

To be the best athletics Province in South Africa

Reference: AGN/Circular 85 of 2024

To: AGN Members
From: AGN Office
Date: 16 September 2024
Pages: 2 + 2 attachments

CIRCULAR 85 OF 2024 – AGN 5KM CHAMPIONSHIPS 2024

Dear AGN Members,

Athletics Gauteng North (AGN) will be hosting the Provincial 5km Championships on Saturday, 21 September 2024 incorporated with the Exxaro Road Race Challenge at SuperSport Park, Centurion.

Please note due to several road closures for the air show, the AGN 1 Mile Championships have been postponed to Saturday, 05 October 2024, incorporation with the **Chamberlain Capital Classic** at the Phobians Club. More information on the 1 Mile Championships will follow shortly.

Please note that participation at the AGN 5km Championships is compulsory in order to be selected onto the AGN 5km Team that will be participating at the ASA 5km and 1 Mile Championships on 26 October 2024 at the University of the Free State, Bloemfontein – kindly find the selection criteria attached.

Age tags – Masters and Junior Athletes

All master and junior athletes must run with an age tag. Clearly displayed, one in front of the running vest and one on the back of the running vest. Age tags will be available for purchase at the event for R20.00 a pair.

Start Time

06:20am (Call room 50m from the start, inside SuperSport Park from 06:00 – 06:10)

Entries

All entrants must be a registered AGN athlete with a 2024 permanent license and will be required to wear their license on race day. Athletes may not run with another athlete's permanent license and no temporary licenses will be allowed on the day.

Entries are R100.00 and should be done through the Exxaro Road Race Challenge.

Online entries via:

https://secure.onreg.com/onreg2/front/step3_entryconditions.php?sessionname=66c52191604d3c99299ee55d2e9a2de2&distance=5 (online entries close on Wednesday, 18 September 2024.

Board Members:

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphosha Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

Late Entries and Race Number Collection will be available at SuperSport Park:
 19 & 20 September 2024, from 11:00 – 18:00.
 On Race Day, 21 September 2024, from 04:30 – 06:00

When collecting your Race Number, please make sure you received the AGN 5km Championship Race Number →



Prize Money & Medals

Provincial medals and prize money will be awarded to the top 3 finishers (Gold, Silver, and Bronze). Only AGN registered athletes will qualify for a medal and prize money. Please note the prize giving will start at 08:40.

PRIZE MONIES (AGN Athletes only)

NR	MEN Open	WOMEN Open
1	R2000	R2000
2	R1500	R1500
3	R1000	R1000
NR	BOYS 14-19	GIRLS 14-19
1	R1500	R1500
2	R1000	R1000
3	R800	R800
NR	MEN 40-49	WOMEN 40-49
1	R1500	R1500
2	R1000	R1000
3	R800	R800
NR	MEN 50-59	WOMEN 50-59
1	R1500	R1500
2	R1000	R1000
3	R800	R800
NR	MEN 60-69	WOMEN 60-69
1	R1500	R1500
2	R1000	R1000
3	R800	R800
NR	MEN 70+	WOMEN 70+
1	R1500	R1500
2	R1000	R1000
3	R800	R800

Kindly find the Exxaro Road Race Challenge Pamphlet as well as the AGN Road Running Selection Criteria attached.

Kind Regards

AGN ROAD RUNNING COMMISSION

Board Members:

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Sipho Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)