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To be the best athletics Province in South Africa

Reference: AGN/Circular 35 of 2023

To: AGN Members

From: AGN Office

Date: 14 April 2023

Pages: 1 + attachment

CIRCULAR 35 OF 2023 - AGN 10KM RACE-WALKING CHAMPIONSHIPS 2023

Dear AGN Members.

The Athletics Gauteng North (AGN) 10km Race Walking Championships incorporated with the Open Race-walking Grand Prix 1 will be taking place on 22 April 2023 at the Tuks Sports grounds.

All entrants should wear club colours and their 2023 ASA licence number back and front as well as age tags. If not in possession of a valid 2023 ASA license, a temporary license must be purchased at R50 each, which will be available at the venue.

Entries and Start Times

Masters Athletes enter at GNMA before 12 April 2023 @ 18:00.

All other age categories - entries close on 19 April 2023

Entry Form Link:

https://forms.gle/zoPhVp9zdKwTQerK9

Entry fees of R50 per athlete to be paid into:

Athletics Gauteng North

Bank: ABSA Branch Code: 632005 Account No: 4056373566 Reference: GP1 Name & Surname

Send Proof of Payment to serdynm@gmail.com and cc office@agn.co.za

	Age Group	Distance	Entry Fee	Start Time
1.	Open Men & Women	10 km	R50	07h30
2.	SAMA Men & Women	10 km	R50	07h30
3.	Junior Men & Women (18, 19; b2004, 2005)	10 km	R50	07h30
4.	Youth Boys (16, 17; b2006, 2007)	10 km	R50	07h30
5.	Youth Girls (16, 17; b2006, 2007)	5 km	R50	09h00
6.	Sub-youth Boys & Girls (14, 15; b2008, 2009)	5 km	R50	09h00
7.	Novices & Sub -youth 14 & older (b2009 or before)	5 km	R50	09h00
8.	Sub-youth Boys & Girls (<=13; b2010 & later)	3 km	Free	09h45
9.	U/13 Sub-youth Boys & Girls (<13; b2011 & later)	1 km	Free	09h45
10.	Medal Ceremony			11h00

Prize Money & Medals

10km Ope	en AGN Race	ewalking Champs			Ekm /hov	o and sirla D	lace for Cub y	rouths /1/	1.15)		
Male and Female				Skm (boys and girls Race for Sub-youths (14,15) Male and Female							
Position Medal Open											
Winner	Gold	R 1,000			Position	Medal	Sub Youth				
2nd	Silver	R 750			Winner	Gold	R 200				
3rd	Bronze	R 500			2nd	Silver	R 150				
4th		R 400			3rd	Bronze	R 100				
5th		R 300									
					3km (boys and girls Race for Sub-youths (13 and younger)						
10km AGN Walking Race for Juniors (18,19)					Male and Female						
Male and Female				Position	Medal	Sub Youth					
Position	Medal	Junior			Winner	Gold	R 200				
Winner	Gold		R 300			Silver	R 150				
2nd	Silver		R 225			Bronze	R 100				
3rd	Bronze	R 150									
10km hov	10km boys 5km girls AGN Walking Race for Youths (16,17)					1km (boys and girls Race for Sub-youths (under 13)					
	Male and Female				Male and Female						
	Medal	Junior			Position	Medal	Sub Youth				
Winner	Gold	R 300			Winner	Gold	R 200				
2nd	Silver	R 225			2nd	Silver	R 150				
3rd	Bronze	R 150			3rd	Bronze	R 100				
10km AG	SN Racewa	lking Champs fo	r Masters		-						
Male an	d Female										
Position	Medal	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+	
Winner	Gold	R 300	R 300	R 300	R 300	R 300	R 300	R 300	R 300	R 300	
2nd	Silver	R 225	R 225	R 225	R 225	R 225	R 225	R 225	R 225	R 225	
3rd	Bronze	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150	
	2.020	250	200	200	200	200		200	255	230	

For more information kindly see the AGN10km Race-walking Championships flyer attached.

Kind Regards

Durell JeJane