourens	Flieur-Lane	Anton van Wouw LS	2016/12/01
32	76	Coetzer	Alexandri	Monumentpark LS	2016/03/11
33	78	Morris	Isabella	Anton van Wouw LS	2016/11/30
34	79	Beukes	Jennifer	Stephanus Roos LS	2016/09/23
35	80	van Wyk	Lois	Anton van Wouw LS	2016/08/18

GIRLS 10 (2 KM)					Race 6
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Cox	Emma	Irene AC	2015/05/25
2	2	Breytenbach	Elné	Garsfontein LS	2015/02/19
3	3	Bonnema	Lea	Leipies AC	2015/02/16
4	4	Cilliers	Karli	Hennospark LS	2015/10/25
5	5	Vosloo	Kenzi	Wieries AC	2015/05/05
6	6	Troskie	Melinique	Garsfontein LS	2015/03/06
7	7	Holliday	Ryleigh	Bakenkop LS	2015/06/09
8	8	Annandale	Liane	Tuine LS	2015/04/15
9	11	Potgieter	Marna	Stephanus Roos LS	2015/03/17
10	13	Malan	Lizani	Garsfontein LS	2015/10/06
11	14	Claassen	Talia	Elarduspark LS	2015/08/31
12	15	Ascani	Micayla	Boxer AC	2015/07/03
13	17	Maree	Mianelle	Leipies AC	2015/05/07
14	19	Myers	Krisleigh	Swarries Ac	2015/02/18
15	25	Strijbis	Mieke	Constantiapark LS	2015/07/10
16	26	Moribe	Peoentle	Danville Dev AC	2015/02/11
17	29	Botha	Anya	Magalieskruin LS	2015/07/02
18	30	Malan	Isabeau	Anton van Wouw LS	2015/02/20
19	31	Du Preez	Zané	Garsfontein LS	2015/05/31
20	32	Nqakayi	Ayana	Springvale PS	2015/07/02
21	33	Olivier	Licah	Waterkloof HS	2015/10/13
22	34	Nel	Anika	Constantiapark LS	2015/03/03
23	36	Rossouw	Danike	Wieries AC	2015/01/08
24	37	de Kock	Emma	Wieries AC	2015/01/21
25	38	Louw	Lienka	Wieries AC	2015/01/23
26	39	Van Schalkwyk	Miali	Wonderboom LS	2015/04/20
27	41	Steinmann	Liebe	Hennospark LS	2015/05/28
28	42	Stoman	Milan	Bronberg Akademie	2015/11/04
29	44	Maluleka	Rebone	Masai AC	2015/06/01
30	45	Jacobs	Martmari	Anton van Wouw LS	2015/04/07
31	46	van Wyk	Duane	Constantiapark LS	2015/10/26
32	47	Harding	Amore	Tuine LS	2015/02/10
33	48	Maponya	Aisha	Springvale PS	2015/06/03
34	49	Botha	Mika	Hennospark LS	2015/10/03
35	51	Scheepers	Mienker	Constantiapark LS	2015/01/07
36	58	Volschenk	Dione	Tuine LS	2015/01/02
37	59	Van Zyl	Angelique	Rooihuiskraal LS	2015/05/09
38	61	Marais	Mia	Anton van Wouw LS	2015/09/08
39	64	Human	Christell	Magalieskruin LS	2015/11/10
40	65	Geché	Van Nispen	RunAvation	2015/08/24
41	66	West	Ava	Wonderboom LS	2015/08/28
42	68	Steyn	Nadea	Swarries Ac	2015/02/25
43	69	Oosthuizen	Anina	Wieries AC	2015/12/01
44	74	Gerber	Rachel	Bakenkop LS	2015/12/03
45	77	Van Staden	Johanette	Stephanus Roos LS	2015/05/12

GIRLS 11 (3 KM)					
Race 9					
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	14	Nel	Kari	Garsfontein LS	2014/04/10
2	16	Neuhoff	Luka	Anton van Wouw LS	2014/07/18
3	22	Erlank	Mia	Bakenkop LS	2014/05/25
4	26	Leandri	Van Der Bijl	Leipies AC	2014/08/05
5	27	Nel	Zandri	Elarduspark LS	2014/01/16
6	30	Robbertse	Carmie	Garsfontein LS	2014/02/12
7	34	Nel	Riané	Tygerpoort LS	2014/01/03
8	35	Pretorius	Zané	Oos Moot AC	2014/06/05
9	38	Smit	Karlién	Tygerpoort LS	2014/08/07
10	40	Aucamp	Rizanne	Hennospark LS	2014/11/19
11	44	Zowitzky	Priya	Garsfontein LS	2014/02/12
12	48	Naudé	Sanmari	FPN AC	2014/06/13
13	49	Bezuidenhout	Anke	Boxer AC	2014/09/02
14	51	Van Zyl	Elmie	Wieries AC	2014/09/03
15	52	Coetzee	Klarabelle	Nedbank	2014/08/10
16	53	Pienaar	HELENA	Leipies AC	2014/09/18
17	55	Jones	Alana	Magalieskruin LS	2014/02/04
18	58	Barnard	Janke	Waterkloof AC	2014/03/26
19	59	Stone	Mieke	Hennospark LS	2014/08/27
20	60	Stoltz	Mia	Leipies AC	2014/06/25
21	61	Greyvenstein	Milan	Inspire AC	2014/10/30
22	65	Mgxumeki	Bontle	Booyesen LS	2014/10/03
23	68	Brown	Melandri	Boxer AC	2014/07/03
24	70	Griezel	Engela	Bakenkop LS	2014/06/12
25	72	Kaci	Gabriella	Die Krans LS	2014/10/24
26	73	Stols	Adele	Edupleax	2014/03/15
27	77	van Aswegen	Amy	Magalieskruin LS	2014/12/19
28	78	van Wyk	Lente	Anton van Wouw LS	2014/09/01
29	84	Olivier	Sumari	Danie Malan LS	2014/01/03
30	85	Ströh	Adolé	Bakenkop LS	2014/08/11
31	86	Els	Ilseñé	Hennospark LS	2014/01/26
32	89	Janse van Rensburg	Lanell	Curro Roodeplaat	2014/01/21
33	90	Joubert	Bella	Tygerpoort LS	2014/05/16
34	92	Stoltz	Kiara	Wonderboom LS	2014/12/26
35	93	Brits	Melandie	Danie Malan LS	2014/07/23
36	95	Engelbrecht	Zoey	Elarduspark LS	2014/02/08
37	96	Nel	Marli	Bakenkop LS	2014/07/02
38	100	Bresler	Janke	Wonderboom LS	2014/02/20
39	110	Dale	Annabel	Garsfontein LS	2014/02/20
40	111	Meiring	Shonique	Saamspan LS	2014/04/21
41	113	Sage	Abigail	Swartkop LS	2014/08/25
42	114	Meyer	Amore	Saamspan LS	2014/07/09

GIRLS 12 (3 KM)					Race 9
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	2	Botha	Anika	Hennospark LS	2013/05/10
2	4	Erlank	Karissa		2013/09/13
3	5	Gruenenfelder	Ellie	Zwartkop AC	2013/09/16
4	7	Boshoff	Mieke	Boxer AC	2013/03/15
5	8	Opperman	Nadine	Elarduspark LS	2013/10/29
6	10	Van Bergen	Lené	Garsfontein LS	2013/05/14
7	11	Mare	Alet	Elarduspark LS	2013/03/14
8	12	Strauss	Xanthé	Wieries AC	2013/08/09
9	15	Van Der Westhuizen	Karli	Elarduspark LS	2013/09/03
10	17	Alexis	Bornman	Boxer AC	2013/05/06
11	20	van Aswegen	Mia	Bakenkop LS	2013/09/30
12	23	Van Der Westhuizen	Mieke	AHMP AC	2013/02/13
13	36	Van Der Westhuizen	Lara	AHMP AC	2013/02/13
14	37	Degenaar	Duney-Lee	Inspire AC	2013/07/12
15	45	Venter	Mia	Stephanus Roos LS	2013/05/27
16	46	Pretorius	Leane	Nedbank	2013/07/04
17	47	Esterhuyse	Janke	Boxer AC	2013/05/27
18	56	Mojapelo	Mathipiso	Springvale PS	2013/12/02
19	64	Coertze	Janelle	Boxer AC	2013/03/26
20	67	Rossouw	Anze	Wieries AC	2013/10/31
21	69	De Bruto	Abigail	Danie Malan LS	2013/07/29
22	74	Du Preez	Elicia	Garsfontein LS	2013/04/23
23	76	Van Blerk	Lyra	Swartkop LS	2013/02/14
24	81	Roodman	Mion	Swartkop LS	2013/05/31
25	83	Du Preez	Donnalee	Wonderboom LS	2013/07/19
26	97	Potgieter	Mielanke	Stephanus Roos LS	2013/08/16
27	98	Van Der Walt	Kaylee	Stephanus Roos LS	2013/11/19
28	99	Bernhart	Luca	Bakenkop LS	2013/08/12
29	101	Venter	Lisa-Lyn	Bakenkop LS	2013/04/16
30	105	Smit	Jani	Wieries AC	2013/08/13
31	108	Hugo	Ziané	Stephanus Roos LS	2013/11/14

GIRLS 13 (3 KM)					Race 9
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Evans	Hailey	Bakenkop LS	2012/04/17
2	3	Sieberhagen	Jané	Stephanus Roos LS	2012/05/06
3	6	Venter	Marli	Zwartkop HS	2012/03/22
4	9	Louwies	Mizaan	Boxer AC	2012/12/21
5	13	Fowler	Anje	Leipies AC	2012/09/26
6	18	De Bruyn	Maya	Leipies AC	2012/11/02
7	19	Nel	Lea	Garsfontein LS	2012/05/08
8	21	Skosana	Buhle	Danville Dev AC	2012/04/26
9	24	Van Dyk	Tharien	Lynnwood LS	2012/10/08
10	25	Weideman	Duné	Wieries AC	2012/09/13
11	28	Noeth	Anjoné	Leipies AC	2012/04/07
12	29	Malan	Liane	Agapé AC	2012/05/14
13	31	Thiebaut	Larissa	Garsfontein LS	2012/03/09
14	32	Dingaen	Lamiesh	ACE AC	2012/06/21
15	33	Dingaen	Lucriesh	ACE AC	2012/06/21
16	39	Vorster	Chrislie	Tuine LS	2012/04/30
17	41	Seletisha	Amantle	Springvale PS	2012/08/24
18	42	Moeti	Risana	Springvale PS	2012/03/29
19	43	Potgieter	Lianie	FPN AC	2012/03/15
20	50	Van Staden	Minke	Magalieskruin LS	2012/09/12
21	54	Van Niekerk	Micyala	Stephanus Roos LS	2012/09/21
22	57	Aucamp	Lisa	Hennospark LS	2012/10/03
23	62	Shoko	Tendai	Danville Dev AC	2012/05/21
24	63	Mflatela	Afuziwe	Danville Dev AC	2012/09/03
25	66	Cronje	Janke	Wieries AC	2012/12/09
26	71	Marais	Hannah	Anton van Wouw LS	2012/01/13
27	75	Viljoen	Heila	Hennospark LS	2012/08/27
28	79	Hancke	Jana	Elarduspark LS	2012/11/10
29	80	Roux	Milla	Phobians	2012/05/31
30	82	Sereme	Orebabaletse	SMU	2012/02/17
31	87	Olaitay	Oyinda	Springvale PS	2012/05/25
32	88	Moremi	Khumo	Springvale PS	2012/06/15
33	91	Coetzee	Christine	Tuine Tekkies	2012/07/16
34	94	Hlahla	Lebone	Springvale PS	2012/01/30
35	102	Van Dalen	Chanté	Tuine LS	2012/12/05
36	103	Makhazola	Lesedi	Springvale PS	2012/04/09
37	104	Van der Walt	Anushcka	Saamspan LS	2012/09/08
38	106	Van Broekhuizen	Marené	Stephanus Roos LS	2012/04/23
39	107	Swart	Miandri	Stephanus Roos LS	2012/12/12
40	109	Nwozor	Amogelang	Springvale PS	2012/07/26
41	112	Venter	Anruné	Tuine LS	2012/02/14

GIRLS 14 (4 KM)						Race 11
POS	Race Pos	SURNAME	NAME	CLUB	DOB	
1	2	Barnard	Chanene	Boxer AC	2011/09/07	
2	5	Bezuidenhout	Belinda	Zwartkop HS	2011/02/17	
3	6	Thobejane	Makoma	Seshegong AC	2011/05/30	
4	7	Menziwa	Sonwabise	Seshegong AC	2011/08/17	
5	8	Mienie	Lee-Hane	Zwartkop HS	2011/01/03	
6	15	Matlala	Nthabiseng	Masai AC	2011/03/21	
7	16	Du Plessis	Lana	Boxer AC	2011/05/25	
8	17	Hattingh	Kai	Nedbank CH	2011/04/16	
9	18	Smit	Dominique	Eldoraigne AC	2011/08/05	
10	19	Olivier	Theana	Eldoraigne AC	2011/08/22	
11	21	Botha	Isabel	Eldoraigne AC	2011/03/15	
12	22	Van Dyk	Anushke	Eldoraigne AC	2011/10/24	
13	24	Mentz	Anika	Montana AC	2011/12/12	
14	25	Chauke	Palesa	Seshegong AC	2011/07/10	
15	26	Van der Merwe	Noa	Oos Moot AC	2011/09/04	
16	27	Moyo	Gloria	Masai AC	2011/05/14	
17	28	Moselagomo	Regoikantse	Seshegong AC	2011/01/22	
18	29	Mokwena	Gugu	Masai AC	2011/06/09	
19	30	Venter	Amanri	Montana AC	2011/10/13	
20	31	Viviers	Sandra	FPN AC	2011/10/19	
21	39	Van Niekerk	Louise	Erasmus HS	2011/12/22	
22	41	Kritzinger	Mieke	Bronkhorstspuit AC	2011/07/07	
23	42	Fourie	Daniya	WIF (Worth It Foundation)	2011/10/18	
24	43	Kgomari	Kelebogile	Uitsig HS	2011/04/21	
25	44	Metoane	Rorisang	Hillview HS	2011/06/25	
26	45	Manamela	Rebone	Uitsig HS	2011/12/14	
27	48	Kgomani	Keitumetse	Uitsig HS	2011/04/21	
28	49	Ramoleta	Timelo	Uitsig HS	2011/11/02	
29	50	Tshiwandimoni	Mufhatutshekwe	Uitsig HS	2012/06/04	Under Age
30	52	Yaduba	Buhle	Uitsig HS	2011/03/11	
31	53	Letsoara	Naledi	Uitsig HS	2011/02/14	
	12	Shead	Chloe	Saamspan LS	2011/05/13	Only one Lap

GIRLS 15 (4 KM)						Race 11
POS	Race Pos	SURNAME	NAME	CLUB	DOB	
1	1	Pretorius	Leandri	Nedbank CH	2010/04/19	
2	3	Maliehe	Matetsa	Masai AC	2010/06/21	
3	4	Lekwadu	Blessing	Seshegong AC	2010/09/02	
4	9	Buff	Jamila	FPN AC	2010/10/29	
5	10	Van Niekerk	Niané	Montana AC	2010/07/02	
6	11	Pretorius	Larissa	Nedbank CH	2010/04/19	
7	13	Smit	Mia	Zwartkop HS	2010/02/08	
8	14	Le Roux	Kayla	Eldoraigne AC	2010/03/17	
9	20	Louw	Sunelle	Eldoraigne AC	2010/11/26	
10	23	Kidson	Angelique	Eldoraigne AC	2010/05/31	
11	32	Mthimunge	Kgaogelo	Masai AC	2010/10/15	
12	33	Stevens	Ruchelle	Wonderboom HS	2010/06/25	
13	34	Coetzee	Dané	Erasmus HS	2010/08/05	
14	35	Fourie	Talya	WIF (Worth It Foundation)	2010/01/01	
15	36	Potgieter	Jessica	FPN AC	2010/02/08	
16	37	Welgemoed	Mechandry	Tuine Tekkies	2010/06/09	
17	38	Jacobie	Kristy	Erasmus HS	2010/07/15	
18	40	Mere	Boipelo	Sutherland HS	2010/04/09	
19	46	Maimelo	Anele	Hillview HS	2010/06/23	
20	47	Snyman	Madenique			No Birth Date
21	51	Ledusa	Bonolo	Sutherland HS	2010/05/26	

GIRLS 16 (4 KM)					Race 12
POS	Race Pos	SURNAME	NAME	CLUB	2008/08/20
1	1	Slabbert	Veani	Worth It	2009/03/09
2	2	Groenewald	Chanel	Boxer AC	2009/11/04
3	8	van Schalkwyk	Jana	Boxer AC	2009/05/29
4	9	Mlangeni	Princess Ntokozo	Uitsig HS	2009/01/14
5	12	Deyssel	Alex	Oos Moot AC	2009/02/03
6	13	Truter	Zea	Eldoraigne AC	2009/02/19
7	14	Ayoka	Alicia	Sutherland HS	2009/12/23
8	15	Smit	Evette	Eldoraigne AC	2009/02/13
9	17	Prinsloo	Ané	Waterkloof HS	2009/07/15
10	18	Leshaba	Eudence	Super Eagles	2009/06/10
11	19	Maloka	Morongwa	Sutherland HS	2009/10/26
12	20	Mukwevho	Ndinae	Sutherland HS	2009/06/18
13	21	Kritzinger	Amanda	Bronkhorstspuit AC	2009/01/29
14	23	Mohanjukela	Sandisiwe	Sutherland HS	2009/08/27
15	25	Mandiwana	Ronewa	Sutherland HS	2009/09/09
16	26	Venter	Stephanie	Erasmus HS	2009/11/17
17	28	Mabua	Otlakalerato	Flying School AC	2009/07/29

GIRLS 17 (4 KM)					Race 12
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	3	Schroder	Kayla	Eldoraigne AC	2008/05/17
2	4	De Koker	Simoné	FPN AC	2008/01/14
3	5	Stickells	Tanya Amy	Overkruin HS	2008/03/31
4	6	Lebepe	Makoma	Seshegong AC	2008/05/12
5	7	Maila	Tshireletso	Seshegong AC	2008/11/26
6	10		Vanessa	Masai AC	2008/09/29
7	11	Maartens	Lene	Run Aviation	2008/09/18
8	16	Nel	Sioné	Run Aviation	2008/01/28
9	22	Nel	Cherése	Tuine HS	2008/06/09
10	24		Haylie	Wonderboom HS	2008/02/23
11	27	Scheepers	Charné	Tuine HS	2008/02/12

JUNIOR WOMEN (6 KM)					Race 13
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	61	Van Greunen	Maya	Wingate Road Runners	2007/02/27
2	62	Vivier	Ezmarelda	FPN AC	2007/07/23
3	72	Oberholzer	Linri	Eldoraigne AC	2006/08/10
4	74	Kwinda	Prudence Wanga	TUT AC	2007/02/27
5	78	Bezuidenhout	Onelda	Tuks AC	2006/06/26

WOMEN 23 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	2	Mavuso	Mathapelo	Masai AC	2004/05/26
2	6	Pretorius	Liney	Nedbank	2007/10/06
3	8	Baasch	Kaylin	Oos-Moot HS	2007/06/09
4	11	Shabalala	Amogelang	Tuks AC	2004/10/04
5	12	De Jong	Tasha	Montana AC	2007/08/31
6	18	Muller	Megan	Alpha Centurion AC	2006/07/11
7	19	Du Preez	Marlien	Discovery Vitality	2004/06/25
8	30	Grahan	Chie-Ann	Montana AC	2007/07/31
9	40	Somo	Mmakgosi	TUT AC	2004/06/22
10	42	Webb	Abigail	Tuine HS	2007/12/11
11	44	Kotzé	Shannon	BHS AC	2006/12/27
12	46	van Wyk	Elisma	FPN AC	2007/09/06
13	51	Haasbroek	Rita-Marié	Skuilkrans AC	2006/12/19
14	60	Fourie	Michelle	Discovery Vitality	2005/11/13
15	64	Grobler	Danica	Boxer AC	2004/03/01
16	83	Sekoateng	Tshimoloho	SMU AC	2006/04/26
17	93	Komane	Reatlegile	Uitsig HS	2007/09/21
18	96	Mokoana	Khanye	Hillview HS	2007/09/14
19	97	Magashula	Thato	Hillview HS	2007/04/26

SENIOR WOMEN (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Hutamo	Elizabeth	Masai AC	2002/01/20
2	3	Weits	Simoné	TUT AC	1999/04/26
3	4	Mogano	Kamogelo	Boxer AC	2000/08/04
4	9	Lombard	Hester	Nedbank	2000/05/18
5	13	de Beer	Leandri	Sterkspan AC	1994/04/09
6	20	Mjele	Sibongile	Masai AC	1998/03/28
7	21	Stickells	Izabel	Montana AC	2001/05/01
8	24	Viljoen	Mariettjie	Tuks AC	1997/12/20
9	27	Sikisi	Natasha	TUT AC	2002/09/19
10	29	Swanepoel	Elizma	FPN AC	1998/06/19
11	31	Ras	Chantelle	Overkruin AC	2000/08/14
12	43	Minnaar	Nicolé	Pretoria Bobbies	1992/11/17
13	50	Holliday	Tamrin	Individual	1991/07/15
14	58	Vreugdenburg	Cornie	Tuine LS	1994/05/25
15	99	Myburgh	Berni	Alpha Centurion AC	1996/08/14
16	100	Schmahl	Tamryn	Alpha Centurion AC	1992/10/15
17	103	Botha	Louise	Tuine Tekkies	1995/07/03
18	105	Lubbe	Mariana	Bakenkop AC	1991/09/19
19	109	Stephens	Menique		2001/10/23

SENIOR WOMEN (10 KM)						Race 14
POS	Race Pos	SURNAME	NAME	CLUB	DOB	
1	20	Mailula	Karabo	Tuks AC	2002/03/17	
2	21	Mogana	Kamogelo	Boxer AC	2000/08/04	
3	24	Reitz	Marelize	FPN AC	1999/08/18	
4	25	Van Niekerk	Melissa	Tuks AC	2005/08/01	
5	28	Kotzé	Tihana	Tuks AC	2005/06/14	
6	30	Sikisi	Natasha	TUT AC	2002/09/19	
7	32	Kobe	Paballo	SMU AC	1995/10/13	
8	33	Moiga	Dieketseng	TUT AC	2003/05/08	
9	34	Somo	Mmakgosi	TUT AC	2004/06/22	
10	36	Minne	Zelda	FPN AC	1990/11/08	Over Age
11	38	van Wyk	Suné	Blizz AC	1987/03/10	Over Age
12	39	Malahlela	Anna	FPN AC	1980/04/17	Over Age

WOMEN 35 - 39 (4KM)						Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB	
1	5	Breytrenbach	Chantelle	Willebeer AC	1987/04/18	
2	17	Franck	Mirelle	FPN AC	1990/06/24	
3	25	Coetzee	Anet	Zwartkop AC	1988/09/16	
4	26	Sekori	Kgakgamotso	PMMC	1988/12/06	
5	36	Van der Walt	Nadine	Willebeer AC	1990/09/24	Under Age
6	57	Bester	Maryke	Irene AC	1990/01/18	
7	67	Jooste	Marinel	Wingatepark	1987/05/04	
8	94	Esterhuysen	Gerda	Boxer AC	1986/07/25	
9	95	Goosen	Juanita	FPN AC	1988/03/15	
10	112	Viljoen	Belinda	Montana AC	1990/02/20	
11	120	Maritz	Maria	Tuine Tekkies	1986/07/01	
12	121	Sieberhagen	Zelda	Stephanus Roos AC	1985/10/08	

WOMEN 40 - 44 (4 KM)						Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB	
1	7	Scheffer	Leilani	Boxer AC	1983/05/23	
2	15	Du Plessis	Natasja	Boxer AC	1981/03/05	
3	16	Boyisi	Ongeziwe	Danville Dev AC	1982/11/29	
4	22	Boshoff	Geraldine	Boxer AC	1985/07/23	
5	23	King	Elsmarie	Bobbies AC	1985/08/10	
6	34	Strauss	Anita	Alpha Centurion AC	1985/09/02	
7	37	Botha	Smoné	Boxer AC	1981/12/01	
8	39	Ziphethe	Queen	Team Vitality GN	1983/09/04	
9	41	Louw	Anzelle	Alpha Centurion AC	1981/10/15	
10	47	Fowler	Corli	Individual	1982/01/24	
11	52	Coetzee	Annne-Mare	Bronkhorstspuit AC	1984/10/15	
12	65	Mulder	Maryke	AC AC	1985/03/18	
13	66	Cant	Antoinette	Phobians	1981/06/15	
14	68	Bierman	Anzelle	Magalieskruin LS	1985/01/26	
15	81	Cilliers	Lorinda		1983/11/26	
16	82	Mentz	Lizelle	Montana AC	1980/10/10	
17	88	Brown	Rene	FPN AC	1983/11/08	
18	111	Mazwi	Surprise	NDOH AC	1985/01/03	
19	114	Welgemoed	Mechell	Tuine Tekkies	1983/05/01	
20	115	Mathye	Nkhensani	PMMC	1985/07/20	
21	119	Mokgothu	Seipati		1980/11/04	

WOMEN 45- 49 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	10	Claassen	Leandri	FPN AC	1977/10/04
2	14	Booyens	Nicky	Green Mile AC	1978/12/06
3	32	De Klerk	Juleen	Individual	1979/12/29
4	33	De Klerk	Thelma	GNMA	1980/07/04
5	35	Willering	Alichia	Blizz AC	1979/11/07
6	38	Van der Merwe	Magriet	AC AC	1980/03/26
7	45	Senekal	Cara	Alpha Centurion AC	1980/05/08
8	48	Ncayiyana	Precious	PMMC	1979/03/13
9	49	Etsebeth	Annelie	Alpha Centurion AC	1977/10/14
10	53	Mostert	Mariaan	Green Mile AC	1980/02/03
11	74	Van Blerk	Lynette	Worth It Foundation	1977/09/22
12	79	Kriel	Yolandi	FPN AC	1977/04/18
13	80	Stodart	Eldeleen	Blizz AC	1976/11/02
14	85	Malahlela	Anna	FPN AC	1980/04/17
15	98	Fourie	Liandi	WIF (Worth It Foundation)	1977/07/17
16	104	Volschenk	Bev	Tuine LS	1977/01/06
17	117	Steyn	Gretha	Stephanus Roos AC	1976/08/09

WOMEN 50 - 54 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	28	Koster	Ingrid	Nedbank	1971/12/13
2	56	De Wet	Tessa	Boxer AC	1975/09/01
3	61	Van Loggerenberg	Madeleen	FPN AC	1971/09/03
4	62	Snyman-J	Marie	Blizz AC	1974/02/18
5	70	Coertze	Adelle	Blizz AC	1973/10/26
6	72	Houy	Retha	Blizz AC	1971/05/18
7	75	Van Zyl	Karen	Irene AC	1973/07/17
8	77	Annalize	Jvrensborg	FPN AC	1974/11/24
9	84	Nel	Pauli	Pretoria Bobbies	1975/04/01
10	86	Richardson	Petro	AC AC	1974/04/02
11	89	Janse van Rensburg	Sonja	Pretoria Bobbies	1973/01/26
12	106	Engelbrecht	Santa	Tuine LS	1972/01/13
13	107	Checha	Lineth	Masai AC	1972/10/21
14	118	Reitz	Gwen	FPN AC	1974/11/19

WOMEN 55 - 59 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	55	Muller	Louise	Alpha Centurion AC	1970/02/17
2	59	Goodinson	Carol	FPN AC	1968/12/16
3	69	De Lange	Emsie	Agapè AC	1970/05/06
4	76	Franck	Alet	FPN AC	1968/03/30
5	90	Maluleka	Concelia	Danville Dev AC	1969/02/14
6	102	Dercksen	Anneline	Tuine Tekkies	1970/04/10
7	110	Kompagnie	Stienie	Oos Moot AC	1967/03/29
8	113	Botha	Iris	Tuine Tekkies	1968/08/28

WOMEN 60 - 64 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	54	Breytrenbach	Ansie	Irene AC	1963/12/19
2	73	Du Preez	Lidia	FPN AC	1963/07/31
3	78	Fourie	Ronel	Oos Moot AC	1962/10/23
4	87	Erasmus	Lettie	Nedbank	1965/02/23
5	91	Martin	Denise	Oos Moot AC	1964/05/12

WOMEN 65 - 69 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	63	Boesenberg	Martie	FPN AC	1957/01/31
2	71	Foster	Kim	Team Vitality GN	1959/09/02
3	92	Jansen van Rensburg	Yvonne	Bobbies AC	1960/06/09
4	101	Cloete	Joey	Alpha Centurion AC	1956/11/21
5	122	MOUTON	Christa	Agapè AC	1956/11/25

WOMEN 70 - 74 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	108	Pretorius	Rina	Bobbies AC	1952/07/26
2					
3					
4					
5					

WOMEN 75 - (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	124	Laker	Rita	Alpha Centurion AC	1947/05/06
2					
3					
4					
5					

BOYS 8 (1 KM)					Race 5
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Botha	Abrie	Leipies AC	2017/09/11
2	2	Van Den Heever	Samuel	Garsfontein LS	2017/08/25
3	3	Du Rand	Stephanus Corneluis	Monumentpark LS	2017/03/01
4	4	Burger	Stefan	Hennospark LS	2017/08/10
5	5	Rohlandt	Erwin	Elarduspark LS	2017/01/09
6	6	Cilliers	Wichard	Hennospark LS	2017/11/04
7	7	Eksteen	Max	Anton van Wouw LS	2017/01/12
8	8	Van Broekhuizen	Cornelis	Stephanus Roos LS	2017/02/05
9	9	Pet	Zian	Elarduspark LS	2017/12/10
10	10	Claassen	Toann	Elarduspark LS	2017/09/16
11	11	Minnaar	Philip	Tuine LS	2017/12/20
12	12	Truter	Blake	Midstream Ridge PS	2017/04/04
13	13	Holliday	Aidan	Bakenkop LS	2018/03/23
14	14	Bornman	Kyle	Tuine LS	2017/12/30
15	15	Boshoff	Keanu	Boxer AC	2018/02/13
16	16	Van Rensburg	Milan	Menlopark AC	2017/11/29
17	17	Hancke	Wessel	Elarduspark LS	2018/08/07
18	18	Van Heerden	Schalk	Garsfontein LS	2018/03/23
19	19	Gilbert	Joshua Troy	Garsfontein LS	2017/02/06
20	20	Storm	Dawid	Garsfontein LS	2018/11/01
21	21	Vosloo	Ryan	Wieries AC	2017/04/21
22	22	Lombard	Ariel	Anton van Wouw LS	2018/10/14
23	23	Van Der Westhuizen	Ben	Garsfontein LS	2017/08/28
24	24	Annandale	Quinton	Tuine LS	2018/04/09
25	25	Schutte	Kian	Elarduspark LS	2017/04/27
26	26	Pretorius	FC	Wieries AC	2017/06/27
27	27	Earle	Regardt	Swartkop LS	2017/10/13
28	28	Ratsie	Kaone	Robert Hicks PS	2017/04/07
29	29	Strydom	Joris	Stephanus Roos LS	2017/07/25
30	30	Van der Merwe	Sebastian	Elarduspark LS	2018/01/18
31	31	Mostert	MJ	Voorpos LS	2017/03/22
32	32	Smidt	Righardt	Monumentpark LS	2018/02/19
33	33	Schoeman	Jason	Voorpos LS	2017/01/30
34	34	Rudolph	Nicholas	Anton van Wouw LS	2018/03/28
35	35	Zietsman	Caleb	Hennospark LS	2017/09/22
36	36	Strijdom	Gideon	Garsfontein LS	2018/02/16
37	37	Kritzinger	Damien	Stephanus Roos LS	2017/08/10
38	38	Henning	Joshua	Garsfontein LS	2018/01/15
39	39	Bezuidenhout	Neil	Garsfontein LS	2018/10/15
40	40	Lubbe	Michael	Bakenkop LS	2018/07/16
41	41	Schoeman	Renzo	Garsfontein LS	2017/03/20
42	42	Becker	Izayah	Anton van Wouw LS	2017/11/19
43	43	Otto	Marcus	Monumentpark LS	2017/05/19
44	44	Van Dalen	Ian	Tuine LS	2017/10/11
45	45	Compaan	Joshua	Garsfontein LS	2017/06/13
46	46	Swart	Jovan	Saamspan LS	2017/02/15
47	47	Marais	Marius	Anton van Wouw LS	2018/06/21
48	48	Kruger	Lourens	Garsfontein LS	2017/01/01
49	49	Pilkington-Williams	Bjorn	Garsfontein LS	2018/04/12
50	50	Marais	Jacobus	Anton van Wouw LS	2017/02/27
51	51	Wian	Folkerts	Stephanus Roos LS	2017/03/22
52	52	Engelbrecht	Liam	Midstream AC	2018/07/09
53	53	Goosen	Lude	Stephanus Roos LS	2018/06/04
54	54	Van Emmenis	Logan	Magalieskruin LS	2017/10/09
55	55	Marais	Wilna	Stephanus Roos LS	2017/07/25
56	56	Lubbe	Rudi	Bakenkop LS	2017/07/13
57	57	Nduli	Blessing (Lelo)	Curro Roodeplaat	2018/10/15
58	58	Bender	Lehan	Garsfontein LS	2019/08/12
59	59	Horn	Hanke	Anton van Wouw LS	2017/08/17

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60	60	Lourens	Rhuhardt	Anton van Wouw LS	2018/11/08
61	61	Du Plessis	Keathan	Stephanus Roos LS	2018/04/23
62	62	Smith	Brendon	Stephanus Roos LS	2018/05/17
63	63	Potter	Logan	Stephanus Roos LS	2017/07/27
64	64	Gabulitloeloe	Realeboga	Curro	2018/05/21

BOYS 9 (2 KM)					Race 7
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	5	Seymore	Divan	Stephanus Roos LS	2016/09/15
2	9	Aucamp	Eben	Hennospark LS	2016/11/23
3	10	Pienaar	FRANCOIS	Leipies AC	2016/05/16
4	15	Van Zyl	Ruben	Midstream College AC	2016/05/23
5	18	Smidt	Ruben	Monumentpark LS	2016/08/22
6	19	Pienaar	Corné	Monumentpark LS	2016/02/25
7	20	de Beer	Aiden	Wieries AC	2016/09/28
8	22	Viljoen	Luan	Stephanus Roos LS	2016/06/21
9	23	Van Dyk	FRANCOIS	Lynnwood LS	2016/09/14
10	24	Schiller	Ulrich	Magalieskruin LS	2016/01/20
11	27	Goosen	Zeke	Bakenkop LS	2016/06/30
12	29	Roos	Benjamin	Wieries AC	2016/04/27
13	32	Van Staden	Marthinus Phillipus	Elarduspark LS	2016/03/02
14	34	Dale	Jan-Louis	Garsfontein LS	2016/10/20
15	36	Anderson	Luandré	Leipies AC	2016/08/30
16	38	Van Bergen	Nelus	Garsfontein LS	2016/03/14
17	39	Van Der Westhuizen	Roelof	AHMP AC	2016/02/09
18	40	Van der Merwe	Stefan	Bakenkop LS	2016/03/05
19	50	Reid	Jayden	Elarduspark LS	2016/12/12
20	52	EHLERS	HUGO	Midstream AC	2016/09/19
21	53	Van Schalkwyk	Elmar	Wonderboom LS	2016/09/02
22	54	Van Den Heever	Barno	Saamspan LS	2016/10/26
23	55	Nkosi	Wetsho	Flying School AC	2016/09/13
24	56	Ludeke	Caydon	Wonderboom LS	2016/04/04
25	57	Pretorius	Connor	Tygerpoort LS	2016/04/29
26	59	Botha	Lehan	Garsfontein LS	2016/06/13
27	61	Van der Merwe	Janroux	Rooihuiskraal LS	2016/12/29
28	64	Leschinsky	Sion	Broederstroom LS	2016/03/17
29	65	Van Eysen	Hanno	Garsfontein LS	2016/11/14

BOYS 10 (2 KM)					Race 7
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Botha	Adriaan	Hennospark LS	2015/12/27
2	2	Du Plessis	Wian	Boxer AC	2015/02/26
3	3	Rust	Danie	Hennospark LS	2015/05/02
4	4	Mentz	Adriaan	Stephanus Roos LS	2015/06/18
5	6	Nkgadima	Oarabile	Booyesen LS	2015/05/16
6	7	Hancke	Waldo	Elarduspark LS	2015/06/24
7	8	Van Eeden	Johannes	Witpoort LS	2015/03/06
8	11	Uys	Hendre	Garsfontein LS	2015/09/08
9	12	Smit	Rohan	Voorpos LS	2015/01/14
10	13	Van Heerden	Keagan	Bakenkop LS	2015/06/14
11	14	Kruger	Christian	Wonderboom LS	2015/05/21
12	16	Mare	Janus	Elarduspark LS	2015/04/21
13	17	Cwati	Lusanele	Springvale PS	2015/09/02
14	21	Pretorius	Wian	Voorpos LS	2015/03/29
15	25	Meiring	AJ	Saamspan LS	2015/03/07
16	26	Meyer	Gian	Garsfontein LS	2015/07/15
17	28	Griezel	Sebastian	Bakenkop LS	2015/05/04
18	30	Stroebel	Jacques	Constantiapark LS	2015/03/28
19	31	Coertze	Matthew	Kameelfontein LS	2015/08/05
20	33	De Jager	Logan	Garsfontein LS	2015/08/04
21	35	Slinger	Leveil	ACE	2015/10/15
22	37	Joubert	Ruben	Leipies AC	2015/11/28
23	41	Dekker	Jakob	The Village AC	2015/05/28
24	42	Goosen	Keanu	Stephanus Roos LS	2015/06/12
25	43	Morewa	Andile	Springvale PS	2015/09/10
26	44	Smit	AJ	Wieries AC	2015/02/23

27	45	Hlungwani	Vukosi	Booyesen LS	2015/03/15
28	46	Botha	Neels	Elarduspark LS	2015/11/30
29	47	Pretorius	Johnro	Bakenkop LS	2015/04/30
30	48	Botha	Hein	Inspire AC	2015/09/29
31	49	Otto	Ulrich	Monumentpark LS	2015/05/29
32	51	Mogale	Thapelo	Tuine LS	2015/10/20
33	58	Scally	Callum	Stephanus Roos LS	2015/09/02
34	60	Ewan	Folkerts	Stephanus Roos LS	2015/02/24
35	62	Franken	Theo	Wieries AC	2015/09/17
36	63	Venter	MW	Tuine LS	2015/06/01

BOYS 11 (3 KM)					Race 8
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	10	Louw	Matthys	Swarries Ac	2014/01/31
2	11	Knoetze	Connor	Tygerpoort LS	2014/04/16
3	13	Pienaar	Ruan	Phobians	2014/03/27
4	16	Damon	Rodwin	ACE AC	2014/06/16
5	18	Oosthuizen	Eben	Hennospark LS	2014/08/12
6	20	Bruwer	Josua	Swarries Ac	2014/04/04
7	21	Cloete	Judah	Leipies AC	2014/10/21
8	23	Campbell	Cameron	ACE AC	2014/01/13
9	24	Hlongwane	Jubilee	Stephanus Roos LS	2014/10/23
10	25	Thiebaut	Christiaan	Garsfontein LS	2014/02/17
11	27	Anderson	Divan Heinrich	Leipies AC	2014/08/26
12	28	Roux	Jean	Phobians	2014/07/07
13	31	Beukes	Ruan	Rooihuiskraal LS	2014/10/21
14	32	Botha	T.J	FPN AC	2014/01/16
15	33	Phaho	Botlhale	Individual	2014/06/11
16	37	Louw	Nathaniel	Alpha Centurion AC	2014/02/25
17	39	Louwrens	Luan	Stephanus Roos LS	2014/06/30
18	42	Sieberhagen	Dewet	Stephanus Roos LS	2014/07/03
19	43	Broekman	James	Stephanus Roos LS	2014/09/26
20	49	Beeslaar	Dewald	Danie Malan LS	2014/05/20
21	50	Human	Eben	Anton van Wouw LS	2014/01/08
22	51	Cronje	Gideon	Wieries AC	2014/10/14
23	56	Wells	Keegan	Elarduspark LS	2014/09/04
24	58	Du Plessis	Daniël	Garsfontein LS	2014/04/09
25	63	Earle	Flippie	Swarries Ac	2014/04/22
26	71	Van der Merwe	Roelof	Anton van Wouw LS	2014/04/25

No Birth Date

BOYS 12 (3 KM)					Race 8
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Lewis	Christiaan	Nedbank AVT	2013/07/23
2	2	Kruger	Sion	FPN AC	2013/11/04
3	3	Opperman	Ruben Roy	Elarduspark LS	2013/10/29
4	4	Viljoen	Joshua	Tygerpoort LS	2013/01/05
5	5	Horn	Erich	Leipies AC	2013/07/27
6	6	Claassen	Janko	FPN AC	2013/10/22
7	7	Hlongwane	Opelong	Individual	2013/11/09
8	8	CJ	Dartnall	Hennospark LS	2013/01/04
9	9	Maripe	Boqwana	Springvale PS	2013/01/14
10	12	Van der Merwe	Johan	Bakenkop LS	2013/02/06
11	14	Rossouw	AJ	Bakenkop LS	2013/04/22
12	15	Van Tonder	Armand	Hennospark LS	2013/02/06
13	17	Humphris	Daniel	Hennospark LS	2013/03/19
14	19	Swan	Juan	Magalieskruin LS	2013/09/20
15	22	Eksteen	Saul	Garsfontein LS	2013/02/27
16	26	Viljoen	Alexander	Stephanus Roos LS	2013/05/08
17	29	Malema	Warona	Individual	2013/12/21
18	30	Mckue	Tyler	ACE AC	2013/01/03
19	34	De Lange	Juan	Agapè AC	2013/03/31
20	35	Maree	Hercu	Leipies AC	2013/09/19
21	36	Filander	Danelon	ACE AC	2013/11/12
22	38	Du Preez	Joshua	Menlopark AC	2013/10/21
23	40	Smit	Jodan	Stephanus Roos LS	2013/05/08
24	41	Brown	Liam	Bakenkop LS	2013/11/05
25	44	Hefer	Marius Jan	Alpha Centurion AC	2013/05/20
26	45	Van Niekerk	Daniël	Wieries AC	2013/06/19
27	46	Botha	Arno C J	Hennospark LS	2013/10/22
28	47	Ziphethe	Ntsika	Flying School AC	2013/05/08
29	48	De Klerk	Reynard	Garsfontein LS	2013/08/11
30	52	Montsho	Omolemo	Montana AC	2013/02/28
31	53	Landman	Hanco	Oos Moot AC	2013/09/02
32	54	Swanepoel	Michael	Wonderboom LS	2013/12/27
33	55	Brits	Max	FPN AC	2013/11/20
34	57	Minne	Zaiden	FPN AC	2013/10/18
35	59	Webb	Nathan	Bakenkop LS	2013/01/11
36	60	Botha	Wijancko	Wonderboom LS	2013/08/02
37	61	Venter	Nathan	Wonderboom LS	2013/01/08
38	62	Viljoen	Stefan	Totiusdal LS	2013/11/01
39	64	Oosthuizen	JR	Wieries AC	2013/12/06
40	65	Ebersohn	Gerhardus	Magalieskruin LS	2013/07/20
41	66	Du Preez	Lourens	Wonderboom LS	2013/07/19
42	67	Gerber	CJ	Tuine LS	2013/12/01
43	68	Shuttleworth	Alexander	Anton van Wouw LS	2013/11/20
44	69	Nel	Ernst	Oos Moot AC	2013/08/10
45	70	Pretorius	Ralph	Bakenkop LS	2013/09/27

BOYS 13 (4 KM)					Race 10
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	9	Van Der Bijl	JC	Leipies AC	2012/03/24
2	14	Malan	Pieter	Anton van Wouw LS	2012/08/18
3	15	Roets	Conner	Magalieskruin LS	2012/02/25
4	19	Modiba	Phenyo	Seshegong AC	2012/03/04
5	21	Vos	Izak	Danie Malan LS	2012/06/02
6	23	Moolman	Christian	Anton van Wouw LS	2012/07/05
7	24	Ascani	Aidan	Boxer AC	2012/10/11
8	34	Cilliers	Evan	Oos Moot AC	2012/07/23
9	35	Pretorius	Uys	Hennospark LS	2012/09/10
10	36	Rheeders	Hendre	Swarries Ac	2012/09/17
11	38	Van Tonder	Gerhard	Bakenkop LS	2012/12/24
12	39	Le Roux	Lionel Victor	Nedbank	2012/06/26
13	44	Snijders	Eugene	Danie Malan LS	2012/02/13
14	46	Rossouw	Ruben	Magalieskruin LS	2012/04/28
15	47	Boonzaaier	WJ	Swarries Ac	2012/03/30
16	49	Rossouw	Ricu	Magalieskruin LS	2012/04/28
17	51	SIMEON	BASSON	Hennospark LS	2012/06/27
18	52	Gruenenfelder	AIYA	Zwartkop AC	2012/09/12
19	55	De Lange	Simeon	Garsfontein LS	2012/02/16
20	59	Phoro	Lwanolo	Seshegong AC	2012/01/31
21	61	Storm	Nico	Garsfontein LS	2012/04/19
22	64	Hlungwani	Risima	Boosens LS	No Birth Date
23	66	Welgemoed	Maczandry	Tuine Tekkies	
24	70	Pretorius	Morné	Blizz AC	2012/07/21
25	74	Buys	Ruhan	Stephanus Roos LS	2012/02/21
26	75	Fourie	Handru	Stephanus Roos LS	2012/06/22
27	77	Mashianuoko	Phenyo	Boosens LS	2012/06/09
28	78	Le Roux	Etienne	Midstream AC	2012/10/02
29	79	Van Nispen	Gihan	RunAvation	2012/03/27
30	81	Van der Merwe	Pieter	Monumentpark LS	2012/08/29
31	83	Pretorius	Wihan	Bakenkop LS	2012/12/11
32	84	Meyer	Alden	Garsfontein LS	2012/08/23
33	85	Coetzee	Josua	Garsfontein LS	2012/04/07
34	91	Mokgothu	Tshwaro		2012/12/14
35	92	Engelbrecht	Eben	Swarries Ac	2012/05/02
36	93	Moller	Caleb	Stephanus Roos LS	2012/08/28
37	96	Kemp	Dewald	Tygerpoort LS	2012/12/04
38	97	Goldswain	Edwin	Tuine LS	2012/05/31
39	100	Metsing	Oalerato	HTS Tuine	2012/12/16
					2012/02/28

BOYS 14 (4 KM)					Race 10
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	2	Coetzer	Ewan	Garsfontein HS	2011/03/07
2	3	Coetzee	Adriaan	Zwartkop HS	2011/04/04
3	5	Braun	Ronaldo	Zwartkop HS	2011/12/08
4	6	Hugo	Adriaan	Montana AC	2011/01/03
5	11	Bezuidenhout	Edward	Zwartkop HS	2011/02/17
6	12	Chiradza	Eager	Masai AC	2011/10/23
7	20	Claassen	Ruben	Montana AC	2011/02/16
8	27	Otlotleng	Sekati	Masai AC	2011/12/06
9	31	Hennop	Tristen	Zwartkop HS	2011/12/14
10	32	Haasbroek	FC	Zwartkop HS	2011/04/12
11	33	Schnuir	Luan	Zwartkop HS	2011/07/29
12	42	Rens	Andre	Montana AC	2011/03/28
13	43	Kruger	Carel	Overkruin AC	2011/01/27
14	45	Stapelberg	Dwight	Eldoraigne AC	2011/02/01
15	48	Steyn	Aedan	Eldoraigne AC	2011/08/02
16	50	Kroukamp	Nico	HTS John Vorster	2011/08/08
17	62	Weideman	Liam	Wonderboom HS	2011/02/11
18	63	Booyse	SW	Pretoria Bobbies	2011/08/29
19	67	Steyn	Gideon	Eldoraigne AC	2011/09/28
20	80	Coetzee	Gerdian	Erasmus HS	2011/11/07
21	82	Masango	Kananelo	Montana AC	2011/04/13
22	88	Makofane	Bohlale	HTS Tuine	2011/04/07
23	89	Van Deventer	Dario	FPN AC	2011/11/30
24	90	Britz	Wynand	Saamspan LS	2011/01/12

BOYS 15 (4 KM)					Race 10
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Visagie	Jeandre	Zwartkop AC	2010/05/03
2	4	Brits	Christiaan	Montana AC	2010/06/30
3	7	De Villiers	Jacques	Garsfontein HS	2010/08/25
4	8	Delport	Hanco	Garsfontein HS	2010/06/30
5	10	Beard	Omolemo	Akasia HS	2010/04/25
6	13	Mentz	Armand	Montana AC	2010/01/22
7	16	Rasenoka	Simphiwe	Akasia HS	2010/08/02
8	17	Kashila	Shala	Boxer AC	2010/07/24
9	18	De Klerk	NJ	Zwartkop AC	2010/11/30
10	22	Mabena	Omphile	Masai AC	2010/10/13
11	25	Adlem	D'Artagnan	Roodeplaat	2010/02/05
12	26	Groenewald	Hanré	Skuilkrans LS	2010/03/11
13	28	De Sa	Claudio	Wonderboom HS	2010/09/23
14	29	Pretorius	Ivandr�	Oos Moot AC	2010/02/17
15	30	Grobbelaar	Denand Arn�	Garsfontein HS	2010/09/08
16	37	SCHOOMBEE	JADON	Run Avation	2010/11/10
17	40	Rademeyer	Nethan	Wonderboom HS	2010/06/19
18	41	Vivier	William	FPN AC	2010/10/25
19	53	Norton	Dawid	Wonderboom HS	2010/01/25
20	54	Masilela	Sibusiso	Erasmus HS	2010/08/31
21	56	Buys	Stiaan	Montana AC	2010/04/24
22	57	Fourie	Justin	Individual	2010/06/27
23	58	Bresler	Jaydin	Menlopark HS	2010/12/09
24	60	Klaas	Tiisetso	Uitsig HS	2010/05/27
25	65	Mgangathi	Thabo	Seshegong AC	2010/07/21
26	68	Van Leggerenberg	Henru	Wonderboom HS	2010/08/24
27	69	Van der Walt	HD	Wonderboom HS	2010/02/27
28	71	Pule	Tumelo	HTS Tuine	2010/07/17
29	72	Mphahlele	Tebogo	HTS Tuine	2010/06/12
30	73	Turalo	Khotso	Sutherland HS	2010/07/24
31	76	Burger	Ferrand	Eldoraigne AC	2010/08/03

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32	86	Mona	Teboho	Hillview HS	2010/01/22
33	87	Adigun	Isiaq	HTS Tuine	2010/06/26
34	94	Mamba	Sibusiso	HTS Tuine	2010/06/21
35	95	Smith	Markus	Eldoraigne AC	2010/02/22
36	98	Mabundo	Milani	HTS Tuine	2010/03/26
37	99	Matjila	Bokamose	HTS Tuine	2010/05/19

BOYS 16 (6 KM)					Race 13
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	6	Chiradza	Junior	Masai AC	2009/09/30
2	7	Scheepers	Conrad	Zwartkop AC	2009/09/16
3	8	Matseke	Thabiso	Montana AC	2009/10/28
4	10	Matseke	Lethabo	Montana AC	2009/10/28
5	12	Fernandez	Franco	Montana AC	2009/05/03
6	13	Mokoena	Lesedi	Akasia HS	2009/02/06
7	14	Ntlemo	Ntsako	Akasia HS	2009/11/14
8	15	Matalane	Thabang	Montana AC	2009/10/27
9	16	Boateng-Newton	Richard	Akasia HS	2009/05/11
10	17	Myburgh	Liam	Zwartkop HS	2009/08/20
11	18	Van Staden	Rikus	Zwartkop AC	2009/12/27
12	20	Hugo	Ruben	Montana AC	2009/03/10
13	23	Mosito	Katlego	Masai AC	2009/03/10
14	26	Modiselle	Reabetswe	Sutherland HS	2009/03/23
15	27	Tika	Brian	Seshegong AC	2009/01/27
16	29	Pretorius	Franco	Tuks AC	2009/09/22
17	31	Steyn	Ruan	Eldoraigne AC	2009/07/20
18	35	Kgole	Khutso	Seshegong AC	2009/01/16
19	36	Malema	Lethabo	Akasia HS	2009/01/27
20	37	Sono	Mahlatsi	Flying School AC	2009/07/27
21	38	Tsela	Reamogotsoe	Danville Dev AC	2009/11/09
22	39	Mashamaite	Tshepiso	Hillview HS	2009/04/20
23	41	Espag	Enzo	Overkruin AC	2009/04/14
24	47	Harani	Hakundumi	Sutherland HS	2009/02/09
25	50	Deetlefs	Hendrico	Wonderboom HS	2009/06/26
26	53	Molefe	Omolemo	Flying School AC	2009/04/23
27	55	Manyane	Thoto	Sutherland HS	2009/03/28
28	56	Sreu	Aneloleeto		2009/01/17
29	64	Theron	Hanre	Montana AC	2009/05/20
30	70	Mothogoane	Dagan	Hillview HS	2009/07/02
31	73	Rapetswa	Tshegofatso	FPN AC	2009/08/11
32	82	Mahlangu	Luthando	Erasmus HS	2009/12/14

BOYS 17 (6 KM)					Race 13
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Williamson	Scott	Protea AC	2008/07/28
2	2	Nyatsine	Mudiwa	Masai AC	2008/03/06
3	3	Jordaan	Alexander	Zwartkop HS	2008/12/19
4	4	Delport	JP	Zwartkop AC	2008/07/16
5	5	Moroantwa	Tshepo	Flying School AC	2008/07/08
6	9	Esterhuizen	Daniel	Boxer AC	2008/01/16
7	11	Conte	Francesco	Zwartkop AC	2008/03/25
8	19	Gruenenfelder	Stiaan	Zwartkop AC	2008/07/08
9	21	Vyver	Jakeem	Super Eagles	2008/07/17
10	22	Kopp	Dwayne	Montana AC	2008/02/06
11	24	Willemse	Mikyle	FPN AC	2008/05/06
12	25	Shogole	Madimetja Junior	Uitsig HS	2008/06/30
13	28	Sellomo	Oratile	Danville Dev AC	2008/05/02
14	30	Kopp	Duhan	Montana AC	2008/02/06
15	32	Maroga	Molebeledi	Sutherland HS	2008/11/04
16	33	DANIEL	BASSON	Zwartkop HS	2008/11/27
17	34	Mothiba	Daniel	Seshegong AC	2008/01/17
18	40	Checha	Miehleketo	Masai AC	2008/07/20
19	43	Nxumalo	Simangaliso	Erasmus HS	2008/10/16
20	45	Geyser	Sebastian	Bronkhorstspuit AC	2008/01/28
21	46	Arno	Laubscher	Worth It	2008/05/21
22	48	Van der Merwe	Henry Peter Erich	HTS John Vorster	2008/12/01
23	52	Somy	Boikgethi	Masai AC	2008/12/21
24	54	Ndlazi	Lwandle	Sutherland HS	2008/01/28
25	57	Mohale	Pholoso	Erasmus HS	2008/01/03
26	58	Van Heerden	Paul Hendrik	Tuine HS	2008/07/18
27	60	Janse van Rensburg	Christopher	Eldoraigne AC	2008/09/15
28	68	Wegener	Graeme	Erasmus HS	2008/10/22
29	71	Jacobie	Ribu	Erasmus HS	2008/08/08
30	79	Hurm	Johannes	Tuine LS	2008/03/23
31	80	Thuketane	Matimba	Hillview HS	2008/01/08

JUNIOR MEN (8 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Makhundu	Boiketlo	Masai AC	2006/08/15
2	2	Gaborone	Koketso	Tuks AC	2006/01/28
3	3	Coetzer	Rico	Boxer AC	2007/06/04
4	4	Brits	Marcel	Montana AC	2007/12/04
5	6	Checha	Neo	Masai AC	2007/08/27
6	7	Ramaphakela	Reatlegile	Danville Dev AC	2006/09/19
7	12	Morro	Rethabile	Seshegong AC	2007/12/10
8	13	Maake	Neo	Masai AC	2006/08/20
9	14	Coetzee	Heinrich	Boxer AC	2007/09/05
10	17	Mohakala	Thando		2007/01/19
11	21	Maboane	Keneilwe	Danville Dev AC	2007/08/05
12	22	Munro	Maurice	FPN AC	2007/09/21
13	23	Makokga	Kgotlelelo		2006/03/11
14	28	Manyana	Tokelo	Sutherland HS	2007/11/27
15	29	Motaung	Moabi	Danville Dev AC	2007/09/08
16	31	Norval	Dylan	Waterkloof HS	2007/02/14
17	34	Rapetswa	Tumelo	FPN AC	2007/07/26
18	35	Moleswa	Kagiso	Montana AC	2007/09/22
19	42	Mflatela	Afikile	Danville Dev AC	2007/09/17
20	45	Van der Merwe	Dewald	Wonderboom HS	2007/02/12
21	46	Leungo	Jonathan	Sutherland HS	2007/07/05
22	50	Rikhotso	Sean	Danville Dev AC	2007/06/09

MEN 23 (4 KM)					Race 1
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Musawenkosi	Mnisi	Masai AC	2005/09/27
2	3	Choba	Abendiche	Tuks AC	
3	5	Farmer	Jason	Masai AC	
4	6	Mphulanyane	Tshepo	Tuks AC	2004/02/19
5	7	Sedise	Tsepo	Danville Dev AC	2005/09/04
6	9	Naidoo	Damian	Super Eagles AC	2005/03/01
7	11	Colipi	Sibusiso	TUT AC	2004/12/25
8	15	Madonsela	Gomolemo	Masai AC	2004/09/22
9	16	Molaetsa	Mpho	Tuks AC	2004/03/10
10	18	Fothane	Tshepo	Tuks AC	
11	20	Shezi	Hloniphani	TUT AC	2003/12/18
12	22	Nyikima	Mlindeli	Seshegong AC	2005/03/06
13	24	Kamena	Edson	Siyahlala Dev AC	2004/12/29
14	26	Wijnbeek	Dirk	Tuks AC	2003/11/19
15	28	Matodzi	Mulanga Nicholas	Masai AC	2005/03/17
16	29	SCHOOMBEE	GORDON	Run Avation	2007/02/12
17	31	Erasmus	Juandre	Run Avation	2006/11/14
18	33	Prins	Marco	Tuks AC	2005/04/18
19	34	De Villiers	Nico	Varsity College AC	2005/02/23
20	35	Van Tonder	Henrico	Run Avation	2007/09/20
21	39	April	Vuyisa	Uitsig HS	2007/08/02
22	40	Luzipho	Likhanyile	Uitsig HS	2007/01/21
23	41	Mosoma	Tebogo	Super Eagles AC	2006/06/19
24	42	Ramonetha	Nicter	TUT ATHLETIC CLUB	2004/06/08
25	44	Monnaruri	Tshepiso	Flying School AC	2005/04/15
26	46	Reitz	David Jacobus	FPN AC	2003/02/18
27	47	Malepa	Eddie	TUT AC	2003/03/08
28	48	Du Venage	Pieter	Erasmus HS	2007/08/20
29	49	Lindeque	Martin	Blizz AC	2005/04/22
30	51	Kwinda	Nemakonde		2004/08/26
31	52	Swanepoel	Regardt	Erasmus HS	2007/03/23

No Date of Birth

No Date of Birth

No Date of Birth

SENIOR MEN (4 KM)					Race 1
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	4	Selokela	Olebogile	Danville Dev AC	1999/07/02
2	8	Ngobeni	Khensani	Boxer AC	1993/11/19
3	10	Sebopa	Tshepho	Masai AC	1997/05/08
4	12	Matjilo	Mpho	Flying School AC	1996/04/29
5	13	Phukubye	Morema	TUT AC	2000/05/29
6	17	Nkosi	Bongani	FPN AC	1996/09/09
7	19	MOKGEREPI	MATEE VINCENT	TUT AC	2001/01/06
8	21	Stefan	Oberholzer	Tuks AC	2001/05/17
9	23	Swanepoel	Gerhard	Tuks AC	2002/11/17
10	25	Ndhlovu	Sipho	Masai AC	2000/05/12
11	27	Mpherwane	Mmachuene Ronny	TUT AC	2002/08/07
12	30	Sibiya	Blessing	SMU AC	2005/06/09
13	32	Sithole	Koketso earl	Flying School AC	2002/06/06
14	36	Mngomezulu	Sandile	TUT AC	2001/09/11
15	37	Smith	Gareth	PMMC	2002/04/14
16	38	Van Niekerk	Michael	FPN AC	1996/08/31
17	43	Grobberlaar	Hendrik	Sutherland HS	1996/06/24
18	45	Shabalala	Sboniso	FPN AC	1994/03/16
19	50	Rababalela	Delight	TUT AC	2002/08/27
20	53	Coetzee	Abraham	FPN AC	1996/09/27
21	54	Bopape	Lesetja	Danville Dev AC	1998/02/22

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SENIOR MEN (10 KM)					Race 14
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	1	Mnisi	Musawenkosi	Masai AC	2005/09/27
2	2	Segalagala	Tebogo	Danville Dev AC	1993/01/05
3	3	Lekaka	Koketso	Masai AC	2003/03/13
4	4	Abrahams	Layvern	PMMC	2001/07/17
5	5	Colepi	Sibusiso	TUT AC	2004/12/25
6	6	Ngobeni	Innocent	Flying School AC	2005/01/14
7	7	Mogolane	Edger	Masai AC	No Date of Birth
8	8	Matlou	Thabang Lesiba	SMU AC	1996/11/29
9	9	Ngobeni	Khensani	Boxer AC	1993/11/19
10	10	Tong	Neo	Flying School AC	2003/01/23
11	11	Nkosi	Bongani	FPN AC	1996/09/09
12	12	MOKGEREPI	MATEE VINCENT	TUT AC	2001/01/06
13	13	Ngubane	Siphosakhe	Mamelodi Striders	1997/10/19
14	14	Zwane	Sanele	Legends RR	2003/04/19
15	15	Shezi	Hloniphani	TUT AC	2003/12/18
16	16	Mcwabeni	Avela	SMU AC	2005/04/23
17	17	Baloyi	Mosa Gerald	TUT AC	2000/04/29
18	18	Sibiya	Blessing	SMU AC	2005/06/09
19	19	Sikelela	Notununu	SMU AC	1999/02/10
20	22	Nkosi	Bongani	Emalahleni CM	1997/08/05
21	23	Simmonds	Adam	Phobians	1991/04/11
22	26	Tsarinani	Robenda	SMU AC	2008/09/08
23	27	Angus	Phil Simphiwe	SMU AC	2000/10/17
24	29	Kgadima	Collins	Super Eagles AC	1998/01/18
25	31	Khumalo	Banele	TUT AC	2005/06/29
26	35	Modiba	David	Modiba	1965/03/09
27	37	Dippenaar	Stephan	Individual	1991/02/05

No Date of Birth

Under Age

Over Age

MEN 35 - 39 (8 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	15	Ndala	Sibusiso	Vitality	1986/10/01
2	24	Holliday	David	Irene AC	1988/12/07
3	25	Mnisi	Mthunzi	Tuks AC	1988/11/23
4	40	Van Niekerk	Cornelius Antonio	FPN AC	1990/05/12
5	65	Gumede	Zweli	GDE AC	1986/10/01
6	75	Strydom	Mayson	FPN AC	1989/02/03
7	78	Barnard	Christiaan	Tuks AC	1986/06/20
8	80	Schoeman	Rudo	Stephanus Roos LS	1990/01/25
9	82	Mathipa	Kgashane	Eskom	No Date of Birth

No Date of Birth

MEN 40 - 44 (8 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	8	Nthako	Mokete	PMMC	1985/06/27
2	9	Modiba	Thabang	SMU AC	1984/07/31
3	11	Motshabi	Ntele	Harlequin H	1984/01/15
4	30	De Vente	Johan	Born 2 Run	1982/10/16
5	36	Swart	Hein	Wingate Road Runners	1984/05/02
6	39	Bester	FRANCOIS	Irene AC	1982/11/05
7	41	Boyisi	Aaron	Danville Dev AC	1982/05/24
8	48	Maloka	Motlerekoane	PMMC	1981/07/18
9	51	Viljoen	Morne	Boxer AC	1981/09/06
10	53	Breytenbach	Eben	Willebeer AC	1985/08/02
11	55	Minnaar	Phil	Overkruin AC	1985/08/14
12	58	Khomo	Christian	PMMC	1983/12/22
13	63	Ellis	Eduard	Boxer AC	1984/02/21
14	68	Goldswain	Charles	Voortrekker Mnmnt D&S	1984/08/09
15	70	De Klerk	Nico	Individual	1982/07/11
16	77	Boshoff	Johannes	Pierre van Ryneveld	1985/03/15
17	87	Bierman	Phillipus Andries	Magalieskruin LS	1983/08/17
18	91	Rapelang	Kgaje		1985/08/01

MEN 45- 49 (8 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	5	Motone	Motsamai	Faranani AC	1980/06/26
2	10	Maleka	Sello	Exxaro	1978/03/24
3	19	Roux	Bennie	Green Mile AC	1978/03/16
4	20	Setshedi	Edward	Masai AC	1978/10/20
5	26	Kutu	Joel	Correct Serv	1978/06/17
6	32	Du Plessis	Jaco	Boxer AC	1979/01/27
7	37	Strydom	Michael	Green Mile AC	1979/05/24
8	38	Botya	Boyson	Uitsig HS	1979/06/05
9	43	Schmahl	Ettiene	Alpha Centurion AC	1979/09/12
10	47	Vivier	Ivor	Super Eagles	1979/12/20
11	49	Mokgothu	Mojaleka	Telkom	1976/03/30
12	52	Potgieter	Marius	Green Mile AC	1977/11/01
13	56	King	Mark	Bobbies	1978/04/23
14	59	De Klerk	Frans	GNMA	1977/10/29
15	64	Du Preez	Naas	Tuks AC	1977/03/07
16	67	Scheepers	Jacques	AC AC	1979/04/07
17	71	Slabbert	Adriaan	PMMC	1976/04/11
18	72	Kwinda	Mbangiseni	FPN AC	1980/01/16
19	81	Rabbie	Lucas	LAD	1977/01/14
20	86	Rautenbach	Dirk	Individual	1978/06/12

MEN 50 - 54 (8 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	18	Manyaka	Philimon	FPN AC	1973/02/16
2	54	Skosana	Enoch	Nedbank	1974/02/20
3	57	Van Straaten	Wayne	Nedbank	1974/10/08
4	60	Vivier	James William	FPN AC	1973/07/12
5	62	Van Dyk	Jaco	Eldoraigne AC	1973/12/04
6	66	Mienie	Barend	Alpha Centurion AC	1971/09/16
7	69	Ntshegang	Moses	PMMC	1971/10/28
8	74	Momberg	Dires	FPN AC	1975/04/27
9	76	Visagie	FRANCOIS	AC AC	1971/04/17
10	79	Kgatitswe	Raymond	PMMC	1973/07/31
11	83	Bruwer	Andries	Worth It	1973/07/01
12	84	de Beer	Johan	WIF (Worth It Foundation)	1974/03/04
13	85	Fourie	Andre	WIF (Worth It Foundation)	1972/06/01
14	90	Aldo	Laubscher	Worth It	1974/04/02

MEN 55 - 59 (8 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	16	Bester	Phillip	Unisa AC	1970/04/19
2	27	Modsebedi	Piet	Transnet	1970/01/07
3	33	Reynolds	Keith	Alpha Centurion AC	1967/06/02
4	44	Saayman	Johan	Born to Run	1968/04/14
5	61	Aphane	Koos	PMMC	1966/08/08
6	73	De Lange	John	Agapè AC	1970/02/23
7	88	Welgemoed	Andry	Tuine Tekkies	1970/03/17
8	89	Steinmann	Kobus	Wingate Road Runners	1969/07/30

MEN 60 - 64 (6 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	42	Letlhaku	Moses	DPW AC	1964/09/19
2	63	Attwell	Glen	Curro Roodeplaat	1963/08/12
3	66	Van Rensburg	Willie	Run for Life	1962/02/28
4	67	Beneke	Willie	Tuine Tekkies	1962/07/30
5	69	Smith	Mark	Wingate Road Runners	1961/10/07
6	75	Franck	Willem	FPN AC	1962/04/05
7	76	Stoltz	Torrie	FPN AC	1961/11/05
8	77	Molelekeng	David	PMMC	1963/12/12
9	83	Jansen van Rensburg	Japie	Bobbies	1963/06/04
10	84	Jooste	Gerrit Hendrik	Agapè AC	1961/02/14
11	85	Smith	Nico	PMMC	1964/09/30
12	87	Van Der Westhuizen	Michael	Irene AC	1963/03/29
13	89	Verryn	Stephen	Phobians	1960/10/14

MEN 65 - 69 (6 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	44	Wentzel	Andre	Phobians	1960/01/22
2	49	Lotter	Piet	Alpha Centurion AC	1960/07/12
3	59	Jonker	Johnie	AC AC	1958/04/17
4	65	Letlape	Elias	Danville Dev AC	1959/03/02
5	88	Brink	Dirk	AC AC	1958/06/05
6	90	Billingham	Willem	FPN AC	1959/06/02

MEN 70 - 74 (6 KM)					Race 3
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	51	Maphangulo	David	FPN AC	1953/06/25
2	81	Strydom	Johan	Alpha Centurion AC	1954/09/08
3	86	Steyn	Gerald	Tuks AC	1951/10/05
4					

MEN 75 - 79 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1					
2					
3					
4					
5					

MEN 80 - 84 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	123	Van Niekerk	Gerrit	PMK	1945/09/04
2	125	Janse van Vuuren	Johan	Irene AC	1944/03/21
3					
4					
5					

MEN 85 - 89 (4 KM)					Race 2
POS	Race Pos	SURNAME	NAME	CLUB	DOB
1	116	Van der Merwe	Andries	Transnet AC	1940/07/20
2	126	Muir	Neville	Phobians	1938/11/30
3					
4					
5					