

To be the best athletics Province in South Africa

Reference: AGN/Circular 82 of 2022

- To: AGN Members
- From: AGN Office
- Date: 13 September 2022

CIRCULAR 82 OF 2022 – 2022 AGN PRIMARY SUB-YOUTH PROGRAMME (INCORPORATING PRE-SEASON SENIOR LEAGUES)

Dear AGN Members,

We would like to thank all the athletes, technical officials and members who participated in the AGN Primary Sub-Youth League 1 that took place on Saturday, 10 September 2022 at the Pilditch Stadium.

Well done to all participated athletes on your first performance for the season. <u>Kindly find the</u> results for the AGN Primary Sub-Youth League 1 attached.

From a successful League 1 meet, we are looking forward to the AGN Primary Sub-Youth League 2 which will include the seniors pre-season League 1 on Saturday, 24 September 2022 at Pilditch Stadium.

22 AGN TRACK & FIELD FIXTURES			
SEPTEMBER			
EVENT		VENUE	ORGANIZER
AGN Sub Youth (7 – 13) League 2 – B Prog	ram	Pilditch Stadium	AGN
AND			
AGN Seniors (16 years or older) Pre-Seasc	n League 1		
OCTOBER			·
EVENT	VENUE	ORGANIZER	
AGN Sub Youth (7 – 13) League 3 - A Prog	ram	Pilditch Stadium	AGN
AGN Sub Youth (7 – 13) League 4 - B Prog	ram	Pilditch Stadium	AGN
AND			
AGN Seniors (16 years or older) Pre-Seasc	n League 2		
NOVEMBER		ant la	
EVENT		VENUE	ORGANIZER
AGN Sub Youth Championships (7-13)	0	Pilditch Stadium	AGN
Sub Youth Inter-Provincial Championships		Pilditch Stadium	AGN
	SEPTEMBEREVENTAGN Sub Youth (7 – 13) League 2 – B ProgANDAGN Seniors (16 years or older) Pre-SeasoOCTOBEREVENTAGN Sub Youth (7 – 13) League 3 - A ProgAGN Sub Youth (7 – 13) League 4 - B ProgAGN Sub Youth (7 – 13) League 4 - B ProgAGN Seniors (16 years or older) Pre-SeasoAGN Seniors (16 years or older) Pre-SeasoAGN Seniors (16 years or older) Pre-SeasoAGN Sub Youth Championships (7-13)	SEPTEMBEREVENTAGN Sub Youth (7 – 13) League 2 – B ProgramANDAGN Seniors (16 years or older) Pre-Season League 1OCTOBEREVENTAGN Sub Youth (7 – 13) League 3 - A ProgramAGN Sub Youth (7 – 13) League 4 - B ProgramAGN Sub Youth (7 – 13) League 4 - B ProgramAGN Seniors (16 years or older) Pre-Season League 2NOVEMBERAGN Sub Youth Championships (7-13)	SEPTEMBEREVENTVENUEAGN Sub Youth (7 – 13) League 2 – B ProgramPilditch StadiumANDAGN Seniors (16 years or older) Pre-Season League 1Pilditch StadiumOCTOBERVENUEAGN Sub Youth (7 – 13) League 3 - A ProgramPilditch StadiumAGN Sub Youth (7 – 13) League 4 - B ProgramPilditch StadiumAGN Sub Youth (7 – 13) League 4 - B ProgramPilditch StadiumAGN Seniors (16 years or older) Pre-Season League 2Pilditch StadiumAGN Seniors (16 years or older) Pre-Season League 2VENUEAGN Sub Youth Championships (7-13)Pilditch Stadium

Board Members:

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Sipho Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

I. SUB-YOUTH INFORMATION

- 1. Athletes must participate in affiliated club or school colours. NB! NO PARTICIPATION IN PROVINCIAL COLOURS
- 2. Entries for Leagues will be done on the Track and Field (close 30 minutes before start of event)
- 3. <u>NB. PLEASE TAKE NOTE THAT TO QUALIFY TO BE SELECTED FOR THE GAUTENG</u> <u>NORTH TEAM FOR PARTICIPATION IN THE INTER-PROVINCIAL COMPETITION,</u> <u>ATHLETES MUST COMPETE IN AT LEAST, ANY, 2 OF THE 4 PRIMARY SUB YOUTH</u> <u>MEETINGS (ANY EVENTS) AS WELL AS THE AGN CHAMPIONSHIPS (COMPULSERY)</u>
- 4. Qualification standards must be reached during the AGN Championships
- 5. A maximum of 8 athletes per event will be selected for AGN Team plus AGN Development Team.
- 6. All athletes not in possession of a permanent license number for 2022, must obtain a temporary license number at the gate for R40.00 per license. No athlete will be allowed to enter or participate without a license number. Permanent Licenses are available at the AGN office but can only be obtained via an affiliated club or school.
- 7. Both permanent licenses must be worn, except jump events.
- 8. All athletes must be in possession of a permanent license number when selected to participate during the Inter-Provincial Sub-Youth Championship.

<u>STANDA</u>	<u>RDS</u>							
GIRLS 13	GIRLS 11	GIRLS 9	GIRLS 7	ITEM	BOYS 7	BOYS 9	BOYS 11	BOYS 13
		9,45	11,08	60M	10,00	9,15		
	11,50	12,40	14,10	80M	13.15	11,87	11,20	
13,45	14,50			100M			13,90	12,50
29,00				200M				26,25
		2:10,50		600M		2:05,50		
2:32,00				800M				2:23,50
	4:25,70			1200M			4:12,70	
05:35,10				1500M				04:51,33
11:00,00				1500MW				10:30,00
	13.00			70MH			11,96	
13,00				75MH				
				80MH				13.50
32,85				200MH				29,47
				TURBO				
	18.60	14.15		JAV		18.54	22.85	
27.00				JAV				34.75
1.40	1.24			HJ			1.32	1.52
4.40	4.08			LJ			4.20	4.90
10.10	9.10			SP			10.90	10.50
31.14				DIS				31.50
		7 ci U	LEI	IYT	IN O	1.61		

MINIMUM QUALIFYING

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SUB-YOUTH - B PROGRAMME 24 Sept 2022 and 22 Oct 2022

ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN RECORDS
1.	08:00	Long Jump (A)	Girls 13	Final	5.67m N de Bruyn AGN (2011)
2.	08:00	Turbo Javelin	Boys <mark>9/</mark> Gi <mark>rls</mark> 9	Combined event	Boys: 34.05m A Smit JSA (2019) Girls: 29.68m S Visser AGN (2017)
3.	08:20	1500m _	Boys 13	Time placing	04min 16.89sec G Rees AGN (2017)
4.	08:30	1500m	Girls 13	Time placing	04min 35.66sec G Gait-Smith AGN (2016)
5.	08:40	1200m	Boys 11	Time placing	03min 15.15sec W Bester PC (2004)
6.	08:50	1200m	Girls 11	Time placing	03min 50.15sec C York AGN (1996)
7.	09:00	Javelin Throw (500gr)	Girls 13	Final	39.91m N de Beer OVERKRUIN (2014)
8.	09:00	Long Jump (A)	Boys 11	Final	5.14m M Smit JSA (2013)
9.	09:00	80m	Boys 7	Time placing	12.05sec X Harmse AGN (2018)
10.	09:10	80m 🥏	Girls 7	Time placing	11.70sec N de Bruyn MID (2006)
11.	09:20	80m	Boys 9	Time placing	10.90sec F Kellerman AGN (2006) & JP Botha AGN
12.	09:30	80m	Girls 9	Time placing	10.70sec N de Bruyn MID (2008)
13.	10:00	Long Jump (A)	Boys 13	Final	6.18m N Grimbeek AGN (1995)
14.	10:00	Turbo Javelin	Boys11/ Girls 11	Combined event - Final	B11: 38.76m R Bezuidenhout JSA (2019) G11: 29.68m S Visser JSA (2017)
15.	10:05	80m Hurdles (76.2cm)	Boys 13	Time placing	11.25sec B Moropyane AGN (2019)
16.	10:15	75m Hurdles (76.2cm)	Girls 13	Time placing	11.50sec C de Clerk AGN (2019)
17.	10:25	70m Hurdles (68.0cm)	Boys 11	Time placing	11.05sec F Pretorius UAC (2006)
18.	10:35	70m Hurdles (68.0cm)	Girls 11	Time placing	11.51sec R VD Berg AGN (2017)
19.	11:00	Javelin Throw (B-600gr)	Boys 13	Final	55.83m U van Tonder GFT (2019)
20.	11:00	Long Jump (A)	Girls 11	Final	5.02m N de Bruyn AGN (2010)
21.	11:05	100m	Boys 13	Time placing	10.90sec B Connoway WTK (2018)
22.	11:15	100m	Girls 13	Time placing	12.20sec N Buckingham AGN (1998) & Mila Compaan JSA (2015)
23.	11:25	100m	Boys 11	Time placing	12.22sec K Mintwell AGN (1999)
24.	11:35	100m	Girls 11	Time placing	12.83sec N de Bruyn AGN (2010)
25.	11:45	1500m Walk	Girls 13	Time placing Combined with Item 26	08min 52.57sec Amone Brits AGN (2017)
26.	11:45	1500m Walk	Boys 13	Time placing Combined with Item 25	8min 10.62 J du Preez JSA (2014)

***Seniors programme starts at approximately 12:15 – 15:00

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SUB-YOUTH - A PROGRAMME 15 Oct 2022

ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN RECORDS
1.	08:00	High Jump	Boys 11	Final	1.59m J Houy AGN (2017)
2.	08:00	Shot Put (4kg)	Boys 13	Final	17.85m L Pavier AGN (2018)
3.	08:30	60m	Boys 7	Time placing	9.14sec X Harmse AGN (2017)
4.	08:40	60m -	Girls 7	Time placing	9.00sec N de Bruyn MID (2006)
5.	08:50	60m	Boys 9	Time placing	7.50sec C Westerveld JSA (2008)
6.	09:00	60m	Girls 9	Time placing	7.90sec N de Bruyn AGN (2008)
7.	09:00	Discus Throw (0.750g)	Girls 13	Final	46.02m C VD Berg AGN (2019)
8.	09:00	Shot Put (2kg)	Girls 11	Final	Girls: 14,16m S Visser AGN (2017)
9.	09:00	High Jump	Girls 11	Final	1.60m J vd Merwe STEPHANUS ROOS (2012)
10.	09:10	80m	Boys 11	Time placing	10.00sec N de Beer ELARDUSPARK (2007)
11.	09:20	80m	Girls 11	Tim <mark>e</mark> placing	10.33sec J Leyds AGN (1998)
12.	09:50	200m Hurdles (76.2cm)	Boys 13	Time placing	25.60sec T Habele Morete (2016)
13.	10:00	200m Hurdles (68,0cm)	Girls 13	Time placing	28.60sec M Degenaar AGN (2016)
14.	10:00	High Jump	Boys 13	Final	1.86m F Potgieter AGN (1991)
15.	10:00	Shot Put (2kg)	Boys11	Final	18.58m L Pavier AGN (2016)
16.	10:00	Discus Throw (1kg)	Boys 13	Final	54.68m L Pavier AGN (2018)
17.	10:15	800m	Boys 13	Final	02min 00.77sec G Rees JSA (2017)
18.	10:22	800m	Girls 13	Final	02min 16.51sec G Gait-Smith JSA (2016)
19.	10:46	200m	Girls 13	Time placing	24.98sec A Kotze AGN (1999)
20.	10:56	200m	Boys 13	Time placing	22.82sec B Connoway WTK (2018)
21.	11:00	Shot Put (3kg)	Girls 13	Final	14.35m S Visser AGN (2019)
22.	11:00	High Jump	Girls 13	Final	1.73m M Jacobs AGN (1997)
23.	11:26	600m	Boys 11	Final	1min 36.06 D Wright BROTHERHOOD (2014)
24.	11:35	600m	Girls 11	Final	1min 47.35 T Ndala TUKS (2016)
25.	11:42	600m	Boys 9	Final	01min 45.42 R Holtzhauzen AGN (2019)
26.	11:49	600m	Girls 9	Final	01min 54.35sec K Niemann MONTANA (2017)

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I. SENIORS INFORMATION

ATHLETES ENTRIES

<u>Step 1:</u> Participation fee per athlete is **R30-00** and should be paid into the AGN Bank account:

Athletics Gauteng North Bank: ABSA Branch Code: 632005 Account No: 4056373566 Reference: T&F Name & Surname

Kindly forward proof of payment to office@agn.co.za

<u>Step 2:</u>

 League 1 – 24 September 2022: Kindly complete the online entry form using the link below, <u>https://forms.gle/MMdhoBW5TgPdUPy27</u> (Please note that an athlete may only compete in a maximum of 2 events)

 League 2 – 22 October 2022: Kindly complete the online entry form using the link below, <u>https://forms.gle/HFTAK8L4oMzCNSeh8</u> (Please note that an athlete may only compete in a maximum of 2 events)

The closing date for ENTRIES will be the day before each league (Friday, 23 September and 21 October 2022) at 15:00.

Please note that entry to the venue will only be confirmed once the AGN office has received proof of payment and completion of the online entry form.

A Permanent or temporary license is compulsory. Temporary licenses can be bought at the event for **R40-00** per license.

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Seniors League 1 – PROGRAMME: 24 Sept 2022

Seq	Time	Pit	Event	Category	Next	Spec
1	12:15		Final Women Senior HighJump			
2	12:15		Final Women Senior Shotput			
3	12:15		Final Men Senior 400m Hurdles			
4	12:15		Final Men Senior LongJump			
5	12:15		Final Men Senior Shotput			
6	12:20		Final Women Senior 400m Hurdles			
7	12:25		Final Women Senior 800m			
8	12:30		Final Men Senior 800m			
9	12:35		Final Women Senior 100m			
10	12:45		Final Men Senior 100m			
11	13:05		Final Women Senior 1500m			
12	13:15		Final Women Senior TripleJump			11m
13	13:15		Final Women Senior Discus			
14	13:15		Final Men Senior 1500m			
15	13:15		Final Men Senior HighJump			
16	13:15		Final Men Senior TripleJump			13m
17	13:15		Final Men Senior Discus			
18	13:25		Final Men Senior 110m Hurdles			
19	13:30		Final Women Senior 100m Hurdles			
20	13:40		Final Women Senior 200m			
21	13:45		Final Men Senior 200m			
22	14:00		Final Women Senior Hammer			
23	14:00		Final Men Senior Hammer			
24	14:05		Final Women Senior 5000m			
25	14:05		Final Men Senior 5000m			
26	14:15		Final Women Senior LongJump			
27	14:45		Final Women Senior 400m			
28	14:45		Final Women Senior Javelin			
29	14:45		Final Men Senior Javelin			
30	14:50		Final Men Senior 400m			

Athletics Gauteng North

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Seniors League 2 – PROGRAMME: 22 Oct 2022

Seq	Time	Pit	Event	Category	Next	Spec
1	12:15		Final Men 25 400m Hurdles			
2	12:15		Final Women 25 HighJump			
3	12:15		Final Men 25 LongJump			
4	12:15		Final Women 25 Shotput			
5	12:15		Final Men 25 Shotput			
6	12:20		Final Women 25 400m Hurdles			
7	12:25		Final Women 25 800m			
8	12:30		Final Men 25 800m			
9	12:30		Final Women 25 Polevault			
10	12:30		Final Men 25 Polevault			
11	12:35		Final Women 25 100m			
12	12:45		Final Men 25 100m			
13	13:05		Final Women 25 1500m			
14	13:15		Final Men 25 HighJump			
15	13:15		Final Women 25 TripleJump			11m
16	13:15		Final Men 25 TripleJump			13m
17	13:15		Final Men 25 1500m			
18	13:15		Final Women 25 Discus			
19	13:15		Final Men 25 Discus			
20	13:25		Final Men 25 110m Hurdles			
21	13:30		Final Women 25 100m Hurdles			
22	13:40		Final Women 25 200m			
23	13:45		Final Men 25 200m			
24	14:00		Final Women 25 Hammer			
25	14:00		Final Men 25 Hammer			
26	14:05		Final Women 25 5000m			
27	14:05		Final Men 25 5000m			
28	14:15		Final Women 25 LongJump			
29	14:45		Final Women 25 400m			
30	14:45		Final Women 25 Javelin			
31	14:45		Final Men 25 Javelin			
32	14:50		Final Men 25 400m			

Spectators Entrance Fee:

Spectators - (including parking) - R30.00 Children – R10.00 (not participating) Children under 3 – free entry



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