

To be the best athletics Province in South Africa

**Reference: AGN/Circular 31 of 2023**

To: AGN Members  
From: AGN Office  
Date: 03 April 2023  
Pages: 1 + 2 attachments

**CIRCULAR 31 OF 2023 – AGN 2023 CROSS COUNTRY SEASON**

Dear AGN Members,

Hope you all had a good rest, fit and ready for the 2023 Cross Country season that will start on Saturday, 22 April 2023 at Fleur Primary School and end on Saturday, 16 September 2023 with the ASA National Cross Country Championships in Port Elizabeth, Gqeberha.

The Cross Country Inter-Provincials will take place on Saturday, 22 July 2023 in Limpopo, Groblersdal. On the attached Fixtures, you will notice that League 7 with is a Primary School League will be taking place a day before the Inter-Provincials. The Primary School athletes that will be part of the AGN Cross Country Inter-Provincial team to Groblersdal, do not have to participate at League 7 and will be credited for their participation at the Inter-Provincials.

The compulsory AGN Cross Country Championships which will take place on Saturday, 19 August 2023 at a venue that will be announced soon.

Kindly find the AGN 2023 Combined Fixtures and the AGN 2023 Cross Country Selection Criteria attached. Please note the fixtures and Selection Criteria is available on AGN website as well, [www.agn.co.za](http://www.agn.co.za). Kindly read through the documents to familiarise yourself with all the information for the 2023 AGN Cross Country Season.

We wish you good luck for the Cross Country season!

Kind Regards



**Durell JeJane**  
**AGN: GENERAL MANAGER**

**Board Members:**

**Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphoshe Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)**